

THE GIANTESS

ONCE there lived a Giant who had a daughter and, of course, she was a Giantess.

The Giant, like all others of his kind, carried off all the people that came in his path, but his daughter always managed, while her father was asleep, to rescue all the men, as she wished very much to get married.

She thought she might win a husband if she could keep him locked up long enough on bread and water, for she knew that men would promise anything when they wanted a good dinner.

But all the men she locked up had said they would starve before they would have for a wife the big daughter of a Giant.

Now the Giantess was a very vain person, and while she might have



been pretty if she had been a person or ordinary size, she was almost funny to behold with her huge body.

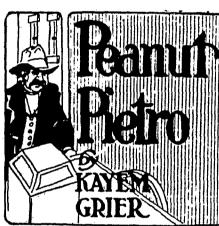
There was one thing about her, though, and that was her hair, which fell around her in golden waves reaching to her feet.

One day her father brought in a Prince, intending to hold him until his father, a rich king, should offer his kingdom as a ransom for his son's return.

When the Giantess saw the handsome youth she made up her mind at once to carry him off to her tower and make him promise to marry her, for of all things she most wished to be a Princess.

So while her father was taking a nap she picked up the Prince in one

hand and carried him away. She first locked him in a room with-



HAVE you notcece how many place now gotta scales for tella how moocha weigh? I tink ees alla right een da butcher shop and da grocery store, but een da lunch place ees no

I meeta leetle girl on da street other day I been acquaint weeten for longa time. I aska where she go and she say jusa walk around before eata da lunch.

I say "Wot's matter? You eata too mooch and no feela good?" She say she no can eata very mooch een da hot weather. I like dat leetle girl and was pretty hot dat day. I feegure she no gotta moocha appetite so I aska her eata weeth me. Wot I care for da leetle expense anyway?

We go een one place wot gotta sign. outside, "Light Lunch." I feegure dat was preety good-mebbe iio costa so mooch as da heavy one. But dat place gotta scale eenside for tella how moocha weigh. Dat girl wanta geeva look. She go on da scale and tella me she losa da weight. She say, "I gotta do somating, Pietro. I am feefateen pound lighter scence da lasa time."

I no say somating but I tink was gooda idee we eata een da light lunch -mebbe I sava da mon. But I gotta wrong idee. I tink she try getta fat alla one time. She eata almosta everyting on da program but da print.

Eef you taka fat one to lunch ees alla right go een da place weeth da scale. But for da skeeny one ees no good. She try getta fat too queeck. And eef she getta fat da purse getta slim.

Dat leetle girl tella me she hava da vacash nexa week and she was gonna way. So I decida eef she was gonna weigh nexa week, too, I no aska her cata weeth me any more.

Wot you tink?

Historic Control Medford, Mass., rich in colonial history, and one of the towns passed by Paul Revere on his famous ride of 1775 holds great interest for the tourist. It was once celebrated for its rum. More recently its fame, one learns from the Automobile Blue Book, is in the possession of the stuffed skin of Jumbo, the largest elephant ever placed on exhibition and presented to Tufts college, which is located there, by P. T. Barnum, the famous showman. So far the college has the skins of no profiteers, though it has made a place for them in the museum.

out any food for a whole day, and the

very vain creature.

So he praised the food and told her no one but a beautiful woman could the cleaning of the teeth of children cook such dainty food.

Then he told her he had never seen such beautiful hair, and he wished he could see it at its full length, for teeth which takes place. compared with hers.

This pleased the Giantess so much that she at once let down her wonderful hair, and the Prince exclaimed that nothing would make him happy but to have a thick lock of her tresses.

The Giantess was sure she had at of her golden hair.

and let himself down to the ground and escaped to his home.

but when she saw her hair, which he schools. Every child should have his lish themselves, to fight the disease epihad pretended to admire, had made a own toothbrush, to be kept in a clean! rope for him to escape, her anger place and to be used immediately aftknew no bounds.

