## GROUND BROKEN FOR NEW AQUINAS BUILDING

The breaking of ground for the new Aquinas Institute in Dewey avenue took place Friday morning, the feast day of St. Thomas Aquinas, Bishop Thomas F. Hickey officiated at pontifical high mass at St. Bernard's Seminary at 10 o'clock, with members of the faculty and students assisting at the service.

Following the mass all went to the site of the new school where Bishop Hickey turned the first shovel of dirt, marking the actual beginning of construction of the new Catholic High School for boys, which will cost approximately $175,000. A number of priests and prominent laymen were present at the ceremonies.


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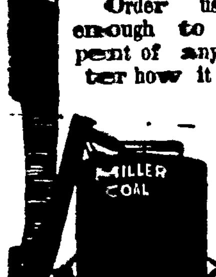

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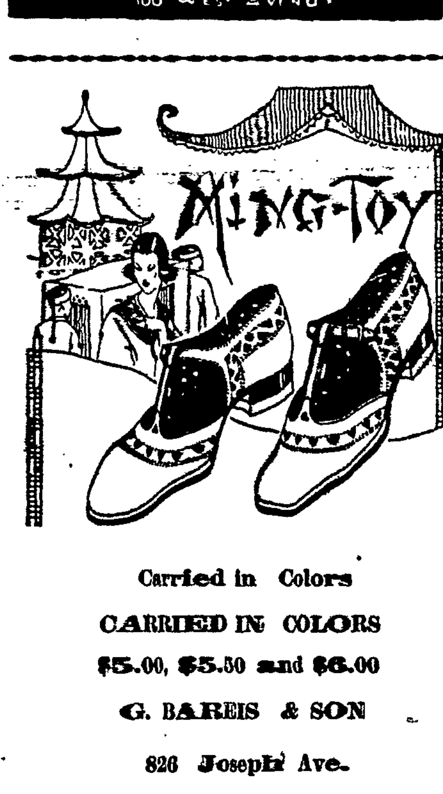

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## REGULATIONS FOR LENT

The Holy Season of Lent begins this year on the 5th of March.

The obligation of fasting and abstinence ends at noon on Holy Saturday.

All the weekdays of Lent are days of fasting on one meal with a moderate collation in the evening. The practice of taking a small piece of bread with a cup of tea, coffee, chocolate, or the like, in the morning is permitted. It is also permissable to invert the order of meals by taking the collation at noon, and the principal meal in the evening.

The use of flesh meat is allowed without restriction on Sundays and once on Mondays, Tuesdays, Thursdays, and, as by special Indult granted by the Sacred Congregation of the Council January 14, 1919, for two years to the Bishops of the United States, and on June 4, 1920, extended for the next five years, the law of abstinence was transferred from the Saturdays of Lent to Wednesday in Lent except in the case of Saturday in Ember Week, it is allowed also once on Saturdays, except the Saturday of Ember Week.

Eggs, milk, butter and cheese are allowed at the principal meal and at the collation. Lard and drippings may be used in preparing food.

Flesh meat and fish may be taken at the same meal on days when the use of flesh meat is alowed.

The law of fasting binds from the completion of the twenty-first year to the completion of the fifty-ninth, but the law of abstinence is binding after a person becomes seven years of age. The following are not bound by the obligation of fasting: The sick, nursing women, those who are obliged to do hard labor, and all who through weakness cannot fast without prejudice to their health.

By virtue of a special Indult given March 15, 1895, by the Holy See to the Bishops of the United States for ten years, and renewed June 3, 1915, in favor of the working men of this country who find it difficult to observe the general law of abstinence, the use of flesh meat is granted on all days of the year both to them and to all the members of their family, except on all Fridays of the year, Ash Wednesday, Holy Week and the eve of Christmas: this is a dispensation from the obligation of abstinence, but not of fasting. (This extraordinary dispensation is given solely to the working classes, and does not extend to the liberal professions.) Those who avail themselves of this indult are counseled to perform some penitential work, as for example, abstinence from amusements or recitation of additional prayers.

We hereby exhort all who for any reason are excused or dispensed from fasting or abstinence that they should practice mortification in eating and drinking according to their ability, attendance at the Lenten devotions and almsgiving to the poor.

Pastors have the power of dispensing from the general law of fast and abstinence or of both fast and abstinence combined, but only in individual cases of persons or families and for a just cause. This power may be used in favor of their own parishioners, even when outside the parish and in favor of transients within the parish limits.

In churches where there is a resident pastor, there will be a sermon and Benediction of the Blessed Sacrament on every Wednesday evening, and the devotion of the Stations of the Cross on Fridays.

