

HOW and WHAT TO SERVE HINTS FOR THE HOUSEWIFE

SUNDAY'S MENU Breakfast Grape Apple Sauce Hot Cereal with Cream Cheese Omelet Bran Muffins Coffee Dinner Cantaloupe Supreme Olives and Celery Baked Virginia Ham Canned Sweet Potatoes Buttered Cabbage Tomato Salad Peach, or steak with Whipped Cream Coffee Supper Cold Sliced Ham Egg Salad Pickled Beets Frosted Sponge Cake Fruit Salad White Bread Tea

The method of laying the table and methods of serving must be governed by the occasion, the size of the dining room, the number of guests, and the attendants. The following suggestions regarding the table linen may be found helpful to some of my readers.

Table padding, or a silence cloth, should first be placed on the table, then the tablecloth should be laid straight and smooth. If a centerpiece is used, it should be placed in the exact center of the table.

Napkins should be folded simply and laid at the left of the plate. A dinner napkin is folded four times; a luncheon napkin is folded twice to form a square or three times to form either a triangle or an oblong. If desired, the tablecloth may be omitted for breakfast or luncheon, and doilies with pads underneath them or table runners used instead. Doilies may be placed on the serving tray. They are used on plates containing crackers, bread and cakes. Baked potatoes, corn and hot breads are served in folded napkins.

BARBERRY JELLY Use two quarts of apples for every four quarts of barberries and just enough water to keep berries from burning.

Wash and drain barberries thoroughly. Do not remove stems. Mix with apples. Cook until the apples are soft and the juice seems to be extracted from the berries.

Press through a coarse colander, then drip through a jelly bag, but do not squeeze.

Allow one pound of sugar for each pint of juice. Boil juice twenty minutes. Add hot sugar and boil hard three minutes; skim when necessary. Strain into hot glasses; let stand till stiff.

Always make jellies on a clear sunny day.

PRESERVED QUINCES 4 lbs. quinces 4 lbs. sugar boiling water

Wash, wipe, pare, core and cut quinces in quarters. Put in a preserving kettle, cover with boiling water. Simmer until tender. Cool on platters. Mix sugar with one pint of water in which quinces have been cooked; boil ten minutes. Add quinces a few at a time, cover kettle, and cook slowly until quinces are of a rich red color. Mix jar with quinces, then with boiling syrup, and seal.

One half quince and one half apples may be used in this recipe.

CHEESE FONDU 1 cup hot milk 1 cup bread crumbs 1 tsp. fat 1 cup grated cheese 3 eggs 1/2 tsp. salt

Mix the milk, fat, salt, cheese and bread crumbs. Add the beaten egg yolk, and finally fold in the stiffly beaten egg whites. Bake in a greased baking dish in a moderate oven.

FRUIT MOLD 5 tbsps. minute tapioca 1/2 cup sugar 1 cup whipped cream 2 cups milk 1 tsp. vanilla

Heat milk in a double boiler. Add sugar and stir in the tapioca. Cook for thirty minutes. Pour into a bowl to cool, then fold in the cream, whipped. Ornament with fruit (cherries, berries, etc.), chill and serve.

MEAT LOAF 2 cups bread crumbs 2 tbsps. flour 2 1/2 tsp. salt 1/2 tsp. pepper 1 small onion (chopped fine) 1/2 lb. ground pork 1/2 tsp. paprika 1 cup milk 1 egg 1 lb. ground beef 1/2 lb. ground veal

Mix meat, bread crumbs, flour, and seasoning together. Combine with salt. Combine the milk with beaten eggs. Add gradually to the meat mixture. Mix thoroughly. Mold into a loaf. Put into baking pan. Strips of bacon may be placed over top. Add one cup water. Bake two hours in moderate oven. Garnish with parsley.

CANTALOUPE SUPREME Cantaloupes must be very ripe and thoroughly chilled before using. Wipe melon, cut in halves or quarters; remove seeds and stringy portions. Shape into balls, using a potato cutter; arrange in grape fruit glasses; sprinkle with powdered sugar and pour over each glass 1/2 tsp. of syrup from maraschino cherries and place one cherry on top of the balls of cantaloupe. These can be served in half orange shells and placed in a dish of cracked ice.

HOUSEHOLD HINTS When preserving on a cookstove, sprinkle a few ashes on the lid underneath the kettle and fruit will not burn or stick.

Jelly is done when a little will form a single large drop and break quickly away when dipped from the spoon. Another test is to pour a little on a small dish and place the dish directly on the ice; if it jells the jelly will harden. Or, dip a silver knife into the boiling jelly, this place it

When making pineapple jam run the slices of pineapple through the food chopper. In making quince jelly, try coloring it with a few drops of beet juice.

