

### Uncommon Sense

By JOHN BLAKE

#### INSPIRATION

A RECENT Sunday newspaper printed a picture of the head of one of New York's biggest banks. He was in a baseball uniform, and but for a mustache—an ornament now discarded by ball players—looked like a professional.

The picture was taken at an outing of the Bond club. The banker served as pitcher for the New York team. The type below recited the fact that he got his first job in an Albany bank because he was a crack ball player, applied himself to banking as eagerly as he had applied himself to baseball, and in a few years was well on his way to his present position.

It is needless to say that this particular baseball player didn't put all he had into the game. He was unusually gifted as a pitcher, and might easily have got into one of the big leagues, too.

But he had the good sense to know that baseball was not a steady business, and that banking was. And instead of seizing an opportunity to make fairly big money early in youth, he was content to try the banking business on a small scale.

Of course there are a good many men who started in the banking business when he did, and who are still about where they were when they started. But at least they still have steady jobs. If they had taken to baseball they would not be doing as well.

Our object in referring to this particular case is to call attention to the fact that if you want inspiration in your work you can get it in the newspapers—plenty of it.

Brief bits of biography such as the one we have cited appear almost every day.

Seldom is a prominent man's name mentioned in connection with an important affair that you do not learn something about how he started and why he succeeded.

If you want to read about the failures and the horrible examples you can read about them, too.

While this man was rising from a bank clerk to a bank president, another man who started as an important official of a bank—chiefly because his father owned most of it—was preparing to travel in the other direction. He made the journey, and has just arrived at the point he started for.

All human history is epitomized in the daily news.

Read the papers. Think about what you read. After that if you don't succeed, it will not be because nobody told you how.

(Copyright.)

Systematic Accumulation.  
"How did prices get to be so high in the first place?" inquired the plain citizen.

"Well," replied Mr. Dustin Stax, "the most profit you made the more you had to pay and the more success you had to pay the more profit you had to make."

### THE CHEERFUL CHERUB

I like to walk on summer nights. The air with mystery just teems. And rushing past me I can feel the sleeping peoples coming dreams.



**Color Blindness.**  
In total color blindness the eye distinguishes only light and dark. In the more common partial color blindness red is mistaken for green, or black for brown, and in a third form only primary colors can be made out, often with confusion of blue and violet. The new spectrometer of F. W. Eldridge-Green measures the portion of the spectrum appearing to be monochromatic and the limits of visibility at each end of the spectrum. The average eye sees six definite colors and 18 apparently monochromatic parts of the spectrum; another more or less imperfect color vision separates not fewer single color patches than 18. Exceptional eyesight detects seven distinct colors, with as many as 25 monochromatic patches.

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### Mother's Cook Book

"All service ranks the same with God. With God, whose puppets, best and worst are we. There is no last and first."

#### EVERYDAY FISH DISHES

ONE may usually find good salt or smoked fish in the markets when the fresh fish are unobtainable. Finnan haddock is haddock which is dried and salted, then smoked, which gives it the flavor so well liked. It should be freshened very carefully not to lose that flavor. Twenty to thirty minutes' soaking in warm water is sufficient to remove the excess of salt. Picked up, added to cream and served with baked potatoes it is very good.

**Finnan Haddock With Tomatoes.**  
Take one and one-half pounds of finnan haddock, two tablespoonfuls of flour, three tablespoonfuls of butter, a dash of pepper, three tablespoonfuls of minced onion, two cupfuls of tomato juice and two tablespoonfuls of green peppers minced. Freshen the fish and cook it gently in water for twenty minutes. Flake it into small bits with two forks, carefully removing all bones. Melt the butter in a saucepan, fry the onion and pepper until softened, add the flour and gradually the tomato juice. Let the mixture boil, add the fish, and when it becomes very hot serve at once with boiled macaroni.

**Casseroles of Smoked Halibut.**  
Take one and one-half pounds of smoked halibut, three small onions, one-half cupful of carrots cut in strips, six potatoes quartered, one-fourth teaspoonful of pepper, one and one-half cupfuls of tomato juice, four tablespoonfuls of butter, boiling water and bread crumbs. Brown the carrots and onions in the fat and parboil the potatoes for five minutes, then drain and place them. Soak the fish and cut in pieces suitable for serving. Put a layer in the casserole, then some crumbs and vegetables, more fish, until all is used. Barely cover with boiling water and tomato juice. Put the cover on the dish and bake for one hour.

