

The Holy Sacrifice of the Mass

(Continued from Page Two)

and all charismatical gifts. We must not think, however, that the Father and the Son, inasmuch as they belong to the God-Head, do not participate in this. Quite the contrary; but to each one we are accustomed to attribute a particular part in the creation, redemption and sanctification of the world. The concluding words of this little prayer implore the blessing of the Holy Ghost over the gifts of bread and wine.

Now, my dear friends, there remain three questions which should be answered: (1)—What does the word "blessing" mean? (2)—What blessing is here asked? (3)—Why is this blessing expected only from the Holy Ghost? As to the first there are many meanings given to the Latin word *Benedicere*, but the particular meaning to be attributed here is the one of the blessing of consecration which is to be effected by the descent of the Holy Spirit. The highest blessing which could be imparted to such elements of bread and wine would be their change into the Body and Blood of Christ by the almighty power of the Holy Spirit. It is for the gracious presence of the Divine Victim and for the plenitude of blessing, which will flow from Him, that the priest raises his consecrated hands and makes the Sign of the Cross to bless and sanctify the gifts on the altar. He implores of the Holy Spirit the grace of the Eucharistic Consecration. And he expects this by reason of the unlimited power of the Holy Ghost.

Similarity in Mysteries
Who is this Third Person of the Blessed Trinity that is invoked to change these material elements into heavenly sacramental gifts? Well study this analogy. There is a correlation between the consecration and the Incarnation. The similarity

is found in the results produced in both these mysteries. In the mystery of the Incarnation the Son of God became man in the womb of the Blessed Virgin Mary by the over-shadowing of the Holy Ghost. In a similar manner at the time of the consecration the Holy Ghost in a spirit of love, lowers over the sacramental elements and releases these animated gifts into the Living Christ, that is, His Body and Blood, Soul and Divinity. Only the Holy Ghost could touch, sanctify, and change the order of nature in this way and that is why we believe that the invocation of the Holy Spirit over bread and wine produces an effect like unto that which took place when the work of Redemption began at Bethlehem over 1900 years ago.

Hence we can see from the power of the Holy Spirit why it is that the priest at the request of the Church, invokes the Holy Ghost in the Mass and on other occasions in the liturgy of the Church.

At a Solemn High Mass there follows a most beautiful and symbolic ritual ceremony which has been observed in all solemnities of this kind since the eleventh (11th) or (12th) century. It is the incensing of the sacramental gifts, the crucifix and the entire altar. This incensation begins with the celebrant placing incense over the altar. Then he makes the Sign of the Cross and recites a prayer.

"By the intercession of blessed Michael the Archangel, standing at the right hand of the Altar of Incense, and of all His elect, may the Lord vouchsafe to bless this incense and receive it as an odor of sweetness. Through Christ our Lord Amen."

By the Sign of the Cross over the burning incense these are turned into what is known as a sacramental. They rank in the same class as the palms, crucifix, scapulars, rosaries and the like.

The incensation of St. Michael's invoked as was done at the time of the Consecration, at the beginning of the Mass. This is most appropriate since Michael the Archangel is one of the highest of angels and stands before the Altar of God in heaven above. He is referred to in the Apocalypse of St. John as having a golden censer in his hands.

The sacramental gifts are incensed by swinging the censer three times in the form of a Cross and then three times in the form of a circle over the Host, chalice whilst this prayer is recited: "May this incense which Thou has blessed, O Lord, ascend to Thee, as may Thy mercy descend upon us." The meaning back of these ceremonies is that, inasmuch as these gifts have been set apart from profane to sacred use that they would be now enveloped in a holy atmosphere and become an agreeable sacramental offering to the Most High. The virtue of the change which is wrought to be made by the power of the Holy Spirit from bread and wine into the Body of the Divine Victim, Himself. The incense arising is symbolic of the prayers of the faithful who circle the altar and ascend on high. Then the incensing continues and extends to the Crucifix above the tabernacle or the Blessed Sacrament, the relics of the images of the saints and then to the altar itself, then the celebrant with his attendants, clergy and people. The idea of this is the mercy of God may descend upon all present.

