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Belief in Mesmerism Once Was Widespread
Ever since prehistoric days there have been medical quacks. One of the strangest was Anton Mesmer. In Paris he found prodigious vogue, especially among women. To enter his house was an impressive experience. He had assistants who were claimed to be able to transfer magnetism from their finger tips to patients. If a female patient were in a hysterical state, Mesmer himself, in his robe of silk embroidered with gold, and with his ivory wand, would stroke her eyebrows or her spine and calm her. The queen of France commended Mesmerism, and a pension of 20,000 francs was offered Mesmer if he could prove that he had made any discovery in medicine and would communicate it to the king's physicians.
Mesmer objected to the latter part of the offer and left Paris. Two royal commissions were then appointed, one of which Benjamin Franklin was a member. After five months of experiment a report unfavorable to Mesmer was returned, after which Mesmer returned to the country, with a fortune amounting to 340,000 francs. He died in 1815 at the age of eighty-one.

Choice Cuts Of Meat And Home Made Sausage at Kircher's
The American people like fancy foods and delicious dainties but when they want a meal that is tasty and satisfying they turn to the old standards, meat and potatoes. What odor is more tempting than that of sizzling sausage or bacon? What more inviting breakfast could be placed before you than sausage, toast and coffee? Or, where is there a dinner more satisfying than one of mashed potatoes, vegetables and a fine roast? Truly, meat plays an important part on every table. It increases the vitality of the worker, builds up red blood within his veins.
Herbert Kircher's Meat Market, 1388 Culver road, is a market that caters to the best tastes of the best people. That does not mean that you will have to pay high prices for a nice cut of meat at Kircher's, because the price scale there is in accord with every one's pocketbook. At this sanitary and up-to-date market you will find the finest quality of roasts, steaks, chops, etc. Sausages are a specialty and all the different varieties are sold here. These sausages are made from the choicest meats and seasonings, and possess a flavor that readily gains them many friends.
The reputation of Herbert Kircher's market is well established because patrons know that here they will receive courteous treatment, prompt service, and the finest meats.

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The KITCHEN CABINET
(© 1926 Western Newspaper Union)
It is the way you hold out against odds that are great
That proves what your courage is worth
It is the way that you stand to the business of fate
That shows up your stature and girth
And victory's nothing but proof of your skill.
Venerated with a glory that's this.
Unless it is proof of unflinching will.
And unless you have suffered to win
—Edgar Guest.
EVERYDAY GOOD THINGS
Those who are fond of sweet potatoes will like this recipe:
Sugared Sweet Potatoes.—Select medium-sized sweet potatoes, pare and slice. Place these in a buttered dish—a casserole is best; add one and one-half cupsful of water (boiling hot) and sprinkle with one teaspoonful of salt and four tablespoonfuls of maple sugar; dot with bits of butter, using four tablespoonfuls. Bake 30 minutes and then set into a pan of hot water to wait for serving time.
Eggs in Spinach Nests.—Prepare six rounds of toast, butter well and cover each round with cooked and seasoned spinach, making a hollow in the center. Drop an egg into the hollow of each nest and place the dish in the oven until the eggs are cooked. Sprinkle with paprika, dot with butter and sprinkle with chopped ham.
Cheese Sandwich Filling.—Prepare a white sauce, using two tablespoonfuls each of butter and flour and one-half cupful of milk. Put one-half of a can of pimientos, two hard-cooked eggs, and one-half pound of cheese through the meat grinder; add one raw egg, one tablespoonful each of sugar and one teaspoonful of salt, with one-half cupful of vinegar. Cook over water until smooth and thick, after combining mixtures. Cool and use as sandwich filling for white bread.
Betrothal Sandwiches.—Cut white bread into one-fourth inch slices. Shape with a heart cutter, spread with pimento butter, put together in pairs, press edges lightly and decorate with small hearts cut from pimiento, using the small vegetable cutter for this purpose.
Neene Maxwell

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Baked Goods Of Quality At The 18th Ward Bakery
The 18th Ward Bakery has experienced a most gratifying growth. Well known for its excellent rolls and bread, this bakery enjoys a most liberal portion of the trade in its vicinity. No effort has been spared to build up a demand for its delicious products.
With long experience in the art of baking dainties that are most tempting in appearance and delicious in taste, the proprietor of this bakery produces pastries for every taste. Whether a housewife purchasing for the family table, or a hostess providing dainties for an afternoon tea, all will find pastries here that are sure to delight the family or guests.
Fresh from the oven each morning all purchases, whether bread or pastries, are sure to please. One loaf of bread today from the 18th Ward Bakery, located at 437 Parsells Avenue, will make you a patron for every day in the year.

