

Our Lady of Perpetual Help



Devotions

MARY, OUR MOTHER

By REV. ARTHUR P. FINAN, C. S. R.

EDITOR'S NOTE: This opening article written exclusively for the CATHOLIC COURIER...

It happened in 1919. The theatre was packed to the doors. Newspaper reports had it that not another seat was available.

He stepped on the stage and the ovation was thunderous. He paused, a long pause. His eyes were searching through his audience...

Out on the side of a sloping hill it happened; out in the christian fairy land of Bethlehem where the world was turned all topsy-turvy...

White, with the whiteness of new shorn fleece; unstained flesh purer than the spray of a mid-ocean wave...

Mary, Our Mother. Mary is our Mother. That is our theme—the whole of it, the plea of it, the soul of it, the heart of it.

The world outside, the noisy, jarring, blaring, caustic, luring world may sneer, but let it sneer. We honor the Mother because we adore the Son...

How and What To Serve Hints For the Housewife

By MOLLY GAVIN

Eating is a pleasure and duty. Without food we could not exist. It is the fuel that keeps our bodily engines running.

One reason dieting has become such a fad is that people have discovered light workers get along best on light meals.

During the spring months foods rich in minerals should be served at least once a day.

TULIP SALAD

Arrange slices of raw or canned pineapple on lettuce, and into the center of each slice, drop a ball made of cheese mixed with chopped green pepper or pimento and seasoned with salt.

ASPARAGUS SHORTCAKE

1 can asparagus 2 tbs. flour 2 hard boiled eggs 2 tbs. butter Paprika

Make rich biscuit dough and bake in one large cake. Split and butter each piece. Heat asparagus in its juice, lift out and use the juice, of which there should be a cupful, for the sauce.

CREAM OF SPINACH SOUP

1-3 cup celery leaves 2 tbs. flour 1 cup strained spinach 3 tbs. butter 3 cups milk Salt to taste

Cut celery leaves fine and cook in melted butter until slightly brown. Add flour and milk gradually, and cook until smooth.

TO ATTEND RITES

(N. C. W. C. News Service) Denver.—Mother Mary of the Visitation, Mother Superior of the Convent of the Good Shepherd here, departed today for New York, where she will sail, Wednesday for the Vatican City, where she will represent the St. Paul Province of her Order at the Beatification of the Venerable Mother Mary of St. Euphrasia Pelletier.

HOSPITAL GROUP TO MEET

(N. C. W. C. News Service) San Francisco.—The California, Nevada and Arizona Conference of the Catholic Hospital Association will hold its ninth annual convention at St. Mary's Hospital, here, May 2-4.

PHILOSOPHERS TO MEET

(N. C. W. C. News Service) San Francisco.—The Pacific Coast regional convention of the American Catholic Philosophical Society will be held at the University of San Francisco on June 7 and 8.

Rochester Diocesan Council of the National Council of Catholic Women

Office: 1020 Columbus Civic Center, 50 Chestnut Street

Arrangements are being completed this week for the quarterly meeting of the Board of Directors of the Rochester Diocesan Council of the N. C. W. C. to be held at the New Ithaca Hotel, State Street, on Saturday morning, April 22, beginning at 10 o'clock.

High Mass at 9 o'clock will be celebrated by Rev. William Byrne, at the Immaculate Conception Church, North Geneva Street. All women able to attend are invited to the Mass.

Following the directors meeting, a luncheon at 1 o'clock, open to all, will be held in the main dining room of the New Ithaca Hotel.

The regular monthly meeting of the Rochester Diocesan Council of the N. C. W. C. will be held on Friday evening, April 28, at 8 o'clock, in the library of the Columbus Civic Center, 50 Chestnut Street.

Beatify Foundress



Ven. Mother Mary of St. Euphrasia Pelletier, foundress of the Congregation of Our Lady of Charity of the Good Shepherd, whose beatification will take place on April 30.

Labor Encyclical Pamphlets Ready For Distribution

The International Catholic Truth Society, whose headquarters are at 407 Bergen Street, Brooklyn, N. Y., announces the reprinting of the Encyclical Letter of Pope Leo XIII on the "Condition of Labor."

The present Pope, Pius XI, has called this Encyclical, "The Magna Charta of the Social Order." It reads like a new declaration of the Rights of Man.

"Priests and pastors all over the country are deciding to distribute these Encyclical Pamphlets, gratis, to their parishioners and to the members of their parish societies.

"In addition to the Encyclical Pamphlet and other pamphlets of its own publication the I. C. T. S. has in stock at the lowest possible rates all Catholic pamphlets and books irrespective of the place or source of their publication.

The Junior Cook

By MOLLY GAVIN

My Junior Cooks will look forward to spinach as a treat once they have tried the following recipe:

SPINACH PRETZEL BASKETS On opposite sides of a mound of hot cooked and seasoned spinach, stand two pretzels to resemble basket.

DO YOU KNOW THAT: The free circular "Salads for Spring" contains many recipes that are economical as well as appetizing.

The large Molly Gavin Cookbook containing over 3,000 recipes and especially compiled for Catholics may be had for \$1.00 postpaid.

