

BUY IT'S "good business" NOW
and it means **BETTER BUSINESS** later

NOW when you spend—
you **SAVE**... if you are
guided to **VALUE** and **SERVICE**
by the **Catholic Courier & Journal**

BUSINESS REVIEW COLUMNS

Widmer's Recipes Bring New Charm To Your Table

Many helpful hints for hostesses are given in the Widmer recipe book which is obtainable at all stores where Widmer products are sold or they may be had by writing to the Widmer's Grape Products Industry, Naples, N. Y.

Widmer's Natural Grape Juices are equally good served as appetizers or as refreshing, delicious drinks for any occasion. Widmer's Juices are always good—mixers with Ginger Ale, Mineral Water or other fruit juices.

For dinners, luncheons and teas, Widmer's wine jellies and who sauces add zest and new excitement for the palate in foods. There are ten natural flavors, and cooking sherry. The wine, rum and brandy sauces impart new deliciousness to all favoring liquid foods; and a treat when served with cream and pudding, cake, fruit, etc.

Widmer's more popular wine sauces:

Wine Sauce.
1 cup Widmer's Tokay
1 cup Widmer's Tokay
Beat the egg white light. Add the wine sauce and the butter. Cool over ice water until the butter is melted and the egg has thickened. Very good with cream, pudding, cake and for cottage pudding.

Wine Sauce for Meat or Fish.
1 1/2 cups butter
1/2 cup Widmer's Wine Jelly
1/2 cup Widmer's Tokay
Mix the butter, jelly and Tokay to a boiling point. Strain five minutes. Add cold cream and salt. Also used on cold ham and baked in a 350 degree oven for 1 hour.

The Junior Cook By MOLLY GAVIN

At this particular season all of my Junior Cooks are making Lenten resolutions. Here is a very good resolution that you ought to make. As Saturday is always a very busy day for mother, each of my Junior Cooks will settle now to do her share. We have a delightful recipe that I want you to make often—thus accomplishing the good resolution of helping mother. The following recipe is served with waffles or griddle cakes; it is delicious and so easily made:

Honey Butter.
4 eggs, butter
2-3 cup honey
Place the butter and honey in a small pitcher; set this in a pan of hot water over a gentle heat and stir frequently until the mixture is creamy and hot. Serve immediately. Maple or other table syrup may be used in place of the honey.

DO YOU KNOW THAT?

There are no less than 75 different ways of cooking fish in Molly Gavin's Own Cookbook and Flair pamphlet. Clubs, etc.

For aid in preparation of papers and discussions this index has unique value as guide to recent writings not including shell fish, such as oysters and crabs?

As a special offer during Lent a set of menus for every day in Lent, a circular on Fish Recipes and the pamphlet "Choice Puddings" will be included with the Molly Gavin Cookbook for \$1.00 postpaid.

Homewives will take advantage of the low prices of eggs at the present time and will preserve them for future use. With this in mind we have prepared the circular "Preserving Eggs and Egg Recipes." It is yours for a three-cent stamp. Address: Molly Gavin, 1313 Massachusetts Ave., N. W., Washington, D. C.

Copyright 1932, N. C. W. C.

Men can use no better arms with which to drive away the devil than prayer and the Sign of the Cross.

131 SARATOGA AVE.
The SARATOGA MARBLE and TILE CO., Inc.
Saratoga Springs, N. Y.

The Paine Drug Co.
Prescription Specialists
2405 MAIN ST. NEW YORK

WIDMER'S WINE CELLARS
NAPLES, N. Y.

Says Leo XIII's Principles Apply In Industry Now

(Continued from Page One)

all in the community it would be a leveling of all to a condition of misery and wretchedness. The Pope, therefore, very properly stated that the main tenet of socialism, or community of goods, must be rejected and that the right of private property must be kept inviolate.

