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Nazareth Junior Prom Date Fixed For 7th of April

The Junior Class of Nazareth College will hold its annual Prom at Oak Hill Country Club on Tuesday evening, April 7th, and preparations are being made by the girls of the class to make this event one of the most delightful of the college year.

S. A. WATTS SULPHUR VAPOR BATHS and MASSAGE. Colonic irrigation, violet rays, infra-red lamp for rheumatism and neuritis. Special department for men.

Vegetable Reminders By ANNE SCHUYLER.

"I try to be thrifty, but when I find four slices of hot, two cooked carrots, and about half a cup of string beans in the refrigerator, I wonder what on earth I saved them for," observed Tess.

"It does look pretty," conceded Tess. "But I may never have just this combination again. What is it?"

"You use anything. A few slices of the tomato sliced and cooked with a few sardines or anchovies with some cooked potatoes. But always you make the vegetables taste nice with the dressing, and always you add the sugar to the dressing."

"String Beans and Tomatoes. 2 cups cooked string beans, 2 ripe tomatoes, 2 teaspoons sugar, 1 tablespoon butter, Salt and pepper.

"Turnips and Carrots. 1 cup cold boiled carrots, 1 cup cold boiled turnips, 1 cup medium white sauce, 1 teaspoon sugar, 1 teaspoon lemon juice, salt and pepper.

"Macedoine of Vegetables. 2 carrots, cooked and sliced, 1 cup peas, cooked, 1 cup string beans, cooked, 1 onion, 1/2 cup celery, sliced, 2 teaspoons sugar, 1 tablespoon butter, 1/2 cup meat stock or bouillon, salt and pepper.

"Cheaper Cut Recipes By BETTY BARCLAY. Here are two recipes for meat dishes that may be made from the cheaper cuts. They are delicious, economical and the touch of sugar used adds to the food value of the whole without increasing the cost appreciably.

"Beef Loaf. 1 1/2 pounds round of beef, 1 quart cold water, 1 tablespoon vinegar, 1 teaspoon sugar, 1 teaspoon sage and thyme, mixed, 1 tablespoon Worcestershire sauce, salt and pepper.

"Patronize Catholic Courier & Journal Advertisers. Have a flank steak trimmed and scored; that is, cut all over the surface in cross-cross lines. Mix together one cup bread crumbs, one small onion, chopped, one-half cup grated raw carrot, one-half cup sliced celery, one tablespoon salt and pepper to taste, and one-half cup hot water or enough to moisten.

"Holy Rosary Section. J. G. BUCKLEY General Director. Phone GLENWOOD 1094

Much Interest In 'Cradle Song' Here April 13th

Catholic Women's Club Names Committees To Promote Ticket Sales for First Night—Post-Lenten Work.

Representatives of the Board of Directors and of the various groups within the Club are assisting in the production of "The Cradle Song," the Cameron Matthews Repertory Company, which the Catholic Women's Club, through its Business Women's Group, is sponsoring at the Lyceum Theater on Monday evening, April 13th.

"The following ladies are acting on the ticket committee: Miss Alice F. Kirk, Miss Lucy Sheridan, Miss A. Gertrude-Vayo, Miss E. H. O'Neill, Mrs. John R. Foley, Mrs. Thomas McKim, Mrs. M. H. O'Connell, Miss F. X. Schreiber, Miss Irene Culliton, Miss Mary I. Clark, Miss Marie Dunbar, Miss Margaret F. Wagner, Mrs. F. B. Hall, Miss Anne I. Cummings, Miss Rhos L. Wahl, Mrs. William Sheehan, Mrs. H. C. Faulkner, Mrs. I. C. Phillips, Mrs. M. J. Callahan, Miss Mary Gilmore, Mrs. Josephine Bogner, Miss Anna Colvin, Mrs. Leo Fravor, Mrs. Anthony J. Ryan, Mrs. George Lomb, Mrs. Charles J. Sack, Miss Katherine Weisenborn, Miss Gertrude M. Hartnett, Mrs. John P. Hubert, Miss Cecelia M. Yawman, Mrs. P. D. Kane, Miss Mary Buelto, Miss Mary Jennings, Mrs. Gertrude Hughes Kurlong, Miss Esther Trant, Mrs. Emily O'Donnell, Mrs. John J. Magin, Mrs. George W. O'Grady, Mrs. Philip A. Gustman, Mrs. William Mounihan, Mrs. Edward J. Reynolds, Miss Isabel A. Murray, Miss Helen Sickmond.

