Our Lady of Perpetual Help Devotions



The Archconfraternity Of Perpetual Help



By REV. CLARENCE SEIDEL, C.SS.R.

Editor's Note: This is the second of a series of articles by Father Seidel, noted Redemptorist missionary in Lima, Ohio. These articles are appearing exclusively in Rochesaer in the CATHOLIC COURIER, official newspaper of the diocese. They will later appear in a book to be written by Father Seidel.

Intense interest is being manifested in the devotions to Our Lady of Perpetual Help throughout the Diocese, especially at St. Joseph's Church, Rochester, where services are conducted each Wednesday at 12:15 p. m. 3 p. m., 5:30 p. m. and 8 p. m. by the Rev. Edward J. Crotty,

definite plous or charitable work. to carry out his vow even to the of his mother and father. Marie These little groups or associations, shedding of his blood; like St. Ber- Hohl plays the part of an actress who when they are established and guid-nard, he was constantly proclaiming falls in love with "Jonesy" despite ed by competent ecclesiastical au- his Lady's glories with an eloquence the efforts of her uncle and his enthority, are called "confraternities." honey-sweet and heavenly; and like tire family. As early as 1048 we hear of one such St. Bernardine of Sienna, he served confraternity. namely. "The Conthe Queen and Mistress of his heart by Esther M. West, Fred C. Ritz, Eding established at Naupactos in And more: he was the indefatigable Rutan, Dorothy Bader and William Greece. Its purpose was to foster de-advocate and dauntless herald of Huhn. votion to a certain picture of the that most consoling of Marian doc-Mother of God. These confraterni trines, -- namely, that the interces- and, above all, love for Jesus Christ. ties have grown so numerous of late sion of Mary is morally necessary "Of all devotions," says St. Alphonyears that, as Beringer says, they for all to obtain salvation. Most fitsus, "there is none so pleasing to our
can scarcely be counted. One of tingly then is the name of Alphonsus Mother as that having frequent these is our own Archeonfraternity associated with that of Mary. Twin recourse to her intercession, seeking of Perpetual Help, which we purpose names they are, and it is hard to her help in all our wants-for examto treat in this paper.

Established in Ireland in honor of the Mother of Perpetual Mary. Help. There in the year 1868, the Five years after the erection of the citizens of Limerick met and formed confraternity at Rome, it was dethe confraternity that was to become cided, in view of the numerous conso helpful and powerful an agent in fraternities of the same name and of Perpetual Help. So successful world, to elevate it to the dignity and has been the work of these sons of endow it with the advantages of an the Emerald Isle that a Redemptorarch confracternity. Such action would be their perpetuals help. ist Father writing from Ireland in most intimately unite these separated 3. To endeavor to imitate the vir 1913 could truthfully say: "There is confraternities and give them the scarcely an Irish home today in town solidity and strength of a single or spotless purity, her ardent love for

is not known or loved." fraternity sprang up at Roulers in formance of all good works. As an Beigium In the first year of its ex. archeonfraternity it would possess life. "When Mary," declares Alistence it numbered 6,400 associates, the power and authority to aggregate phonsus," has withdrawn a soul chief among whom were the Archito itself all confraternities of the bishop of Malines and the Bishops of same name and purpose, and to im-Bruges and Gand. Soon other con-part to them and make them sharers fraternities arose at Pisa, Paris, Vi- in all its exalted privileges, numberenna, and Tournay less prayers, and rich indulgences.