Pastors in charge of two churches will give one sermon in each church during the week.

Prayer and the spirit of penance should accompany penitential works. Endeavor, therefore, to excite your parishioners to observe this holy season according to the intention of the Church, and place every facility in their way for receiving the sacraments of Penance and the Eucharist.

By reason of a long existing Indult to the Bishops of the United States the precept of Paschal Communion may be fulfilled on any day between the first Sunday of Lent and Trinity Sunday, inclusive.

Very sincerely in Christ,
† THOMAS,
Bishop of Rochester.

**Bishop Hickey's Letter.**

Following is the Bishop Hickey's letter to the clergy and laity of the Diocese of Rochester:

The reading of the Lenten circular is an annual occurrence in our religious life and from it we are advised of our duties in regard to the law of fasting and abstinence and also of the exemptions which Holy Mother Church has benignly provided to meet the needs of our limited physical strength. But, while some of us for one reason or another may not be able to observe strictly the law of fasting and abstinence, we should all resolve to enter into the spirit of the holy season and to keep Lent in a manner becoming children of Christ's church. We should endeavor to attend mass and to receive the sacraments and to practice voluntary devotions with fidelity and love. Then there is the abstinence from amusements that is so proper and becoming during Lent; in fact to frequent places of amusement and to give vent to the desire for pleasure at this time can be very disedifying to those who expect a different line of conduct from Catholics. While a Catholic should never be seen at a performance that is at all questionable in character, he should absent himself during Lent even from what is legitimate at other times.

Membership in card clubs for women has become a well established fact in the larger communities and much time away from home is given to this form of amusement. It would be very proper for our women to discontinue this practice during Lent and to study at the same time whether it is profitable to spend so much time away from home. We are all social beings and the mind and body can be helped by proper relaxation and recreation, but it is a question of much importance whether the increasing desire for amusement is making for the best interests of our individual and social life.

**Urges Home Interests**

Why not plan to strive for deeper home interest during Lent and to study how we may receive there the satisfaction we so often seek elsewhere? Why not study to use our resources of mind and body for the benefit of others less fortunate than we, and to exercise charity in our words and deeds? If we are lonely and feel the need of companionship why not visit Our Lord in the Blessed Sacrament or follow Him in His sufferings for man's redemption by making the Way of the Cross? In this connection I venture to suggest that proper arrangements be made whereever practicable, for keeping open our churches until 8:30 each evening in the week on days when no evenings services are held in order that the facility for private devotion may be afforded the people.

A very commendable practice in Lent would be a systematic study of our religion by using approved books of instruction that will be carefully selected under the advice of the pastor, so that we may have a deeper knowledge of the doctrines and precepts of the church. The family prayers, including the recitation of the rosary, may not be in general use as formerly in Lent, but it would be very desirable to bring the members of a family together daily in that form of praise to God.

In a word let us in this day of plenty and pleasure revert to the practice of other days and spend the season of Lent in a way that may bring to us by God's grace not only a strength in our spiritual life, and a better understanding of our religious obligations, but a joy of heart that the world does not possess and, therefore, can not give to us.

I commend to our people a most earnest observance of the Holy Season.

**FORTY HOURS' DEVOTION**

March 9—St. Monica, Rochester; Holy Family, Auburn.
March 16—St. Ambrose.
March 23—Fairport; Retsof.
March 30—Holy Rosary, Rochester; St. Stephen's, Geneva; Lyons.

## SS. PETER AND PAUL CHURCH

A pastoral letter from Bishop Thomas Hickey was read at the masses on last Sunday by Rev. J. E. Gefell.

On Monday morning a requiem mass was celebrated for Joseph Schick, an offering of the Rosary Society.

Collection will be taken up for missions on next Sunday, let it be very generous.

Rev. George Keitell of St. Bernard's Seminary will deliver the Lenten sermons on Wednesday evenings. The Stations of the Cross will be said on Friday evenings and on Sunday afternoons.

Sunday will be communion Sunday for the Holy Name Society. They will receive at the 8:15 o'clock mass.

The regular meeting of St. Francis Society will be held on Monday evening, March 11th, at 8 P. M.

The funeral of James Elmer Kearns who died aboard the U. S. S. West Virginia Tuesday February 26, took place on Monday morning at 9 o'clock. Solemn high mass of requiem was celebrated by Rev. J. E. Gefell assisted by Rev. Arthur Florack as deacon and Rev. George Kalb as subdeacon,

The following members of Milton Post took part in the services Robert Moreley, S. P. Orlando, C. M. Smith, W. H. Brodler, E. C. Reimigs and R. S. Meredith as bearers, and the firing squad was composed of Harold Duer, S. M. Gersley, G. Gemming, R. Bochard, D. Rolinson, G. Ideman, F. Meyers, T. Kelly, R. Hassenaner and G. Ovenburg, Rev. John Hogan chaplain of St. Ann's gave the last blessing at the grave. Reverend Father.

