Cleveland Church Consecrated; Four Bishops Assisting

Msgr. Chartrand of Indianapolis Preaches On American Catholic Patriotism

Cleveland, May 7.--Four bishops assisted in the consecration of St. Philomena's church her Tuesday. Besides Bishop Joseph Schremsb, the other prelates were: Bishop Michael J. Gallagher, Detroit; Bishop Joseph Chartrand, Indianapolis and Bishop Basil Takach, of the Greek rite, Munhall, Pa.

Msgr. Joseph F. Smith, vicar general of the diocese, established St. Philomena's 25 years ago, and has been its only pastor. It has become one of the larger parishes in the diocese.

Msgr. Francis T. Moran, of Cleveland delivered the sermon at the consecration service and Bishop Schrembs also spoke. An incident of the service was the bestowal of the blessing of Bishop Takach upon the congregation according to the Greek rite. It is said this was the first time in the history of the Church in America that a bishop of the Greek rite had given the blessing in a church of the Latin rite.

Bishops Respond To Toasts.

At a banquet following the church services each of the bishops responded to a toast namely: "Our Holy Father", Bishop Gallagher; "Our Country", Bishop Chartrand "Our Church", Bishop Takach (speaking in Latin) and "Our Faith", Bishop Schrembs.

Bishop Chartrand in his address, said, in part:

"Reverence for the institutions and laws of one's country, conscientious conformity with the national type, enthusiasm for lofty national ideals—are a badge of honor the world over.

"Without the all pervading, all refining influence of true religion, patriotism is apt to degenerate into a species of narrowness, a species of intolerance, born and bred in ignorance and hatred.

"When the rights of men are unduly exaggerated we have as a result, when the extreme is reached, anarchy pure and simple. When society is made supreme, when government is made all powerful controlling everything, paternally meddling with everything, telling man what he shall eat, what he shall drink and wherewith shall he be clothed, how he shall be taught, making him a petty unrecognizable cog in the great wheel of human industry, we have another monstrous thing, the omnipotent state, the ruins and ashes of which are scattered up and down the highways of history. ****

"For us Americans, whether born in this land or duly incardinated into its high and honored citizenship; for us it is a natural, noble thing for us to love our country, because any one familiar with its wonderful achievements may well rejoice and thank God for his inheritance in such a land of glorious opportunity.

Catholics Love America.

"That we Catholics love our country is a fact so firmly established that only the un-American ever ventures to question it. The part Catholics have had in the up-building and prosperity of the nation from its earliest days down to the present time, their number in all the walks of life, in all the positions of honor and trust, their loyalty even to martyrdom of blood in our country's wars, the fields of honor, at home & abroad, consecrated by the blood of our fathers, brothers, sons are a blazing proclamation to the world, that the Catholics of America, whilst giving to God the things that are God's, have always rendered to Cassar the things that are Caesar's.****

"There are two things in which we Catholics of America are profoundly concerned and interested—the one, the Church, which we know will last until the consummation of the world—the other our country, and we are going to do all that is in one for its glory and its perpetuity.

"I know I am voicing the wish and the prayer of all present and of every Catholic of this fair land, when I say 'May the Star Spangled Banner continue to wave O'er the land of the free, O'er the home of the brave Until, until the end of time.'"

C. T. S. of Britain Spreads 1,517,028 Pieces of Reading

(By N. C. W. C. News Service)

London, May 9.—New production and distribution records were set up last year by the Catholic Truth Society of England and Wales, it was reported at the annual meeting here today. Altogether 979,400 pamphlets—40,000 more than in the previous year—34,314 books, and booklets, and 234,700 leaflets were sold. In addition 171,786 pamphlets and 96,828 leaflets were sent free to members.

The production figures reached the record total of 1,628,000 books and pamphlets. In 1915 the number was 1,169,000.

Heading the list of "best sellers" is the "Simple Prayer Book," of which 2,254,000 copies have been sold. Others in the list are the "Way of Christ the King," "First Prayers," "Penny Catechism," "St. Teresa of Lisieux," and "What the Catholic Church is and What She Teaches."

