

Boy Scouts Award Brother Barnabas "Silver Buffalo"

New York, May 19.—Brother Barnabas, F.S.C., executive secretary of the Knights of Columbus Boy Life Bureau, was one of the seven men awarded the "silver buffalo" during the seventeenth annual meeting of the National Council of the Boy Scouts of America here recently.

The "silver buffalo" is an award given by the Boy Scouts for distinguished service to boyhood. In addition to Brother Barnabas, the award was bestowed on Chas. William Howard Taft, Hubert S. Martin, Commander of the Order of the British Empire; William Adams Welch, developer of the children's camps in the Fallsview-Interstate Park; Stuart W. French, chairman of the Twelfth Region of the Boy Scouts; Bolton Smith, vice-president of the National Council, and Walter W. Head.

A feature of the second day of the meeting was the report of Brother Barnabas with regard to Catholic participation in the Boy Scout movement during the last year with special emphasis on the contributions of the Knights of Columbus.

"They have established the foundations of boy guidance at the University of Notre Dame," he said. "There provisions are made for a two-year post-graduate course. Thirty-two students have been in attendance at this course as the beneficiaries of the Knights of Columbus."

Brother Barnabas said that the first class was graduated from this course last June and that every graduate was placed. Some of them are executives in the Boy Scouts of America, he said. One hundred more such men could be placed if they were available, Brother Barnabas added.

In addition to the course at Notre Dame, Brother Barnabas said, the Knights of Columbus maintain seven summer schools in Boyology to prepare Catholic laymen by practical experience in camps and other boy work for volunteer service in their parish activities.

Another feature, he said, is the 10-day intensive course in Boyology which has for its object the presentation of Catholic men of the "content of programs which have proved most effective in holding the interest of boys." This course, he said, has been held in 25 cities in all parts of the United States. Seven thousand business and professional men have taken these 10-day courses.

Ray O. Wyland, Director of Church Relations and acting Educational Director of the Boy Scouts of America, paid a high tribute to Brother Barnabas' work and to the contribution of the Knights of Columbus and other organized Catholic bodies.

The National Council of Catholic Men was represented at the meeting by Charles A. McMahon, alternate for Charles F. Dolle, executive secretary, and N. C. M. Victor F. Riddler and Daniel A. Tobin are members of the executive board of the National Council, which includes in its membership the following names: the Rev. Matthew Walsh, C.S.C., President of the University of Notre Dame; the Rev. John J. Burke, C.S.P., General Secretary, N. C. W. C.; Charles P. Noll, of Washington; Joseph A. Scott of Los Angeles; the Rev. William Cunningham, Dean of the School of Education, University of Notre Dame; the Rev. John A. White of New York; John C. Burns of LaCrosse, Wis.; Dr. James Murphy of Middleton Conn.; E. W. Kelly of Newton, N. J.; John G. Connor of Trenton, N. J.; and Dr. John A. Donovan of Butte, Mont.

Prayers in Gaelic For Irish Who Died In 1916 Rebellion. Dublin, May 18.—The public recitation of the rosary in Irish was the principal feature of the commemoration of those who lost their lives in the Easter Rebellion of 1916. At Glasnevin and Donaghra cemeteries, Dundalk, at Derry and at Nenagh, large crowds of people took part in the public recitation of the prayers.

Processions of considerable length assembled in the center of the principal towns of Ireland, and marched to the places where the bodies of the dead leaders are interred. At the Republican plot in Glasnevin cemetery, John MacBride, one of the late Major MacBride, delivered an address. Addresses were delivered in Cork and Dundalk by Miss Annie MacSwiney and Oscar Traynor.

YOUR CHILD'S HEALTH

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More information on meals. A good breakfast gives the right start, but it takes a good dinner and supper. In addition, to make the perfect day from a dietary viewpoint. While the latter meals are less liable to be neglected than the former, here are always some children who do not eat adequately at dinner or supper because they are anxious to get out to play, to be off with the crowd, or just because they are "too tired to eat." Hence it is important to insist on a certain time for these meals during which the child should remain at table. This will eliminate the desire to hurry since nothing can be gained by such a procedure.

The extreme fatigue condition will be warded off if the child's day is planned that it is not overcrowded and if he is called from play some fifteen to thirty minutes before meal hours. This will give him an opportunity to wash his hands and tidy up before coming to the table and will tend to quiet his overworked nerves.