She raved and tore her beautiful twice a day. hair until her father, thinking she For cleaning the teeth, a good tooth mountain so fast that he forgot the break or pull out, should be used. The that will have a direct bearing on fuocean at the bottom, and plunged in teeth should be brushed, not only up ture conditions in America. and was lost.

began to shrivel up, and at last she round became so small that the wind blew

her away. But on the edge of the mountain, overhanging the Ocean, can be seen a face in the rock like that of a giantess with streaming hair, and on stormy Giantess still bemoaning the lost drift backward.-Lloyd. Prince.

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PRETTY FRIGID

We have seen all the glaciers of Green land Stand up in a frigid wall. But a snow-covered swing in the winter

He Had.

town?"

"He's pulled up his steaks and gone." dough, roll and cut as usual.

FINNIGIN FILOSOFY.

If they was nawthin' in heridity, a acorrn planted in a persimmon grove wud bear th' puckery fruit alahng wid th' other bushes.

Game Law Violated.

A United States attorney in Honolulu has been recalled for shooting a local lawyer in the closed season.

An Incorrigible Boy, Father--I note by the morning paper that Greece is still unyield-

Son-One shouldn't expect Greece to soften in cold weather, except under fire.



CARE OF CHILDREN'S TEETH IS IMPORTANT

THE examination, dental treatment American Red Cross Announces and daily care of the teeth are next morning, when she was sure he matters of the greatest importance was very hungry, she carried him for all school children. All decayed with her own hands a very nice break- teeth, whether temporary or permanent, should be filled or otherwise The Prince was wise, even if he treated. Malocclusion (ineffective NEW DISASTER RELIEF PLAN had been reared in luxury, and he meeting) of the teeth should be remesaw at once that the Giantess was a died and can be corrected in early childhood.

It has been recently demonstrated he was sure she had cooked it, for that "(in addition to daily brushing), every three to six months by a dentist or properly trained dental hygienist will prevent most of the decay of

ther's court had hair that could be fidence that in the near future ade-It may be predicted with entire conquate dental care will be insured to all school children in the country as the fiscal year, July 1, 1920, to July 1, the automobile dentist officer used in was spent. last won a husband, and she gladly France and other countries. Many of Important among the items of the ceive equally good dental care?

The establishment of effective When the Giantess came in in the habits of daily brushing and cleansing er eating, at least once, or better,

and down and across, but also by a



Don't be afraid of changing your mind. nights the sailors always keep far Everything changes; why, then, should from that rock, for they can hear what sounds like the cries of the means development. Development what sounds like the cries of the Giantess, still bemoaning the lost of the contraction of the lost of the contraction of the

HONEY DISHES.

The substitution of honey for sugar s not to be recommended, as the physical properties of honey are quite different from sugar. The following are tried recipes:

Cream Cookies.

well before rolling.

Tennessee Cookies.

"What has become of that pirate one-third of a cupful of sugar, a pinch the work with a new confidence.

Doughnuts.

Take one egg, one cupful of sweet milk, one cupful of honey, two tablespoonfuls of shortening, two taadded to roll and cut. Dust with salt! and bake.

Raisin Cake.

Beat three eggs, add one cupful of honey, four tablespoonfuls of butter, one cupful of sweet milk, one and onespoonful of vanilla extract.

Honey Cereal Coffee.

honey, preferably dark; two quarts of Four million two hundred thousand wheat bran. Mix and stir until well dollars has been appropriated for imblended. Put into the oven and stir provement of health and prevention the fatter the body the greater the ap they took those, too." until a dark brown, being careful that of disease throughout the United petite. But no fat woman will starve the oven is not too hot. When prepar- States during the current twelve no matter how little she cats, for the ing the coffee allow one heaping table. months. The Red Cross is co-operate body immediately starts feeding itsponful to a cupful of hot water, and ing fully with the United States Health self from its own accumulated flesh, Balliff Binking, be a good hor boll at least ten minutes.

ing rubbed through a colander. Let the mixture come to a boil, then add one quart of honey, one quart of sugar, or two quarts of sugar, and boil until it crusts over the top when cool, or about 15 minutes. Stir frequently to the 3,000 or more chapters. keep from burning.

Sandwiches.

Out bread as fresh as possible and spread with fresh butter, creamed: then spread with honey, sprinkle with nuts and put together as sandwiches.

Pickled Grapes in Honey.