At Rome the confraternity did not Accordingly, on March 31, 1876, the come into existence until the year permission was asked of Pius IX to her own. If then we love Mary, we ficial decree, dated May 23rd, Cardi-nal Patrizi, the Papal Vicar in Rome, status of an archeonfraternity, and, ious Contraternity of Our Lady of Perpetual Help. It was at Confraternities throughout Christenchurch of San Alfonso-that the its privileges. Think of that vast tices are simply recommended: sacred Picture was enshrined? Again, number united in prayer and sacri-1. To wear or carry about with should not faithful sons ever strive fice to the Mother of Perpetual Help. to enhance the glory of their Father? How efficacious must be their pray- petual Help and of St. Alphonsus. Moreover, Alphonsus, all knew ers; and what torrents of graces would be a most powerful advocate must they draw down upon themfor them with the Mother of God; selves and upon their labors. No and to honor her as the patroness and scarcely will she refuse him any- wonder that so many hasten to be and protectress of the household. thing who while he was on earth enrolled in this vast army of prayer. never refused anything to her. But the name of Alphonsus was added especially, that he might be to us an confraternity, nothing else is reexemplar, a model, a very master in- quired than to have one's name in- the Blessed Virgin, and a Glory be structing us in the love and venera- scribed on the register by the Directo to the Father in honor of St. Altion due to the Mother of God. Like tor or some duly authorized person, phonsus ,together with the indul-St. Ildephonsus, he strenuously de Even persons living at a distance genced ejaculations: fended Mary's most treasured pre- may become members by sin ply Mother of Perpetual Help, pray for rogatives; like St. John Damascene, sending in their names by mail or by me. My Protector, St. Alphonsus,

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By Footlight Club A real treat is in store for Foot-

light Chub audiences, according to Rev. Joseph Vogt who is acting as play, "Jonesy", which will be presented in St. Boniface School auditorium on Sunday, Monday and The Jesuit weekly, "America" and Tuesday evenings Fahrnary 25 of Father Lord's "The Queen's Work" Tuesday evenings, February 26, 27

Title Role in Play

Ray Weis to Have

"Joneay" is a clean comedy that kept New York audiences in hilarious laughter during its entire run. and it will be presented in Rochester through special arrangements with the New York publishers.

The St. Beniface Footlight Club players are now rehearsing under the From the earliest times numbers he never coased to propagate them direction of Edward F. Hettig. The of the faithful have banded them-|and to make them known to the part of "Jonesy" will be played by selves together in little groups for faithful; in fact, he had taken a sa- Raymond P. Weis, with Mac Weider the purpose of performing some cred vow to do this and was prepared and F. Leo Hogan assuming the roles

Other leading roles will be played fraternity of the Mother of God," be- with all the offices of a tender love. ward Lettau, Edward Murphy, Ethel

think of or love the one without ple, when we have to give of ask adthinking of and loving the other vice, in dangers, afflictions, and To Ireland, the Isle of Saints and With Alphonsus as our guide and temptations, and particularly Scholars, belongs the glory of being patron we cannot help but make sure temptations against purity. "Mary." the first to establish a confraternity progress in the love of Jesus and he assures us, "will certainly come to our aid if we have recourse to her by invoking her holy name, which

has particular power against the devils. 2. To place in the hands of this spreading the devotion to the Picture purpose existing throughout the most lowing Mother all their tem-

or country where the sweet Picture ganization; it would inspire and encourage greater acts of virtue, and Jesus, her tender charity towards her The following year a second con-afford a greater incentive to the per-neighbor, and her heroic patience in bearing the pains and sufferings of from the tyranny of Lucifer, and united it to God, she requires that this soul should strive to imitate her; otherwise she cannot enrich it with her gifts according to her desire. seeing its conduct so different from Then it was that by an of raise the Roman Confraternity of ought to seek to imitate her, because

complying with the resuest of the no sooner than saked the permis-Superior General of the Redemptor-sion was granted. Plus IX made but more practical certain practices are ists, canonically erected and estab-one request: that his name appear recommended to the members of the rebconfraternity register of its members practices however, do not bind under pain of this time that to the name of our dom soon applied for admission into sin, either venial or mortal; hence Lady of Perpetual Help was added the Archconfrate nity at Rome, and their omission or total neglect is not the name of St. Alphonsus. And not today about 1,300 confraternities, to- sinful. True it is that the members. without great reason was this done, talling over 4,000,000 members, are strictly speaking, are bound by no For was it not in his church—the associated with it, and sharing all obligations whatever. These prac-

> them a medal of our Lady of Per-2. To place in their homes a picture of our Lady of Perpetual Help, They will also say their usual prayers before this picture.

