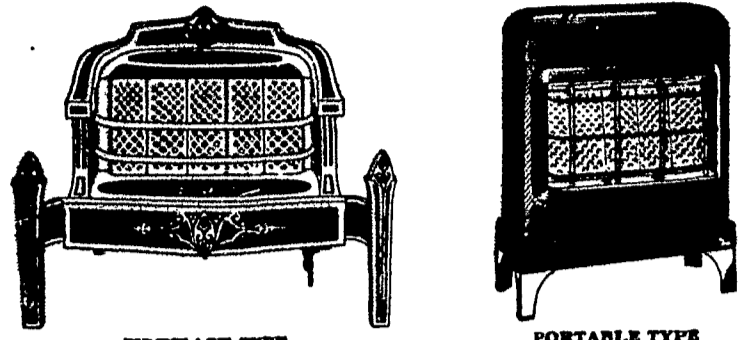


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Tonic in Air Travel, According to Doctor

At a medical convention in New York one of the speakers heartily urged three business men to ride in the air as a tonic to lethargic mental processes. He says the air is vitiated at street level in the city, and those who would think clearly and to the point should soar aloft, taking their problems, light or heavy, as fellow passengers, says the Philadelphia Public Ledger.

All that holds back many persons from using the plane as a means of locomotion is the fear of falling. The best way to cure that fear is to fly. The many who have tried it do not need to be reminded of their exhilarating sentiment of utter security. One who flies is bereft of the ordinary jitters of measurement and feels disengaged from compass bearings as from plummetings of the death beam. Space seems the same on every hand; height loses its meaning, except as it expands the horizon. It is attachment to the earth, not detachment from it, that brings dizziness.

The supremely inspiring sensation is to feel oneself borne up and up, without apparent effort or any limitations, as though supported by a great, strong, supernatural hand that could not fall. Those who travel in a closed cabin, impervious to anything but a leak or a card game, will not derive from the experience the thrill of travel in an open plane. It is hard to imagine that in days to come the hardened aviator will sleep or trivet away his hours aloft, frankly bored by the panorama beneath him. One who flies will know much of the benefit of, having all the pure air there is, he does not fill his lungs with it.

The man who thought a husband was head of the house.

The man who bought pre-war stuff from a strange bootlegger.

The man who thought a fiver was a match for an express train.

The man who thought it was all right for son to have a car of his own.

The man who tried to get Lee against the night company came in and beat the radio.

Life's Realities

Life will always have some cross in it. New heights of worthier living keep appearing, new works of service beckon us to take hold. The upward way cannot be easy; it must be climbing to the end; but, as we climb, there comes more love of man, more love of God; a blessing of stronger, abler, kinder, happier life. And ever growing over all, a quiet, restful sense of something brighter, happier still, beyond—some crown of better life than aught we know of here, which the Lord bath, in the unfolding of the eternal years, for them that love Him.—Brooke Herford.

Sounded Like a "Slam"

He is still wondering what the young lady meant, if anything. When she happened along he was at one end of a line, the other end being far out in the lake.

"Fishing, I see," said the girl.
"Yes," responded the young man.
And then he added, in a jocular vein: "Fish feeds the brain."

Strolling along, the girl pleasantly called back over her shoulder: "I hope you have a large catch."

Unreasonable to Expect

The orchestra was practicing the composer's long and tedious piece when he arrived.

"What's this?" he demanded from the doorman. "I can hear only the violins, not the wind instruments."
"It's too hard a job for the wind instruments," replied the orchestra leader. "The players can't blow and yawn at the same time!"

Ireland's Big Cavern

One of the largest and most extraordinary of caverns is that at Mitchelstown, Ireland. The first man to make an extensive exploration of this celebrated natural feature was a Frenchman, one Martel, who is likewise an authority on the caverns of France.

