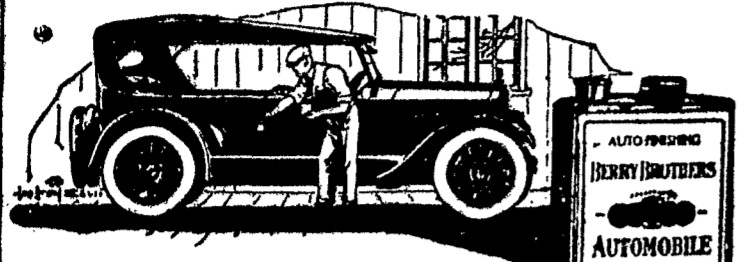


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The KITCHEN CABINET

(© 1918, Western Newspaper Union)
A haze on the far horizon,
An infant, tender sky;
The ripe, rich tints of the corn-
field,
And the wild geese sailing high.
And all over lowland and upland
The blaze of the goldenrod;
Some of us call it Nature,
And some of us call it—God.
—William Caruth.

AUTUMN MEALS

Everybody likes a good dessert and a heartier one may now be served as the cool fall days arrive.

Cottage Pudding.—Cream a tablespoonful each of butter and lard, add one cupful of sugar and mix well until well blended, then add two eggs, beating well, a cupful of sour milk, a half-teaspoonful of soda dissolved in it and one and three-fourths cupfuls of flour to which a teaspoonful of baking powder has been added. Flavor to taste and after a good beating pour into a large shallow pan to bake. Cut into squares while still warm and serve with:

Monroe Sauce.—Make a sirup of two cupfuls of brown sugar and two-thirds of a cupful of boiling water. To two teaspoonfuls of cornstarch add four tablespoonfuls of cold water, stir until smooth and add to the hot sirup, let simmer for a half hour. Just before serving add vinegar to flavor, making it as acid as one likes, a grating of nutmeg and a tablespoonful of butter. Serve hot.

Lyonnais Potatoes.—Take two cupfuls of sliced cold boiled potatoes. Cook two tablespoonfuls each of butter and minced onion. Melt two tablespoonfuls of butter, season with salt and pepper and add the potatoes. Cook until they have absorbed the butter, occasionally shaking the pan. Add butter and onion and when well mixed a tablespoonful of parsley and half a tablespoonful of vinegar.

Bird's Nest Pudding.—Fill a pie tin nearly full of thinly sliced apples, cover with a batter adding a little sugar and shortening, baking powder, eggs and milk. Bake in a slow oven. Turn over on a plate with the apple on top. Butter well, sprinkle with sugar to sweeten and flavor with grated nutmeg. Cut into pie-shaped pieces to serve.

How Meteorites Form
A large meteorite that recently fell in India includes three kinds of material—igneous rock of a slate-gray color, marked with spots of dark turquoise blue; quantity of jet-black, highly glazed lava with turquoise blue veins.

Derivation of Names of Parts of Church

When you enter a place of worship, you first pass through the porch, and may then proceed to an aisle, or possibly take a seat in the nave, or near the chancel.

Porch, aisle, chancel, and nave are all queer words. Some have been built up just anyhow; others are derived from the Latin, and twisted weirdly in the process.

"Porch," for instance, is the word, child, just recognizable, of the Latin "porta," a gate. Why "ch" pushed "ta" out of it, one cannot say.

"Aisle" the schoolboy who called this word a "wicked speller" was quite right!—is what our Saxon forbears made of "ala," a wing. An aisle, of course, is a "wing" of a church.

"Chancel" is really the "canceled" or shut-off part of a church, and its word-parent is "cancelli," meaning "lattice work."

The connection—or the excuse for the word "chancel"—lies in the fact that carved screens, or lattice work, generally divided the east end of a church from the other parts.

"Nave" is from the Latin "navis," a ship. A church in a religious sense is an ark. So—"nave."

Found Famous Writer Had Been Before Him

The monument to Guy De Maupassant at Malmesbury, Norway, recalls a story illustrating how easily unconscious literary plagiarism may be committed. Sir Arthur Conan Doyle once told a friend that, traveling in Switzerland, he came upon an inn isolated in the mountains for four months in every year. By the time he had reached the plain below he had mapped out in his mind a story in which two enemies were to be shut up in the inn for four months of isolation. At the first railway bookstall he came to one of the Maupassant's books caught his eye. He bought it and, turning to the first page, "L' Auberge" appeared as the heading of the story. The "Auberge" was his identical inn, the story was of two enemies shut up there during the winter, and the denouement the same as he had imagined.

Wrong Kind of Cushion

A camel has its limit of endurance as the old saw concerning the ultimate straw and the broken back will testify. Mrs. North also had her limit, which was finally reached when an argument, about which little could be understood, continued with unabated fury for two hours in the Smith household next door.

Calling to Willie Smith, who was playing in the back yard, Mrs. North asked the seven-year-old shining light of the warring Smiths:

"What is all the row about, Willie?"