Easy to Join

To become a member of the Arch-

As the primary end of the Arch-

confraternity is to serve and honor

with the aid of the powerful patron-

age of St. Alphonsus, the Queen of

Heaven under the special title of

Mother of Perpetual Help, and to in-

devotion, members propose to them-

1. To have recourse to our Lady

tual needs, especially in their tempta-

tions and trials, begging her to ob-

God, pardon for faults committed

perseverance. a good death

selves to do the following:

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It Guttrantions Superior Quality

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er or butcher for the NATIONAL when buying no

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Joseph Ave., Bothester, M. Y.

3. To recite, morning and evening. on their knees, three Hail Marys to in all my wants make me have recourse to Mary."

4. To renew every month their act of consecration to our Lady of the flavor and make it more digesti-Perpetual Help and to St. Alphonsus. 5. To celebrate devoutly the Feasts of our Lady of Perpetual Help duce others to practice this beautiful (the Sunday preceding June 24) and of St. Alphonsus (August 2).

6. To take part in all festivities in hence of the Mother of Perpetual of Perpetual Help in all their spiri- Help; as, for instance, in the weekly or monthly meetings of the confraternities, in the weekly devotions, tain for them grace never to offend and in her various novenas. How dear the annual novens of Perpetual making a total for the entire nine 130.6331

fold. For example:

plenary. Plenary indulgences may ens to sweep all before it. A con sion into the Archconfraternity; on on its walls hang a thousand buckother occasions.

and merits of all the good works and and the sick." apostolic labors of the Congregation of the Most Holy Redeemer.

3. Every year a Solemn High Help and St. Alphonaus be this "ark bers. The living members who at-

Nazareth Academy Echoes -

By RUTH VAY, '83

The month of February has been esignated as Catholic Press month hroughout the world. That Nazareth general manager for the coming furthering Catholic publications is evident from the number of students subscribing to Catholic periodicals. are the most popular papers in the chool. During the first semester the American History classes alone subscribed to one hundred and ten opies of "America." The girls find this magazine a treasure trove for current world topics of vital interest, not to mention the valuable literary aid they derive from its per-"The Queen's Work," too, has usal. its ardent readers. Five hundred subscriptions to this remarkable magazine were secured this year, and the girls never overlook the much apreciated counsel and information it intaina.

The library at Nazareth Academy is well-stocked with splendid Catho-lic books and there are always numerous pamphlets and periodicals on the magazine rack. By the additional means of posters indicating prominent Catholic writers, and urgent talks in the class rooms, Nazareth Academy is certainly rallying to the support of the Catholic Press, and doing her share willingly and hap-

Monday afternoon, February 13, the anniversary of Abraham Lincoln's birthday was celebrated by a ommendable presentation of a patriotic sketch "Three American Women." Florence Towner représented the Revolutionary maiden, Isabelle Kimpal the Southern girl, whose lover had espoused the cause of the North in the Civil War; and Marion Hempel, the modern miss, whose happiness was blighted by the ighastly World War. Impressive historic tableaux, under the direction of Rosemary Smelt and Corinne Belle-Isle, depicting a scene from each of the three wars, formed an appropriate background for the separate sketches.

On the same program, a group of enjoyed it. The girls taking part in the play were Eleanor Carmen, Edna Bruckel, Rita Hayes, Phyllis Gifford and Margaret Mary Morrow.

Household Hints

To chop raising directly from the oox, heat food chopper in bolling water and then raisins brough without sticking.

A few tablespoons of cold ten, or a tablespoon of freshly made coffee, addition to whatever spice, cinnamon or nutmeg is used. Try rolling a few sprinkles of grated cheese into the crust for an apple pie.

To relieve excessive coughing, especially at night, mix together equal upon the best ways of entertaining. parts of glycerine and strained But to be practical I shall tell you honey and add a few drops of lemon about St. Andrew's Valentine Party. Take in teaspoon dozes when needed and it almost invariably gives where from eighty to one hundred relief. Another good mixture is suests at the party last Friday night. made of equal parts of cider vinegar They danced, they walted, they and honey; take in doses of one trotted, they gilded. Those who did tablespoon.

Before washing a sweater, sew the buttonholes so they will not stretch moral of the tale is to go to St. Anout of shape.