Take seven pounds of grapes on the stem and pack in a jar without bruis-, ing. Make a strup of four pounds of honey, a plnt of good vinegar, spices to suit the taste. Boil the sirup for, 20 minutes, skimming it often. When bolling hot, pour over the grapes and real at once. These will keep perfectly as the hopey is a preservative.

MAKING WAR ON DISEASE MENACE

Budget of \$48,200,000 For Current Year.

Continuance of Heavy Work Abroad Deemed Necessary to Protect United States \$21,000,000 Less Than Last Year.

A program of relief and service toward which appropriations of \$48,well as in the cities. No item in all 1921, according to official announcethe wonderful measures for the health ment by national headquarters of the care of the soldiers in the trenches of organization at. Washington. The fig-Europe was more significant than the ures for 1920-21 are \$21,000,000 below treatment of the feeth provided by those of 1919-20, in which \$69,400,000

the cities provide dental service for budget for the present year is the aptheir school children. Shall not our propriation of \$31,500,000 for relief in That night, when the Giantess and children in the country schools—fu- foreign lands, which includes \$11,000,the Giant slept, the Prince fastened ture citizens and if necessity requires, the hair to the window of the tower defenders of our own republic-re- 000 in purchased supplies on hand and not distributed.

Must Protect United States.

This will enable the American Red morning and found the Prince had of the teeth is one of the most essen- Cross to continue its humanitarian efgone she was, of course, very angry, tial features in health teaching in the fort to aid stricken peoples to re-estabdemics which threaten many countries ing which she entered the motion picand to efface largely the remaining ture field. traces of the blight left by the World War. It is regarded as social as well had lost her senses, ran down the brush with bristles that do not easily as physical sanitation on a large scale

Central Europe, the chief sufferer The Giantess' kept on tearing her rotary or circular motion from the from the conflict, today is facing anhair until none was left, and when gums of one jaw over the teeth to the other winter of famine, pestilence and it was all gone from her head she gums of the other, and so round and, ruin. Typhus decreased much during the summer months where last winter it had its greatest stronghold, but physicians who investigated the situation at the behest of the League of Red Cross Societies have given their unqualified opinion that this coming winures abroad to keep this and other bread, butter, mlk, eggs-all fattendeadly maladies from the United ing, but all raised on the farm.

States. Millions for Work at Home.

When the disease was sweeping Central Europe last winter the American her table. But the farm woman can Red Cross, with the aid of the govern- follow the reduction diet more ensity ments of afflicted nations, undertook the than she thinks. She can cut out the fight against it. Hospitals were estab- milk and cream and butter from her lished wherever possible and food and diet, she need not eat pork products, clothing were distributed to the un- and she can stop enting the rich bome- cation," he cried, Take one cupful of extracted honey, dernourished populations, who by reaone pint of sour cream, a tablespoon- son of their undernourishment were ful of soda, flavoring to suit the taste, easy prey to the epidemics. Where and flour to make a soft dough. Chill disorganization contributed last year to the great inroads made by the disease, by virtue of its knowledge of the disease and the presence of well es-Melt together one cupful each of tablished hospital centers, the Amerihoney and lard or butter. When cool add | can Red Cross this year will undertake

who ran that bum restaurant in your of salt, a tablespoonful of soda and | Including the total of \$11,000,000 in an egg. Add flour to make a stiff supplies left from the last fiscal year, the \$31,500,000 is \$21,000,000 less than

the expenditures for 1919-20. Appropriations for domestic activi-

les total \$16,700,000. The largest item of this "home" budget is \$7,800,000 for civilian relief. work. This includes service and asblespoonfuls of cream of tartar and sistance for families of soldiers, sailone-half teaspoonful of soda. Flour is ors and marines, and work incidental to disaster. Of the total appropriation for civilian relief, \$5,000,000 ta held in reserve for the carrying out of actual disaster relief.

Reduced Overhead Expense.

The Red Cross invariably is the first thought of a community visited by cathird cupfuls of raisins chopped, three lamity. With this in mind, it was decupfuls of flour, one-half teaspoonful termined by the Executive Committee of salt, the same of soda and two ten- in preparing the budget of 1919-20 to spoonfuls of baking powder, one tea- have a fixed reserve fund from which to draw in these instances.

