THE CATHOLIC JOURNAL

Patronize Firms Worthy





A man who is willing to take another's opinion has to exercise his judgment in the choice of whom to follow, which is often as nice a matter as to judge for oneself .--Oliver Wendell Holmes.

VARIETY IN COMMON FOODS

Chicken is so well liked that it may by Mrs. Knight, coupled with the be served frequently and is always a sanitary and efficient service, make it

a pleasure for Rochesterians and welcome dish. Chicken With Corn __ people living near the city to patron-Scrub and clean a fowl ize her. The Sulphur Vapor Bath well by using a handful is the most scientific remedy known of soda in the water; for Rheumatism, Lumbago, Neuritis, cut up as for frying, roll High Blood Pressure. Colds, Lain seasoned flour and Grippe, Nervousness, Kidney disorbrown in a little hot fat, der and general run down condition. Lay the pieces in a bak. This is not a Turkish or electric

country.

ing dish and cover with bath. It is a Sulphur Vapor Bath, milk, simmer slowly for two hours or a Health Restorer, Health Preserver. longer, depending upon the age of the refreshing, strengthening and invigfowl. Senson well when half cooked orating. Treatments are absolutely and add a cupful of corn (fresh) cut safe, and the results of same are from the cob--canned will do. Serve always good at all seasons of the the chicken with corn and the gravy year. poured around it.

These treatments are inexpensive Parisian Sandwich Filling .-- Soakjand are within the reach of all, and one cupful of prunes over night, drain, may be taken while living at home. remove the stones and put through a thereby eliminating the expense inmeat chopper with one cupful each of curred by a trip to one of the famdates and figs. Add enough orange ous health resorts.

juice to make a paste that will spread In addition to the above, this ineasily. Butter graham or whole wheat stitution also gives a scientific masbread and spread with the filling. This sage, and there is a separate departwill keep some time if covered, and is ment for ladies with a lady attendvery good for a cake filling. iant.

Mutton Broth .- Take three mutton, Call Sone 1403 for particulas, and bones, one tablespoonful of rice and Mrs. Knight will be glad to advise six cupfuls of water. Add salt and you. simmer for five hours. Skim and re-

move a'l fat, add pepper and serve hot. This is especially good for children. The Auburn Car

Mutton en Casserole.-Brown a pound or less of mutton cut from the Quality stands have been rigidly

shoulder, cut into serving sized pieces, adhered to for years and years in When well browned season with salt, the manufacture of Auburn motor pepper and dredge with flour. Add one cars. No other method of construc-cupful or more of carrots, a cupful of tion is known by their engineers. peas, and one onion. Place in a cas serve serveral hours. Serve men. from the casserole.

The new Auburn models 8-Eighty-Fried Green Corn .--- ('ut as much Eight and 6-Sixty-Six represent qualcorn from the cob as will be enten ity at prices heretofore associated Into a hot frying pan put a generous partien of butter and when melted ture. Every unit has been inspected, turn in the corn and stir constantly tested and selected entirely for its fitness for the task required of i Season and set on the back part of Service brakes on all four wheels the range to cook for five or ten min are of the most improved type. tes, then serve. A green pear finely-chopped and added to the butter mechanically operated by light pedal cooking a minute or two before the pressure, rear external contracting, corn is added, makes a fine flavor from water, mud and ice. well-liked. Long clutch of single plate type with moulded facings is used in both Maxmell models. It is free from complications and requires no adjustment. Driven RRRRRRRRRR member is especially light, making Novel Handkerchiefs gear shift easy. The Auburn car is sold by the Combine Motor Corp., 312 East Avenue, Stone 4880, and you cannot go wrong on an Auburn car. The Auburn Wanderer can be quickly changed by one person from a regular Sedan to a sleeping car in a minute or two by just lifting two catches. This is, as great an improvement in motor-touring as the modern Pullman sleeper is over the covered wagon. This is the first time that such convenience as this has ever



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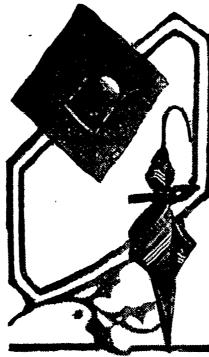
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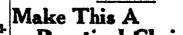
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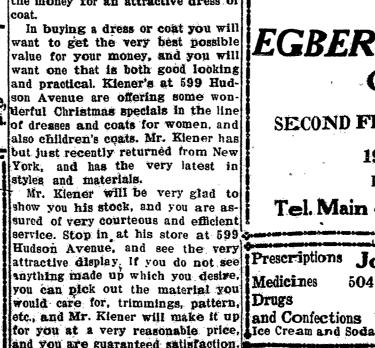
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