Estelle Taylor



Not only famous as a "movie" star, beautiful Estelle Tavlor became famous during the past football stason when she was selected as the mascot to the Washington and Jefferson football team in the game with the University of California. She was born This is one of her most recent pio-

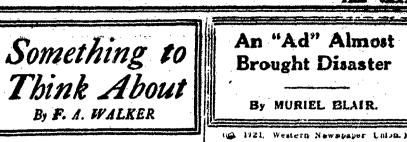


WHAT NAILS TELL

F YOUR stenographer, who you know takes no part in the housework at home, comes to the office with a shading of gray under her finger nails that is one thing. And it is quite another thing if your neighbor, the mother and housewife in a servantless household, has finger nalls that are far another conclusion if the young wan in its effort to hurl his ship upon the who has elected to work in a machine rucks.

shop appears with nails very much grimler. Actually to have stained or somewhere buried in the sands of grimy finger nalls certainly does not anforgation years. betoken bad manners or negligence

maculate fingers are a possibility is of the inevitable ebb, from which ermined to go home to her mether, highly with cayenne, sait, parsley and Beneath which treasured things are before. Once-comparatively few per- against which every brave man will



THE INEVITABLE EBB

the breakfast table and plunged for WHEN the ebb tide comes, ap his hat; then he plunged for his wife. parently determined to sweep "Good by dearest," he said, clasping you off your feet and carry you down her as tightly as he could, considering o the waiting sea; or when the storm that he was holding a derby and a bag clouds darken the serene sky and ob-full of office papers. "I must catch scure your bright, trustworthy guiding that 8:27."

John Benton rose hurriedly from

THE CATHOLIC JOURNAL

coint

YOU ANT

YOU DEAL

YOURE_

FRAD OF

YOU RE SCARED OF

MIM

Tax

star, summon all your courage and, "Goodby, John," said Mary Benton. tasten to reach the nearest friendly kissing him fondly. "I do wish you didn't have to hurry away to that old DOPL. A man naturally thinks it will go affee," she added, pouting.

hard with him if the tide turns and "It won't be for long," and her hus sets against him. sets against him. If long accustomed to good fortune, scheme goes through well floid the air winds and sunny weather, a southry with notices of our new patsudden burst of opposition at its first n.t. Everyboly will read them. It's manifestation of energy appals him. Iny own idea. Can't stop to tell you For years he has been making rapid now. Good by " And, with a hurried progress, avoiding the reefs upon final kass, he was through the door

which many of his intimates have and hastening toward the station. Mary sighed a little--then smilled, veen wrecked. When they sank beneath the growl-like and John had been married only ing waters he smiled complacently six months and they were very fond and congratulated himself on his su-of each other

She put away the brenkfast things; perlor skill. His craft was seaworthy, his vision; then, still suiling at the thought of tear and his hand unerringly sure. her husbands haste, shy went into But now, as the ebb froths in anger, the little room in which he worked at he realizes that his boasted clever nights upon the new advertising plan. and reared near the W, and J, college, ness was largely a matter of condi-A place of paper lay in one corner; it tion with which his ability had noth had evidently furthered out of his desk

> ing to do. and fallen there, unnoticed. She He has fallen back so long on the picked it up and, glancing at it, felt thought that he was a superman, poscher heart throb painfully. She could sessed of extraordinary prowess, the hardly read the words that danced change alarms him. hefore her eves

> The inevitable ebb fills his soul It was a love letter, and it began: with inexpressible terror. "My dearest, sweetest Jack." It was Though he shuts his mouth hard typewritten-evidently that the writer

> and says nothing to his suspecting might remain immune against discovwife he cannot quell the sickening ry, and for the same reason it was fear. signed "Bunny" And it was just the

lianger lurks in the waves and in sort of fueltsh mixture of prattle and the wind-in the very breath of idle erdenment that an ignorant young SPONGE CAKE.-Take four egga gossip ctri would write.