Incense Arising
The burning fragrant incense ascends in light clouds and symbolizes the Eucharistic Sacrifice and the interior dispositions of both laity and clergy. This is indicated in the Psalm which is recited at this particular time. The prayer is as follows: "Let my prayer, O Lord, be directed as incense in Thy sight; and the lifting up of my hands as the evening sacrifice. Set a watch, O Lord before my mouth, and a door round about my lips. That my heart may not incline to evil words, to make excuses to sin."

David was an exile in the wilderness when he recited these words and he was far removed from the sanctuary in Jerusalem and in his loneliness he begs the Lord that He would deign to receive his prayerful plea.

After this the censer is handed to the deacon whilst the priest says: "May the Lord enlighten us with the fire of His Love and the flame of eternal charity. Amen." And surely the Lord Who instituted Sacrifice for this very purpose will enlighten the fire of His Love and the flame of everlasting charity provided that we are in the disposition of the young man, the most beautiful and most unfortunate ruler of the war-torn Europe of our day.

Her glories were those of youth, beauty, power and peace; her tragedies and humiliations those of temperance and circumstances. She was committed to renounce, first her visible kingdom then that on the shadowy borderland of the soul. She is of the stuff of legend and quickly one must snatch and even now her once-forgetful people, dearest to her spiritual grandeur, search her intercession in their need, while history is busy covering her with the deceptive moss of hearsay.

In exaltation, language, with the novelist's insight into character and the novelist's power of reconstruction, Mrs. O'Shaughnessy has truly succeeded in her endeavor "to reanimate that symmetrical form, to clothe it again with its lovely flesh."

one than the first evolved from the secondary. All mere manwork of Mission is nothing else than such tiny beginnings springing from the original good that remains in man's nature, upon which the Great Missionary of all ages builds up vast and eternal reigns for the glorification of the Infinite God.

Well, be that as it may, this or something like this thought, seemed to have moved the pastor of St. Peter and Paul's to create a Foundation for Afghanistan out of previous fortunate business deals, and to assume the expense, labor and difficulties of a journey to Kabul. After persuading His Eminence Cardinal Mundelein to allow him to resign his parish work for a few years, he started out on his journey on November 16, 1928, in the fond hope that he would be able to negotiate a passport into the forbidden land.

(Continued Next Week)

Order of Masses at Summer Resorts

St. Francis de Sales Church, Geneva, N. Y.
(Solemn Mass)
Very Rev. Walter J. Lee, V.F., Pastor
Sunday Masses: 6, 7, 8:30 and 9:30 High Mass.
Church of the Epiphany, Solus, N. Y.
Rev. D. R. Sullivan, Pastor
Sunday Mass: 8:30 A. M.
St. Rose Chapel, Solus Point, N. Y.
Sunday Mass, 10:00 A. M.
St. Margaret's Chapel, Conesus Lake
Rev. Gerald C. Lambert
Sunday Mass: 8:30 and 10 A. M.
St. Thomas Church, Cole Road, Summerville
Rev. John E. Muehle, Pastor
Sunday Masses, 7, 9, and 10:30 A. M.
St. George's Chapel, St. Paul, Maryland
Sunday Mass: 8:30 A. M.
Church of the Holy Angels, Nunda
(Six Miles from Letchworth Park)
Rev. Raymond W. Lynch, Pastor
Sunday Mass: 8:30 A. M.
Followed by short prayers in honor of St. Isaac Jogues and the American Martyrs.
Church of the Holy Name, Groveland
Sunday Mass: 8:00 A. M.
Star of the Sea Chapel, Grand View Beach
Rev. J. F. Goggin, D.D., pastor.
Sunday Masses: 8 and 9:30 A. M.

HOW AND WHAT TO SERVE HINTS FOR THE HOUSEWIFE BY MOLLY GAVIN

When an unexpected guest arrives on a hot day it is a delight to serve with no apparent exertion a refreshing cool drink. So, it is a wise and gracious hostess who looks to this art of her duties with some care and thought.