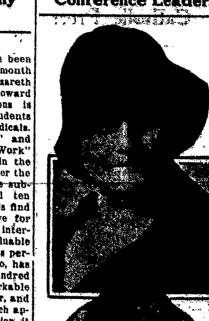
Keep a small horseshoe magnet in "O Mary your pin and needle box for picking up pins, needles or broken needles that may fall to the floor.

> Try adding a raw, dry prune to the pot when making coffee to improve

virtue. And true it is, unlike vice tue needs encouragement."

May the confraternity of the

Conference Leaders



Mrs. A. S. Musante (above), president of the San Francisco, Archdiocesan Council of Catholic Women, host to the first regional conference of the N. C. C. W., held at San Francisc, February 14, 15 and 16, which was attended by women leaders from 13 dioceses of the Provinces of San Francisco and Portland. Miss Miriam Marks (below) took a prominent part in the regional conference.

Rochester Diocellis National Council of Sales Office 1680 Columbia Civie Cartie

PRESIDENT'S MESSAGE hearts and sustain suffic We are bringing to our members by feeting sets but he members or our National Presidential contacts where the for February and follows: the message of our National President for February, as follows:

Our Holy Father points out 1922-34 as a Holy Year which tells of the nineteenth century since our Lord, FERRULEY Jesus Christ, Sied-on the Ores, the press (Color

Insteamth sentury since our ord Jesus Christ, siedcon the Green face remains County of Salary on the Jamas fact of Salary on the Salary of Salary "From this fact, the National cial and accommist of

Council of Catholic Women may take highest there at the heart. A more fraction of the total and stric persons. Catholic population in point of humi. Money it is we be

strong recall to the life, and interest Much must still be their daily though given to sustain physical life, much frue the Cath more meust be done also to litt up and

on a sewing bee and made them up

boys who have been so helpful to

them at their Sodality and Parish af-

Rochester Catholic Hour this Sun-

Dr. Pulton Sheen is speaking ove

the National Catholic Hookup, Last Sunday he spoke on "The Bond Un-til Death." Tune in next Sunday, I

I am signing off until next week

at this time as George Washington

would say your most obedient and

beginning as well as the finish.

am sure you will enjoy it,

fairs.

To return this generosity in kind,

Church,

Catholic population in point of humbers, its spiritual force is far from people to seek out when negligible. The same course of the spiritual similar and strength broods over it to press, and thereby fructify its efforts.

"Strong in this conviction let make its Catholic every group mobilise its forces for a lie periodical. The

the Sodalists are giving a big party Mercy High Delegates

Attend Boffalo Mas Besides the Junior Holy Name So. Mercy High School attended the clery at Mt. Carmel, which had its Students Spiritus! Council seaven first general communion last Sun ties at Buchle, Sunday, Phresity and Students Students Sunday, Phresity 12.

day, plans are on foot for a Janior 12-Sodality for the younger stris, A face The delegates had been lides. Mt. Carmel Sodality has kept a Brown, Releas Burker, Department year book or rather a history of lin news. Rossmary & A. Sodality. Other sodalities might Moran: Two faculty means also like to make use of this idea.

The theme, "Now Miress is Catho I want to take this opportunity of the Youth, was die suggesting that you listen in to the spiritual and tomposed shows

day. A new series of lectures is being started, so be wise, and hear the advertisements: for values to Look to the CATHOMS COUNTER making purchases.

> THE KNORE SANITABIUM

39 THOUP STEE

Wiskers important Par OBSTRUCT

If you stop to think how much the success of that special dinner, or even the family meal, depends upon the BREAD you serve you would never take a chance with stale bread.

The BENT

-Sodaltalk Small-Family WONDER BRRAD

You would always insist WONDER BREAD. The and FRESHENT bread yo buy. Two also, "sisted to convenience. Try Il folly 11 note the difference SLO-BARING

"Ark of Safety flow brough mighty lands, fertilizing to a description of the Sodality, the their thirsty sands, the Archeonfra object, rules, organization, etc. The ternity of Perpetual Help sends forth innal page is given over to the big

SODALTALK ::: Please be my Valentine? That manage with a Constitution. We ex- it with give our Cath Senior Thesplans presented "The request is just a few days late but nect fine things from this sedality lightening on the advantage of the conclude from the title, this play way, do you know why St. Valen- and for everyone to have a part in performance in the conclude and the conclude in laughs, shuckles and the conclude in the conclude in laughs, shuckles and the conclude in the abounds in laughs, shuckles and tine's day is celebrated as it is with planning what they wish to do the said County.