### Here Maxwell

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### The Friendly Path

By Walter L. Robinson

#### "INCURABLES"

"WHILE there's life there's hope." No truer statement ever was made. Every one has heard it and nearly every one believes it. But to judge by the pitiable lives of many one is inclined to believe that a large number fail to put their belief into practice.

There's another old proverb which says in substance that nothing is certain but death. And this is likewise believed by most persons, though at times one finds the handwriting on the wall indicating that certain things are inevitable.

Nevertheless, the latter proverb is just as sound as the old one given at the beginning of this essay. There would, therefore, be much more happiness in the world if many more would live with both thoughts clearly in mind. There is no sadder institution in the world than those devoted to the treatment and care of persons afflicted with incurable ailments. No one in the world deserves greater sympathy and comfort and aid than those who are suffering from ills which they believe cannot be cured. But there are entirely too many who are declared incurable or decide themselves that nothing can be done to bring them good health. Every community of considerable size has some such residents who make life unhappy for themselves and others, and many thousands of them may be found in the United States. Yet, thanks to the advances of medical science, only a very small proportion of these are actually incurable.

Wonderful would be the increase in the world's happiness if this fact were widely known and understood and believed. It is, therefore, a matter of great importance which should make every one glad that President Harding's personal physician, Brig. Gen. Charles Sawyer, is engaged in planning for the welfare department of the United States government. For Doctor Sawyer has devoted most of his life to seeking "incurables" and curing them, and he believes that the happiness and welfare of thousands of persons depends on teaching them that few are actually incurable and that most of the sick can be made well.

(Copyright.)

#### A LINE O' CHEER

By John Kendrick Bangs.

#### THE RIVER OF HOPE

HOPE'S a stream that carries on From today to joys anon, Rapids may rush here and there, Hidden rocks may lure and snare, But beyond them lies the sea, With the sailing clear and free, Where if so your course be true Smiling harbors wait for you.

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### "What's in a Name?"

By MILDRED MARSHALL

Facts about your name; its history; meaning; whence it was derived; significance; your lucky day and lucky jewel

#### LENA

LENA or Lina, as it is frequently spelled, is one of the most conflicting of feminine names. Etymologists find it derived from the same source as Helen and also discover it through the evolution of Charlotte. Who shall say which is correct?

It is not difficult to understand how Lena or Lina came to be a contraction of Helena, but preference is generally given to the theory that Lina is the correct form and that its real course is identical with the great Karl of the Franks who was the forefather of the feminine Charlotte.

Charlotte of Savoy, who married Louis XI, introduced her name to French royalty, whence it traveled quickly to Germany. There it changed form, becoming first Lettchen, then Caroline, and finally Lina. Meanwhile Charlotte d'Albret of France, who was given in marriage into the House of Tremouille, was responsible for the brave Lady Derby carrying it into England. The queen of George III, bringing the name from Germany, established in England the popularity of the diminutive Lina.

The Spanish make Lola from the contracted form of Charlotte or Carolina, as they call her, and the French have an equivalent Lolotte. Caroline, the form from which our own Lina is probably most often derived, was popular in Germany and was brought to England by the wife of George II, who gave it vogue among the nobility. The lovely mysterious lapis lazuli is the talismanic stone assigned to Lena. It promises her freedom from danger and disease. Indeed, it is said to be a cure for fevers. Friday is her lucky day and 3 her lucky number. The morning glory of contentment is her flower.

(Copyright.)

**Honor Watchmaker.**  
Arrangements are being made by the Canton of Neuchatel, Switzerland, to hold an international chronometer competition next year to commemorate the centenary of the death of the famous watchmaker, Abraham Breguet, who was born at Neuchatel in 1747.



#### PRACTICAL THEMES.

"Our sweet girl graduates are getting practical, eh?"  
"I understand most of the essays this year will be on such subjects as dress reform and the cost of living."

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#### THE ROMANCE OF WORDS

##### "ELECTRICITY"

IN SEEKING the derivation of this word, one might be pardoned for supposing that it had something to do with the ancient word for lightning or even for steel or iron, because these substances have become connected in our minds with the substance itself. But "electricity" is one of those words which might be termed "natural errors" for it has its origin in the Greek word for amber—elektron. In fact, a literal translation of it would be "the quality of being like amber."

