



A NEGLECTED COLD

at this time of year may develop into a serious cough or lung trouble. Father John's Medicine treats colds in the natural way, by giving each organ strength to resume its normal work.

COAL THAT SATISFIES



IS THE KIND WE SELL

Final Reduction Sale of Overcoats \$17.50 and Up Pants \$1.75 and Up Gold Brand Clothing Co. 105 Clinton Ave. N.

IS YOUR DARLING THUS LUCKY?



In homes WITHOUT bath tubs the death rate for babies reached the alarming rate of 164.8. Homes equipped WITH bath tubs showed the death rate to be ONLY 72.6—less than half the other figures.

Are You Safeguarding Your Babies' Lives? Give the little ones a chance. They need a clean, sanitary bath room just as much as they need good food and fresh air.

W. J. BROWN 15 MONROE AVENUE

Dangers of Bad Blood Overcome

No matter the man, whether young or old, single or married, he can never feel safe as long as his blood is not healthy. The face, body, bones, nerves and brain may be affected any day without any warning and the symptoms spring on you like a thief in the night.

Nerves and Blood Are Life According to how you have lived your life are found the strength mentally and physically, so if you have weakened or poisoned either or both the nerves and blood better take care of yourself in time.

FREE X-RAY EXAMINATION Dr. J. C. SPIEGEL 37 EAST MAIN ST. Near Four Corners, Rochester, N. Y.

A LINE O' CHEER By John Kendrick Bangs.

THE NEW START DON'T worry if your hopes are wrecked. By matters 'past commanding.

For man was made to walk erect. And take his troubles standing. Remember that the world is full of prizes worth the winning. And every day 'tis possible To make a new beginning. (Copyright.)

Catholic Charities

Cleveland Bishop Speaks at Meeting

Upwards of 150 per cent. increase over last year in the number of poor families receiving relief from the Rochester Catholic Charities Aid Association was shown in the report which was made Tuesday evening at a meeting of the association in the auditorium of Nazareth Academy.

The Rochester Catholic Charities Aid Association was incorporated in 1917, and has been sponsor for all the Catholic charitable institutions. At the central office supplies are purchased at wholesale and manufacturers' prices.

Relief work among the Catholic poor of Rochester was begun in an organized way under the direction of the Rev. Jacob F. Staub, now pastor of Holy Redeemer Church, Hudson avenue, in November, 1914. In 1915 the number of families aided was 564; visits to homes, 2,618; in 1916, 675 families were relieved of pressing wants, and 2,253 visits made; in 1917, 763 families were helped; in 1918, 805 families; in 1919, 872 families, and last year, 1,164 families.

Since the incorporation of the association two additional activities have been organized and are now functioning. One is the Charles Settlement House at Saxton and Jay streets which provides educational and recreational advantages for Italian children and their mothers; the other is the Anna M. Wilkin Nursery, established in 1919 on a fund of \$5,000 left by Anna M. Wilkin of this city to the association for charitable purposes. In this nursery children under two years are cared for, and since the opening of the institution upwards of 500 infants have received attention.

We Are Open Saturday Evening If you can't come for those gifts in the daytime you will be glad we are keeping open Saturday night. Likly's, 271 Main street east.—Adv.

THE YULETIDE FLAME

Spark in Hearts of People Cannot Be Quenched.

All Have Desire to Make Fellowmen Happy by Gift or Words of Greeting.

NEITHER hated nor envied, nor desired, nor all the legends of ugly human passions that assault the heart nor rancor between individuals nor national lust for power, can extinguish it. They may dim but they can't touch the spark in the heart of man which hurls him as every winter year brings the Christmas to try to make a few of his fellowmen a little happier.

Something intangible, the whole-souled word of greeting to the old lady in a shawl who sells you your paper, or the smile of comradeship which you give the conductor who punches your ticket, or the elevator man who takes you up to your office (fellow workers all). It is not giving that counts, not the bestowal of something valued in dollars and cents, the transference of something from your hand to another's. That is a purely mechanical process, which may or may not create happiness. No; it is the longing to give, the desire to be the cause of another's happiness.

To wish to help others is the oldest passion in the world even a little older than the impulse to overcome others. And it is the deathless passion as well. It needs no Christmas day to keep it lit, but as long as Christmas comes to provide fuel to make the flame of good fellowship burn brighter, that day will continue to be the richest 24 hours in all the year.

Weekly Calendar

Of Feast Day

(By N. C. W. C. News Service)

Sunday, Dec. 18.—St. Gatian, who preached the faith in Tours, where he established his episcopal see in the third century. Persecuted by pagan Gauls, he was often compelled to assemble his little flock in caves and grottos, there to celebrate the divine mysteries. After his death numerous miracles were wrought through his intercession.

Monday, Dec. 19.—St. Nemesion, martyr, who was condemned during the persecution of Decius. The joyful manner in which he met death inspired many around him to embrace Christianity.

Tuesday, Dec. 20.—St. Philogonius, who achieved great success as a lawyer, chiefly because of his eloquence. His Holiness caused him to be advanced to the see of Antioch. He died in 322.

