

KEEP IN ROBUST HEALTH The Strong and the Weak were Victims of INFLUENZA Last Year

Some Sound Advice. Preparedness defeats disease. Be Prepared. Cough, cold and gripe germs attack when you are weak.



Father Mollinger's Famous Herb Tea is the enemy of the body germs. Drink it at all times. It benefits all internal organs, removes toxic poisons, the cause of many ailments, benefits the liver, kidneys, stomach and regulates the system in the natural way.

Mollinger Medicine Co. 98 Mollinger Building 14 East Park Way (N. S.) Pittsburgh, Pa.

Let us do your Job Printing.

WEARY OF "FOOLING 'ROUND"

Common-Sense Maid Decided It Was High Time Bashful Swain "Popped the Question."

A speaker declared that the old style bashful swain has ceased to exist since the war. "Proposals have no terrors for the boys now. In a young friend of mine, however, I must note an exception."

"He had been going with the girl before war broke out, but even in the stress of going away had not mustered up courage enough to put the question."

"When he came back he went to her, and though he had faced the terrors of the trenches and even the horrors of the Hun, yet he still hesitated."

"Dearest," said the girl finally, "didn't you once say that you would do anything for me? Didn't you once ask me to put your devotion to the test?"

"Indeed I did," he responded warily; "there is nothing in the world I would not do, no sacrifice I would not make to prove to you how much I think of you."

"Well, then," said the maid, "ask me to marry you: We've fooled round long enough."

Brown County Values.

One of those country gentlemen who owns a farm in Brown county, but lives in Indianapolis and only spends his week-ends on the farm, asked one of his neighbors down in Brown: "Did you know that T. C. Steele sold the picture that he painted on your farm?"

"The farmer made no reply to this and then the country gentleman told him the price Mr. Steele got for the canvas."

"I just wish I had known the fellow liked the place well enough to pay that for a picture of it," the farmer said. "I'd a sold him the farm for \$200 less than that."—Indianapolis News.

Youth Is Wise.

A Republican judge had just tucked a very heavy fine on a small offender. Of course he suspended the fine, but the high school boys who had been present at the trial of their companion did not pay any attention to that. They were deploring the whole affair, and the fact that one of their number had been convicted, when the ten-year-old brother of one of them spoke up: "What could you expect?" he said scornfully. "Don't you fellows remember how John marched in the Democratic parade?"

Cash Tied Up.

A short time ago my girl friend and myself went into an ice-cream parlor. A number of young men were there. While I was waiting for the ice-cream cones I raised my hand to my hair and my money (a dime, which was all I had), dropped down my back, and you can imagine my embarrassment when I was compelled to ask the proprietor to charge the cones.—Exchange.

Killing Them Off.

He was an influential business man to whom my husband was eager to sell. I had known him only about two weeks, but he liked to tease me, and I longed to retaliate. One evening he told me that he was living with his third wife, two others having died, and I said (shades of Solomon): "My, but you are a lady killer, aren't you?"—Chicago Tribune.

Quite Plain.

Tramp (at the door)—If yer please, lady—

Mrs. Muggs (sternly)—There, that will do! I am tired of this everlasting whine of "lady, lady." I'm just a plain woman, and—

Tramp—You are, madam—one of the plainest I've ever seen, an' one of the meanest to own up to it.—Pearl

RED CROSS HELPS IN INSTANCES OF STRESS AND NEED

The Romance of Home Service Is Seen in the Desert of Damascus as Well as in America

The dependents of America's fighting men are being cared for wherever they may be and whatever may be the difficulties of reaching them. In this task American Red Cross Home Service has been of far-flung usefulness, the record established by it proving so gratifying that Home Service, which has been confined to assistance of the families of soldiers and sailors, is now being expanded to be of general usefulness to the people.

One of the purposes of the Third Roll Call for members, November 2 to 11, is to enable the Red Cross to carry out an enlarged program of Home Service throughout the United States. The helping hand of Home Service is strikingly portrayed in scores of incidents reported to Red Cross headquarters. Wherever the families of American fighters were, Red Cross Home Service workers have found them, even in the mountain fastnesses or deserts of distant countries, helping them communicate with their loved ones and particularly seeing to it that funds allotted to them by their boys actually reached them. In innumerable instances, too, returned doughboys have turned to Home Service to help them in a wide variety of problems. Whatever the help required, Home Service men and women, of whom there are thousands especially trained for the work, have found a way to help, often under picturesque, even romantic, circumstances.

By Camel Across the Desert.

There was a lonely Syrian mother living four days by camel across the desert from Damascus. Her son, George Hamway, having emigrated to America, responded to the call to the colors in 1917 and fell fighting in the Argonne, leaving only a vague address of his mother. It was found when the War Risk Insurance Bureau undertook to begin payments to her on his \$5,000 insurance.

In the uncertainty developing, the matter was placed in the hands of the American Red Cross Mission to Palestine as a routine Home Service case. Long searching located the aged mother, and she was brought to Damascus by camel, accompanied by witnesses, Bedouins in full gala attire of the desert. After much palaver the identity of the woman was fully established and certification of it forwarded to Washington, the old lady returning to her lowly home to await the remittances that will ease her remaining days.