The sheals are marked by frorting Worst of all, it was headed 2247 foam leaping high in the air, but the Andover street-her husband's busi night is dark. His nerve is undoned ress address, His once keen perception falls him. I she tried to read it, but the mixture "And yet, if he is a true man, or or shop talk and toying phrases was a man in the making this is the one non- nonsenting. Mingled with allu, the flour alternately with the whites, I ope the lid and fondly gaze time in his life when he will show stons to business affairs were referfrom spotiess. Likewise you hay draw his mettle, grip the wheel with a ences to somebody who must be "kept three times after it is measured. Bake one conclusion if the young book- firmer hold, bend his back and reso- in_the dark", derself, doubliess And keeper has grimy finger nalls and guite jutely face the snaring gale punting "Jack" had taken her out to dinner

> when he did not come home till eleven. In every life there is a shipwreck "Jack" had given her a ring. "Jack" was her everlasting swetheart.

Mary Penton had the quick temper It tells the tale of a day that is which accompanies many loyable na add one oftion cut fine, take any left. To gaze upon at close of day. "The proportion of men and women done, of fond hopes, that were swept tures. She flung the letter into a cor- over gravy, add one cupful of strained who are engaged in work where im- to sea and sucked under the waters per and packed her bag. She was de tomate and thicken slightly. Season,

now very much larger than it ever was no man can always steer clear, but She would leave no message-merely a tenspoonful of curry powder if one to letter on the table. She picked it



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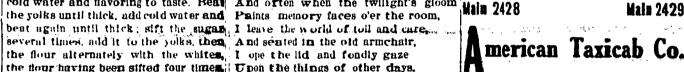
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GRAINS OF HEALTH FOR CHRONIC CONSTRATION TORRELLATE LIVER AND BOWELS Prepared by JOHN JARDINE



or nuslewly at first, Use a tube par, A little bus with tear-stained lides. Right Service at the Right Price The cake should, when properly made Beneath which sacred things are bid.

in the 29th that was the evening and baked, be the size of an eleven-egg A little shoe out at the toe-O, baby boy, I love you so-A tiny cap with upturned brim That eloquently speaks of him-These are the treasures laid away

several times, add it to the yolks, then, And seated in the old armchair,

the flour having been sifted four times. Upon the things of other days.

Cut cold reast beef into small pieces. A little box with tear-stained lid

hid.

broken top, a toy, a whit

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Station-Galls----

ions, save those who enjoyed leisure! and wealth, or those who were indo-Tent parasites, might genire to having finger nalls that were not marked indelibly by the stains of toll. So it came to be looked upon as a mark of aristocratic station in life, to have immaculate fingers. Perhaps it is a survival of this state of affairs that makes many a young man and woman, in selecting a line of work, look with special favor on work that permits the maintenance of spotless finger nalls. The young locomotive engineer may telligence, may be better bred and

very much better paid than the young towns in the United States. man who measures out cotton goods behind a counter, yet there always are and ask people in the house to give some young women who will regard him two long numbers. the acquaintance of the latter because his work leaves no telltale traces.

ger nails are a criterion of good breed. write beneath them the answer looked upon as an index to these it. The people who beheld him assed tur? things. The real point is that it is in amazement at his powers. And he gers generally as clean and stainless as your work will permit. Habits of till some skeptic in the audience took "Mary : What's wrong, dear?" through life. Soap and water and a land multiply them himself. **bail brush will do marvels after even** the grimlest sort of work And rework that stains, then there is posttively no excuse for you.

(@ by McClure Newspaper Syndicate)

YOUR How to Read Your HAND Characteristics and Tendencies - the Capabilities or Weakmasses That Make for Success or Failure as Shown in Your Palm

MONEY IN THE HAND

by Miciliuro Nensuation Hypilicate ; Uncommon Sense By JOHN BLAKE bag and started downtown. She would

battle until he makes port.

ACCURACY FIRST

possess very much higher grade of in- FTFTY years ago a mathematical marvel mystified audiences in small He would waik up to a blackhoard ignin.