To prevent breaking of boiled or steamed puddings, do not turn them out of the pan on taking them from the stove; let them stand for a few minutes to allow some of the steam to evaporate and they will then turn out easily.

To remove road oil from most

Says Catholic Action's Rooted In Parish Work

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Christian Doctrine, organizations for girls and young women, and study clubs. For the Men's Council it will be the promoter of Holy Name Societies, St. Vincent de Paul Societies, organizations for boys and young men, and study clubs.

Roots of Catholic Action "Some one may say 'This is a parochial program which the Bishop is assigning to the Diocesan Councils. What we need is a diocesan and national program.' Do not fear that I shall forget the diocesan state, and national interests of Catholic men and women; but I say the root of all Catholic work is in the parish, and if the roots are cultivated and nurtured, we shall have a veritable forest of Catholic action, sowing in fertile soil, lifting its stately form above parish diocesan and state lines, whereas if we neglect the roots, we may lower state and diocesan fences to the ground only to see poor scraggly sage brush growing in the impoverished parish enclosure.

Two Kinds Exist "Let us look at the matter more closely. There is a good parochialism and a bad parochialism. Parochialism means to be concerned with the parish. I understand that there is a bad parochialism, an attitude that nothing shall be done by parishioners for causes outside of the parish.

Members of the parish are discouraged from taking a part in anything but the parish rectory, church and school. All thought is discouraged which leads across parish lines to wed with the thought of the Bishop, the N. C. W. C., or the Holy Father in Vatican City.

Parish is jealous of parish and administrators feel that whatever is contributed to causes beyond the boundaries of the parish is so much unjustly taken from themselves; that the efforts of parishioners to improve conditions outside of the parish is a denial of service at home. There are the social units of the Catholic Church and consequently that the work of the Church Universal and Diocesan is to strengthen, encourage, enlighten, broaden and deepen the life of the parish; to enable every parishioner to enter more deeply and fully into the life and thought of the Christian Master. This is good parochialism, positive parochialism; it is the parish outlook contemplated in pastoral theology and in the law and tradition of the Catholic Church.

"If Catholic life in the parish abounds in spiritual energy, it will overflow into diocesan and national channels and swell the great waters of the Universal Church, carrying on their broad bosoms the Bark of Peter to all the harbors of the Seven Sacramental Seas.

"This, then, is my ambition for the Diocesan Councils of Catholic Men and Women—that they will support a wholesome, positive, and constructive program which will rally to the Standard of Jesus Christ every man and woman in every parish in the Diocese under the leadership of their devoted and zealous pastors. I expect that a holy emulation by the participation in District and Diocesan Councils will make it possible to mobilize the effective forces of every Catholic society."

Easy Diocese Laws Denounced By N. Y. Priest

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and discretion before they contracted marriage," he continued. "Divorce is the cause and root of hasty marriages that end in disaster. The Catholic church, therefore, stands forth and denounces this diabolic practice, not because the unity, indissolubility and sanctity of marriage is a law of the church but because it is a law of God Almighty and because it is common sense."

Is Stronger Bond "The bond that unites husband and wife is stronger than any other, including that of mother and child, and cannot be dissolved by any human power, Father Graham declared. "The church has been accused of sanctioning divorce because of declarations of the nullity of certain marriages," Father Graham continued. "These are not divorces. It is simply that due to some impediment at the time the marriage was contracted, it was invalid and even if the parties wished to live together they would have to be remarried. Declarations of nullity are in hands of the Roman Rota, priests of God who understand their obligations."

HONORED BY HOLY FATHER Cleveland—David J. Champion, prominent layman of this city, has been made a Knight Commander of the Order of St. Gregory the Great.

It is done. When making pineapple jam run the slices of pineapple through the food chopper. In making quince jelly, try coloring it with a few drops of beet juice. To prevent breaking of boiled or steamed puddings, do not turn them out of the pan on taking them from the stove; let them stand for a few minutes to allow some of the steam to evaporate and they will then turn out easily. To remove road oil from most

Cardinal Blesses Mother Cenacle Of Trinity Nuns

(Continued from Page One)

United States, that it would, humanly speaking, be impossible for the Church to preserve the Faith of our little children had it not been that God in His mercy has raised up so many Sisterhoods, which devote themselves to various needs; some to education, some to the care of orphans, others to hospital work and others still to social work, which constitutes your main field and your principal contribution to Religion. You are the latest flowering of the Church in this country. You have been providentially raised up to deal with problems arising from the dangers of modern life, particularly the safeguarding and care of children and young women, beset with temptations and lured by love of pleasure."

A large number of visiting Sisters and the laity assisted at the Mass. The house was then open to the public and during the day hundreds of people from the city and Frankford inspected the building.