All Elements Cooperate
"The Encyclical then went on to show," continued Father Geck, "that if there is to be a real solution of the social question all elements must cooperate—the state, employers and the workers themselves. If any of these elements confines itself only to its own interests a real solution will be impossible. If, however, all realize that their interests are common and that the interest of the common good must also be considered, much progress will be made."

"A review of our industrial history for the past forty-two years shows that wherever these principles have been put into operation industrial peace and industrial progress have followed. And that wherever they have not been put into practice trouble and strife have been the rule."

"The Pope maintains, however, that all striving of men in the solution of this question will be vain if the Church is left out. He contends that it is the Church's peculiar function to bring men into agreement and to break down the teachings of Socialists and of others who hold that class is naturally hostile to class. It is also its function to impress upon both employers and employees alike their mutual rights and mutual duties."

Worker's Obligations
"The Church teaches the worker that he must carry out honestly and fairly all equitable agreements freely entered into, and that he must never injure the property nor out-rage the person of his employer; that he must not resort to violence or disorder in the enforcement of his demands."

"The Church teaches the employer that the worker is a man and not a chattel and must be treated as a man; that he must not be made to work under unreasonable conditions or for unreasonable hours; that he must receive a wage sufficient to enable him, his wife and his family to live in frugal comfort and to be able to put aside a little for the future."

"The Encyclical holds that the worker has a right to join with his fellow workers and form unions for the betterment of his condition. Workers are encouraged to join with their fellow workers because as individuals they can acquire little, while acting in a group they can have their rights respected. The Pope points out, however, that the unions are only a means to an end and can never be made an end in themselves. In joining a union a worker should do so with the object of bettering his condition to the utmost."

Correspondence

Dear Sir:
I am writing this letter in an effort to reach our widely scattered Catholic deaf-mutes through the medium of your valuable paper.

Statistics show that about two out of every three baptized Catholic deaf-mutes eventually lose the faith, due to the lack of Catholic schools for the deaf and priests who know the sign language.

The deaf are deprived of the ordinary means of hearing sermons, Catholic radio programs, etc., and are dependent to a great extent on the written word for religious instruction. For this reason we wish to inform the deaf about the only national Catholic deaf-mute paper, The Catholic Deaf-Mute. This paper for the past 33 years has been published by a deaf-mute, Mr. James F. Donnelly of 9111 - 118th Street, Richmond Hill, N. Y.

Mr. Donnelly has published this paper to the gratification of the clergy and the benefit of the Catholic deaf. Besides general news items of interest to the deaf, it is instructive and apologetic in nature, supplementing—and in some cases, where priests are not available for deaf-mute work, even supplementing—the pastor in his preaching the Gospel. In his editorials Mr. Donnelly is fearless in enunciating the Catholic principles for which the paper stands.

In a few dioceses the Bishops, realizing the great good done by this paper edited especially for the Catholic deaf, have ordered the subscriptions of the deaf-mute members of their flock, making the cost a diocesan charge. Mr. Donnelly also sends out several hundred free copies to those deaf who cannot afford to pay for a subscription.

May I ask your readers to kindly give this letter to any deaf-mute members of their flock, making the cost a diocesan charge. Mr. Donnelly also sends out several hundred free copies to those deaf who cannot afford to pay for a subscription.

Very sincerely yours,
M. A. PORTER, S. J.,
Pastor of the Catholic Deaf-Mute School,
College of St. Francis Xavier,
10 West 12th Street,
New York City.

China's Catholic Action Leaders



The China Synodal Commission, photographed at its headquarters in the Apostolic Delegation in Peking. The commission was created in 1924 and consists of five members, each appointed for three years or longer by the Apostolic Delegate. Their duties include the coordination of Catholic Chinese literature, the promotion of the Catholic Press, supplying information to the general press, aiding Chinese students abroad, and serving as a Central Bureau for Catholic Action. The present members of the commission are (left to right): Rev. Alphonsus Hubrecht, C. M. (French); Rev. Venancio Chao (Chinese); Rev. Theodore Mittler, S. V. D. (German); Rev. George de Jonghe, M. E. P. (Belgium); and Rev. Frederick C. Dietz, M. M. (American).

most in body, soul and property

Living Wage Urged

Father Geck stated that perhaps the outstanding feature of the Encyclical was the condemnation of the amassing of great wealth and power in the hands of a few who "have been able to lay upon the teeming masses of the laboring poor a yolk little better than that of slavery itself," and the declaration of the principle of the living wage for all.

