THE CATHOLIC JOURNAL

MERELY OF VALUE AS GUIDE **Beauty Chats** The Past, as Revealed by History, Worth While Only as it Points By EDNA KENT FORBES The division of all history into an-

> cient, medieval and modern, like the division of all Gaul, is a part of the stock of knowledge of every one who

HE big banks and trust companies A CCORDING to the way they are has are beginning to put women into has enjoyed the advantages of educa-

important positions. And the gui just or thinning. They play a great part in The statement would seem to admit of no question. Perhaps it is as reaall menus for reduction, but in this case they are eaten plain or with a sonable a division of history as can to interview a banker as to getting a special dressing. If you wish to grow be had without the expenditure of too thin, eat fruit salads of all kinds but much time and thought. At least it grape, banana or nuts, with the fol- has the advantage of simplicity. Is lowing dressing: Two tablespoonfuls it, however, the whole truth?

of vinegar, a pinch of salt and paprika, It is true if you only mean by it quarter teaspoonful of dry mustard, that certain periods of history began teaspoonful of chopped chives or and ended at a certain date, but it parsley, and a teaspoonful of romato is not true if you mean that the state of mind that belonged to ancient hiscatsup or Worcestershire sauce. The tory ceased to exist at the fall of the bowl is rubbed inside with an onion. and the ingredients are mixed together. Roman empire or that the character Sometimes a hard-boiled egg is of medievalism stopped with the disovery of America.

the Future.

The world is modern in time and But if you wish to increase your in outward appearances, but antiquity weight, eat salads with plenty of olive oil mayonnaise. For this you take the and the Middle ages are not yet done with us, nor will they be for long. yoke of an egg, beat it, add a pinch of They have left their indelible marks salt, add olive oil drop by drop; always beating, with a few drops of lemon upon our thought, our social customs, and political institutions. juice or vinegar to thin it as it grows

oo thick. After a time the oil may be What is really modern in the world added in tablespoonful quantities. The s like the tongue of a gladier penetratsuccess of this most delicate of all ing down the mountain slope. The dressings is that the mixing bowl must mass from which it came is far behind, moving so slowly that it does To Have a Clear and Pretty Complexnot seem to move. Only this small ion, Eat Salads, Which Also Nourish peninsula projects out into the unthe Body. known. In us, all that has been is be quite cold, even being set in a dish

probably be a small one, but it will of cracked ice, and at first the oil and ly to be in actual touch with condi- a time. It must be benten incessantly, an egg beater being easier than a fork

> Salads are so good for the digestion THE "EYE" WORM OF AFRICA that they should be included in the

menu once a day at least. Potato Dangerous Post That is Apt to Be in nary office. What is more, it holds salad is fattening, apple salad is good. out fine possibilities. But it requires though it neither adds nor subtracts

For the benefit of story writers who Though the city runs onward without mit. Prejudice against women in this must arrive at the length of the the number of words, a "wordometer" has been invented which is hitched up to the space bar of the typewriter and ells the exact number of words which nas been written.

> HOW DO YOU SAY IT? By C. N. Lurie Common Errors in English and How to Avoid Them

If Women Only Knew

their time cooking food and washing dishes, say that the only way they do it is because they have an "Ideal" Fireless Cook-stove. It is carry to provide the family with even better tasting meals.

"Ideel" Fireless cooked food is famous for its palatability. The most experienced cook can have perfect results with the "Ideal" Fireless Cook-stove because it has the famous water-seal heat-lock which makes cooking results absolutely certain, the automatic pressure valve, special formula insulation, automatic valves, seamless aluminum compartments, several times the usual thickness and durability. These

HOMESCOMPLETE





crest. In the woods we are rougher than others Her special work will be to assist the you know in the parlors of town; To the wolf and the wild we are brothers

THE WOODS

BY DOUGLAS MALLOCH

THE LETTER.

I can lie all the night and think of you,

It is love that is wide as the arches of

stars from the east to the west;

It is love that is long as the marches of

It is love that is strong as the larches

sunrise to sunset and rest;

CAN'T tell you, girl, how I love you-

but I can't put the matter in speech-

it's love like the blue skies above you

that around the whole universe reach.

mount to earth's uttermost

it is something the woods never

we are kin to the creatures of brown; long since we crept to our mothers nors in the charge of the company and slept on our pillows of down.