Irish In Australia Demand Free State Give Aid to Gaelic

(By N. C. W. C. News Service)

Dublin, May 9 -- Father M O'Ryan, president of the Strathfield, (New South Wales) Branch of the Gaelic League, has forwarded to the parent body a demand in the name of the Irish in Australia that the Free State Government should put into force the recommendations of what is known as "The Gaeltacht Commission." The demand of the New South Wales Gaelic Leaguers was emphasized at a congress of the Gaelic League, held in Dublin, under the presidency of Cormac Walsh.

The Gaeltacht Commission was established by the Free State Government for the purpose of ascertaining the best means of preserving the Irish language in the districts where it is still spoken. The Commission was also asked to report on the best methods of improving the economic condition of those districts. It is nearly a year since the Commission handed its report to the Government. Though repeated public demands have been made that effect should be given to the whole report, the only notice that the Government has taken of either the report or the public demand, has been, that it has continued its previous policy of encouraging the use of the Irish language both in Government departments and in the national schools.

Father Bastable of Wexford proposed at the Gaelic League congress that every member of the League at the forthcoming elections, should refuse to vote for any parliamentary candidate who refused to give an undertaking to use all his influence to have the report of the Commission put into immediate effect. The congress adopted this proposition.

The districts where the Irish language is spoken, are the poorest in Ireland. The land in these districts is poor, and in bad seasons or in times of any particular trade depression starvation is rife. This is one of the problems with which the Gaeltacht Commission dealt. The neglect of the Free State Government to carry into effect in full the proposal of the Commission, will be used as an argument against Government candidates in the general elections, which is expected to take place in the second week of June.

Creighton U. Adds To Summer Faculty

Omaha, Neb., May 10 --The name of the Rev. Alfred Brickel, S. J., professor of philosophy at St Mary's College, Kansas, is notable among the several additions to the faculty announced by the catalogue of the Creighton University Summer Session. Father Brickel is a frequent contributor to current periodicals.

The Rev. Joseph Ostdiek, diocesan director of schools, it is announced will lecture on the administration of parochial schools. Father Boulet has just returned from Washington where he read a paper on the problem of supervision in the elementary school before the meeting of the superintendents of the Catholic Educational Association. Miss Frankie B. Walter, professor of education in Evansville College, Indiana, will assist in the Department of Education.

Leo Kennedy, professor of education at St Mary's College, Winona will teach educational psychology and Miss Catherine Carrick of the Omaha School system will give a course in physical education. Dr Weinke will direct the graduate courses. Sister Richard Marie, an expert in kindergarten work, will give a course in that field.

The Rev. Raphael Hamilton, S J of St Louis University, will assist Dr Neilson in the history department and the Rev. George Pickel S J., will assist the Rev. John A Krance, S J., in teaching chemistry.

Dean Walsh of the Commerce School will be in charge of the Department of Economics and will direct the teaching of the commercial branches. Miss Brown will give a course in library methods.

The following members of the Creighton University faculty will give courses:

The Rev. Thomas A. Egan, S. J., Sociology (Father Egan will again have charge of the summer session), the Rev. Bernard Da Milano, S. J., and the Rev. Aloysius S Hahn, S. J., Latin; the Rev. Francis J. Bautsch, S. J., and Dr. Crowley, Biology; Father Krance, Chemistry; Mr. Bongardt, Mr. Charvat and Mr. Fogarty, English; Mr. Gillespie and Mr. Schmitt, Economics; Dr. Neilson, History; Mr. Holton and Mr. LaPorte, Mathematics; Mr. Solis, Mr. Klammer and Father Thomas, Modern Languages, and the Rev. Thomas J. Moore, S. J., Philosophy.

3,000 Seamen Join Apostleship of Sea

London, May 9.—Three thousand seamen of various nationalities joined the Apostleship of the Sea last year, it was stated at the society's latest annual meeting at Glasgow headquarters.