Monday Meal Question. Whether the noonday meal will be dinner or luncheon is a much mooted question. There are many experts who believe that for children the heavy meal of the day should be served at noon, since hearty eating in the evening interferes with a regular early bed hour. This however is not always feasible especially in cases where Father does not return home for the noon meal, for in such cases it would be necessary to prepare two dinners. If, because of a limited meal period at noon, the child would necessarily have to hurry in order to return to school on time, it would be wiser to serve a lighter meal then and reserve the heavy meal or dinner for the evening. If the children are not in school, then the midday dinner is decidedly a better arrangement. If they attend school, family life and the school regime will have to be the determining factors in the arrangement of the children's meal schedule.

With the adult brain worker the case is different. It is thought by many that a heavy midday meal seriously interferes with afternoon mental work during the afternoon. Experience seems to point to the practicability of a substantial breakfast, a light luncheon and a hearty evening meal for office workers and others engaged in mental activity. How shall the child's midday and evening meals be planned? You will remember that in considering the child's food in general we found that milk, fresh fruits and vegetables should receive special emphasis in the breakfast menu considered in our last article. We included two of these "protective" foods, fruit and milk. The other meals must then emphasize vegetables and make provisions for fresh milk. Fruit may also be included again, as it makes an excellent dessert for children. The hearty meal will naturally include meat, fish or some other substantial protein dish. Too much protein should be avoided, however. The remainder of the diet will come from the energy-giving foods such as bread, cereals, grain products, potatoes, macaroni, butter and other fats, with an occasional sweet.

Suggested Choice of Foods. Miss Gillett, whose long experience in practical nutrition work with large numbers of children gives her authority in this field, recommends the more substantial meal for midday and suggests the following choice of foods: (1) Bread and butter; (2) Milk in some form; (3) One of the following: Meat, fish, cheese, dry beans, peas, lentils or eggs; (4) Two vegetables every day for every child, one of which should be potatoes. The other should be green or leafy vegetable at least three times a week. Choose from the following: Spinach, cabbage, lettuce, kale, beet greens, dandelion greens, string beans, asparagus or cauliflower. On the days when a green vegetable is not used, one of the following may be used in addition to potatoes: Onions, carrots, turnips, beets, eggplant, beans, peas, squash, tomatoes or lentils. Vegetables in the dinner are very important. (5) A simple dessert, as custard, raw or cooked fruit, cereal puddings, gingerbread or plain cookies.

For the evening meal, which should be given fairly early if the children retire early, one of the following combinations is suggested: (1) (2), and (3); or (1), (2), and (4); or (1), (3), and (5); or (1), (4), and (5); or (1), (3), and (5). (1) Bread or milk toast or macaroni, or rice or cereal with milk; (2) Milk or cream; (3) Vegetables in some form, either plain or boiled, mashed, scalloped, in soup or chowder or purees, or as a vegetable salad; (4) Eggs cooked in some form but never fried; (5) Simple desserts, as gingerbread, custard, fruit or fruit salad. Any one of these combinations will give a light, nutritious meal and, if it is expedient to have the children take dinner at night, these meals as here outlined may be reversed.

The Matter of Candy. It is important to train children to take their meals at regular intervals, to have them understand that they are to take at least a little of each food provided, and to have them eat their meals in a leisurely, attractive atmosphere. If the child exhibits a need for food between meals, only the very simplest food should be given, such as milk and bread, or butter or an apple. This will eliminate the tendency to ask for food which is temptingly when there is no special need for it.

It is almost superfluous to add that candy between meals should be prohibited. It destroys the appetite, is bad for the teeth and digestion, and supplies calories in too concentrated a form. It is well to reserve such sweets for after-dinner use, when the needs of the body have been adequately cared for. If children must eat candy and what child or even adult can always resist its appeal? Let it be provided occasionally after dinner, when any harmful effects will be minimized. Better still, do not cultivate the candy habit.

Negri Not Wedded At Catholic Rite. Paris, May 17.—Contrary to reports cabled to the United States, Pola Negri, internationally known film star, and Serge Mdivani, Georgian Prince, were not married at a Catholic ceremony, either at Miss Negri's chateau in the village of Serein-court, or elsewhere. The Paris correspondent of the N. C. W. C. News Service was able to obtain this information from Diocesan authorities.

