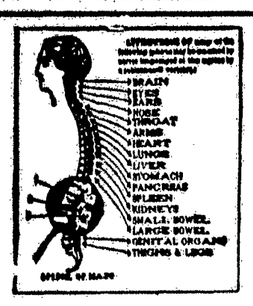

Chiropractic is the science that first demonstrated the connection between defective spines and disease. It discovered that disease is the result of interference with the nerve forces, due to the presure of displaced spinal bones on the nerves. By scientific spinal adjustments this pressure is removed so the natural forces can cure the effects and restore healthy conditions. NO DRUGS AND NO KNIFE ARE USED

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ROCHESTER, N. Y.

SNAPPY PARAGRAPHS

He who lives only in future joys will know many present pains.

Ignorance is the inspiration of all argument.

Most wives would be able to save money if their husbands gave them enough to save.

And a woman likes to dine in a restaurant with her husband so that he cannot blame her for the cooking.

Except for an occasional funeral some men would never see the inside of a church.

A wise man baits his hook with inquiry, while the fool baits with his impertinence.

Yet the woman who married a poor man for love seldom wishes her daughter to do likewise.

Growing old gracefully consists in growing old as you are expected to; no eccentricities.

It must be provoking to be always in a minority. Don't think in such a revolutionary way.

If a man empties his purse into his head no man can take it away from him.—Benjamin Franklin.

No doubt the exercise of planting trees is as good for a man as the exercise of cutting them down.

A man who keeps his troubles to himself may be like a burst dam once get him started.

PUZZLE FOR LOVERS OF DOG

Just How Did Terrier Know the Correct Time, When the Clocks Had Been Advanced?

Perhaps because of his power of speech, the parrot is usually regarded as amazingly wise. But many dumb creatures often display just as remarkable intelligence.

Can a dog judge time? This is one of the subjects upon which some light is thrown in "Dogs, Birds and Others," by H. J. Massingham.

A terrier had been in the habit of jumping on his master's bed and waking him each morning at seven o'clock. When the clocks had been advanced an hour for summer time, the man was anxious to see what the dog would do.

Next morning, as usual, the animal jumped upon the bed. The clock was at seven exactly, although really it was only six o'clock. Had the dog counted the strokes of the clock when it struck, or had he understood about the clocks being put on?

A Deep-Laid Plot.

"I'm expecting a party of my constituents to call on me today," said Senator Snoozleworthy, "and—er—naturally, I don't want them to know that I ever take a drink."

"Have no fear, sir," replied his secretary. "You can rely on my discretion."

"Of course, my boy, but they'll probably ask you confidentially where they can get one, so you tell them confidentially where they can, but make it appear that you would die of chagrin if I knew about it."—Birmingham Age-Herald.

Making Them Learn History.

Enactment by the state legislature of Indiana of a law to make the teaching of American history compulsory in every public and private school of the state is urged by the national Americanization committee of the American Legion. The bill provides also for the compulsory teaching of civil government in the high schools and colleges of the state.

THE GIRL ON THE JOB

How to Succeed—How to Get Ahead—How to Make Good

By JESSIE ROBERTS

HONESTY IN YOUR JOB.

HONESTY is a subtle thing. Often a man or woman who would rather die than steal a cent manages to be more or less dishonest every day.

Too many girls who are employed in business fail to realize that in stealing time they steal the equivalent of dollars. If you waste time, idling in whatever way, you are not being honest in your work.

If you slur details, confuse items, forget instructions, if you use only half your brains and half your energy, you are being dishonest. When you accepted the position you implied that you were fit for it. It is on that basis you are paid.

You may argue that it makes very little difference whether or not you are guilty of these dishonesties. But you ought to realize that it means a lot to you. The ancient adage that honesty is the best policy applies especially to these aspects of honesty. In the end you harm yourself by faults of this sort.

If you hate your work you ought to get out of it. Work is often more thrilling than anything else that we do. Love your job; work hard at it with enthusiasm and a growing skill and you will be a happy woman.

This is old stuff. So old that most of us never think of it. But it pays to think of it. Use your work to aid you in making your life worth while as well as simply a means of earning a certain sum weekly.

