

HOW and WHAT TO SERVE HINTS FOR THE HOUSEWIFE

FRIDAY'S MENU Breakfast Apple Sauce Cereal and Cream Poached Eggs on Toast Coffee Luncheon Clam Chowder Codfish Cakes Cornbread Dinner Baked Stuffed Haddock Baked Potatoes Buttered Peas Cole Slaw Caramel Bread Pudding Coffee

HOW AND WHAT TO SERVE: The stimulating property of coffee is due to the alkaloid caffeine, together with an essential oil. A cup of coffee with breakfast serves as a mild stimulant for an adult, but should never be found in the diet of a child.

It has been said that 70 per cent of housewives do not know how to get the best out of coffee they make. Either they do not measure the coffee and water for brewing in correct proportion or they do not have the coffee ground to the right consistency for the type of coffee pot they use.

Quick Coffee Cake 2 cups sifted flour 2 tbsps. sugar 4 tbsps. butter or other fat 1/2 cup citron or other candied fruit 3 tbsps. baking powder 1/2 tsp. salt 1/2 cup milk 1/2 cup raisins chopped 1/2 cup chopped nuts 1 tsp. cinnamon mixed with 2 tbsps. sugar

Where quality MEETS FAIR MARKET PRICE 54 Andrew

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In a greased pan pat the dough until it is about 1/4 or 3/8 inches thick and bake for 40 minutes in a moderate oven.

Bean Soup 1 pt. dried navy or black beans 1/2 lb. salt pork 4 celery stalks 2 tbsps. water Cold water 1 onion 1 tsp. flour Salt Pepper

Apple Tapioca 1/2 cup quick-cooking tapioca 1/2 cup sugar 1/2 tsp. salt 2 cups boiling water 1/2 tsp. cinnamon Juice of 1 lemon 3 pints sliced tart apples

Yorkshire Pudding To one pound of flour add one teaspoon salt, 3 eggs, mix with a wooden spoon, adding a small quantity of milk until perfectly smooth.

Scalloped Salmon Break the salmon into pieces and remove the bones. Prepare a sauce of the fat, flour, milk and salt.

Stuffed Celery Take a bunch of celery and place in cold water for an hour. Remove and drain and stuff each stalk with pimento cream-cheese.

Raisin Fruit Cake 4 cups flour 1 cup butter 1 1/2 cups sugar 1/2 cup milk 1 teaspoon salt 1/2 yeast cake dissolved in one-half cup water 2 eggs 1/4 cup wine 1/2 cup seeded raisins 1 cup citron

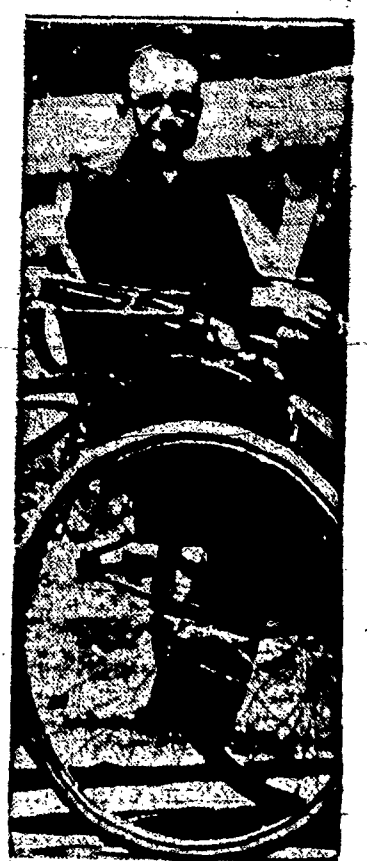
Old Fashioned Chicken Pie Cut a chicken in pieces for serving. Melt four tablespoons of butter or use the same quantity of pork fat.

HOUSEHOLD HINTS To separate postage stamps that have stuck together, do not soak them. Instead lay a thin paper over them, and run a moderately hot iron over the paper.

DO YOU KNOW THAT: I have received many requests for the free circular "Christmas Candles For Gifts"?

The Large Molly Gavin Cookbook would make an ideal gift for a person who enjoys cooking because this book contains over 3,000 recipes both economical and appetizing.

Visits World Missions



Rev. John J. Considine, M.M., of the Archdiocese of New York, who is Director of Fides Service, Rome, is shown here traveling in Hakodate, Japan.

Install Msgr. Lane Fushun, Manchuria, Prefect Apostolic

Fushun, Manchuria.—The Rt. Rev. Msgr. Raymond A. Lane, M.M., recently named Prefect Apostolic of the new Fushun, Manchuria, Prefecture, has been installed amid a great concourse of the faithful.

stead of peeling the pumpkin wash it and cut it up as usual, leaving the rind on; it takes less eggs and pumpkin. To improve the flavor, drop in a few seeds while cooking, afterward removing them.

The Junior Cook

Now is the time for all Junior Cooks to start thinking of the Christmas season and the gifts that are to be made.

There is nothing nicer for young folks to give than good homemade candies attractively wrapped in paraffin paper.

White of one egg 1/2 tsp. cold water 1/2 tsp. vanilla 1 lb. confectioners' sugar English walnuts

Put egg, water and vanilla in a bowl, and beat until well blended. Add sugar, gradually until stiff enough to knead.

Forsees Strife For Christians With Paganism

(Continued from Page One)

It is because religion does not enter enough into politics that politics is falling into contempt, he said. The Church, he said, could never be entangled in party politics, adding that she left her sons free to choose their party allegiance so long as they were not required to transgress certain fundamental principles.

Cites Position of Church In the great issue between capital and labor it is erroneous, he said, to suppose that the Church is indifferent to the great industrial and economic conflicts of the day, for they raised great moral questions.

There might well be times when an employer had to say to his men: "If you won't take a lower wage or work a longer day, I cannot continue my business, and if I may be better for you to make a sacrifice than see my factory close down."

Somerville Gets Alhambra Life Membership And Resolutions at Surprise Luncheon Here

Coming to Rochester unexpectedly on a business trip, Monday, Harry P. Somerville, managing director of The Willard Hotel, Washington, D. C., and receiver of the Hotel Sagamore, this city, was honored at a special surprise luncheon, Monday noon, in the Sagamore by officers of the Alhambra, Order of the Alhambra and some of Mr. Somerville's personal friends.

Grand Commander Daniel J. O'Mara of the Alhambra, presiding at the luncheon presented Mr. Somerville with a set of resolutions of felicitations from the Alhambra on his new appointment and a life membership in the Alhambra.

Since going to Washington, Mr. Somerville said, he has been honored with being chosen as escort for Mrs. Hoover and her Vice-President Curtis, and his sister, Mrs. Gann, at luncheon in the hotel and has met many distinguished celebrities.

Present at the luncheon besides the guest of honor and Grand Commander O'Mara were: John A. Doyle, Dr. Walter H. O'Neill, John Callaghan, Martin J. Dowling, Patrick A. Dwyer, Edward P. Burke, Frank M. Beaumont, Thomas P. Callahan, Carl J. Schaeffer, James J. Ryan, Jr.; Anthony T. O'Brien, Jr.

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George J. Law, pastor of St. George's, St. George, N. Y., was the guest of honor at a special luncheon in honor of his appointment as pastor of St. George's, N. Y., at the luncheon.

LAPIDAR DISCOVERY OF NEW PRIME NUMBER TO THOUSANDS They found a new prime number, 113,307, which is the largest prime number found to date. It is the largest prime number found to date.

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