A large number of beverages from fresh fruit juices can be made ahead of time, and in the form of a syrup or a combination of fruit juice, sugar and water, can be put into the refrigerator. A little of the syrup, or fruit juice, can be poured into a glass partly filled with ice water or chopped ice and served that way; or some carbonated beverage such as ginger ale can be added to the glass to make a delightful cool drink.

Strawberry juice added to lemonade, orangeade, or ginger ale gives a delicate color as well as a rich flavor. Iced tea when served with a slice of orange or a slice of lemon makes a refreshing drink for hot summer days. Any blend of tea can be served. Pieces of orange or lemon can be added to the glass to make a beautiful cool drink.

Grape juice, either alone or combined with other fruit juices or carbonated beverages and cracked ice, is especially good to serve. Iced tomato cocktail made up of tomato juice, a little lemon juice, sugar and salt to taste, is becoming a real health drink and is popular as a first course at a breakfast, lunch or dinner. This also can be served with thin cheese crackers or salines to a guest who "just dropped in."

(Copyright, 1932, N. C. W. C.)

ng with the same favor as He received the evening incense and food offering which terminated the daily sacramental service there.

After this the censer is handed to the deacon whilst the priest says: "May the Lord enlighten us with the fire of His Love and the flame of eternal charity. Amen." And surely the Lord Who instituted Sacrifice for this very purpose will enlighten the fire of His Love and the flame of everlasting charity provided that we are in the disposition of the young man, the most beautiful and most unfortunate ruler of the war-torn Europe of our day.

Her glories were those of youth, beauty, power and peace; her tragedies and humiliations those of temperance and circumstances. She was committed to renounce, first her visible kingdom then that on the shadowy borderland of the soul. She is of the stuff of legend and quickly one must snatch and even now her once-forgetful people, dearest to her spiritual grandeur, search her intercession in their need, while history is busy covering her with the deceptive moss of hearsay.

In exaltation, language, with the novelist's insight into character and the novelist's power of reconstruction, Mrs. O'Shaughnessy has truly succeeded in her endeavor "to reanimate that symmetrical form, to clothe it again with its lovely flesh."

one than the first evolved from the secondary. All mere manwork of Mission is nothing else than such tiny beginnings springing from the original good that remains in man's nature, upon which the Great Missionary of all ages builds up vast and eternal reigns for the glorification of the Infinite God.

Well, be that as it may, this or something like this thought, seemed to have moved the pastor of St. Peter and Paul's to create a Foundation for Afghanistan out of previous fortunate business deals, and to assume the expense, labor and difficulties of a journey to Kabul. After persuading His Eminence Cardinal Mundelein to allow him to resign his parish work for a few years, he started out on his journey on November 16, 1928, in the fond hope that he would be able to negotiate a passport into the forbidden land.

(Continued Next Week)

Film Relates Story of Martyrs



D. M. Hiramaya, a well known Japanese businessman of Seoul, Korea, has come to the United States to exhibit his film, "The Twenty-Six Martyrs of Japan." Mr. Hiramaya, whose picture appears at the left, is descended from the early Japanese Christians who were crucified at Nagasaki on February 5, 1597, and he has spent much time and \$150,000 of his personal fortune to make their story known to the Christian world through this motion picture. At the right is a "still" from the motion picture, showing some of the 26 heroic Christians at the scene of their martyrdom. Below is another "still" showing Father Peter the Baptist, a Spanish Franciscan and leader and spiritual guide of the martyrs, as he fell from exhaustion while being led to his death.