Perhaps no part of the Encyclical at the time it was issued evoked more criticism or caused more surprise than the statement of the Encyclical of the principle of the living wage. It can truly be said that nothing has been more effective in the improvement of the wages of the working people than that declaration of the Encyclical.

Father Geck referred to the minimum wage laws for women and children now pending before the New York State Legislature. He expressed the hope that these laws would be passed and that an end would be put to conditions prevailing in different parts of the state in regard to the pay of women and children in industry. Although the minimum wage laws of other states, he said, have been declared unconstitutional, he was informed that in view of the present state of affairs in industry and of the present personnel of the Supreme Court of the United States, the New York State minimum wage laws would probably be held constitutional and the beneficial effects sought by said laws would be brought about.

HOW and WHAT TO SERVE HINTS FOR THE HOUSEWIFE By MOLLY GAVIN

The following list gives us some of the varieties of fish that are in season now: Codfish, shad, oysters, scallops, crabs, smelt, whitefish, clams, flounder, haddock, perch, mackerel, halibut, sole.

With such a variety in pick from in addition to the canned varieties—salmon, tuna and sardines—no Catholic woman should be at a loss as to what kind of fish to serve.

The economical cod is rather a tender-fleshed, loose-faked fish, and if boiled must be cooked gently. Being a bland fish, it is in order to serve a flavorful sauce with cod.

Legend has it that the haddock is the fish from the mouth of which St. Peter took the tribute money when this was demanded and that the two black marks on the shoulders of the fish are the imprints of Peter's thumb and forefinger. This fish may be boiled, baked or stuffed and broiled.

Boiled salt mackerel is good for breakfast or lunch. Mackerel is one of the best-known food fishes. Its skin is lustrous dark blue above, with wavy blackfish lines, and silvery below. It sometimes attains a length of eighteen inches. Mackerel weigh from three-fourths of a pound to two pounds, and are sold by the piece. They are in season from May 1 to September 1. When first in market, they contain less fat than later in the season and are therefore easier to digest. The supply of mackerel varies greatly from year to year. Some years it is very small, Spanish mackerel are found in waters farther south than common mackerel; and in our markets command higher prices.

Scallops are bivalve mollusks, the best being found in Long Island Sound and Narragansett Bay. The central muscle forms the edible portion and is the only part sent to market. Scallops are in season from October 1 to April 1.

Oysters are obtainable all the year, but are in season from September to May. Oysters are nutritious and of easy digestibility, especially when eaten raw.

To clear up the complexion after eating heavy foods during the winter months, bathe the face twice a week just before going to bed with either orange juice or buttermilk.

The bond of charity is not a tie, if you put in place of it the tie of self-love, that indeed, will separate us from God and lead to nothing.

No thoroughly occupied man was ever yet very miserable.—L. E. Landon.

Alleged Backer Of 1928 Bigotry Enters Church

(Continued from Page One)

ing in their piety upon being admitted into the Church. Tears streamed down their cheeks as they received Holy Communion.

Denies Bigotry Charge

The conversion also has served to bring out information relative to the bigotry campaign in the 1928 election which might be termed historic. Colonel Mann, who previously has been reticent on the subject, spoke freely of it.

"I know of all the organized bigotry and anti-Catholic propaganda in that campaign," he said, "and although I have been accused of being directly responsible for the bigotry in the Southern States, I can truthfully say before God that while I was in the office I never permitted any one to make use of anti-Catholic propaganda."

"I gave orders in my office during the campaign that all literature of an anti-Catholic nature which might arrive was to be destroyed, and anything of that character which went out from my division of the National Committee was unknown to me."