"Tickets are on sale at the Club House, Columbus Civic Center, and Trant's. Already post-Lenten activities at the Club House are being planned for the month of April. On Easter Friday (the bridge and teas will be resumed to be continued to May 1st, under the chairmanship of Mrs. Elizabeth Whalen and Mrs. James F. Frank. The plays of Arist. Arist. Muste, Poetry and Drama in Personality Development. Thursday the evening class will be brought to a close fittingly with 'Speech Orchestration in Practice' in which the entire class will participate.

"The Speech Classes will have for their subjects this week, on Tuesday afternoon 'The Place of Art, Music, Poetry and Drama in Personality Development'. Thursday the evening class will be brought to a close fittingly with 'Speech Orchestration in Practice' in which the entire class will participate.

St. John Knights Will Exemplify Degrees Sunday

Exemplification of the second and third degrees of the Knights of St. John on a class named in honor of the newly elected heads of the Rochester Regiment, Colonel Frank H. Biel and Lieutenant-Colonel William H. Rosenbach, will take place Sunday, March 21st at 2 o'clock in St. Joseph's Hall.

Arrangements for the degree are being made by the president of the degree, Mr. J. J. Cronbach, assisted by secretary William McGee, manager Frank J. Tappert and vice-grand master John W. Malle. Members from the 11 commanderies of the Knights are expected to take the degrees. A delegation of Knights of St. John from Syracuse will come here for the exemplification.

"Add Zest With Pickles By BETTY BARCLAY. Many a meal lacks zest merely because something flavorful has been omitted. The zest of various kinds may be used daily to furnish this desire attributed to a meal:

"Stuffed Dill Slices. These make an attractive and tasty salad. Select two large dill pickles and remove centers, using an apple corer or long sharp knife. Pack the centers full of plimeto cream cheese. Chill. Cut in slices and arrange several on lettuce leaves or the tender inside leaves of cabbage. Garnish with mayonnaise. These slices may be used also as a garnish for other salads, or for meat platters; also on rounds of toast for a canape.

"Celery Sauce. Cook 1/2 cup chopped celery in 1 1/2 cups salted boiling water 20 minutes. Drain, reserving both liquid and celery. Melt 1/2 tablespoons butter, add 1 1/2 tablespoons flour, and when smooth add the reserved celery liquid with enough more water to make 1 cup. Stir and boil 1 minute. Add the cooked celery, bring to boiling point, season to taste with paprika and Worcestershire sauce, and keep over hot water until ready to serve. Just before serving, add 1 egg yolk and 1/2 cup cream, stir and cook 2 minutes.

Twenty Thousand March In St. Patrick's Parade In New York Tuesday

Governor Roosevelt Pays Tribute to Irish People at St. Patrick's Day Dinner—Five Thousand Attend Mass in the Cathedral.

New York, March 20.—Twenty thousand persons marched in the annual St. Patrick's Day parade in this city on Tuesday. Hundreds of thousands of people viewed the parade, which lasted more than two hours, so long did it take the line of march to pass a given point. Irish and American flags were carried in abundance, and most of the marchers wore green. The old "Irish 69th" was in line, several hundred strong, and its famous war chaplain, the Rev. Francis P. Duffy, was in the reviewing stand, with many other notables. It was a great parade, and a great day for the Irish.