Given such numbers as 3,796,402,

897 and 72.875,295,839 he would boy and bookkeeper; but there was ful of sait; stir and cook in the hot It would be quite unfair to say, place one below the other, announce a new econographer, a little, fuffy therefore: that the perfectly kept fin. that he would multiply them, and balred thing, who chewed gum brazen-'v Her beart sank Was it possible ing. However, the finger nulls are often No one understood how he could do that John was attracted by that crea-"Why Mary!" John was at the important to keep your nails and fin- went from town to town for several door, looking at her with a puzzled works exciting wonder and admiration expression. He was holding her hands.

Care early acquired stick to one the trouble to write down the numbers. She could not help her tears. "Send "hat-woman away," she said in a fal Then it was discovered that the tering voice, and the stenographer lightning - calculator - never- made an withdrew softly-smilling a little." She member, if you are not engaged in multiplication at all, but merely wrote had seen men's wives go to their hus an answer in the proper number of band's offices before Mary Benton enunits, which of course, was invariably tered, put down her bag and, standing wrong. like a recording angel, flung down the

A telegram to the next town and letter silently. John Benton read it prompt action by the local authorities and suddenly began to laugh uproarput an end to the calculator's career, lousis,

It is easy to work rapidly if you do not work accurately, but it is of little claimed his wife. more use than were the labors of the

faker in the story. hand answerv' In this world of progress men must you thought-

work both accurately and rapidly to "John, what were many an you j get ahead, but they must cultivate at offer any excuse at all? What is it?" curacy first. John Benton read solemnly:

humiliation.

Invention.

"Hand mirrors?"

A Sad "Reflection."

"No: the kind you can see your face

"I want to see some mirrors,"

Millions are lost in industry every "My dearest, sweetest Jack--When WEALTH that is gained by the year through mistakes and careless are you going to take me out to din-subject not in trade or business, ness of people who try to work faster ner again, as you did on the 29th. but in the pursuit of professional or than they can with care. sweetheart? I miss you every hour of artistic life, is indicated in the hand In every business accuracy is the the day-more than I miss Hairoff. in various ways. The principal sign first consideration. When, either in the new patent scissors for cutting is a star on the mount of Apollo, figuring, or in writing, or in any line your own hair. When I see my brothwhich lies at the base of the finger of endeavor you are sure that you can er's Hairoff I think of your own dark. of Apollo, the third or ring finger, be accurate it is safe to cultivate lustrous locks, I-" "Oh. Dahaw !" said John, throwing

This is the finger of artistic achieve, speed. ment. If the mount of Mercury, 1y- But never work so fast that you are the letter down. That's a mimeoing at the base of the finger of Mer- not sure you are getting down the graphed circular, Mary ; we're flooding wiry or little finger, has two deep, right answers to your problem. Bet the country with them. Everyhody vertical, parallel lines, it is a good ter creep for a while than fall every will read them and want a pair. Look fign of money acquired either in time you attempt to run. business or in some professional pur- Facility will come with practice, but business or in some professional pur-Facility will come with practice, but dearest—they're all the same letter, suit, especially in drugs or medicines. facility is worse than useless if it all those thousands of them. And you This is considered a very good sign in means blundering. thought—you really thought—"

Summer Suggestion.

"Aw, these summer furs are smart."

the hand of a man of medicine. The quick men are valuable, of Bince there can be little or no suc- course, but they are never judged for she was in his arms, and her tears the business without good health, their speed alone. If their work fording capacity for work, the me- doesn't check up, they hold their post-Constant business man of woman must flons but a little while. Strong line of life, and the (Copyright by John line of health should be either favor-(Copyright by John Blake.)

le or absent altogether. ant by the Wheelen Syndicate. Inc.)