For we sleep in the huts of the humble

and we live on a sturdier fare; And the music we hear is the rumble of thunders of earth and of air

Where the pine and the tamarack tumble and the pathway of progress pre-Dare.

teach;

one of the very few women who are Tet this land is the land of the lover, making a success in this business, but the place for a love such as mine. Dh. sweet is the scent of the clover, but her opinion is that it is a work wom-

strong is the heart of the pine; en can do well. Love's cup in the town bubbles over,

but here it is purple as wine.

finance will be wise to specialize in We live and we love and we labor up some good school. She is advised to here on a mightier scale; take a job in some manetal house at To the north and the night we are neigh-

he same time that she is taking her bor, we are kin of the star and the course at night school. Her job will male: The lightning it threats with its sabre,

the northwind it stings with its hail. help out her theoretical work immense- vinegar must be added a few drops, at And the heart of the man is made strong-

er with the strength of the thing tions in a financial office or bank. that he fights, There is a dignity about work of for use. And the love of his heart is made longer by the length of the loneliest nights-

this sort that appeals to many girls the lover whose heart is a hunger who have graduated from college and longs most for a lover's delights. who do not want to enter the ordi-

The fellow away from the city the tricks of the city forgets

He can't say the thing that is witty, he a type of mind that is not found in flesh. can't breathe his soul in regrets. every woman. If you have the gift, He can't say the thing that is pretty to

and get the training, you now stand please the pink ear of coquettes a good chance of finding full opportu-

For the bigness of life is about him, the mity to go as far as your capacities perbigness of heaven and star, field is rapidly disappearing

him, forgetting the forest afar, When he speaks let no eleverness doubt him, for he speaks of the things as they are

And this is the love that I bring you, the love of the man out-of-doors. And this is the song that I sing you, the

song that the nightingale pours, The song that the nightingales fling you from eventide's musical shores.

times on the grass under the trees on a summer's day, listening to the murmur The shepherd boy carols his moter, and of water, or watching the clouds float





Every one who lives in central Af tica any length of time sooner or later becomes affected with the filaria loa, r worm which is about two inches in length and the size of a hair. Its larva is supposed to be taken into the body in drinking water, and, when incubated, it wanders through the body for a long period. At one time it may make its presence known in the forearm or the back of the hand by a painless swelling. At another time the same indications appear in a leg or about the lips or forehead.

Missionaries tell me that I have several of them in my body, although





chopped in.

out of college who is looking for a

job may find it well worth her while

start. She will have to begin at the

bottom, but she stands an excellent

chance to get well up to the top.

recently been made assistant secre-

tary to the New York Trust company,

clients of the company to prepare their

personal budgets, and to advise mi-

now best to manage their allowances.

There is a real opportunity for women

who are capable of it to do very valu-

able and well-paid work in this line.

Another woman is employed by the

Guaranty Trust company in the ca-

pacity of bond salesman. She is as yet

Any girl who has a leaning toward

Take the case of a woman who has

The song of the skylark is fleeter because across the sky, is by no means waste of time-Lord Avebury. of the absence of words. he language of mortals the sweeter, more sweet than the music of birds?

My lips they may tremble to say it. however my pulses may beat.

The tale that I tell you may weigh it and ind it a tale incompletehere is my heart, and I lay it, all

voiceless and mute, at your feet.

I can't tell you, girl, the old story, embellished with city-bred lies, The tale that a planet grown hoary still

cars with the olden surprisethe night is all starshine and glory ecause I have looked in your eyes

might is all starshine and splendor The up here in the tamarack lands

The night is all moonlit and tender because of the touch of your hands-

your eyes they may widen with wonder, but I know that your heart understands (Copyright)

~MILITANT MARY~

Introt

belligerent;

in-fact, I · love

TRANQUILLITY/

But when there's

trouble UNCLE

SAM KNOWS

COUNT ON ME.

wider in their pipe of peace.

DON'T WORRY!

IF YOUR FALE IS

YOUR FORTUNE,

POVERTY IS

RAGE NOW

ALL THE

E. FitzHush.

HECAN

EVERYDAY FOOD. T IS not a difficult problem to arrange a meal for some occasion and have it both good and unusual; but the daily meal preparation does become a burden sometimes when econ omy, variety, wholesomeness and digestibility all enter into the problem.

(Copyright.)

Rest is not idleness, and to lie some-

Leftover Salt Mackerel With Potato Balls.

Cut enough pared potatoes into quar. The principal parts of "see" are as ters to fill a pint cup. Turn into a saucepan, cover with boiling water and one cupful of flaked leftover mack- imperfect participle "seeing"; perfect router in the Century Magazine. erel in the center of the potnto dish, tence should have been worded. "I above the water in dish or steamer. Let cook until the potatoes are tender. drain and press them through a ricer, heap over the fish, add a teaspoonful of butter, a few dashes of black pep-

er, one egg beaten light and shape into balls. Fry at once in deep fat. Serve with lettuce or cabbage salud.

Pacific Salad.

One cupful of spaghetti broken in hits and bolled; one good sized stalk of celery cut in bits, two green peppers cut fine from which the seeds and white membrane have been removed; two sweet cucumber pickles. cut in thin slices, and plenty of good boiled salad dressing.

lelle Maxmell (C. 1921, Western Newspaper Union.)

Birds That Burrow.