Catholic Book Club Reviews

Very few people in this country have ever heard of Marie Adelaide, Grand Duchess of Luxembourg. With our faint ideas of royalty, ideas of which we tried to rid ourselves in the early days of our revolutionary birth, we would, presumably, think it like our own kings and queens to hear much about her unless she were an exceptional, or romantic, or tragic Grand Duchess, such a one might be found in an historical novel. From the viewpoint of reader-interest, curiosity about Marie Adelaide dwindles from the fact that she is a modern. We like our kings and queens to be of an earlier age when royal beings were rulers and had their way. In the democracy of the present day, especially in the United States royal personages are regarded as shadows, yet brilliant, figures who emerge occasionally from a palace and pose as symbols of power, piety and stateliness. We may be curious about them, but no more than we are about the commoner notables.

A story does cling to Marie Adelaide. Rather, she enacted a story that has in it the essentials of a novel or the material for a drama. She was born less than forty years ago and yet there is something medieval in her career, medieval not only in the background of feudal castles, but in her very soul. There is something medieval in the ruthlessness of the saints and the iron of despots as there is in the faith and the aspiration of her spiritual life.

"This is the story of a soul written against the war-scarred, flower grown walls of Luxembourg. It is somewhat in awe that I have taken from the crypt under the chapel of the Castle of Hohenburg, in Upper Bavaria, the story of the youngest, most beautiful and most unfortunate ruler of the war Europe of our day. Her glories were those of youth, beauty, power and peace; her tragedies and humiliations those of temperance and circumstances. She was committed to renounce, first her visible kingdom then that on the shadowy borderland of the soul. She is of the stuff of legend and quickly one must snatch and even now her once-forgetful people, dearest to her spiritual grandeur, search her intercession in their need, while history is busy covering her with the deceptive moss of hearsay."

Man. Edited by Rev. G. J. MacGillivray. New York: Benziger Brothers. \$2.50.
The chapters of this volume are written by authorities. They were first delivered during the Summer School of Catholic Studies held at Cambridge University, England, last year. As in former years, the papers were collected into a volume for permanent reference and for more universal distribution. The subject is one that needed adequate treatment; it has received such in this investigation into man's nature, origin and destiny. The program of papers includes treatises on the immortality and immutability of the soul, on the union with the body and its faculties, on the moral law and freedom, on creation, with special treatment of the origin as told in Genesis, on the supernatural, and preternatural state, on Adam's fall, its consequences and effects, and, finally, on Redemption. A fine array of authors was selected. It includes Archbishop Goodier, George D. Smith, Abbot Vonier, Fulton J. Sheen, E. C. Messenger, Hugh Pope, J. Loyola King, J. D. Arundel. Though scholarly, the explications are popular.

(The Volumes here noted, and all other book publications, may be secured through the Catholic Book Club service, 441 Lexington Avenue, New York, prepaid, at the publisher's price.)

History of the Popes. By Ludwig von Pastor. Vols. XXI and XXII. St. Louis: B. Herder Book Company. \$5.00 per volume.
Father Kerr continues his translation of this monumental work which, in English, has reached the year 1591. These two volumes are devoted mostly to the dramatic contrast of the pontificate of Sixtus V. true disciple of Julius II and Paul IV. It is a great help to Catholic readers to be able to view this Pontiff in a fair light. His faults of manner and idiosyncrasies have made him a target for much unfavorable criticism but the critics have often forgot to record his many accomplishments and the good effect his personal austerity had upon the society of his day. Volume XXI ends with an account of his three successors, Urban VII, Gregory XIV, and Innocent IX, whose combined reigns lasted but one year.

Man. Edited by Rev. G. J. MacGillivray. New York: Benziger Brothers. \$2.50.
The chapters of this volume are written by authorities. They were first delivered during the Summer School of Catholic Studies held at Cambridge University, England, last year. As in former years, the papers were collected into a volume for permanent reference and for more universal distribution. The subject is one that needed adequate treatment; it has received such in this investigation into man's nature, origin and destiny. The program of papers includes treatises on the immortality and immutability of the soul, on the union with the body and its faculties, on the moral law and freedom, on creation, with special treatment of the origin as told in Genesis, on the supernatural, and preternatural state, on Adam's fall, its consequences and effects, and, finally, on Redemption. A fine array of authors was selected. It includes Archbishop Goodier, George D. Smith, Abbot Vonier, Fulton J. Sheen, E. C. Messenger, Hugh Pope, J. Loyola King, J. D. Arundel. Though scholarly, the explications are popular.