(Copyright.)

THE ROMANCE OF WORDS

"BLACKMAIL."

IF, SO DAY, anyone were to accuse the editor of a newspaper of accepting blackmail when he exchanges a year's subscription to his paper for a bushel of potatoes or to state that a merchant is guilty of the same practice when he trades his goods for farm produce they would probably be sued for libel. As a matter of fact, they would be only using the word in its primary sense.

In the early days of English history "blackmail"—derived from the word "black" and the French "maille" meaning rent—was applied to the rents received from tenants in the form of work or grain, in contradistinction to payments made in silver or white money (maille blanche). Later when the feudal barons and freebooters of many kinds roamed the highways almost at will, they collected "blackmail" in the form of forced levies of goods and provisions from the inhabitants of the countryside or from travelers who fell into their clutches and the word fell into such disrepute that, under the Elizabethan laws, it was made a "felony without benefit of clergy."

It is doubtless from this law and the practice which necessitated it that the modern meaning of the word—now synonymous with hush money or a bribe paid for the maintenance of silence—originated.

(Copyright.)

A Preventive Measure.

The Factory Manager—Can I establish a zone of silence around my factory?

The Health Officer—That's an unusual request. Any one sick there?

[illegible] Not yet, but I soon will [illegible] My workmen are mis[illegible] horn.

Can't Fool 'Em.

Two colored gentlemen were engaged in conversation when one of them became very much annoyed by the persistent attention of a large fly.

"Sam, what kin' a fly am dis?"

"Dat am a boss fly."

"A boss fly ain't a fly what buzzes roun' cows 'n' hosses 'n' jackasses—"

"You ain't makin' out for to call me no jackass?"

"No, I ain' makin' out for to call you no jackass, but you cain't fool dem boss flies."—Forbes Magazine.

Thought She Knew Him.

A woman stated in police court that a man attacked her.

"I do not know his name," she said, "but he is a drunken blackguardly, murderous abusive beast more like a reptile than a man."

Another woman then came forward.

"I believe I can help you," she said. "I have never seen this woman before, but from what she says I think the man must be my husband."—London Tit-Bits.

Fans Don't Mind.

"What's this I hear?"

"Well?"

"A veteran plainsman says these movie cowboys don't even know how to ride a horse correctly."

"That won't make any difference to the average movie fan who never sees a man on horseback unless he happens to be a mounted policeman or the grand marshal of a street parade."

HONEY IN BRIDAL CEREMONY

Pretty Custom in Sparta That Is a Survival of an Ancient Pagan Rite.

In Sparta there is a most striking and pretty custom, whose origin is lost in the mists of antiquity. Students tell us that it is a survival of an ancient pagan rite.

When the bride has really become a wife, after her dowry has been paid, and after the priest has solemnized the marriage vows, the bridegroom takes her to his own home. At the door stands the bridegroom's mother. In her hand is a glass of honey and water. The bride drinks some of it so that her words in that house may always be as sweet as honey.

The rest of the honey in the glass is spilled upon the lintel of the doorway and is smeared there, that the house may be free from strife.

Then one of the wedding guests breaks on the threshold a pomegranate. In some of the Cyclades islands the pomegranate is thrown at the door, and so is broken. If some of the seeds stick the omen is considered wonderful. In the island of Rhodes the pomegranate is placed on the threshold of the bride's new home and the bridegroom crushes it with his foot while he enters with her. Similar ceremonies are performed in the houses of those whose affections are [illegible] by the "glory that was Greece."

With what [illegible] the little bride of Rhodes [illegible] her wedding guests [illegible] the bridegroom traces a cross on the threshold and [illegible]

"Be good [illegible]"

HONOR FOR LARGE FAMILIES

When a Seventh Son Is Born in Argentina, the President Becomes His Godfather.

The custom of naming a child in honor of a great man or a man conspicuous for some deed which catches the fancy of the moment is as old as time itself. Indeed we have only to turn back the pages of history far enough to realize that hundreds of years before the birth of Christ men and women named their children for important personages, perhaps hoping—just as parents do now—that the important man would send a gift to his namesake or "look out for him" when he grew to manhood.