The connection is far from apparent until we dig back into Greek history and find that the scientists of ancient Athens discovered that, by rubbing a piece of amber vigorously they were able to attract light objects with it. We now know that the force which we call "electricity" was generated by the rubbing of the amber, by the friction applied to its surface, but the Greeks were of the opinion that this was a quality inherent in the amber itself. While the existence of this force has been apparent in the form of lightning, magnets and the like, for countless centuries, it was only in very recent times that it was recognized as a distinct power, to be studied and catalogued and used for the benefit of mankind. The name applied to it, however, was the name given by the Greeks to the substance which manifested it.

(Copyright.)

Look a difficulty squarely in the face and it will run.

An old bachelor says that woman is the bitter half of man.

The man who blows his own horn is seldom applauded.

Good resolutions cost nothing, but they are hard to keep.

Daring has value only when it is combined with judgment.

### Tsuru Aoki



Tsuru Aoki is the charming little wife of Sessue Hayakawa, the movie star. After an absence of many years from the screen she was recently induced to return to play opposite her husband in one of his big productions. She has been deeply interested in Hayakawa's work of translating Shakespeare's plays into the Japanese language.

### THE RIGHT THING at the RIGHT TIME

By MARY MARSHALL DUFFEE

#### DON'T AIR YOUR ILLS

REMEMBER that the man who makes a point not to air his bodily ills, and who makes it a matter of principle not to grumble about the ups and downs of his health always has an advantage over the man who keeps his associates posted concerning the way he feels.

Instinctively your associates feel that you are superior when they realize that, possibly, you, too, sometimes feel under the weather but that you never grumble about it. The thoroughbred man, like the thoroughbred animal, does not whimper over the slightest discomfort. There is something of the Stoic in all true aristocrats and it is a characteristic of all mean and ill-bred natures to like to reveal the fact of their discomfort even to close associates. This is, of course, absurd—absurd because it actually causes more discomfort to your associates than would an admission of your illness.

Remember that there is only one person in the world to whom you have a right to tell all the bad feelings that you experience, only one person whom you are privileged to burden with your symptoms—and that is your doctor, and the only reason you are privileged to tell him is because you pay him to listen and because by telling him you hope to remove the symptoms.

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#### YOUR HAND

How to Read Your Characteristics and Tendencies—the Capabilities or Weaknesses That Make for Success or Failure, as Shown in Your Palm

##### THE HAND OF A SOLDIER

AS MIGHT almost be expected, the hand of a successful soldier must be square and firm. The top phalanx of the thumb must be strong to indicate will power and ability to command. As the soldier—that is, the officer—must frequently use tact and diplomacy, the second phalanx of the thumb should be well curved.

Ambition is indicated by a line running from the line of life to or toward the mount of Jupiter, under the forefinger. A star on the mount of Jupiter reveals distinction gained in the field or elsewhere.

If there is present in the hand what is called a second mount of Mars—that is, a mount lying between the line of life and the mount of Jupiter—it indicates unusual bravery and daring. A short line running from the line of fate, which runs vertically up the palm of the hand to Saturn, shows a government appointment. The mount of Mars—about the middle of the palm, on the outside—should be strong, to express endurance.

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#### HAS MANY CLAIMS TO FAME

The Island of Jersey is famed for many things, remarks the "Under the Clock" columnist of the London Daily News. . . lilies, golfers, "wonders," potatoes and cabbages ten feet high, to mention only a few of its most obvious specialties. But its chief claim to fame is that it is the residuary legatee of the old Norman duchy, therefore the inheritor (and presumably the proprietor) of the British empire. Jerseymen undoubtedly fought in William's victorious army, at Haatlings, and to this day the island has a constitution and laws which have been little altered since the reign of King John, and which, on occasions, have even dared to defy the thunders of the privy council.

The inhabitants are a most intensely loyal people, and the two greatest blows that can be offered to their pride are, first, to confuse their island with Guernsey, and second, to call them French. Fancy the joy of the Jersey contingent which was welcomed into Fernoy with the strains of the Marseillaise! Jersey has never been conquered; England has; the deduction is obvious.

The practical man of today carries out the plans of yesterday's theorist. A woman is seldom satisfied when an old dress is forced to do her a good turn. Give a hungry man a tract to read, if you will, but give him something to eat first.

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