(The Volumes here noted, and all other book publications, may be secured through the Catholic Book Club service, 441 Lexington Avenue, New York, prepaid, at the publisher's price.)

Man. Edited by Rev. G. J. MacGillivray. New York: Benziger Brothers. \$2.50.
The chapters of this volume are written by authorities. They were first delivered during the Summer School of Catholic Studies held at Cambridge University, England, last year. As in former years, the papers were collected into a volume for permanent reference and for more universal distribution. The subject is one that needed adequate treatment; it has received such in this investigation into man's nature, origin and destiny. The program of papers includes treatises on the immortality and immutability of the soul, on the union with the body and its faculties, on the moral law and freedom, on creation, with special treatment of the origin as told in Genesis, on the supernatural, and preternatural state, on Adam's fall, its consequences and effects, and, finally, on Redemption. A fine array of authors was selected. It includes Archbishop Goodier, George D. Smith, Abbot Vonier, Fulton J. Sheen, E. C. Messenger, Hugh Pope, J. Loyola King, J. D. Arundel. Though scholarly, the explications are popular.

(The Volumes here noted, and all other book publications, may be secured through the Catholic Book Club service, 441 Lexington Avenue, New York, prepaid, at the publisher's price.)

BUY IT'S "good business" NOW

and it means BETTER BUSINESS NOW
... NOW when you need...
you SAVE... if you are guided by VALUE and SERVICE...
by the Catholic Courier and Journal...
BUSINESS REVIEW COLUMN

Wise Housewives Buy At The Sterling Bakery

Pies and pastries that please your taste and improve your physical contentment, are featured by the Sterling Bakery, 1541 at Murray Street.

The Sterling Bakery, through their services to residents in Rochester with bread and pastries, have attained a reputation that is hard to equal.

For years many housewives baked their own bread, cakes and pies, feeling that it would never pay to buy bread from a neighboring bakery. The work of baking every week was drudgery, just like wash-day, and women wasted many long hours in a hot kitchen over a hot oven, just to supply the family's wants for the week. And when the work was done, the housewife was worn out, too tired to go out in the evening for recreation.

When bakeries became popular many of the housewives put away the bread pans, pie pans, dough mixer and other articles used for baking purposes, and had the neighborhood bakers serve their wants. Slowly, at first, other housewives quit the nerve-wrecking home baking labor, and started to buy what bread and pastries needed by the family. Now, very few do their own baking.

There is a reason for this. Bakeries—nowadays—can furnish bread, pies and other pastries to housewives cheaper than the home wives can make them.

Again, the bakeries nowadays are modern and equipped with machinery that makes baking a pleasure. Ingredients used are only of the best quality and the bakers are artists in this line.

Warren E. Pearce and Walter M. Olsant, proprietors of the Sterling Bakery, have been the baking masters for twenty years, and as a wholesale and retail business, but cater to restaurants, hotels and grocers. Their goods are strictly fresh at all times and nothing is carried over from one day to the next.

The Sterling Bakery is, entirely sanitary and has recently been completely renovated. If you want something better in the line of baked goods, just call Glenwood 1571 and place your order.

AUTO PARTS USED TIRES AUTO REPAIRING LYELL AVE. GARAGE and AUTO PARTS 78 LYELL AVE.

ASK FOR DORSET A GOOD CIGAR 5c Box of 25 \$1.50 Made by WEINSTEIN & LEVO Makers of Good Cigars for 25 Years 31 STONE ST.

Fee Brothers, Inc. ROCHESTER, N. Y. Headquarters for Syrups, Beverages and Extracts 21 NORTH WATER ST.

THE OLD HOMESTEAD Irondequoit Bay, N. Y. FISH, CHICKEN and STEAK DINNER, 10c. Holy Family Church and Organization. Patronage Solicited CULVER 2150-M.