In the afternoon an inspiring sermon was delivered by the founder of the congregation, the Rev. Thomas A. Judge, C.M., M.S.S.T. Solemn Benediction was given outdoors at an altar erected on the porch.

This American Community of Missionary Sisters was founded in Alabama sixteen years ago. The object of their work is the preservation of the Faith in the most abandoned fields in the United States and Puerto Rico. In and out of the homes of the poor, visiting the sick in the city or out in desolate country districts, instructing children in their religion, taking census in crowded tenements, these Sisters are to be found busy in their work of charity.

Alabama House Burned "Not long before they came to Philadelphia their motherhouse in Alabama burned to the ground leaving them destitute and homeless. It became necessary for them to look elsewhere to re-establish their motherhouse. Cardinal Dougherty extended to them the hospitality of the diocese and they established themselves temporarily at 5200 Myrtlewood Avenue until a more permanent place could be secured. Cenacles of the Trinitarian Order are located one on Lorenzo Street, one on Woodward Street, one in Lyons and one in Auburn in the Rochester diocese.

St. Louis Priest Exposes "Bogus Ex-Nun" Racket

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Immediately wired the convent at Cullman for information.

The following information was received by wire: "Accusation false, dismissed from novitiate Sacred Heart Convent. For particulars, Sunday Visitor, her brother." Signed: Father Bede, O.S.B. Father Bede is Rev. Bede Knatke, Mrs. Tillman's brother.

Further investigation in the files of the Sunday Visitor showed the "ex-nun" was dismissed from the novitiate.

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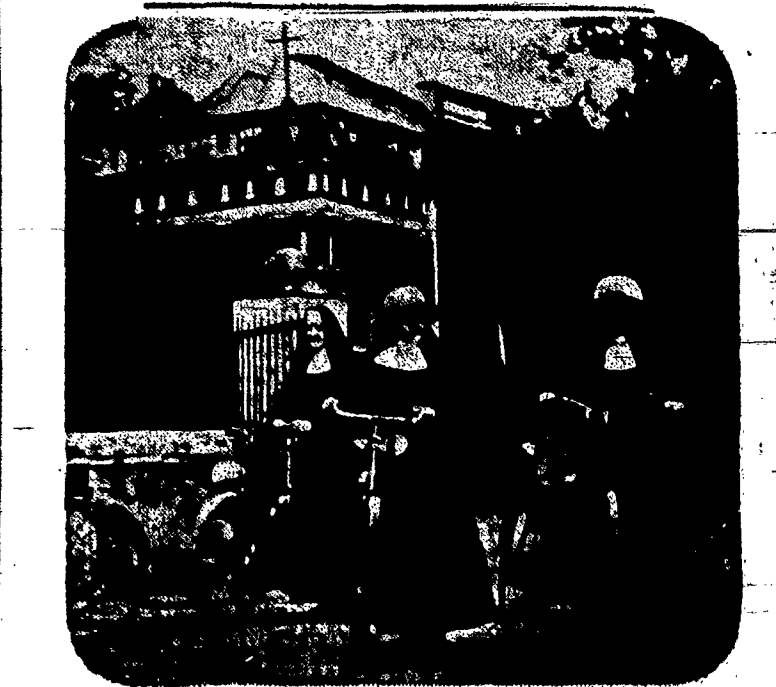
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Nuns Use Bicycles on Mission



Sisters of the Queen of the Apostles, from Austria, find bicycles a helpful means of transportation as they make their way about Benares, India, on their many works of mercy. The devotion of these Sisters to the lowly poor is wonderful to all the natives who have had the opportunity to observe their charitable work. (N. C. W. C. Files.)

ate because of mental disabilities and that there was absolutely no truth in the charges.

Father Steck laid the matter before local police authorities and they were present at the meeting. Broiles made a flamboyant speech of introduction but before the woman could start her "lecture" she was taken into custody and the meeting closed.

Going As Delegate To Nursing Meeting

Miss Mary V. Barrett, president of the Genesee Valley League, will attend as a delegate, at the State Convention of the National League of Nursing Education at Lake Placid, N. Y., October 4 to 6, inclusive.

Advertisers in this newspaper are aiding the Catholic Press. Reciprocate by doing business with them.

Frisco Societies To Support Irish Fair

San Francisco—Active support of many Catholic organizations of men and women was promised the directors of the 1932 Irish Fair, at an organization meeting of the executive committee for the sixth annual Irish Fair and Exposition, to be held here Nov. 2 to 6, under the auspices of the combined divisions of the Ancient Order of Hibernians, the United Irish Societies and other fraternal, civic and patriotic societies.

Representatives of the Knights of Columbus, Catholic Daughters of America and Young Men's and Young Ladies' Institutes pledged cooperation. The fair will be held in the Knights of Columbus auditorium and assembly halls.

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