"Then why don't you give people a all not anly congerous; if allow real thrill, ghile? Come out in a fur in."-Dudley Holbrook, in Science and sire and repair tills. ć0tzt.*

"John! You are laughing!" ex-"Read it aloud, my dear," her hus salt and pepper, mix corn (fresh may prown.

likes that seasoning - Brown the onion in a little fut, add to the beef in A crippled ox from Noah's ship; and smoothed out the wrinkles. Then, at the door, she reflected. No, cusservle with the other ingredients A tiny stocking-all the wealth the would go down to the office and and cook until tender. Then prepare That men secure by work, or stealth, confront them - John and his absurd dumplings, place over the top, cover, Would not suffice to buy from me steno mapher. Then at last she com- and cook ten or fifteen minutes, ac, One thing I ope the lid to see. massel herself, dathed some cologne cording to the size of the dumpling ipon her eyes, put the letter is her

angel food.

Vassar's Delight.

Warren Stew.

be very offet and very calm and give Soak one fourth of a pound of the wetcam no occusion to triamph prunes over night in cold water, cook over hor. She would request a few until tender and cut the flesh in small moments of John's time, would walk pieces, discarding the stones. Add half in, hay down the letter, ask him if he as much coconut per measure as And when the evening's echoes call mit anything to say, and then go prunes, a little of the coconut milk, home She would never return nev and one or two tablespoonfuls of er By this time she had begun to Cry orange marmalade. Boll and stir in

three-fourths of a, cupful of sugar. She went down on a car and en-Beat two tablespoonfuls of butter to a end the dreary office building. When cream, add two egg yolks, one after be went in she saw the same office another and one-fourth of a teaspoonprune mixture until the erg is set. Have ready flaky crust baked over small fluted tins. Fill the shells with the pastry mixture and cover with a meringue made of the whites of the eggs piped over the filling. Dredge with sugar and bake ten minutes to brown the meringue. Sprinkle with chopped browned almonds or coconut,

shreds.

Corn California Style.

Take two cupfuls of corn, one cupful of milk, one cupful of bread crumbs, one-half teaspoonful of sait. one and one-half tablespoonfuls of green pepper, three slices of bacon, two tablespoonfuls of fat and three of flour. Cut the bacon in half-inch pieces, cook 'until beginning to color. Add flour to the bacon, stir in milk and cook until thick, seasoning with " you thought- he read orumbs, pepper and sauce. king dish, sprinkle bacon

and bake in a moderate oven and, the bacon is crisp and





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A little box with tear-stained lid Beneath which love-worn things are hid.

As long as Death's angel roams To lay a blight on happy homes, Full many a box will hide away Upon their lids hot tears will fail. (Copyright by Will M: Maupin.)

THE FRIENDLY PATH

By WALTER I. ROBINSON.

as medicine. It aids digestion.

It shoves cares aside and brings

happiness to those who are sad.

good laugh is sunshine in the

The world may be wild over

jazzing: it may think too much

about pleasure, and show. But

It is sorely in need of more

whole-hearted laughter. When

people really laugh out loud,

their glee relaxes their nerves.

They can feel the exhilarating

A man needs rest from every-

day cares. He needs to forget

temporarily vexations and sor-

rows which burden his mind. He

gets partial rest when asleep;

but after sleeping he sometimes

awakes more tired in mind and

body than when he lay down, be-

cause mischlevous troubles-

usually imagined-have kept.

But when a man laughs from

pure joy or because he sees

something or hears something

which actually appeals to his

sense of humor, he gives his

mind a more complete rest than

at any other time during day or

It pays in happiness; it pays

in everyday accomplishments to

The long-faced, dreamy mortal

seldom has many friends. He

finds more troubles than he actually has and exaggerates

In our pathways of work and

our pathways of rest we should

(@ by the Wheeler Syndicate, Inc.)

seek real causes for mirth.

see the sunny side of life.

those which are real.

night.

creeping through his mind.

tingle clear down to their toes.

house."

Thackeray declared that "a

A bearty laugh is as good

DON'T be afraid to laugh.

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Refreshments.