Persons are not accustomed to think **Béal Indians never use smokelése** of birds as burrowing animals, but the puffin answers to that description. It is a chunky little fowl, less than a foot high, with a large and powerful there's a man in the house till you beak. For a home it scratches a hole come. in the ground sometimes as much as four feet deep. To capture a puffin

one must go digging. It is rather a job; and, inasmuch as the bird bites whisky?" and claws fiercely, one is likely to

suffer in the process. Thus the crea- Bottletop. "Anybody who can't swalture has maintained its numbers on low fast enough to keep from tastin' it many a lonely rockery, where other has no business tryin' to drink it."species of wild fowl have been killed Washington Star. off and exterminated.

Spiders as Companions.

Of all creatures to choose as pets stood up, gained the attention of the spiders seem to be the strangest. Yet leader, and said: many famous men have formed real friendships-with spiders. Beethoven, when studying the violin at the age of ahead." seven years, had a spider so accustomed to him that it would crawl on to his arm while he was practicing. Of Paganini it is said that whenever he

played a certain air on his violin a spider approached him and stood still tive. The other day she removed three listening until he had finished. Gaetry, gold fish from their howl and laid them author of "Richard Coeur de Lion." tells of spiders that used to perch mo- little later, when her mother found is 40 miles and the depth varies from tionless upon the plano while he them there dead, she exclaimed: "My, played.

am cute." Great Britain had 31,000 horsemen in the wars with Napoleon.

Wise is the man who is able to concoal what he doesn't know.

"I SEEN HIM."

REQUENTLY we hear a person say, "I seen him do it," and it is ot always a person who has not been ducated in the proper use of English. in the language of the grammarian ness. he speaker does net anke proper disinction between "saw," the preterit. r past, form of the verb "see," and

ollows: Present, "see"; past, "saw"; "mperfect participle "seeing"; perfect removing it successfully .--- R. L. Garsaw him do it " not "I seen him do it." We hear a person say, "I have saw" r "I would have suy :" in those cases, of course, the expressions should be I have seen," "I would have seen? duce "seen" is the participle to be used after any form of the auxiliary

or helping verb "have." (Copyright.)



AMBIGUOUS "is that you, Henry?" "Yes, dear." "Oh, I'm so glad. I'm always afraid

"Certainly not," replied Uncle Bill

One Eloquent Word. An old negro brother, seated far

back in a crowded experience meeting,

"Kin I say jes' one word?" "You can," said the leader. "Go Then, with all his might, he shouted, year. "Hallelulab !"-Atlanta Constitution.

Not Bad.

Amelia was four and full of initiaout carefully on the library table. A Amelia, but you are bad!" "No,"

Exactly. lege on how to select and keep help. The hire education, eh?

save for the indications described, they have caused me little or no inconvenience. The worm is supposed to end its career in the eye of the victim, and in Africa is commonly called "eye worm" because of this tendency. It then produces inflammation, and, unless skillfully extracted, it sometimes ruptures the delicate membranes, frequently causing great suffering and even blind-

The natives take it out with a bamboo splinter. But if the worm breaks in the eye, the virus is liable to poison. , the organ completely, frequently with the result of loss of sight. European surgeons, however, find little trouble in

Mole's Marvelous Appetite.

Incredible stories are told of the mole's apperite, and in order to see if there was anything in them (writes an English correspondent) I tried an experiment. My mole-n matronly lady-weighed three and half ounces. Each item of food that she was given was carefully weighed, and here is herrecord between 9 a.m. and noon: One frog. three slugs, twenty-four earthworms, a piece of raw mutton, and a bit of cheese, a total of just over four ounces. Some delay followed, as my stock of weighed food was exhausted. Probably by the time I had replenished it she thought it was time for a fresh meal, for she went at it again with no visible damage to her appetite and before three o'clock she had got through another three ounces, mostly earthworms this time. That was twice her own weight in food in six hours. After this display I gave up the attempt to measure her maximum capacity.

Bohemians Fond of Geese.

A traveler in Bohemia quickly learns that there are certain things which are essentially Bohemian, writes Kenneth Roberts in the Saturday Evening Post. True Bohemians eat enormous quantitles of caraway seeds and goose. When a Bohemian cook prepares anything she instinctively reaches for the caraway seed box and heaves a handful of seeds into the dish. She uses caraway seeds with hors d'oeuvres, soup, fish, meat, vegetables, desserts and cakes. As for goose, it is the common food in Bohemia, because everyone raises

geese, and, according to Mr. Roberts, goose in some form or another is eaten at every meal every day in the

Something Worth Seeing.

For tourists who drive through the Catskill mountains of New York state, Ashokan reservoir is well worth a visit. The shore line of the reservoir 50 to 200 feet. The width of the reservoir runs about three miles aver-Amelia said calmly. "I am not bad. I age. The enpacity is 130,000,000,000 gallons, from which, says the Automobile Blue Book, Manhattan may draw daily 500,000,000,000 gallons, carried She-They have a course at our col- by aqueduct 175 miles and siphoned

under the Hudson river near Cold Springs to the city proper.

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Building his own getters



Speed Required. "Did you ever taste moonshine

