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THE WHOLE FAMILY will be pleased with the work we do in SHOE REPAIRING.

We can mend ladies? fine shoes, children's shoes and men's working shoes. family and bring us those that need five minutes, then fold in the wellmonding this week?

Shoes called for and delivered. Main 5863-W. Quality Quick Shoe Repair,

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and Repaired. Body Dents and Jams Removed Speedster Bodies Built, Ford Honey-comb Radiators im Stock. ACETYLENE WELDING

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House Cleaning We make a specialty of New Win-

dows, Shellac and Wax Floors. House Cleaning of all kinds. All House Work is for Cash. Special Attention given to Private Houses, All work done at Roe Window Cleaning Co. 123 West Main St. Both Phones

FOUND

The Right Place to Do Plating Work Guaranteed Prices Satisfactory

Toothill Plating Works

Frederick C. Toothill, Prop. 119 North Water St. Bell 'phone Main 7173-W.

### WANTED Boys and Girls

We need several more boys and girls to act as corespondents for City Parishes.

Suitable pay given Apply at this office



Send us your jeb printing

many an humble soul fighting against great odds in the battle of seemingly

What to Do With Bits of Leftovers. meats, but too many throw away leftover vegetables or serve them again warmed up in the same sauce. Vegeshould never be wasted.

We have any number of recipes which tell us how to serve the vegetable in any quantity, but we have to average cook.

A spoonful of cooked beans washed served added to a potato salad will frail, ethereal attire. make that quite another dish; the same is true of peas, corn or other

family. Butter a daming dish, put in the increased over 320 per cent and the corn with alternate layers of but- has increased over 320 per cent and Cross in the fight against disease is tered crumbs; dot each layer with bits everything but ordinary income has not, however, of recent origin. Long of butter if dry crumbs are used, and gone up in proportion, cotton fabrics before the war the organization begin sprinkle with salt and pepper. Pour have become more expensive than silk- this health service through its medical over enough milk with a beaten egg en ones used to be, added to cover the corn, and bake until

greased frying pan or in deep fat. with leftovers expensive foods such as their apparent simplicity, are not "run termined that all this valuable expert to warn them that it was getting late. butter, cream, eggs and milk, to make up" as easily as all that, while the ence in health service abroad and at but the Dahlias and the Asters only them pass muster with the family, for infinite accessories of footgear, hat, home shall not go to waste. So long raised their bright heads and nodded, the object in using leftovers is to be gloves and parasol, which turn them as there are a half a million people . What care we for the chill, crisp frugal, and at the same time serve an from a covering into a costume, are dying yearly in this country from pre- sir!" they said to each other. "We appetizing dish.

Corn Muffins.

Beat together one cupful of stewed corn drained dry; two egg yolks, onequarter teaspoonful of salt, a teaspoonful of melted butter; add one cupful of milk, one and one-half cupfuls of flour sifted with a teaspoonful Why not look over the shoes of your of baking powder. Beat vigorously for beaten whites of two eggs. Half-fill heated mussin irons and bake in a hot oven half an hour.

A cupful of tomatoes well seasoned, heated and poured over toast makes a most tasty luncheon dish. Eggs may be added if more nourishment is needed. Tomato in small quantities may be added to salads, soups or escalloped corn. Corn with tomatoes makes a

most attractive escalloped dish. Cold string beans make an excellent Radiators, Fenders, Hoods, Etc. Made salad. Cook two strips of bacon, cut in dice until brown; add a bit of minced onion, salt and pepper; add a little vinegar and the beans and serve

> Add a generous half-cupful or more of grated cheese to a small dish of creamed string beaus.

> A green pea omelet makes a delicious luncheon dish. Drain a cupful of cooked peas, mash with the back of spoon and season with salt and pepper. When the omelet is ready to fold. spread over it the peas; fold and finish cooking.

> A sauce for lamb chops may be made of the usual white sauce with peas added. Serve as a garnish on the platter of lamb chops.

> Scalloped onions are especially good using cold cooked onions, a layer of grated cheese and a cupful of white sauce. Bake covered with buttered crumbs.