Arthur Gannon, general secretary, reported that the membership is now in excess of 14,000. Enrollment centres are now established at 60 ports throughout the world. Regional headquarters have been established in Australia, Canada, India, New Zealand, South America, and in the West Indies.

YOUR CHILD'S HEALTH

A series of articles by Mary E. Spencer

(N. C. W. C. Bureau of Education)

Importance of Breakfast Is Shown

"Well begun is half done" is an old proverb which is literally true with regard to the child's meals. Breakfast is not only the first meal of the day but it is also the first in importance, because it is the meal which children are most liable to neglect. Most children have fairly well developed appetites for dinner and supper even though they do not always appease them with the most desirable foods. Breakfast, however, is the meal as to which pressure must often be used in order to have the youngsters take adequate nourishment.

Tom and Helen be abed until they are sure the last call has been sounded. Then, with only a sufficient time in which to dress and walk or ride the required distance to school, they rush down to the breakfast table and after a hurried cup of coffee, or at most coffee and toast, they are off for the day. Leaving aside the fact that this makes a most inadequate choice of food and that the meal is hurried, many children start their day's work in this fashion with barely enough nourishment to sustain the body for even an hour.

An investigation of the diets of 6,015 children in Gary, Ind., showed that large numbers of the children studied there had no breakfast at all or such meager and unsuitable breakfasts as "one cup of coffee," "one cup of coffee and one piece of apple pie," "one cup of coffee and several cookies," "three cakes" or "one egg." It was found that one third of all the children had no breakfasts at all or breakfasts of this inadequate type. The breakfasts of those not in this extreme class were in many cases open to question from a nutritive standpoint. This is invariably the case where the child takes a hurried breakfast.

Meal Should Be Leisurely

Breakfast, like dinner and supper should be, especially for children, a leisurely meal eaten in a peaceful, attractive environment. In order to have sufficient time to take adequate food and in order to have acquired an appetite for this meal, children should rise sufficiently early to allow for bathing, dressing and other routine duties. There will be no difficulty in establishing the right rising hour if the child has retired sufficiently early and if the child's sleeping hours are a matter of well established habit. Then with ample time there will be no need for omitting this very important meal. While young children are inclined to skip breakfast for want of time the young adolescent skips it for more "weighty" reasons. The "no breakfast" fad appears perennially among high school and college girls and often they grow thin only in imagination.

Poor deluded children! The next time Jane or Geraldine forgoes what should be the most delightful meal of the day, call to her attention the fact that the body requires daily will work more carefully, he will play more actively. Everything points to the practicability of an adequate meal for the child after the long night's fast. Let him start the day right. Insist on an adequate breakfast.

a certain amount of food to meet its needs and give us energy to do our work - that somehow or other nature will be satisfied. If at first the call for food is unheeded, or if because the "no-breakfast" habit has become established there is no desire for food, the body will increase this desire at the other meals and a greater amount of food will usually be taken then than would be the case under ordinary circumstances. Three light but nourishing meals are much better for health, as well as avoirdupois, than two heavy ones through which the digestive apparatus may be unduly taxed.

An ordinary, simple breakfast should contain at least fruit, cereal, some form of bread and butter as toast, muffins, or rolls and a beverage. Whole wheat bread and other dark breads are preferable to white bread. The bread should be at least a day old or toasted. To this may be added eggs, bacon or some other hot dish as the needs of the family may require. In an investigation by the American Child Health Association of the health habits of 35,000 American school children throughout the country, it was found that fruit was the item in this meal most liable to be neglected. Only 15 per cent of the 35,000 children reported including fruit in their breakfast.

Absence of Fruit Serious

The report says: "The absence of fruit would seem to represent the greatest deficiency in the American child's breakfast." You will recollect that in the article on "Vitamines" we found fruit to be a necessity because of the desirable vitamines and mineral elements it contains. The fresh fruits in season are to be preferred. Oranges, apples, peaches, pears and thoroughly ripe bananas are suitable fruits. Prunes, dates, figs, stewed apples, or stewed dried fruit may be substituted for variety and economy, or if fresh fruit is not easily obtainable.