Wednesday, Dec. 21.—St. Thomas, one of the fishermen of Galilee whom Our Lord called to be an apostle. He was slow to believe and very apt to see difficulties, but he had a loving, sympathetic and courageous heart.

Thursday, Dec. 22.—St. Ischyrius, martyr. He was an inferior officer of a titled Egyptian, who commanded him to sacrifice. He refused and was slain by having a stake plunged into him.

Friday, Dec. 23.—St. Servulus, a beggar, who was afflicted with palsy from infancy. He bore his sufferings with great fortitude. At his death he bade his friends gather and sing hymns. Suddenly he stopped them and cried out: "Silence! Do you not hear the sweet melody and praise that resound in heaven?"

Saturday, Dec. 24.—St. Delphinus, Bishop, who assisted at the Council of Saragossa in 330 and later at the Council of Bordeaux. He died in 403.

HIS FIRST MASS

Geneva, Dec. 11.—At St. Stephen's Church here next Sunday, Rev. F. J. Dickinson, a graduate of Hobart College and a former Episcopal minister at Newark, N. J., will celebrate his first mass as a Catholic priest. Rev. Thomas Burke, superior of the Paulist Order at Washington, where Father Dickinson studied for two years and was ordained there last Sunday, will preach the sermon.

Geneva Knights Plan New Home

Geneva, Dec. 12.—A committee from the Knights of Columbus, composed of J. P. Rice, Vincent S. Welch, Daniel Driscoll and D. W. Lynch, returned last night from Utica, where they inspected the \$200,000 K. of C. home in that city to get ideas for the proposed K. of C. home in Geneva, which will be erected opposite the state army in Main street.

Gift Umbrellas at Likly's.

They are sensible gifts and our prices are moderate. 271 Main street east.—Adv.

The Store of the Christmas Card

Marks & Fuller, Inc., 45 East avenue. Playtime Boxes for boys and girls.—Adv.

THE CHEERFUL CHERUB

I love to be outdoors in fall It thrills me when the blue wind blows To hear the trees all whispering The Secret that the Outdoors knows.

Cobbler's law: He that takes money must pay the shot. He who divides gets the worst share.—Spanish proverb.

Masses on Sunday are at 6, 7, 8:30, 9:30 and solemn high mass at 10:45 o'clock.

Last Sunday morning at the 7 o'clock mass the Holy Name Society received communion in a body. This was the last Society Sunday this year. A meeting of the members was held on Tuesday evening at 7:30 o'clock in the assembly hall.

At all the masses on last Sunday Father Fitzsimons introduced the Rev. Father Fitzpatrick of Calgary, Alberta, Canada. This good priest has come to us from far off Canada with the consent of his bishop for the sole purpose of obtaining money. He represents a parish with a great debt on its shoulders, in fact, he said, a debt greater than the poor people can bear. In the course of his talk he told about his four assistants who have 22 miles to cover and one priest in particular who has 29 missions to cover in one month. Collections were taken up at all masses and it is believed the priest received a good reward and he carries along St. Mary's best wishes for success.

On next Sunday the young ladies of the parish will receive communion in a body.

School collection and pew rent will also be taken up.

Musa Caravan Give Soldiers Smoker

A smoker was given on Friday night by Alhambra Council of the Knights of Columbus to the Federal Board Club of Mechanics Institute, disabled soldiers who have been sent to Mechanics Institute by the government.

St. Monica's Church

Only recently returned from study at Paris, Lucile Johnson, harpist, member of the faculty at the Eastman, School of Music, will return to the concert platform on Wednesday, December 28th, at St. Monica's Hall on Genesee street.

Knights of Columbus.

T. Leo McCarthy, lecturer, announces a series of Friday Night Dances at the Powers Hotel Ball Room, one of which was held on Friday, December 16th.

Wonderful China at Low Prices

See the beautiful small sets and odd pieces at Dudley, Given & Co., 11 East avenue.—Adv.

The Store of the Christmas Card

Marks & Fuller, Inc., 45 East avenue. Playtime Boxes for boys and girls.—Adv.

THE FIRST CHRISTMAS

Birth of the Christ Child Announced by Angel.

Good Tidings of Great Joy to All the People in Coming of the Savior.

NOW it came to pass in those days, there went out a decree from Caesar Augustus, that all the world should be enrolled. This was the first enrollment made when Quirinius was governor of Syria. And all went to enroll themselves, every one to his own city. And Joseph also went up from Galilee, out of the city of Nazareth, into Judaea, to the city of David, which is called Bethlehem, because he was of the house and family of David, to enroll himself with Mary, who was betrothed to him, being great with child. And it came to pass, while they were there, the days were fulfilled that she should be delivered. And she brought forth her first-born son; and she wrapped him in swaddling clothes, and laid him in a manger, because there was no room for them in the inn.