But it was reserved for the republic of Argentina to hit upon a way of giving distinction to the large families of that nation. When a seventh son is born to any one of the families in that portion of about one million twelve hundred thousand square miles the president of Argentina takes special notice of the event.

No matter how humble or how poor may be the parents of the seventh son, the president of the republic, according to custom, takes upon himself the duties of godfather to the boy. There are, of course, certain privileges which are granted the boy because his godfather is the president of the republic. Not the least of these is the privilege of calling upon his godfather in the name of his proud mother or father [illegible] him.

Hospital an Attraction.

Little Marjorie age four was the only one of the family of four to escape injury when their auto was in collision with another. Mother, father and a sister went to a hospital with serious injuries and when they returned home they were long in their praises of the care of the nurses and the kindness of neighbors in sending fruit, flowers and bouquets.

A few days ago Marjorie complained to the effect that she was [illegible] in passing into being knocked down and suffering a bump on the head. She was able to leave the house where she said [illegible] better.

[illegible] this [illegible] is big enough for me [illegible] first place. [illegible]

Music or Common Noises.

[illegible]

$1,000 for an Egg.

A some specimen egg [illegible] purchased in the open market [illegible] few cents, says the American Forestry Magazine. Upon the other hand the egg of the extinct Great Auk [illegible] rare egg and a few years ago [illegible] at auction in London for $1,000. [illegible] when does the world [illegible] sorts of prices.

Lake Baikal.

Lake Baikal in Siberia is one of the great inland fresh water seas being nearly as long as Lake Superior, but not so wide. It is flanked by great mountains, and its shores are filled with wood cutters and fishermen, but there are very few hunters although many fur-bearing animals are found in the great forests about it.—Brooklyn Eagle.

Mother's Cook Book

"Just stand aside, and watch yourself go by;
Think of yourself as He instead of I,
Pick flaws, find fault, forget the man is you,
And strive to make your estimate ring true.

The faults of others then will dwarf and shrink,
Love's chain grow stronger by one mighty link,
When you with "He" as substitue for "I"
Have stood aside and watched yourself go by."

EVERYDAY GOOD THINGS.

PRUNES are so wholesome and good for children as well as "grown ups," that we should serve them in a variety of ways.

When a pie which is very nice is to be served try this: Bake a shell and put in a layer of cooked stoned prunes, sprinkle with nut meats of any kind; black walnuts, or butter nuts are very good; cover with whipped cream and serve.

Cream Prune Pie.

Put through a sieve a cupful of stewed prunes add one cupful of milk, one teaspoonful of cornstarch a third of a cup of sugar the yolks of two eggs well beaten; mix well and bake in a pastry lined plate until firm. The whites may be used as a meringue or may be stirred into the filling just as it goes into the crust.

Corn Muffins.

Take one cupful of corn meal, three-fourths of a cupful of flour three teaspoonfuls of baking powder one teaspoonful of salt, four tablespoonfuls of molasses or two tablespoonfuls of sugar, one cupful of milk, one egg well beaten and one tablespoonful melted butter.

For the housewife whose husband likes griddle cakes and whose household does not enjoy the smoke from a greased griddle try putting two to three tablespoonfuls of melted fat into the cakes the last thing and not greasing the griddle. They will brown nicely without sticking to the griddle.

Codfish With Cream.

Shred the fish and then prepare as usual then make a white sauce using thick sour cream, thicken, using butter and flour, cook until thick and stir in the fish. This is delicious with baked potatoes.

Mock Patse de Foie Gras.

Wash a small calf's liver, place in a stew pan with an onion finely chopped, two bay leaves, a blade of mace, a dash of black pepper, a teaspoonful of salt, six cloves, a lump of loaf sugar, and one pint of stock. Cover and stew gently for three hours. When cooked cut the liver in thin slices and place on a platter, pour over the strained liquor from the saucepan and let stand over night. The next day pound the liver to a paste adding slowly one-half cupful of butter. Press through a colander. Put in small jars and cover with melted paraffin. Cut in thin slices when serving.