## LENTEN DEVOTIONS AT THE CATHEDRAL

Rt. Rev. Thomas F. Hickey officiated at a solemn high mass Ash Wednesday.

The clergy assisting at the throne were the Rev. F. Luddy and the Rev. C. Hogan; the master of ceremonies was the Rev. C. W. Bergen; the Rev. Charles Riefer was deacon, and the Rev. James Keenan subdeacon. The celebrant of the mass was the Rev. Charles F. Shay, rector of St. Patrick's.

During Lent special services will be held every Wednesday and Friday evening at 7:45 o'clock, the latter service being the stations of the cross.

The customary midday services will be held in St. Patrick's every week day from 12:15 to 12:45 in the Lady Chapel and will consist of the rosary, a short instruction, the litany and the benediction of the Blessed Sacrament.

Bishop Hickey will preach at the 10:30 service on Sunday.

## 200 To Go On Trip With Aquinas

News from Syracuse that the C. B. A. team has engaged an official from New York city to handle the Aquinas game in the Syracuse armory on Friday night, assures the two teams meeting, one of the grueling high school battles of the season. The quints played in Rochester in January and Aquinas won by a score of 15 to 14.

At least 200 fans will accompany the Aquinas team on its trip to the Salt City. The Knights of Columbus have chartered a car which will leave the Exchange street station at 6:10 p. m., and will make stops at Culver road and at East Rochester to pick up "Caseys" living in those vicinities.

Secretary Maurice Sammons, of the Knights of Columbus, Charley McMahon, of the Alhambra, and Coach Bill McCarthy, of Aquinas, are on the "Casey's arrangement committee for the trip.

The popularity of Aquinas is best attested by the action of 200 fans going to Syracuse to see the play on the same night when East High plays West High and when the Varsity meets Colgate.

## Fritsch Given Badge At Testimonial Dinner

Joseph Fritsch, Jr. was presented with a gold badge of United States Marshal by about one hundred friends at a testimonial dinner at which he was guest of honor Saturday night at the Powers Hotel. The presentation was made by Eugene Dwyer, who was toastmaster.

John J. McInerney, grand knight of the Knights of Columbus; Frank J. Smith, president, and George C. Donahue, secretary of the Automobile Club; captain Arthur G. Barry, of the Joseph avenue police station, Deputy United States Marshall Fred J. Mix, Railways Commissioner Charles R. Barnes and Assistant Postmaster George J. Sullivan were among the speakers.

## HIBERNIANS TO CELEBRATE ST. PATRICK'S DAY

The Irish National Festival, St. Patrick's Day, will be celebrated by the Ancient Order of Hibernians and Ladies' Auxiliary of Monroe count, in the ball room of the Powers, hotel on Monday night, March 17th.

Arrangements are being made by by the various committees in charge of the celebration to make the occasion unique in the history of local Hibernians. The ballroom will be tastefully and appropriately decorated and Fagan's orchestra will provide the music for a mixed program of Irish and modern dances.

The grand march will open the ball promptly at 8:45 p. m. and the square dances will be under the direction of Prof. D. C. Ryan, who will be master of ceremonies.

The activities of the local divisions of the A.O.H., in the form of a membership drive are meeting with a great success. Many new members are now initiated at each meeting of both divisions and the county president announces a large class ready to take the degrees as soon as the services of a degree team are available.

The monthly social gathering and dance given by Division No. 7, will be discontinued during the Lenten season.

Division No. 2. is concentrating all efforts on increasing the membership this season, and Division president, Patrick J. O'Hara, announces that they have just made a beginning in the membership drive. County president, Martin K. Fenelon announces that he has received a communication from the State President to the effect that a degree team will be available to confer degrees in Monroe County during the month of April.


**Men's Light Weight Gloves for Early Spring Days**

A heavier weight winter glove is really uncomfortable when there's a hint of warmth in the air. Men like this lighter weight capeskin glove, in a light tan shade, with the "Sibeau" label that means unquestioned quality. Priced at $2.75.

In a slightly darker tan, is this capeskin glove in a medium weight. Also to be had in slate and cordovan, $3.

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National Catholic Welfare Council,
1312 Massachusetts Ave. N. W. Washington, D. C.

There is no expense or obligation attached to this. Each [illegible] will be verified by the War Department and is for a matter of record only.

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