The pamphlets "Salads for All Occasions" and "Choice Puddings" may be had for five cents apiece (handling charges). Address: Molly Gavin, 1312 Massachusetts Ave., N. W., Washington, D. C.

Composes Prayer For President

(By N. C. W. C. News Service)

Washington.—A prayer "For Our President," composed by Mrs. Chaucer M. Dewey, widow of the one-time Senator and distinguished public figure, has been distributed to members of St. Matthew's parish here by the Rt. Rev. Msgr. Edward L. Buckley, pastor. Mrs. Dewey is a member of the parish.

"FOR OUR PRESIDENT"

"Almighty God we beseech Thee to bless the President of the United States, to guide him and to protect him against all enemies;

"Give him physical and moral strength. "May he solve our problems, and guide us to prosperity, so that, with cheerful spirits, we may better serve and praise Thee.

Amen."

The Unceasing Sacrifice

The following composition was written by one of the 8th Grade pupils of our parochial schools. It is being published here to encourage other pupils in their literary efforts.

"Have we as Catholics ever realized that at every moment of the day the Holy Sacrifice of the Mass is being offered to the Almighty in some part of the world? Let us take a journey through some of these places. We will commence at the ancient altars of Rome, where the priest, white-robed and stoled, lifts his hands offering a great sacrifice to God.

"We journey through China and Australia and then to Jerusalem, the city over which Christ wept such bitter tears, where He suffered and of His blood, sacrificed, the place which He consecrated by His sacred feet. Africa comes next. And then, Rome once again fills the air with holy prayers. And so, like the sun in its course, around the earth, is the unbloody sacrifice of Calvary offered, thus fulfilling the prophecy of Malachi: 'From the rising of the sun even to the going down my name is great among the nations and in every place there is sacrifice, and there is offered to My name a clean oblation.'"

Jesus Christ our Lord and Saviour has taught us how to live, how to die, and how to conquer death.

Let us issue in good deeds. Let us be foremost in them.

Sodalitalk

Recording Activities of Rochester Parish Sodalities Unions

And now the fun begins—here is the latest report from Immaculate Conception Sodality. I must quote it to you verbatim. "In the after-Easter rush won't you keep the evening of May 3 open? The Immaculate Conception Sodality promise you won't be sorry. They won't tell me all yet, but I have heard plans of a faro party to be held on that date. The Publicity committee is doing its bit to help it along. This group has donated and made a bedspread to be given away."

Nature may have provided me with green eyes but they positively rivaled the Emerald Isle at the Fashion Show and bridge, Monday, at Blessed Sacrament. Sodalists and Sodalists-to-be were models. From early childhood to the wedding day, from First Communion dress to wedding they all were portrayed in the way of fashion and style. The stage setting was especially noteworthy. Forty-one tables of bridge were filled.

Speaking also in terms of bridge, Sacred Heart Sodality is planning a bridge party for May 3. Miss Mary Agnes Gillan is chairman. There will be prizes for each table.

Next week marks an important date in the calendar of St. Peter and Paul Sodality. Every year the Sodality has a banquet and this year is no exception despite the depression. We like the idea very much.

The Publicity Committee of Holy Rosary Sodality is working hard on a Minstrel Show to be presented in the third week of May. The whole thing began with the germ of an idea and is now a definite well-planned Minstrel Show with director, initiator, and audience and all. Holy Rosary resumes its festivities with one of its Friday night dances. Candidates for offices are in order. The nomination slate of Holy Rosary Sodality is expected to be announced shortly.

At this point I wish to call attention to the splendid work done by the St. George Sodality. It came to my attention by chance for the Sodalists are always too modest to tell me of their doings. The answer always is "Oh, there is no special news. We aren't doing much" or something to that effect. Here is just a little bit of what they have accomplished and judge for yourself how much they have really done. In the course of the last year or two they have given \$250 to their Pastor for parish work; they have donated a large statue of Christ, the King, which must surely have cost \$250; they have provided flowers for the altar, altar linen, and the large curtain drape which hangs behind the high altar. I ask you, isn't that a glorious record?

We beg leave to announce that the next Union Meeting is Monday evening, April 24. Convention plans still retain the prominent place in our thoughts. Those who are serving on the various Convention committees are invited to attend so that final and definite plans may be decided upon.

We think that it is appropriate to suggest something special in honor of Mary and also something special in honor of Mother. An infant's program, particularly for the young mothers, is being planned. The Daughters' banquet, luncheon, and dances are also planned. Can't imagine how much fun to be enjoyed and how much to be given away."

Household Hints

Wipe off the fruit you have been at work with a clean, slightly damp cloth before you put it away. It will clean it and prevent it from having gotten on it from the fruit.

Whole clover will remove the dirt purpose as much better when put through a strainer.

A few drops of glycerine added to the starch will make linens gleam.

To keep plants watered when at home, place in a shallow pan a few bricks. They are heavy and pour enough water in the pan over the bricks and place a pot on each brick. The bricks will keep good water to keep the plants in good condition for a long time.

When frying bacon, after the oil of the rind has been removed, fry quickly; this prevents fat running out and the bacon from becoming soggy. To slice bacon, use a hot knife.

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