John R. Bourne Rubber Stamps Office Supplies 131-133 State St. Mch. 1932-1934

Fresh! Even Hours of Labor Would Not Insure Better or Fresher BAKED GOODS Glenwood 5575

STERLING BAKERY LYELL at MURRAY STS.

POGUE AUTO Electric Service MOVED Our New Location 347 COURT STREET

STANLEY'S PLACE 10 Miles West from Eastman Hotel, near Texas and County Island Hotel—New Road—General Refreshments

TIERNEY MARKET CO. If You Have Not Tried a Vegetable Please Call STONE 7475

Trynack's Mayonnaise Is Your Favorite? Quick and Easy to Make. For Service Phone 2000

Clark Paint, Oil and Glass Company 410 George St. Phone 2000

HEAD MILLER Y. Food Products of Various Kinds. Phone 2000

Schmidt's 875 MAPLE ST.

BUY "It's Good Business"

READY TO GO 407 MAPLE ST.

WHITE 407 MAPLE ST.

CLEANER 1000-1002 MAIN ST. E.

Any Garment WORK CALLED FOR AND DELIVERED CALL OLIVER 11

PROGRESSIVE DRY CLEANERS 1000-1002 MAIN ST. E.

Bachman's Ice Cream

TEAL'S FISH SHOP Foreign and Domestic Fish. Baked Goods from Germany. Kluckner, Baker by World Bakery. Everything a Quality Food. Shoppe should have. Mch. 1932-1934 342 PARK AVE.

Washers, Ironers, Suits and Dryers See the BLACKSTONE WASHING before you buy \$69.50 with \$69.50

PURPLE & BEHMAN Appliances Shop 428 MAIN ST. EAST

Washers, Ironers, Suits and Dryers See the BLACKSTONE WASHING before you buy \$69.50 with \$69.50

PURPLE & BEHMAN Appliances Shop 428 MAIN ST. EAST

Washers, Ironers, Suits and Dryers See the BLACKSTONE WASHING before you buy \$69.50 with \$69.50

PURPLE & BEHMAN Appliances Shop 428 MAIN ST. EAST

Washers, Ironers, Suits and Dryers See the BLACKSTONE WASHING before you buy \$69.50 with \$69.50

PURPLE & BEHMAN Appliances Shop 428 MAIN ST. EAST

E. H. Knapp & Son ROOFING HEATING VENTILATING SHEET METAL 384 South Ave. Stone 157

ROCHESTER WELDING WORKS 349 ORCHARD STREET Genesee 3736 E. L. Fetter, Mgr.

LANDSCAPING WILLIAM LAUWERET Estimates Given Free ALL KINDS NURSERY STOCK Culver 4010 33 Minnesota St. ROCHESTER

DE VISSER BROS. HARDWARE "DUCO PAINTS" Flower City Bldg. Cor. Dewey Rochester, N. Y. Glenwood 361

Where Quality MEATS come from FAHY MARKET 54 Andrews St.

Established 1898 HALL'S SONS Manufacturers of Boilers, Tanks, Smoke Stacks, Breechings Electric and Acetylene Welding and Cutting 175 MILL STREET

WHITMORE, RAUBER & VICINUS Dealers in Builders' Supplies Sand and Gravel MAIN 180

Fresh Home Meats ANDREWS MARKET 73 FRONT ST.

Prescriptions Medicines Tobacco Stationery Magazines Papers South Ave. Pharmacy C. R. Croft, Licensed Pharmacist Teal's Ice Cream—Soda and Confections 504 SOUTH AVE. ROCHESTER, N. Y. MONROE 7988

WILLIAM J. MEYER CO., Inc. Roofing and Sheet Metal Contractors 103 Griffith Street Stone 133

Enameling Plating of all kinds including Gold and Silver Metal Spinning STUART-OLVER-HOLTZ CO. MANUFACTURERS OF METAL SPECIALTIES 406 PLATT ST. (Cor. Allen St.) ROCHESTER, N. Y. Specializing in Church Work—Chandeliers—Metal and Re-plated Phone MAIN 5500