And there were shepherds in the same country abiding in the field, and keeping watch by night over their flock. And an angel of the Lord stood by them, and the glory of the Lord shone round about them; and they were sore afraid. And the angel said unto them, Be not afraid; for behold, I bring you good tidings of great joy which shall be to all the people; for there is born to you this day in the city of David a Savior, who is Christ the Lord. And this is the sign unto you: Ye shall find a babe wrapped in swaddling clothes, and lying in a manger. And suddenly there was with the angel a multitude of the heavenly host praising God, and saying, Glory to God in the highest, And on earth peace among men in whom he is well pleased.

SOME HINTS FOR CHRISTMAS GIVING

- Automobile Robes, Steamer Rugs, Vacuum Cleaners, Carpet Sweepers, Roller Skates, Neston Johnson, Tube Skates, Flyer Sleds, Vacuum Bottles, Washing Machines, Coffee Percolators, Pyrex Oven Ware, Baking Dishes, Casseroles, Etc., Aluminum Utensils, Lisk Roasters, Meat Choppers, Household Scales, Clothes Wringers, Ever Ready Flash Lights.

MATHEWS & BOUCHER

HARDWARE DEALERS 26 Exchange Street

- Pocket Knives, Boy Scout Knives, Combination Knives, Safety Razors, Henckell Razors, Razor Stropps, Shaving Brushes, Scissors, Shears, Scissor Cases, Manicure Scissors, Carving Sets, Table Knives, Poultry Shears, Electric Grills, Heaters, Toasters and Sad Irons, Iron Fire Sets, Irons, Grates, Fire Screens, Gas Heaters.

Gasoline 15c Per Gallon

is now obtainable for all Ford owners by using the Master Gas Economizer. Your engine starts instantly in the coldest weather, runs smoother and idles slower. Pays for itself in a week's time. La-tis the life of the car. No Springs—No Screws—No Holes to drill—Nothing to get or order. Can be installed in two minutes. MONEY BACK GUARANTEE. Come in and see demonstration. We want salesmen and state distributors. MASTER SALES CO., 121 W. MAIN ST. ROCHESTER, N. Y.

F. H. PHELPS LUMBER CO.

We Serve You in LUMBER Our Trucks Deliver in the Country OFFICE AND YARDS, 256 ALLEN ST. STONE 720

Precious Soot. By recovering gold and other precious metals from the sooty deposit scraped from the chimney of an assayer's factory, a profit of about 500 per cent is made on the cost of cleaning. To this factory manufacturing jewelers send their refuse and sweepings to have the small fragments of gold and platinum which are lost in working extracted.

In the process scraps of the valuable refuse are carried off in the smoke and fumes and deposited with the soot on the inside of the chimney and the minute particles of gold and platinum are carefully sorted out from the soot. Even the clothes of the steeplejacks are retained for the sake of the precious grime on them. The value of the metal recovered is enough to pay six times over for the work involved, including the cost of new clothes for the men engaged.—Brooklyn Eagle.

To Take Bruises Out of Furniture. Oftentimes in moving furniture it gets bruised, leaving a dent or small hole. This dent or bruise can be easily raised to the surface again by wetting the part with warm water; double a piece of brown paper five or six times, soak it in warm water, and lay it on the place; apply on that a warm, but not hot, flatiron, till the moisture is evaporated. If the bruise be not gone, repeat the process. After two or three applications the dent or bruise will be raised to the surface. If the bruise be small, merely soak it with warm water, and hold a redhot iron near the surface keeping the surface continually wet; the bruise will soon disappear.

Give Child Exercise. The importance of harmonious development as promoted by outdoor exercise, for the welfare of the nervous system of the growing child, has been recognized by both physicians and laymen since the old Greek times. Correct postural attitudes, good respiratory and articulatory habits also have a conspicuous place in the educational methods against nervousness. This is true not only because of their esthetic value, but because they encourage greater self-respect, self-control and self-reliance.

What Every Parent Knows. "Pa, what is the restless age?" asked Johnnie. "Infancy, I guess," replied pa. "Any way, that appears to be the age when children and their parents rest less."—Brooklyn Eagle.

A diamond is not so precious as a tooth.—Don Quixote.

Many a man has been kicked out of a job and into success.

He doubts nothing who knows nothing.—Portuguese proverb.

A bank isn't necessarily solid because it has a stone front.

Lewis Ness Carting Co. Movers of Freight, Safes, Machinery, Furniture Handled by Careful Experienced Men—in Padded Vans Local and Long Distance 125 Mill St. Rochester telephones: Main 415 Stone 430



Mr. Coal Consumer He who serves you in season and out of season, through periods of stress and shortage as well as periods of plenty deserves your unqualified support.

We make our customers know by the service we render that their interests must be our interests if we are to keep their patronage.

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Dr. L. K. Mezger SPECIALIST

25 years' experience treats all chronic diseases with the latest electrical apparatus—X-ray and high frequency currents—for nervousness and general breakdown. Special attention to diseases of the lungs, asthma, bronchitis and tuberculosis, using the latest inhalation methods. Ear, throat and nose; thermal baths for rheumatism, intravenous injections for cases for blood poisoning; diseases of the skin, heart, stomach, kidney and liver; urinary examination and consultation free. No. 9 Cumberland St., near New York Central Depot. ROCHESTER, N. Y.