hearts and flowers and love and lace? I plead guilty to a blank after that question. Like Diogenes I date or candidates on the list of the results monthly bealth foremost part I did not succeed but a glimmer of light showed in the response that St. Valentine during the persecutions used to visit the prisons and he used to send the prisons and he used to send the prisons and he used to send the prisones if the notes and messages. That sounds sented "School Days" They also burst into song in a elever skif. Growing Family. Other important duite in keeping does it not, huf you know I am not certain yet. I can say though, that he was martyred in 270 A.B. Between you and me that was the greatest Valentine of all when he gave his life and heart to God. hearts and flowers and love and

I have changed my profession o rather I have taken on new duties for the Fourth Grade and the older I am a social secretary. For the next few weeks I shall give dissertations To begin with there were any not care to dance played games, I have added to my ambitions I must learn to play shuffleboard. The drew's Sodality Party and learn.

Sacred Heart Sodality is also colebrating next Monday evening with a Valentine Party and invitations are being issued to 150 girls. Sounds like a wedding doesn't it? I must tell you more about the invitations. They are clever to say the least, and useful too. I salute the willingness and patience of those that made them. The invitations are in four sheets. The first sheet announces "Some News for You-Did you know that your Sodality did so and so" and when we have the latest Sodality humble servent. news. The next pages are given over This heart is the open sesame to Cupid's ball Monday night. What do you think of that price of admission

The messengers of Cupid are the

outside circus grounds.

The Central Council went Rifay this month perhaps as a reception

that "gets on by natural bent, vir-Like lucent rivers that

its freighted streams of graces and news "Cupid demands your presence blessings through the parched plains at a Valentine Party-Help is to members this sole fact will of the earth, causing virtue and you, could you send regrets to this Help is to memoers this sole fact will for the earth, causing virtue and you seen regrets to this clearly prove: At the church of St. goodness and sanctity to blossom powerful and most beautiful god? Alphonsus in St. Louis, Mo., 14,513 forth in all their glorious beauty, All:this news, information and invisitended the eight daily exercises, cheering both the possessor and the lation are held together and sealed making a total for the entire nine beholder. And if these days of riot with a heart on which is not the days (Nov. 30-Dec. 8, 1927) of our living protection for virtue is form for Sodalists to fill in names. sought, behold we have it here in our addresses, telephone numbers, com-The benefits and advantages de-confraternities. "Confraternities," rived from membership in the Archieus St. Alphonsus, "are so many confraternity are great and mani- arks of safety wherein Christians in the midst of the world find a sure 1. During life they can gain many refuge from the storms of temptation large indulgences, both partial and and that deluge of sin which threatbe gained on the day of their admis- fraternity is a new tower of David: the Feast Days of Our Lady of Per-liers, innumerable safeguards against petual Help and of St. Alphonsus; on the spirits of the deep, and helps to 2. They participate in the fruits charity towards one's fellow-members plant lemonade is son

Blessed Virgin Mary of Perpetual

tend this Mass can gain a plenary them what the Rector of the Paris ing plans were discussed which will

indulgence.

Wor can we emit to mention the said it was, the "Archeonfraterally meeting.

Was edification and encourage of Perseverance," — perseverance meat given the members in the contract that means rictory over Salam and The Sodality of Holy Ghost Church quest of perseverance and the practice of the gaining of the erown of Mrs.

It is starting off in a fire business like

-one heart? heads of the bands who will deliver these little white "billet doux" to the Sodalists. I was talking with Cupid's Grand Marshall and I heard that there's the day of the monthly Communion; attain perfection. These bucklers going to be a play presented, specialat the hour of death; and on several are meditation, prayer, the frequent ty acts and what-not. I cannot say ing of the sacraments, and works of more. Perhaps I might whisper that

Mass is celebrated for the repose of of safety," this "tower of David," to the new members, A supper meet the souls of all the deceased mem-these "thousand bucklers" to all its ing was held in the Columbus Civil members; and may it further be to Center Dining Room. Rather starti-