"It is true that literature of this sort was brought to my office with the suggestion that I make use of it. I firmly refused to do so."

Gives Impressions
Immediately after his first Communion this morning, Colonel Mann said to Father Sheen:

"I have suffered much in my life from misunderstanding. But I see now it was a Good Friday, which brought to me the Easter of being welcomed into the Catholic Church. I see now that all great gifts of God are purchased by redemption and suffering on our part. But it is all trivial in proportion to that which is purchased—the gift of Faith."

"I have lived 64 years, honestly searching for the truth and always suspecting that perhaps it was to be found in the Catholic Church. This day of my first Communion, which is the happiest day of my life, makes me understand why Simon sang his name dimly on receiving the Christ Child into his arms."

"Two things are outstanding in the Church as I enjoy it now. The first is the authority which belongs to it under the leadership of the Vicar of Christ, which to me is the very command of Christ Himself. The second is the real contact it gives with Divinity. The Church has not asked me merely to go back in memory to 1900 years to a Christ who lived in Nazareth, but has brought that Christ to me in Holy Communion."

Colonel Mann was not a member of any church, although his father was a Methodist minister in Tennessee. His mother was of Irish descent but never had been a Catholic. His grandfather, however, a Catholic, had been the builder of a Catholic Church in Tennessee.

Colonel Mann had always had a desire to look into the teachings of the Catholic Church. About three months ago he heard Dr. Sheen deliver an address over the radio on the Catholic hour. After listening, he remarked that he would like to talk to Father Sheen about the Catholic Church. A mutual friend, hearing this remark, brought the two men together.

Dr. Sheen and Colonel Mann began almost at once their conversations about the Church. Mrs. Mann also became interested and took part. Dr. Sheen found Colonel Mann and Mrs. Mann as well, intensely receptive. Mrs. Mann had previously been baptized in a Protestant denomination.

Colonel Mann conducts a law practice in Washington.

"All the statues are not in the front of the church," is an observation made regarding those who stand in the back of the church when seats in front remain unfilled and who when the collection box is passed still remain motionless.

Not only in solitude, but even in the company of others we can preserve solitude of heart and familiarly converse with God.

PROPAGATION OF THE FAITH SOCIETY



HOME AND FOREIGN MISSIONS

Diocese of Rochester, N. Y. Rev. Leo C. Mooney, Director
Columbus Civic Center, 50 Chestnut Street
Stone 1492

This copy is edited by the Diocesan Office in connection with National Office. Inquiries concerning missions welcomed.

SECOND EDITION OUT

The second edition of the Catholic Medical Manual has just come from the press. The welcome which the first edition of this little book has received from individuals and groups of our Catholic people promises well for the medical interests of the mission. The second edition contains some added improvements of the way in which both old and young can help the Medical Missions by making bandages and dressings, collecting medicines and other useful objects, and preparing various sorts of surgical pads, slings, binders and hospital garments and other supplies. Many interesting descriptions are given of the various articles used in the hospitals and dispensaries in mission lands. The pennies in mission lands. The sick have already found their way to our door, and last month we treated thirty. Most of the time there is someone on the compound awaiting treatment. When we find them seriously ill, we keep them here until they are better. We have succeeded in saving some lives in this way, and we hope that this will react on their souls, bringing them also back to life.

KING HONORS MISSIONARY

The Rev. O. Vandewalle, a member of the first group of Belgian Missionaries to go to the Philippines in 1907, was recently awarded knighthood in the "Order of Leopold" by King Albert of the Belgians. The honor, no doubt, is appreciated as it should be, but it does not solve the problem about which he writes us.

"Three months ago I promised one of our Fathers to help him as much as possible to collect \$2,500 with which to start the best activity in the mission I can imagine after that of the priest himself: the building of a school and convent for Sisters in a poor village, once the building finished the Sisters would assume operating expenses. I made an appeal in the magazines of which I am editor, but the answer was almost nil. I don't know when that splendid work will be allowed to start. The Father in question is Rev. Andrew Deldaele, Sabangan, Mt. Prov. Just think of the good that would be done by those Sisters in this pagan field."