The Irish cavern is formed in limestone and is extraordinary for the number and extent of its connected passages, which, when plotted upon a chart, resemble the streets of a city. The length of the cave is about a mile and a quarter, and it contains some animal inhabitants, including a species of spider, which are peculiar to it, and have their entire existence within its recesses.

Dogs Seldom Mad

When dogs bite people in the summer time, they're seldom "mad," except in the sense in which normal human beings often get mad. They're surly and grouchy, perhaps, because they are affected by the heat like human folk, and have less ability to help themselves.

Suppose, on a hot, sultry day, when you were fairly stewing in the heat, and the flies were biting you, you couldn't find a cool spot to lie down and, worse than that, couldn't find a bit of cool water to drink. And suppose every person you approached hopefully was surly and ill-natured and gave you a kick or an ugly look instead of something to moderate the heat. Wouldn't you feel like snapping at somebody's calves?

Dogs probably don't run amuck in hot weather any more than people do, though with more provocation.—Kokomo Dispatch.

Meals for Sponges

One of the hardest things to believe is that the sponge you use daily was once an animal, and not a vegetable growth of the ocean. Sponges live their own lives, and eat their own food as other animals do.

The separate existence of a sponge begins with the breaking away from the parent of a tiny particle. The latter, after being whirled about for a time by tides and currents, eventually attaches itself to a piece of rock, and from that home it seeks its own livelihood.

The food of infant sponges consists of yolk cells, which contain a form of nourishment. Later, as the sponge grows, it requires something more solid, and this is brought by the currents, which sweep into a bag—half-mouth, half-stomach—minute particles of the new food.

Famous French Palace

The Louvre is a famous palace in Paris, originally the residence of French kings, but since the French revolution used as a museum of art and antiques. The Louvre derives its name from an ancient hunting chateau that stood on the site of the present palace, in the midst of a forest infested with wolves and known as the Louverie. It is said to have been a royal residence in the time of Dagobert (628). The foundation of the present building was laid by Francis I in 1546, and the structure was enlarged and adorned by successive kings, particularly Henry IV and Louis XIV, the latter being the last king to live in it. The work of uniting the Louvre and the Tuileries in one structure was completed in 1867, and the combined Louvre and Tuileries covers an area of 48 acres.—Kansas City Times.

"The Cup That Cheers"

On September 25 occurred the two hundred sixty-fifth anniversary of the day when Samuel Pepys had his first "dash of tea."

Only 27 years earlier the very first cup of tea ever drunk in England is recorded as having been prepared at Arlington house, which then occupied the site on which Buckingham palace now stands.

The earl of Arlington bought the tea in Holland and gave 80 shillings a pound for it, a sum which today would be represented by at least 20 pounds.

The drink that was a curiosity less than 800 years ago is now our chief beverage.—London Answers.

Smithy on Wheels

In olden times the blacksmith's craft was not merely the rough work and shoeing of horses that it is today. Very fine work was done by the old smiths, who were expert at the making of iron gates, ornamental fences, firedogs, and so on.

In the hope of reviving this almost forgotten craft a rural development committee in Yorkshire is sending out a blacksmith's demonstration van to tour the villages.

The van is fitted with a lathe, grinding and drilling machinery, a portable forge, an oil engine, and welding plant. The village blacksmith will thus have a chance of seeing modern tools and methods at work.—London Answers.

Tally on Fighting Men

The "Field of Sticks" custom was recently explained at a gathering of Clachnacuddin, Royal Arch chapter, on a trip to Achnabui. The word "Achnabui" comes from the Gaelic term "Achna-baichte" (the field of the sticks), and it is supposed that before going into battle with a rival clan the members of one clan stuck their sticks into the soft mossy ground of the field. After the affray it was easily seen how many of them had been killed or were missing by the number of unclaimed sticks.

Pride in Work

Whatever be the conditions which surround you in your work, do it with high thought and noble purpose. Do not whine and complain because of your unhappy lot; but accept it, humble and obscure as it may be, knowing that it is possible to clean out a gutter with the self-respecting dignity of manhood or to blacken a shoe with the enthusiasm of religion.—Hugh O. Pentecost.