German Noblesman Visits Holy Land. Jerusalem, May 2.—Among the recent visitors to the Holy Land was the Prince and Count of Salern, Reiferscheidt, vice-president of the Catholic German Society on behalf of the Holy Land. The society, which has its headquarters at Cologne, conducts many institutions in Palestine. Cardinal Schulte, Archbishop of Cologne, is its president.

St. Joseph's Church, Worcester, To Get French Vestments. Paris, May 16.—The "Studio of Sacred Art" of which the painters, Maurice Denis and George Desvalliers are the directors, have just put on exhibition a fine collection of liturgical ornaments, copes, chasubles, dalmatics, etc., executed in their embroidery workshop, and several of the most beautiful of which are destined for an American church, St. Joseph's of Worcester, Mass.

Four Nuns Going To South Pacific. San Francisco, May 17.—Four young Sisters, one from Van Buren, Maine, two from Lawrence, Mass., and one from Fall River, Mass., have arrived here to make the final preparations for the journey to their different missions in the South Sea Islands. The Sisters are members of the Third Order Regular of Mary and come here from Seattle, where they had been for a short time guests of the Maryknoll Sisters.

Leaves \$400 To Nuns. Philadelphia, May 17.—The will of Mrs. Katherine Lies, who died in the Methodist Hospital on April 29, leaving an estate of \$12,000, bequeaths \$200 each to Mother M. Xavier of St. Joseph's Academy, Crookston, Minn., and Mother Germaine of St. Louis' Convent, Superior, Wis. It is provided that should either beneficiary die before the testatrix the bequest is to be paid to the institution.

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"When the Arabs went to Europe they carried civilization and culture with them. The European scholars owed their education to the Moslem institutions of Spain. We, the Eastern Christians, have had enough of the foreign missionaries who have sown discord between ourselves and our brethren in nationality, language, fatherland and interests, and imposed the yoke of imperialism upon our shoulders. This imperialism tolerates our money being taken by others and our fatherland given to our enemy. It ruins us and bombards our towns and villages, and at the same time pretends to educate and train us."

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This anti-Western religious sentiment may be attributed to Communist propaganda which for some years has been spread in the Near East.

English Catholic Elected 23 Times To Municipal Posts

London, May 16.—To be re-elected chairman of two town bodies for the twenty-third successive time is the probably unique record of Major B. Edmund Framme of Gillingham. He is chairman of the Shaftesbury Board of Guardians and of the Shaftesbury Rural District Council.

He has been chairman of the Gillingham Parish Council and is a county magistrate. An old Downside boy, Major Framme some years ago equipped a chapel for the Catholics of Gillingham. He also helped to establish the Carmelite convent in the town, and attends Mass there daily.

A Catholic, attorney George James, who holds seven public offices has been re-elected chairman of the Ambicote Urban District Council for the fifth successive year.

Chalice Presented To Irish Prelate

Dublin, May 16.—The Irish Handball Association has presented a gold chalice to its patron, Archbishop Hart of the Diocese of Cashel, who is also the donor of a perpetual challenge cup held by the handball champion of Ireland for the time being. The chalice was formally presented to His Grace by General O'Duffy, Chief Commissioner of the Civil Guard, at a banquet held in its headquarters, Phoenix Park, Dublin. General O'Duffy, in making the presentation, referred to handball as a purely Irish game, which has received international recognition, and which was introduced into the United States 100 years ago. He also pointed out that the Irish Association represents the Counties of Northern Ireland as well as those of the Free State.

His Grace in thanking the donors for the chalice said: "There is discord and disunion in this country, but I love Irish games, because they are above and outside all disunion and all politics. I do not blame anyone for having his own views on politics, but in Irish games everybody is united. There is the true heart of Ireland in Irish games, and for that reason everybody should do all he can to foster them."

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Art critics praise particularly a cloth-of-gold chasuble on which are embroidered angels adoring the Lord and offering Him wheat and wine, symbols of the Eucharist, and a cope also in cloth-of-gold, decorated to glorify especially Saint Joseph, the patron of the Worcester church. The Holy Family appears on a background of fillets; the garments of the figures are of colored velvet application; angels surrounding the figures carry shafts of lilies and tulips. On the hood is an inscription taken from the anthem of the Mass: "The Office of Saint Joseph."

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