LENT AND THE MITE-BOX

A mite-box is God's bank. Every penny dropped into it falls into the treasure chest of Heaven. Have you a mission mite-box in your home? If not, get one today! Will you not try to make this Lent a missionary one, and alleviate the hardships of the missionaries and their poor Christians who are no longer able to support themselves, not to mention a missionary? Always remember that God will not be outdone in generosity, and that sooner or later you will receive a reward for the smallest alms given in His Name.

Write to-day for your mission mite-box to your Propagation of the Faith office, 50 Chestnut Street, Rochester.

A HALFWAY HOUSE TO HEAVEN
Maryknoll's Loring Mission in South China, founded by Father McShane, was noted from the beginning for its charity to abandoned babies, and though Father McShane has gone to his reward, Loring continues to be a "halfway house" to the heavenly kingdom for hundreds of tiny souls who receive there yearly the white robe of grace.

Now the Orphanage is again in charge of the Maryknoll Sisters. Sister M. Richard, the Superior, writes: "With only three in our community, we keep 'ten parts' busy. Everyone has ample chance to prove her generosity, and Our Lord makes up for our inability."

"Conditions in Loring are quite different from what they were when we left here five years ago; and the people have welcomed us kindly. We never hear that greeting of former days—'Old Foreign Devils.' The pennies in mission lands. The sick have already found their way to our door, and last month we treated thirty. Most of the time there is someone on the compound awaiting treatment. When we find them seriously ill, we keep them here until they are better. We have succeeded in saving some lives in this way, and we hope that this will react on their souls, bringing them also back to life."

Last month ninety-one were added to our family of orphans. Of course many of these winged their way to Heaven soon after Baptism. We have between sixty and seventy healthy children to house, feed, and keep happy. Many of these were only babies when we left them five years ago; are now ten and eleven years old. We have a regular schedule of work, prayer, and play for them; and we are trying to teach them to do everything—from singing a Latin Mass to carrying water in the usual Chinese way, and working in the fields. Those of eleven years make their own clothes, and each one has a smaller child to sew for also. They take great pride in seeing who can take the best care of her charge."

Conditional Gifts Plain as A, B, C

A.—You give the Society for the Propagation of the Faith a sum of money, in any amount, from \$100 to \$100,000.
B.—The Society pays you from four to six per cent. on your gift for the rest of your life, promptly and unfailingly, annually, semi-annually or quarterly.
C.—At your death, the principal goes for the support of all the missions of all mission societies and religious congregations.

A Gift that Pays an Income to the Giver and Makes Him Share in the Labors and Merits of the Missionaries. For further information, apply to Society for the Propagation of the Faith.

Inquiries cheerfully answered by REV. LEO C. MOONEY, Diocesan Director, COLUMBUS CIVIC CENTER, 50 Chestnut Street, Stone 1492.

Buy Rochester Products It Guarantees Superior Quality
THE NATIONAL HOME-MADE EGG NOODLES
Are the best on the market. Make a trial and be convinced.
Ask your grocer or butcher for the NATIONAL when buying noodles.
Made by THE NATIONAL EGG-NOODLE COMPANY
885 Joseph Ave., Rochester, N. Y. Phone, STONE 1806

1831—Rochester's Oldest Financial Institution—1833

A Lesson in Small Savings

The Brooklyn bridge cost \$18,000,000. The small ferry charges soon paid for it—a demonstration of how small amounts of money added together finally amount to a large sum.

Remember your Savings Account—add to it regularly—keep the total growing.

Rochester Savings Bank

47 Main St. W. —Two Offices— 40 Franklin St.
Open Saturday Evening—5 to 8—For New Accounts and Deposits Only

Resources Over \$68,000,000.00

1831—STRENGTH AND SECURITY FOR OVER 100 YEARS—1933