Nellie Maxwell

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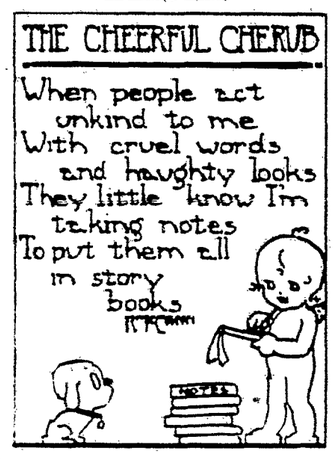
THE CHEERFUL CHERUB



A LINE O' CHEER

By John Kendrick Bangs.

WEAKNESS

I'VE known a human of such strength
That he could hold at fullest length
The full weight of a man, yet he
Was weak as foam upon the sea
If when by some misfortune stung
He had not strength to hold his tongue
Yet with tirades and wrathful curse
Made bad enough so much the worse.

(Copyright.)

Steel Barrels.

If the statements of the makers are well founded it is probable that steel barrels will eventually take the place of wooden ones. The steel barrel is composed of staves of that material locked together by an ingenious device, the hoops and heads are also of steel. It is claimed that the steel barrel is more durable and more compact than the wooden one. As it is said to be lighter and cheaper, it has already had favor in various quarters. About 300,000,000 barrels are needed annually in normal times to supply the demand in the United States. Flour mills will use about 90,000,000, the sugar industry 40,000,000 and the cement industry 75,000,000.

Ladies' Auxiliary of St. Joseph's Church to Present "My New Lady of Bantock"

The Ladies' Auxiliary of St. Joseph's Church assisted by the C. Y. M. A., will present the charming four act comedy, "The New Lady of Bantock", in St. Joseph's Hall, Franklin street, on Monday and Tuesday evenings, October 24th and 25th.

The cast is under the direction of Miss Gertrude Ermatinger and includes some of Rochester's best known amateurs. Miss Mary Reichert and Mr. Joseph Shale will appear in the leading roles.

Jos. E. Shale

Other important characters are interpreted by Miss Margaret Coleman, Miss Marie Sercu, Miss Helen Weidenborner, Miss Elizabeth Cormier, Miss Lois Aspenleiter, Mr. Edward Roland, Mr. Harold Hebing, Mr. Joseph Young and Mr. Alexander Bayer.

The girls in the chorus are the Misses Alice Armbruster, Gertrude Bradler, Ethel Sercu, Irene Lees, Teresita Dorschel, Mildred Angele, Gertrude Obringer, Eleanor Sercu, Cora McDowell, Anna Mack, Marian Hohman, Claudia Beil, Myrtle Bauman, Lolita Burkard, Margaret Bradler.

The stage setting is beautiful and no expense is being spared to make this play as successful as all the former plays given by the Ladies Auxiliary have been.

The officers of the Ladies' Auxiliary are:—President, Miss Anne Reichert; vice president, Miss Rosella Sercu; treasurer, Miss Millie Armbruster; secretary, Miss Irene Brown; assistant secretary, Miss Alice Armbruster.

Arcade Theater

The Kinsey Stock Company now in its third week at the Arcade Theater will offer for its fourth week's offering commencing Monday evening, October 24th, the great sensational melodrama, "The Millionaires Son and The Shop Girl". This will be one of the most pleasing of all the Kinsey Company presentations. It is a story of love and laughter and thrilling situations. Every member of this popular company will be seen in The "Millionaires Son and The Shop Girl". Dainty little Kathryn Kinsey who has made such a hit in "Tess Of The Storm Country", the past weeks offering, will have a most pleasing role. Hazel Baker will be seen as The Shop Girl and Milton Goodhand will be seen as The Millionaires Son.

Darrow School of Business

New Day and Evening School Classes will begin on Monday, October 24. Visit the school and see the organization, faculty, and equipment here to give you first-class training in a Stenographic, Bookkeeping, or Secretarial Course. Address 218 East Avenue. Telephone Stone 1974.

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