For assistance to soldiers, sailors and marines in hospitals and in camps Beat one egg, add one cupful of this year \$1,900,000 has been set aside. Service in this work and through its and reduces itself while keeping up I'm gone and I'll reward you Junior Red Cross is doing much to the proper supply of nourishment. Plum Butter, spread among children the principles The farm woman really has many precoclous children the four quarts of plums after beregions.

were \$2,300,000.

for workers to come and ask you for a renewal of your membership. Send in your dollar to the nearest local chapter of the American Red Crass. Welcome the opportunity and privilege of repledging your fellowship by promptly answering the

> Fourth Roll Call November 11 -25, 1920

MAE MURRAY



This charming little "movie" star has been featured in a number of large productions. She is a native of Norfolk, Va. She went on the stage at the age of fifteen. Her success as a dancer resulted in her being starred, follow-

Beauty Chats

By EDNA KENT FORBES

SLENDER LINES

WOMAN who lived on a farm, who claims that her diet is necessarily limited to farm products, wrote 10h?" me recently, asking how she might reduce. The things which I particular

Now, of course, the woman who lives near some large market can pick and choose from a great variety for baked cakes and pastries. This mean



The stout girl should eat fish and

a certain self-sacrifice on her part, for

000,000 has been made for developing planning a reduction diet. She can house and hear your father be the peace time program of the Red raise her own green vegetables, and der in court! Birmingham Cross by service to its chapters in all put up many of them to last out the Herald. winter. She can eat fowl as much The appropriation of \$48,200,000 is as she wants, without adding flesh, exclusive of the local expenditures of and incurring expense. She can do without water at meals, since this Administration expenses this year adds flesh, she can get about in the does not include the walter. will be \$1,800,000. Last year they air, and have the real benefits of work and exercise.

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What the Sphinx Says.

BY NEWTON NEWKIRK." "The lazy loafer who



looks too much at the clock is soon looking for another Job?

Details of the deaths of Sol French soldiers are unknown.

ou cleaned out? Second—By wash

ione."-Houston P

Hubby-"I can't ly best to get shead. eaven knows you need

"I tell you, a new can ve necessity. "And yet it is a negative p

The Kind "I understand the candidate spent of is a climber in political "Yes; a front porch climber

The Beacon "What a rasping voice Smith "No wonder; he went ye ils dentist and had his teets of

Naturally. "How does the poker scene our new western play? "We always get a hand

Naarly Every House Has Of "There's a bug in this house." "What, kind?" "A golf bug."

What They Miss. "Good little boys never fights "They don't? Then they make ot o' fun, ma,"

Most Amazing "Algy is losing his memory, een going on now for two men "But, how could it?"

Small Interes "What Interest is the dog tal hat ent chase?" "I think it is one pur cent

"What is the best way to go "Outgrow the little jobs first

Chief Tank. "What is your boy doing i

Quite Se He Darn those cheep stockings She-Yes, that might mond mast -Baltimore American.

Next Step Jonah emerged. "Now to brig how I enjoyed

"What kind of steed was most to mand in the days of chivalry?"; "A knight-mare, of course."

The Kind.

Setting the Pace. "How is your hired girl about plat ind dishes?" "Oh, she breaks the record."

On the Move. We can say this for the nompass list—he is no idle dreamer.—Be Transcript.

Poor Feethold, "Do you know anything about standing in society?" "Yes, it's on the ragged edge."

Into Mr. Toddies' room man detective. "You sent for me, I stand," said he gravely, gate a burglary that was here last night?" "Of course I did," Of cour course!" fussed Mr. Toddles.

"Several odds and suda, and complete sets of harness "Ah I" murmured the detective oysters and such non-fattening foods, the thief or thieves leave any de any traces behind them?"

"What is missing?"

"Traces!" said Mr. Toddlen. "Now. Tommy," said the wife "What'll you gimme, mar"

"I'll let you to down to the

Walter-Bes pardon, Mr. J Patron—I don't suppost didn't est one.—Baltimore

Bolld Gulft "Guess I'll buy a few share mining stock. Looks like t proposition to me."

"You've only seen the "You wear no sto wim?