Nellie Maxwell

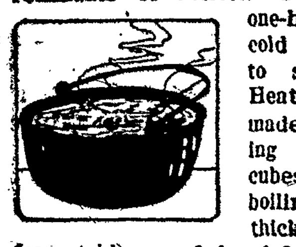
THE KITCHEN CABINET

(©, 1924, Western Newspaper Union.)

The man who shuns the light forfeits his own final peace of heart. He who refuses to face his worst forfeits the possibility of finding his best.—Percy C. Ainsworth.

SOME GOOD STEWS

A tasty stew may be made from remnants of roasts. Take one and one-half pounds of cold roast cut into small pieces. Heat it in a gravy made by dissolving two bouillon cubes in a pint of boiling water and thickening with four tablespoonfuls of flour. If there are bones from the meat they may be boiled in water for the broth.



Cook the meat in the gravy until heated and tender, then add four small sliced onions, one sweet pepper, sliced, one cupful of stewed tomato and two cupfuls of cooked macaroni. Season to taste with salt, pepper and celery salt.

Fish Chowder.—Dice half a pound of fat salt pork and fry to a light brown, remove the pork, add three onions, sliced, to the fat. Cut three pounds of fresh haddock or any firm-fleshed fish, into small pieces, rub with a tablespoonful of salt and dust with pepper. Lay the fish in a sauce pan, add six sliced potatoes, then the onion and pork. Cover with boiling water and cook until the vegetables and fish are tender. Add three cupfuls of rich milk, six milk crackers, bring to a boil and serve.

Haricot of Mutton.—Chop one medium-sized onion and one large pepper fine. Cook in two tablespoonfuls of bacon fat until tender. Then remove the onion and pepper. To the fat add one and one-half pounds of lean mutton, cut into pieces one and one-half inches square, and brown, then add the fried onions and pepper. Season with two and one-half teaspoonfuls of salt and one-eighth of a teaspoonful of pepper. Add two cupfuls of water, cover closely and stew until tender—about one hour. Add one can of peas before serving.

Ham in Bean Pot.—Freshen if necessary one thick slice of ham and cut into serving-sized pieces. Place in a bean pot together with six scraped carrots, thinly sliced. Add one cupful of condensed tomato soup and one cupful of water. Cover tightly and bake three hours, or until it is perfectly tender. Potatoes may be used in place of the carrots if preferred.

Nellie Maxwell

Perfect Football Coach

He selects the players while letting the campus celebrities imagine they have a hand in it. He plans the strategy, at the same time making the influential alumni believe they are doing it. He arranges such a schedule that if his team wins it will appear to have accomplished the impossible, while if it loses the critics will say none could have won.

He is the perfect coach. Too bad no college has discovered him.—Life.

Patching Things Up

Mandy and her husband had been separated for three weeks.

"Hasn't your husband tried to get you to patch things up and be friendly again?" asked a neighbor one day.

"Man," replied Mandy, "account of havin' to patch things up all de time was de main reason I left."—Everybody's Magazine.

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Little Change in Mid-Winter Modes

Present-Day Line and Silhouette Satisfactory to Designers.

The Paris mid-winter showings have come and gone and not even the most minute, microscopic examination could reveal any ideas or themes that were really new. Apparently, observes a Paris fashion correspondent in the New York Herald-Tribune, the great dress creaters are so complacently satisfied with the present-day line and silhouette that, except for slight variations in detail sufficient to lure the lover of pretty things to add to her wardrobe, the fashions are exactly like those that were seen earlier in the season.

The beltless tunic appearing again, is sponsored by Premet, Patou and Doeuillet, to name only a few. Molyneux makes no departure from his accustomed straightline effects with great bead embroideries in the richest Oriental designs on the skirts of his plain-corsaged sheath gowns. Yteb has saucy little short jumpers that leave off at a much higher line than did those of last season. These are a distinct feature of her midseason collection of sports clothes which are

Dress of Printed Crepe de Chine, Imitating Leopard Skin.

seen in variety of interesting Rodier fabrics and woolen mixtures in light colorings—chiefly shades of light beige mixed with brown, red and black in uneven masses without any distinct pattern.

