

## Nellie Maxwell The KITCHEN CABINET

(© 1926, Western Newspaper Union.)  
Ability doesn't count, knowledge is useless, experience has no worth without the driving force of optimism.—Kaufman.

### WITH THE COMMON POTATO

It is surprising in spite of all the teaching in schools, magazines and by lecturers, how few people know how to cook vegetables properly.



When boiling potatoes only rapidly boiling water should be used and adding when nearly cooked one tablespoonful of salt to about eight potatoes. Drain carefully and shake over the fire to dissipate all steam and leave the potatoes dry and mealy. If potatoes are to be rice, force the hot drained potatoes through a ricer; if mashed, a wooden masher used long enough to mash every lump, then add the seasoning and beat with a spoon until light and fluffy. Hot milk, butter and salt should not be added until the potatoes are thoroughly mashed. Serve at once in a hot vegetable dish. All dishes on which hot foods are to be served should be well warmed. There is nothing more unpalatable than good, hot food chilled on cold plates.

With a well-boiled potato as a basis, there are any number of good dishes one may prepare—among them are:

**Savory Spanish Potato.**—Turn the hot-boiled potatoes into a hot vegetable dish in which two tablespoonfuls of butter and one tablespoonful of scraped or finely chopped onion has been blended, then chop with two silver knives, mixing the butter and onion well through the potatoes. The amount of butter and onion will depend upon the number of potatoes. There is never any leftover with this dish, so provide plenty.

**Savory Potato.**—Another. To four cupsful of diced boiled potatoes add one-half cupful of finely chopped green peppers, two teaspoonfuls of salt and one-fourth teaspoonful of pepper. Put into a well-greased baking dish, sprinkle with two tablespoonfuls of flour and pour over the top one and one-half cupsful of milk and dot with two tablespoonfuls of butter. Bake in a hot oven twelve minutes.

Small, even-sized potatoes, boiled and then rolled in butter and chopped parsley makes a good-looking dish of potatoes when the new ones are out of market.

Nellie Maxwell

Genesee 1050

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## Cloche Influence Still Holds Sway

Close-Fitting Type Not to Be  
Lost in Winter and  
Spring Modes.

The cloche complex has been dissipated. The Paris modiste has finally succeeded in shattering the three-year tradition of "nothing but the cloche" and that little bell-shaped affair no longer graces the smartest coiffure. Yet, says a fashion writer in the New York Herald-Tribune, it would be patently overstating the case to say that the cloche theme has disappeared from the millinery firmament and it is beyond question that a measure of its influence shall prevail during the present winter and the coming spring. How large that measure is, and its relative importance to the newer shapes, can be gauged from a cursory survey of the mode in general.

The beginning of the autumn season witnessed several fundamental innovations in the style situation. The undeviating straightline was being gradually supplanted by any one of several types of the flare—the skirt was essentially shorter and the monotony of the cloche had been happily interrupted by higher crowns and larger brims. There were other changes, of course, but these are the only points of departure which concern the chapeau.

View these few tendencies with an esthetic eye and you will begin to appreciate the dilemma of millinery. Modiste and couturier, recognizing that art connotes progress as well as beauty, had triumphantly offered her fashions that were entirely new conceptions, and as she reached her hand to grasp them, the realization came that the new styles did not dovetail.



No. 1—Black Hatters' Plush, Semi-Directoire Effect. No. 2—Close-Fitting Hat of Purple Velour. No. 3—Velours and Brown Velvet. No. 4—Coppery-Red Velours, Cluster of Feathers as Trimming.

The high director crown and the short Paris skirt created a silhouette which was entirely too bizarre and hardly attractive. The liaison of the wide brim of the larger hats and the short hemline flare of the winter frocks and coats was decidedly not a thing of beauty and could not compare with the slender grace of the previous silhouettes. Indeed, the slow catching on of the fall and winter innovations—it is only recently that the new styles have become really popularized—may be laid to the inharmonious blending of the early fall conceptions of the hat with the balance of the costume.

The elemental soundness of the cloche was an important factor in the compromise of this conflict. Nevertheless, the important fact about the winter millinery is that the cloche dynasty has ended, and while it is true that millinery has been somewhat chary in making any radical departures from it, it is also true that the mode now sanctions a variety of types, and one may be quite en regie with even the highest crowned director, if it is sufficiently becoming. Generally the more radical species are not flattering for the reasons stated above, and that is why the progeny of the cloche survive, although the cloche itself has passed.

### Flexible Bracelet of One to Two-Inch Width

The flexible bracelet is coming back into its own. While half-inch flexibles are still being shown, the newer designs definitely employ one to two inch widths. Lapis, jade and turquoise matrix are set in antique filigree suggestive of Persian jewelry. Each square, table-cut topazes in box settings seem reminiscent of family jewels. Decidedly "1924" is the flexible or small oblong filigree buckle interspersed with the still smart cube. While many of the flexibles are of even width a favorite variation employs a long oval center stone and tapers two or more strands of small jewels to a matching square-cut clasp.

## Metal Lace Made Into an Attractive Costume



Metal lace in silver and blue color goes to make up this very smart tunic which is banded with gray fox and worn over a metal cloth or satin costume slip.

### Care in Handling Food and Preventing Waste

What care do you give your food supply after it has arrived at your home? To me, writes Helen Harrington Downing, on "Saving at Home," that is an important question and one that has a strong bearing on thrift. I have been very much impressed in my dealings with several of the national food producers where products are handled commercially, with minute attention given to their choice of foods, the care in preparing and the scientific accuracy in cooking them.