Was Flirting With Other Fellow's Girl

He was a gallant post office clerk and for the moment business was slack. Presently to his joy a pretty girl entered the office.

"What can I do for you?" he asked with unusual affability.

"I want a 2-cent stamp," said the girl. "And would you mind weighing this letter for me as I'm afraid it may be a little too heavy."

Mind? He was delighted and chatted glibly about the weather while he executed her order. He even volunteered to affix the stamp for her—a courtesy she accepted with a dainty blush.

Just as he was placing the stamp on the envelope, however, she stopped him.

"Put it upside down," she requested.

"Why?" he asked.

"Oh," she replied, "that means something to Charlie!"

And the clerk's interest vanished as the clouds of monotony once more gathered on his horizon.

Here's One Writer Has Good Word for Spider

The predaceous habits of spiders make them most useful to man. Our selfish interests should preserve and protect them, except where they annoy the housewife by building dust-catching and unsightly webs indoors. Even then they might be given a place.

All forms are diligent producers of their kind, and were it not for their numerous enemies there would be enough spiders to alter considerably the overproduction of noxious insects. In comparison to the insects there are few spiders, both of species and of individuals. Considering the number of eggs spiders lay and the protective care they give their eggs, this seems surprising. But when we observe the ceaseless activity of birds, shrews, toads, snakes, lizards, robberflies, certain parasitic insects and, most particularly, mud dauber and digger wasps, it is more surprising that spiders exist at all.

Pin Consumption

In these days of efficiency no one should ever pick up a pin. The ancient proverb which promised an entire day of good luck as a reward for picking up a pin has been outgrown.

The United States now uses more than 20,000,000,000 pins a year, about 200 per capita.

The pin is not only very ancient, but many of the so-called modern forms are actually copies of pins in common use thousands of years ago.—Thrill Magazine.

The New Red Cross Furnola

Now that there is such a shortage of coal, householders will want to have something that will enable them to burn the least amount of coal possible. It is hard telling just when the coal strike will be ended, and with the long winter days ahead of us everyone is on the lookout for something that will help them save their coal.

If you are in the same position as many other Rochesterians, you will appreciate knowing that the new Red Cross Furnola sold by the Lester Hardware Co. Inc., 150 Main Street West will do wonders.

This furnola requires no basement for its installation, and solves the heating problem in four and five-room homes. It can be installed in any room having a chimney vent, its deep-toned, richly enameled surface blends harmoniously with the many pieces of furniture.

With ample radiating surface, it furnishes warmth and cozy comfort at an economical operating expense. Burning the smaller sizes of coal, its economy is apparent with a National fuel shortage, facing us this winter.

The New Furnola is moderately priced at \$115.00, and we would suggest that you stop in at the Lester Hardware Company, and they will be glad to give you all the details about it.

Sam Gottry Carting Co. Doing Big Business

The Sam Gottry Carting Company with offices in the Powers Arcade, are doing a rushing business this fall. This moving firm have given service to movers throughout the city and vicinity for years. It carries on a variety of business, that of general trucking, express work, moving and the like, all of these branches are carried out with speed and efficiency.

If you are just desirous of having a piano moved, this firm makes a specialty of moving pianos also, and will take care of your piano for you so that it will be delivered in as good condition as before.

The Sam Gottry Carting Company have solved the carting problem as well as it is possible to solve it. They pack your goods and take care of them in the best possible manner. If your household goods need moving this year, call this company at Main 1412 and you will be thoroughly satisfied.

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If you are desirous of buying anything in the jewelry line you will find just what you want right here. Mr. Wedgren has a wonderful display, and his prices are just right. Now would be a good time to pick out that Christmas gift, and take advantage of the big selection available. Very soon the Christmas rush will be with us, and you will get the best service if you buy your Christmas gifts now.

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