The child should be trained to eat cereals daily. The cooked cereal is preferable although the dry may be used occasionally and will often be found more attractive in hot weather. In using uncooked cereal it is well to remember that it takes three times as much to give the same nourishment as the cooked cereal. Children like cereal when it is well cooked and palatable. Adding fruit to it often makes it more desirable. Through using milk or cream on the cereal added nourishment will be obtained and the child can use in this form a part of his daily quart of milk.

The child's breakfast beverage should be milk or cocoa if a hot drink is thought necessary. Children should not drink coffee. It is not only overstimulating but it also crowds milk out of the child's diet. Numerous investigations have shown that coffee drinkers do not drink adequate amounts of milk, so "for health's sake" let it be coffee that is crowded out. Eggs, at least one every other day, are a valuable breakfast food for children and bacon will also be found to be nourishing as well as appetizing. Other meats at breakfast are not desirable nor are they necessary.

With such foods the child goes forth equipped with energy for the day's work. He will study better, he

Men Go To Church Oftener Now, Belief Of Cardinal Hayes

(By N. C. W. C. News Service)

New York, May 10 The New York American yesterday carried an exclusive interview with Patrick Cardinal Hayes written by Cosmo Hamilton, the distinguished author. In the interview His Eminence is quoted as saying that the elders of this generation "are responsible for the generation that must take our places."

Mr. Hamilton said that he talked with the Archbishop of New York for "about an hour", and that the time passed quickly "because the Cardinal spoke without the slightest straining after effect and with a delightful choice of words." His final question, he said, was this:

"Will there be evolved ultimately an American type of manhood and womanhood, and if so what should be their outstanding characteristic?"

Cardinal Hayes' reply is given as follows:

"I am not a prophet nor the son of a prophet. Like all other countries, America has entered a period of transition, but who can see beyond a very limited horizon? We, the elders of this generation, however, are responsible for the generation that must take our places. We must leave to our young people what we have had from the past. They are not the makers of the future,—we are, by the qualities that we hand on."

"Every now and then", Mr. Hamilton said of Cardinal Hayes, "he broke into a laugh, a very boyish laugh, and through everything he said, there was a deep and underlying affection for the human race, the affection of a father who looks upon his children—a little out of hand now, because of the rather bad influences under which they labor in these emasculating times—without irritation, impatience or contempt."

In answer to direct questions by Mr Hamilton, His Eminence denied that the cramped environment of a large city is fatal to adequate spiritual cultivation and declared that men are less shy now of public worship than they used to be.

"On a recent Sunday at the Cathedral there were four thousand five hundred stalwart policemen in uniform, and all of them received Communion, and only last Sunday two thousand firemen attended, and splendid fellows they were. Today men are not content merely to feel the desire to worship. They express that desire by coming to the noonday services that are held there every day. It is one of the most inspiring experiences of my recent years. Where there is faith there is also strength."

Mr. Hamilton then asked if there were any truth in the statement that there is a loosening of the ties of religion and faith among the younger generation. His Eminence replied.

"There is some truth in it. Nevertheless, I am thankful to say, a large number of young men come under my eye who are very serious about religion. In the Holy Name Society, which is entirely religious and offers no other advantages than the expression of faith in God, the members pledge themselves against blasphemy and perjury. Our system of jurisprudence depends upon such a pledge. Civilization would degenerate without religious faith. It is the rock, the social and human basis, upon which it is built and maintained. If there were no religion, where would be the ideal for which sacrifice is made?"

His Eminence then spoke of faith in immortality, the softness that lurks in prosperity and declared that charity springs from prosperity but added that charity is as much an obligation upon the unprosperous as it is upon the possessor of wealth. The administration of riches, His Eminence said, is surrounded with difficulties. He added that Americans appear to be unable to learn how to preserve and conserve.

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