Leopard skin continues to be one of the fashionable furs of the winter and fabrics that imitate the markings of this fur are very much in vogue. Molyneux used a printed crepe de chine in a leopard design for the model illustrated in the upper right corner. It is in tunic form with a very low waistline indicated by a plaited flounce and a ribbon-threaded girdle. There is no collar, the neck being cut in a deep point at the front, and in square effect at the back.

Almost every other Parisienne is wearing a Paquin topcoat. The favorite model is in navy blue cloth with two straight-cut edges down the center front that stand out like the flaps of a booklet de luxe. This coat fits in slightly at the waistline and has a full godet skirt edged with wide bands of light Tibetan lynx that taper up either side of the front to the waistline. Another popular Paquin model is in black cloth and has a high collar of beige fox divided in the center back by a knot of the cloth. This coat is straight and wraps around the figure just below the hips, where it is bordered with a wide band of the fox. The two fronts are finished with long, tapering handkerchief points that can be wrapped across, held to one side or else left dangling in the center front.

High, Pointed Crown Is Featured in Millinery

High, pointed, collapsible crowns of the greatest suppleness, tiny roll brimmed shapes, and a profuse use of beaver felts replacing the wool felts feature the winter millinery in Paris.

The cloche at last is dead, this time hopelessly so, says a fashion writer in the Kansas City Star, and in its place appears a new array of tiny, soft, supple shapes in velvet, felt or satin, and a multitude of novel draped turbans attaining the most fantastic heights at the back.

Due to the prevailing and ever increasing vogue for cropped hair, small shapes with little or no brim at the back must continue to be the favorites, and are likely for many days yet to hold the center of the stage. Large hats have been repeatedly and consistently shown at the start of each season, but with the present length of skirts a good 12 to 14 inches off the ground, and in many cases even 16, no woman with any sense of proportion can take to a wide brim.

Fur Trimming Adds to Charm of Winsome Frock

Fur trimming is popular this season. The street frock shown here combines henna satin with gray squirrel, making a very attractive garment.

How to Care for Hair and Nurse Its Beauty

Beautiful hair in most cases is not a gift—it is an art! And the art lies in knowing how to take care of it. For no matter how beautiful your hair may naturally be, unless you know how to care for it and nurse its beauty, it will soon lose its healthy sheen and luster, without which hair can never be beautiful. On the other hand, says the Detroit News, there are many girls who are not naturally blessed with lovely tresses, but who know so well how to take care of what nature gave them that their hair is their "crowning glory" indeed.

The foundation for a beautiful head of hair first of all is a healthy body. When the general health is run down the first place from which it draws the strength and nutrition it needs is from the oil glands of the hair. Plenty of air, exercise in the open sun, enough sleep and a regular and healthy diet will do more for the beauty of your hair, since it takes care of the general health, than treatments from the most expensive hairdressing establishments.

Brushing the hair is one of beauty's best aids. Nothing contributes so much to the natural sheen and gloss of pretty hair than regular brushing, especially if the hair is inclined to be dry. How often has this been said, yet how many women neglect this simple beauty treatment!

Brushing the hair does many things, both for the beauty of the hair and the health of the scalp. It stimulates the blood vessels of the head, rids the scalp of any tendency towards dandruff or, once this disease has already set in, helps to eliminate it; takes away the dead hair that is constantly being shed, keeps the hair clean and gives it the healthy gloss and vigor that makes it beautiful.

Leather Trimmings Are Phase of Present Modes

Last year leather trimmings were something of a fashion novelty but this season they are recognized as an important phase of the present modes. And the use of leather as decoration is not confined as formerly to sports clothes but both suede and leather with a polished surface appear on costumes that are rather formal in character.

An earlier model that was introduced at the beginning of the season had wide cavalier collar and cuffs of perforated leather, the design resembling that of eyelet embroidery. It was most effective and in red or white leather trimmed frocks of dark blue, red cloth or twill.

One or two of the best French houses employ leather in the form of tiny pipings in a contrasting color, or as an appliqued design on a sheer background. Bands made of narrow strips of leather interwoven to make a checked design trim an interesting little sports dress of natural color kasha, and a wide band of Chinese red leather simulates a belt.

New Muff, Melon-Shape, Matches Coat Trimming

The smart woman carries a muff not as an individual piece, but as an accessory to complete her ensemble. It matches the trimming of her fur or cloth coat. Smart women have muffs made up to go with costumes. One was a small krimmer model matching the trimming on a velvet suit, another, a nutria muff, accompanies a fur trimmed cloth coat, and a third was a skunk muff, made over to conform with the new shape that is seen with a lavishly fur-trimmed fabric garment.