"Oh, mamma put her cushion on daddy's chair and he sat down on it," replied the small lad.

"Why, that is no cause for such an argument, is it?"

"Sure it is! It was mamma's pin cushion!"

Collecting Debts in 1647

Old residents of England had their own ideas of debt payment and their own methods for enforcing payment where the customer was not interested in meeting the obligation. One old method in use in 1647 was a debtor's chair, that would be placed in the office of the man to whom the debt was due. The debtor was invited to enter and, when seated in the chair, a trigger was released that clamped iron hoops about the knees of the debtor and held him helpless while the other man negotiated a settlement, and the use of the chair in enforcing payment was entirely legal and in general use.—Ohio State Journal.

First Use of Spectacles

Spectacles are of French origin. The proof ocular, which is the kind that ought to be acceptable on the subject, lies in the fact that the oldest known portrait wherein spectacles appear is that of Cardinal Hugues De Provence, painted by one Thomas of Modena, which represents the prelate with the w. k. globes in front of his eyes. The fresco in the church of Saint Nicolas of Treviso, of which the portrait forms a part is dated 1352. There is, it appears, in the national library at Paris an illuminated manuscript, dated 1380, which shows St. Paul wearing spectacles. One would like to know where St. Paul got the idea. He was a great traveler.

Infantile Traits

Girl babies roll their eyes and look at bright lights sooner than boy babies do, Dr. M. D. Guttman, a German psychologist, learned as a result of extended observations and tests on newborn infants. Some babies, he found, averted their eyes, some were indifferent, and others balled it joyfully almost at birth. The latter were more often girls. Doctor Guttman observed that reaction of the eyes to light occurred sooner in most cases than has hitherto been believed to be the rule. Some infants of only two or three days used their muscles in a properly co-ordinated fashion and gazed fixedly at bright objects, such as lights. Babies, as a rule, might learn the use of the eye muscles by experience, just as later they learn to use the other muscles of the body.

Why She Proclaimed Encyclopedia Faulty

"Dear," remarked Mrs. Roberts to her husband as he came in from business, mopping a heated brow. "I think you waste a terrible amount of money."

Roberts spun around and regarded his wife with a look of deepest suspicion, while a gleam came into his eyes.

"I waste money, my dear?" he queried. "Why, I have never wasted a cent in my life!"

"Oh, yes, you have," answered his wife, while all the time Roberts' brow grew blacker. "That encyclopedia you bought on the installment plan last month is no good at all."

"Oh, that?" laughed the husband, as his frowns vanished. "Well, what's wrong with it?"

"I'll tell you," came his wife's confiding reply. "This morning I wanted to find out why it rains when there's a new moon."

"Oh, and where did you look for that?" asked Roberts, a smile hovering round his mouth.

"I looked under 'Why' of course, and I didn't even find the word there at all!"

Teal Duck Swiftest of All Flying Things

An old controversy hangs around the subject of the fastest bird. The prize used to belong, at least in the opinion of sportsmen, to that little and most typical duck, the teal. So far as I have been able to collate the evidence and compare it with personal experience, the very fastest birds belong to the classes which come between the gulls and ducks.

The peregrine falcons and some of the swifts compete for the head of the list; and it is worth notice that the swifts, which people in general class with the swallow tribe, thanks to several real and obvious likenesses, are put by the classifiers as conspecifics of the hawks. However this may be, it remains that the ducks attain a dazzling speed and can defy the winds better than any bird that flies, though their momentum exaggerates their difficulty in changing direction.

But so much depends on the engine that when it is in the least out of gear, when it is not tuned up, as happens at the early moult, they cannot fly at all; they become into the state of their primeval ancestor—Sir W. Beach Thomas in the Atlantic Monthly.

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For purity and nutritive qualities, the milk which comes from the Plymouth Dairy, located at 507 Plymouth Avenue, phone Genesee 762 is to be highly recommended. The large number of customers supplied daily by the Plymouth Dairy, and their favorable criticisms, show that they are one of the milk producers of this city who are to be depended upon to give the public the best milk to be had.

Their plant conforms in every way to the sanitary standards of the county and state and is open to inspection at anytime. They employ men who know their business, and who can be depended upon to uphold the standard of the plant in which they are employed.

Charles C. Diehl Displays The Latest Red Cross Ranges

When the housewife considers the purchase of a kitchen range she naturally looks around for, first, a range that will adequately serve her domestic needs and, secondly, one that may be purchased without too deeply cutting into the family budget.

Charles C. Diehl, 635 Jay Street, phone Genesee 4498, sells the Red Cross Ranges, manufactured by the Co-operative Foundry Company of this city. These ranges strikingly exemplify the axiom, "Rochester Made Means Quality", and today they are being used not only in hundreds of Rochester homes, but in thousands upon thousands of homes throughout the country.

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Neen Maxwell