Rewards

Pr GEORGE MATTHEW ADAMS

TT IS an Economic truth that most work is undertaken for Reward. would not be done without Reward. and is strenuous and well directed in proportion to the Reward. So Taussig states in his "Principles of Economics." This condition will undoubtedly always remain true, but if you want to he among those who are this world's Leaders in Thought and Action-Do a little more than that for which

you are Rewarded. Fortune does more than favor the Brave. It favors the Alert and Indus trious the Thinkers whose Thoughts reach several miles beyond their pay envelopes. Gustavus F. Swift, loyal and enthusiastic in his job as a poor Butcher boy in an insignificant New England town, and Gustavus F. Swift, founder and builder of Swift & Company furnishing the meats and provision for millions, is a case in point.

velope. Do a little more than that for which

you are Rewarded. But remember that Money and Ma terial Achievement is not always Sucess. Lincoln left next to nothing in Money, but his life was an Evidence in itself of what he felt embodied infinitely more than all Material Reward. No one nor anything is able to give you in Happiness and Contentment what your own Character and

and Peace of Mind can. Do a little MORE than that for which you are Rewarded.

Winding armatures of electric motors is the purpose of a new motordriven machine.

#### SIMPLE FROCKS ARE COSTLY

Present Conditions Are Real Luxuries.

It is a long time since the couturiers of Paris paid so much attention to real summer frocks as they have dur- American Red Cross Will Have Most housewives have dozens of ing the present season, according to ways of re-cooking or serving leftover a Paris letter in Age. Women who know that they look well in these sheer affairs pray for a chance to appear in this most captivating of all femipine ap tables of most kinds admit of so many parel. It is a type of gown which the ways of cooking that even a spoonful sultry summers of a great part of ed upon a nation wide campaign of high stone wall did not seem to do in this article with small amounts advantage. But that it is extremely months study by the Red Cross Health better go to sleep. Tack Frost taxes which are beneath the notice of the becoming to French women, as well, Service Department at National Head us a terrible fright last might be is demonstrated at every gathering this quarters. season, when the weather is warm

an escalloped dish sufficient for a small proportion to their charm. In these family. Butter a baking dish, put in times, when the cost of living in Paris

A cupful of corn will provide corn inconsiderable to be worth noticing, the armistice thousands of American fritters for four people. Add egg, a Long past are those happy times when Red Cross officials have been fighting tablespoonful of milk and flour, to a clever lady's maid could run up a disease in the war-stricken countries, make a drop batter; add half a tea little lingerie frock which, with the At the same time tens of thousands of level; "You silly flowers! Don't you spoonful of baking powder to the flour; addition of the proper accessories, local Red those officials have been entition will freely fry the size of large oysters in a well- would give her mistress a delightful gaged at home fighting disease, nota- Bo to bed!" change of costume at only a nominal bly during the influence epidemics. There is no economy in combining cost. Modern "little frocks," for all The American Red Gross has de back and forth, crackling in the wind,

BUTTERFLY DRESS FOR CHILD





Attractive garment for little miss displayed at the co-operative fashion exhibition in New York City.

FASHIONS IN BRIEF

The Shan-Tung suit is popular fo hot weather months. No day frock emphasizes youth more than an organdie.

Laces are increasing in favor, es pecially for trousseaux. Hats and parasols that match are great favorites for summer.

some adorable summer hats. Bright calico and the English print have been adopted for separate blouse.

Tailored frocks for fall-will show He saw Reward BEYOND his pay en-

its varied shades.

tle lighter than the rust shades. Double panel shadowless pettl are now carrying out among our little coats of white silk have deep ruffles war sufferers... coats are particularly practical in tude,"

# Dalinty Frontis of Yesteryear Under NATIONWIDE FIGH ACAKST DISEASE

Health Centers in All Parts of United States.

America have made extremely well aghting disease and physical defect it. liked by American women, a type among the American people. A new The leaves had fallen from the tra which suits them, and which they un. and unique health institution has come the night before, and as they runtled derstand how to wear to the very best into being as the result of several past they called to the flowers. Tou

from the sauce in which they were enough to warrant the wearing of such predict that before long this new health garden wall looked down and chatactivity will be in actual operation all over the country, and that the sign-Frocks of this type used to offer an "American Red Cross Health Center" agreeable opportunity for economy, for \_will become as familiar to the peoegetables.

In the old days the price of cotton fabple everywhere as are now the signs of the cupful of stewed corn will make rics was low and strangely out of all the telegraph companies.