The new types are worn small and are invariably melon-shape and, despite the fact that Paris introduces this article without bedding, the new types noted have been stuffed. One Viatka squirrel melon-shape muff, with a tan flat caracul jacquette trimmed with Viatka was effective. Muffs are carried with long coats, also.

Daddy's Evening Fairy Tale

By MARY GRAHAM BONNER

BEHIND-TIME LAUGHTER

All the Laughing children were back in Laughter land.

It was one of the most interesting places you could possibly imagine.

They were always rushing back and forth, dashing off here, and hurrying off there.

They were always being called upon.

They felt bad though when they were not busy.

They did not like to be around waiting to be called. You see whenever any one felt like laughing, in a flash the Laughing children were sent the message and they were there ready to help the laughter of the people.

They didn't take a second to get there. For Laughter land is very close to where there are people. Laughter land spreads over all parts.

So, of course, when we say that all the Laughing children were back in Laughter land we mean all of those who weren't at that time laughing with the people.

They were repeating some of the jokes they had heard to their dear old parents Lady Gaiety and Lord Fun, when several little Laughing children came back to Laughter land.

They came slowly, and their little mouths which were usually smiling looked drooping.

"My Merry Dears," said Lady Gaiety, "what is the trouble?"

"Behind-time again," they said.

"What do you mean, my children?" asked Lord Fun.

"You couldn't have been late, My Merry Dears," said Lady Gaiety. "None of the family ever can be late."

"Oh, no, Mother Gaiety," they said, "that was not the trouble.

"We weren't late. We were there, but that didn't make any difference.

"We thought we were wanted and we hurried off but those who wanted us didn't seem to be so sure whether they wanted to laugh or not.

"And they took so long about it that they didn't half enter into the spirit of the thing.

"They were at a party and they didn't seem to want to show they were having a good time.

"They wouldn't suggest any games and yet they didn't seem to like the games that were suggested.

"And when all the others laughed and we thought they were to laugh

They Just Stood About.

too—they just stood about and smiled little, snippy smiles, with their heads at one side.

"This happened ever so many times this afternoon and it has just about discouraged us.

"We don't like behind-time laughter."

And the children almost burst out crying—something practically unknown in Laughter land.

"There, there," said Lady Gaiety, "you mustn't feel bad, My Merry Dears, you did your best. If some won't join in the fun and will act in a sulky fashion, you're not to blame.

"You were ready. They didn't really deserve the willingness and the jolly feelings you were so ready to give them."

"Ah, don't be sad," said Lord Fun. "I know it is hard not to be, for behind-time laughter, and those who just act as though it would hurt them to laugh and enter into the fun of a party, are very, very depressing.

"It is just as though they went around, as the saying is, and threw cold water on everything.

"But there! My dear children, do not go to those again until you're pretty sure they really want you. Just leave them alone.

"For those who are behind-time in their laughter should be left behind by the Laughing children.

"And now, just to have a good practice in Laughter land we will all join in the great Laughing chorus."

So Lady Gaiety and Lord Fun and all those in Laughter land sang the jolly Laughing chorus which ended off in all kinds of jolly, merry, musical laughs.

Riddles

What is it that everyone keeps, yet everyone parts with? A comb.

* * *

What is the riddle of riddles? Life, because we must all give it up.

* * *

Why are weary people like carriage wheels? Because they are tired.

* * *

Why is a joke a chicken? Because it contains a merry thought (wishbone).

Dump Is Hatchery

Twenty-four chicks were hatched by the intense heat from partially incubated eggs that had been thrown into the municipal dump east of New Philadelphia. The chicks are being cared for by the city.

American Plows in Demand

Proof in demonstration in Paraguay cotton fields that the iron plow is an essential factor in production caused such a demand for American plows at Asuncion this year that the supply was less than the demand.

Proposes Again

"But I gave you the mitten last week."

"That is why I came back," said the young man. "I might as well have a pair."—Louisville Courier-Journal.

Brevity

A small boy was asked to write a thesis in as few words as possible on two of life's greatest problems. He wrote: "Twins."—Life.

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