They have found it necessary, to study all these things to insure best quality and the most economical results. In handling foods commercially a waste in food value augments the cost of food production, and should therefore be reduced to the smallest degree.

How does expert care in the commercial kitchen compare with that generally given food products in the average home?

Various elements contribute to spoil our food. Heat, air, sunlight and proper temperature are conducive to the growth of food products and also to their proper preservation, but the spoilage of foods is often caused by exposure to dust, air, too much light, heat or cold.

Air carries dust, and dust contains organisms which attack food and cause decay. This is one very good reason why food products should not be exposed to dust in stores.

The housewife who does not own a refrigerator must not feel that her task is finished when she puts her basket on the kitchen table. The food must be properly put away and prepared for cooking and serving. The woman who orders by telephone must take care that there is some one at home to receive the purchases when delivered to make sure that the products are all of the quality and brand ordered, and to intelligently put them away until the time of using.

### How Ensemble Costume Is Worn by Some Women

The ensemble costume, like all clothes that become fashionable, will look extremely well on some women and not so happy on others, says the Kansas City Star. But there is this to be said for it—it is not inflexible; with its many modifications in line and style, it lends itself to a comparatively large number of figures. First think about the coat length. Both full-length coats and coats that come above the skirt are shown in the ensemble costume. For the short woman or the average stout woman, it is better that the coat come well toward the bottom of the skirt or else meet it, to prevent broken lines that are uncomplimentary to short figures or stout dimensions.

Furthermore, for these two types of women it is better for the underneath frock to have either straight lines with no contrasting tunic effect, or else to have the tunic full three-quarter length or even longer. For both types, too, it is preferable that the tunic of the frock be the same color as the frock and coat. The reasons for this are obvious; both the short woman and the stout woman should aim for straight, unbroken lines, the first because the tendency of the long line is to make her appear taller, and the second because the straighter and the longer she can keep her lines, the less apparent is her stoutness.

### Snuff Brown and Mink

Snuff brown, long considered a modish shade, is now in the heyday of popularity and fashion. Topcoat, snuff brown trimmed with mink more than merely fashionable. It is stunning.

## Daddy's Evening Fairy Tale

BY MARY GRAHAM BONNER

### OCEAN'S GENEROSITY

"I wonder if they thought I was selfish before," said Mother Ocean.

Mr. Sun was looking down upon her and was saying a polite good-night before he went to sleep.

He was wearing a very handsome suit of gold and red, and he had cast a beautiful band of color right straight around the rim of the world, it seemed.

"I am sure no one ever has thought you were selfish," said Mr. Sun.

"Well," said Mother Ocean, "I heard a very curious thing today. Some people were traveling on one of the great big boats I allow to pass over me."

"It was the first trip they had ever made upon the ocean, so they said. They hadn't have said that, for I could realize from the speeches they made that they had not traveled on the ocean before."

"Doubtless they knew about coasts and rocks and of how I look near the land when I talk to my shore cousins, the Rock family and all of the others."

"But they said: 'Goodness, but there is a lot of ocean. We've been out now for three days, and we have been going steadily all the time and still we are not near land. And not another boat to be seen. We never knew the ocean was so enormous.'"

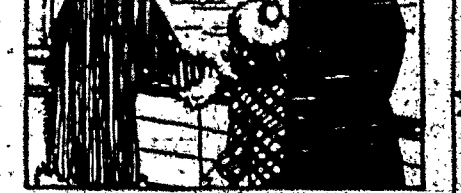
"Ah, Mr. Sun, they had no idea of my generosity. I'm not one of your mean little bodies of water."

"I'm generous, I'm very generous with myself."

"I spread myself over so much distance and I say to all who cross me: 'Here I am. Lots and lots of me. When you come for an ocean voyage you get an ocean voyage—you don't get a little bit of a boat ride and then home in time for supper.'"

"Oh, no, I'm your generous ocean. 'Of course,' Mother Ocean continued, 'I don't know that they always care for so much generosity on my part. Perhaps they would like me to be smaller so they could travel all about the world and get everywhere in quick time.'"

"But they'd soon weary of that. 'What would be the fun in thinking of strange places all over the world?'"



"Goodness, there is a lot of ocean," and in planning to see them some day if they were right around the corner?

"Or when thinking of their great and enormous country, would people like it if they could see it all in a day's ride?"

"I don't believe they would. It's an event to go from one part of the country to another."

"Maybe they dream for years of the time when they'll see what the west looks like if they happen to live East or what the East looks like if they happen to live West—or they may want to see it further North or down South or along the Middle states."

"The country is generous. There is lots of it. Lots and lots to see."

"So is the ocean generous. I may not have all the different sights that the land has—I may not have different views every time you look out at me from a ship as you would have if you looked out from a train window going across the country—but I have size."

"Everything that is a body of water cannot be the ocean. I have really accomplished something."

"I have done what only a few others have done—and they are all of my own Ocean family."

"Oh, Mr. Sun, when you go to sleep tonight I think perhaps you may dream of the miles and miles and miles and miles and miles of ocean, you've seen and you'll think how beautiful it is to see me in the morning when you get up and in the evening when you go to bed."

"Of course many travelers have said they would never know which was east and which was west when traveling on the ocean unless they saw you for they know you rise in the east and go to bed in the west bedroom."

"Yes, you have an east morning dressing room, and a west bedroom for sleeping."

"It's of particular help to ocean travelers."

"But oh, Mr. Sun, no one has any idea of the ocean's generosity until they come and take a trip upon me and then they see how enormous I am—how perfectly enormously enormous."

"That's the only way in which I can describe my size. And I call it generous so I spread me self out as I do."

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