Busy Long Before War. units in disaster relief work and its Now the difference in a model made department of Town and County Nurs of organdie instead of taffeta is too ing. During the war and following

such a serious item in the budget that ventable causes, and so long as more have been saleep all summer. Why one really thinks twice before attempt- than one-third of the American chiling a type of costume that requires dren and young people are victims of special accompaniments of that sort, physical defects, the Red Cross recognizes the urgent need for continued Red Cross health service at home.

> How Organization Works. The Red Cross Health Center is governed by business principles, applies business methods, and, in its more simple form, can be established and conducted by lay people.

It proceeds upon the demonstrated fact that health is a commodity that can be bought and sold like brooms and soap. Therefore, 44 autablishes itself in a storeroom in the principa business section of the community. It displays its goods in the form of attractive health exhibits in its show windows. It advertises constantly and extensively. And it uses every business and social device to attract cus-

The Red Cross Health Center is of service to the sick in that it gives out reliable and complete information about existing clinics, hospitals, sanatoria and other institutions for the sick and the defective; about available nurses, both trained and practical; about when to consult a physician and why to shun the quack and his nostrume.

Teaching Disease Prevention.

The Red Cross Health Center is however, of even greater service to the well. It teaches people how to prevent sickness and disease. This is done in many interesting and attractive ways-first of all, by the distribution of popular health literature and through health lectures illustrated with lantern slides or with health motion picture films. Then special exhibits are given, one after the other, on various health subjects. Practical demonstrations are made; also health playlets by children to interest and instruct themselves and their elders. Classes are organized in personal hygiene, home care of the sick, first aid and in food selection and preparation; Health clubs, both for younger and older people, are formed; also Little Mothers! Leagues. Nutrition and growth clinical are conducted for children.

Already more than a hundred of these Red Cross Health Centers are in actual operation throughout the country: Many of them also conduct medical clinics, but the one chief, outstanding feature of the American Red Cross Health Center is its health education service which teaches well people how to keep well.

FRENCH PRAISE FOR **OUR RED CROSS WORK** 

Lauding the work accomplished by comes anxious to show it off. American philanthropy for warstricken France, Andre Tardieu, former high commissioners from that na draws her beau into a knot tion to the United States, in a recent Heavy linen is used to fashion article widely commented on through. Whatever a derby hat does, out the French press, says:

"The American Red Cross has accomplished a work which calls for Shrimp color is much in evidence the heartfelt gratitude of every true woman who lan't a good nurse. in both hats and dresses for sport Frenchman. In 1918 this great relief organization spent in behalf of France nearly 87,000,000 france, and in 1919 tah, but they are expected to. longer waists and slightly longer in our country attained the tremendous total of 171,000,000. It has re-come little of their own accord. makers are introducing yellow in all cently turned over to the French relief organizations huge stocks of supplies whose value must be counted in she always reads it on the street. A blue and white or pink and white the hundreds of thousands of france. checked gingham may be made guimpe "Fifteen million American boys and style, with sleeves and upper bodice girls, banded together in the Junior Red Cross of America, are back of a The newest color for undergar movement to establish the closest ties ments is sardonyx, which is a little between themselves and France's deeper than ashes of roses, and a lit-younger generation through the charitable works they have financed and

with hemstitched hem, sometimes "The bonds of friendship between done in pointed linen instead of France and America is cemented with straight. These semi-fallored petri mutual admiration, respect and grati-

DAHLIAS AND ASTERS

TT WAS cetting to be very told weather but the Dablins and As-The American Red Cross has launch term growing in the garden by the

white coat."

Officials in charge of the department. The sparrows in the tree over the



The bare limbs of the true waved

why shouldn't we

SCHOOL DAYS



## Every Type of Vehicle For Baby Is Here

There are fine correlate and in aldepace of the lange types with all the most hygenic feetiless. There are also innumerable models of suikies, Sidin go-carts and park strollers.

Cribe Play Yerds Kiddie Koope Nursery Chair Bassinets Safety Gates High Chairs

Investigate baby's furn

If a gown becomes a woman abe be

A girl is never satisfied until sh

ver lops down over the ear. No man over 50 should marry

Laws will never protect all the fool-Some men are born great and be

If a girl gets only one letter a west

formers want to fine you, sayway, With some people the entertainment

The wages of sin is death, but re

of an idea is an intellectual from Never judge a man's feet by

forms the family but him Man but on Beauty State