Tribute by Governor Roosevelt. In the evening the Friendly Sons of St. Patrick held their annual banquet in the Hotel Astor. Among the speakers were Governor Franklin D. Roosevelt and U. S. Senator Joseph T. Robinson of Arkansas, who made a patriotic appeal in the last Presidential campaign. The Governor, paying tribute to the achievements of the Irish, halted former Governor Smith, who was present, as the third in the great trio of Irish Governors of New York. He was joined by Governor Thomas Donnan and Martin Glynn Governor Roosevelt also spoke before the St. Patrick's Society of Brooklyn.

"I am rejoicing with all the cathedral on our glorious feast. I know that the celebration under your guidance will be marked by the usual solemnity. May the blessing of St. Patrick be a most bounteous one for all."

"No Surprise at Crime Wave. Bishop John J. Dunn was celebrant of the Mass. More than 50 priests were in the sanctuary. The sermon was preached by the Rev. John S. Middleton of Lakewood, N. J. He paid eloquent tribute to St. Patrick, to Ireland, and the Irish. Then he said: "With a philosophy of doubt emanating from our universities and eventually influencing the plain man, is it any wonder that the principles of morality are unhinged and shifting. Why a sad contrast—political corruption? Why talk of patriotism when the ultimate source of all authority is not given even certain existence? Why be surprised at a crime wave? Why orate about the lack of business ethics? High-sounding phrases, with no philosophy, no faith, no stable religious faith, on the world and life ever bequeathed to an individual—or a nation—anything save chaos and disaster. "If there were more men and wo-

C. D. A. Honored Its Grand Regent, Miss M. Wickham

At a meeting of the social committee of Catholic Daughters of America, Court Rochester No. 1139, at the home of Mrs. Anita Tibbitt, chairman of the group, the Grand Regent, Miss Margaret Wickham, was honored, the occasion being her birthday. After the regular business had been transacted, the evening was given over to entertainment. Miss Wickham was presented with a gift, the presentation being made by Miss Irene Culliton.

The regular social meeting of Court Rochester was held on Thursday, March 20th, in the clubrooms, and many members were present.

MONSIGNOR-ELECT. REVEREND GEORGE V. BURNS. The days of your pastorate with us were closed. When your mission in life you were to fulfill. But out from your priestly cares you're released. Looking back on the past you remember us still.

In those happy days when each spot seemed enchanting United we roamed over meadow and hill; Affection entrained us—no pleasure was wanting. So now, as of old, please remember us still.

When our hearts with grief and dejection were swelling Your comforting smile to our souls sent a thrill; Refreshing, consoling, all sorrow dispelling; Oh, think of those hours and remember us still. If far from Owego and its charms so endearing, Misfortunes assail us, we'll bear every ill With an anguish less deep, with a prospect more charming If you, our Monsignor, remember us still. And when from life's arduous conflict retiring, Our souls we resign to a Mightier Will. If you are yet here to salvation aspiring, Our beloved Monsignor, remember us still. MARIE LEROY LEAHY, Owego, N. Y.

SOME TIMELY SPECIALS IN HOUSEHOLD CONVENIENCES WELL WORTH HAVING AROUND

Abolition Cleaner, 10c. A great saver of time and labor in making surfaces clean. Fitz Presto Hand Soap, 10c. A grease and dirt remover for home, garage or shop. Junior Speedball Outfit, \$1.00. Nine Speedball Pens, Book of Alphabet, jar of Ink and a Pen-holder, for students of lettering and drafting. \$1.35 value. Duo Household Cement, 25c. A dependable mender of glass, china, marble, porcelain, cut glass, ivory, metal, wood, cloth, leather.

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FAMILY LIFE

Young men and women should postpone their marriage until they have read the wonderful book, "Married Life, It should be found in every home." Rev. F. Ventimont, Danton, Texas. W. H. Schmidt, Krennville, Colo. writes: "Send two books, 'Married Life.' Enclosed \$6. This makes four books I use for our children. It sure is worth its weight in gold." Mr. J. Stabler, 610 South Central Ave., Marshall, W. Va., writes: "Enclosed find check for \$1. Forward your book, 'Married Life.' We have three children and find many things one should know about care of children."

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