Everything In Men's Furnishings At The Lewis Clothes Shop
With the advent of spring, the natural tendency of the human race is to dispense with the heavy wearing apparel necessary for our winter season, and turn the thoughts to new lighter weight apparel for warmer weather.
Fully cognizant of the fact that any store must maintain the goodwill of its customers and the public if it wishes—as every business concern does—to promote sales and conduct a generally successful business, the Lewis Clothes Shop is offering a complete line of men's clothing at the most reasonable prices. The Lewis Clothes Shop is located at 637 Monroe Avenue.
This shop is well stocked with anything and everything in the clothing line for men. One cannot be disappointed when he enters this modern store. The prices are reasonable and, what is more, one can select from a wide variety of anything from socks to suits and top coats. The Lewis Clothes Shop is open every evening.

Land of Endless Cold Unknown to Explorers
Northward beyond the tree limit is the land of endless cold, of eternal snow and ice—at least according to popular belief, and some textbooks still in use. But this story of eternal ice is an interesting myth. The facts of climate are quite different, says Tycoo.
The Arctic winter is indeed long, dark, cold and stormy, but the actual number of inches of snowfall is less than in northern Virginia, for example. The cold, therefore dry, air of Arctic regions cannot produce much rainfall; in many places it is only ten inches or even less. The rainfall being light, the snow does not get very deep.
Believers in the snow-myth seem never to think of the intense heat of the Arctic summer, when the sun does double duty by shining also at night.
At 60 degrees north latitude the longest day has 18½ hours of sunshine. At 68 2-3 degrees north latitude, at the Arctic circle, the longest day has 24 hours of sunshine. At 70 degrees north latitude there are 73 days with continuous sunshine, unbroken save by clouds. At the pole there are six months of continuous daylight. Several hundred square miles of Arctic America have more than 30 days of continuous sun.

Distinctive Trade Term
The term "rayon" as a generic name to be applied to all artificial silks, has come into quite general use, having been indorsed by many trade associations and being applied by different producers to their products.
The word is French, one of its meanings being a ray, as of light, and the thought in the minds of certain of those who sponsored it was that, being a term unknown to most of the English speaking public, it would permit of no confusion in its use. It was believed that it could not be mistaken for anything else, and would still be applicable to the product as expressing its outstanding characteristic of luster.
Colored Musical Genius
"Blind Tom" was the name given to Thomas Greene Bethune. He was born blind and a slave, near Columbus, Ga., on May 5, 1849. He exhibited unusual musical talent before he was two years old, and played the piano when he was four. He was able to imitate birds, rain, thunder, etc., and could immediately play any selection after hearing it once. He appeared in his first concert when he was eight years old, and traveled extensively through America and Europe. He died July 3, 1906.

St. Louis Catholic Charities Board Elects Officers
(By N. C. W. C. News Service)
St. Louis, Mo., April 20.—The Board of Directors of the Central Bureau of Catholic Charities and Kindred Activities of St. Louis, at its annual meeting on Friday, re-elected Most Rev. Archbishop Glennon honorary president. Other officers chosen are the following: President, the Rev. John J. Butler; First Vice-President, William L. Igoe; Second Vice-President, Mrs. Edward Walsh; Treasurer, Raymond F. McNally. The following were elected members of the Executive Committee: Rev. J. J. Butler, Rev. W. F. Mahally, R. F. McNally, Mrs. Seth W. Cobb, Miss Mary I. Horsey, William B. Walsh and Joseph Brockland.
Miss Rose Marie Moorman of Washington, D. C., Field Secretary of the National Conference of Catholic Charities addressed the meeting, on the value and importance of the National Conference to Catholics everywhere who are active in works of charity. She also urged attendance at the coming meeting of the Conference in Buffalo, N. Y., in the latter part of September.

Winona Auxiliary Bishop's Consecration Plans Are Announced
(By N. C. W. C. News Service)
Winona, Minn., April 20.—The date for the consecration of Bishop-elect Francis M. Kelly as auxiliary to the Bishop of Winona has not yet been determined and will depend upon the arrival of the necessary documents which are being sent by mail from Rome. It is thought, however, that the ceremony will take place at the end of May or the beginning of June.
The event will bring a large number of dignitaries of the Church and other distinguished guests to the city of Winona and will be the first time that the consecration of a bishop has taken place outside St. Paul in the ecclesiastical province.
The bishop-elect will be consecrated in the church of St. Mary of the Angels, the collegiate church of the College of St. Teresa, which is conducted by the sisters of St. Francis of Rochester, Minn. The Right Rev. P. R. Heffron, D. D., Bishop of Winona, assisted by two other bishops, will be the consecrating prelate.

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