Antonio and Angela del Ruffo were fairly well-to-do folks with a little farm in Treviso, about three miles from the Piave. When the war came to that part of Italy they were driven out of their home into Austria as prisoners, while their little farm became a battlefield. They were held as farm laborers in Austria, knowing nothing of the real progress of the fighting. They never heard that the United States had entered the war and that their son in that country, Antonio, had enlisted and was fighting for them in France.

Antonio, meantime, had for months been making frantic efforts to learn what had become of his father and mother. Red Cross Home Service workers in Italy conducted an investigation, and a few weeks ago were able to send word to Antonio, who survived the fighting, that his parents had been found, just released from captivity in Austria, and that the Red Cross would assist them until his allotment money could reach Italy.

In the rush of getting the American soldiers home from France the doughboy didn't have much time to wind up his affairs there. Not long ago Home Service received from a demobilized soldier in this country a letter and affidavit showing he had 3,000 francs on deposit in France and asking the Red Cross to get it for him. All the soldier had remembered was the name of the town, the name of the bank he had forgotten and his bank book had been lost in action.

By the process of elimination Home Service workers located the bank and the deposit, the bank officials accepting the word of the Red Cross that it had authority to collect the little fortune, and they turned it over to be forwarded to the former soldier.

But the romance of Home Service has not been confined to work that carried its representatives to remote spots in the Old World. Here in the United States Home Service emergency cases called Red Cross workers to many out-of-the-way places on errands varied and sometimes romantic. Home Service is substantial neighborliness without unwanted intrusion, providing those who otherwise could not have its assistance in meeting the many problems confronting families whose head or supporting son is called from them.

Red Cross Helps Albanians

TIRANA, Albania.—From this one station in Albania the Red Cross is distributing clothing to 45,000 mountaineers whose flocks and herds of livestock were driven off during the war, leaving them destitute for the

Big Return.

British ministry of munitions has realized nearly \$700,000,000 from the sale of war material from tin tacks to tanks.

St. Mary's.

George V. Wiegand, died at the family home, 730 Meigs street, Monday morning, Oct. 27th, aged 60 years. He is survived by his wife, Anna Hane Wiegand; four sons, George, Jr., John, Eugene and Edward Wiegand; 7 daughters, Mrs. Valentine Bieck, Mrs. William Weis, Mrs. Harry Temple, Mrs. Thomas Morris, Mrs. Clayton Ingstrom, and the Misses Anna and Mabel Wiegand; two brothers, Valentine and Edward Wiegand; two sisters, Mrs. Geo. Ruthben and Mrs. Elizabeth Bieck; also 22 grandchildren.

The funeral took place Thursday morning at 8:30 o'clock from the home and at 9 o'clock at this church. Interment was made in Holy Sepulcher cemetery.

The Confraternity of Mary held a sausage roast Tuesday evening in the church hall. A short entertainment preceded it.

Canandaigua, Oct. 30.—The Young Ladies' Sodality of St. Mary's Church staged an entertainment and banquet in the parish hall Wednesday evening in celebration of the 32nd anniversary of the Rev. James T. Dougherty's ordination to the priesthood. The Rev. M. B. Groden, assistant rector, presided as toastmaster and responses were made by local talent.

There Are Many Offices

calling for you, young men or young women, to fill responsible positions. You can train yourself for such a position in the Rochester Business Institute and can enter the institution for any course or class in Day School next Monday, November 3, or for any course in Evening School next Tuesday, November 4. You may register any day beforehand up to and including Monday for day school, and any time beforehand up to and including Tuesday evening for Night School. Rochester Business Institute, 172 Clinton Avenue South.

He Didn't Have Far to Go.

Adolphus was disgruntled; anyone could see that. "What's wrong, old son?" asked Percy as they met in the street. "I have been insulted," said Adolphus, angrily. "That Milly Smarte was very rude to me."

"That so?" said Percy, hiding a grin. "What happened?" "I met her down the road and asked her if I might see her home. She said certainly I could. It was easily seen from the top of the hill, and I needn't go any farther!"

Embarrassing.

Mrs. Swinburne was calling one afternoon, and, while waiting for her host to appear, was being entertained by the six-year-old daughter. "Mrs. Swinburne," said little Sarah, "will you take one of your shoes off for just a minute?" "My shoes?" exclaimed the caller, in amazement. "Why do you want me to do that?"

"Well," explained the child, "I heard mother say you were getting cross-feet awfully."—Buffalo Commercial.

S. O. S. Calls.

A druggist recently received these notes from customers: "My little baby has eat up its father's parish plaster. Send an antedote quick as possible by the inclosed girl."

"I have a cute pain in my child's diaphragm. Please give my son something to release it."

"This is my little girl. I send you 5 cents to buy two podders for a grown up adult is sick."—Illinois Health News.

The Tide Is Out.

Uncle Joe was seeking to lead the young idea aright, but his nephew was feeling bored. "And that is why I am as I am," said the old man, sadly. "Ah, my lad, when I was your age, I, too, had wavy hair!"

The young fellow eyed the expanse of baldness which crowned his uncle's pate, then replied: "Yes, I can quite believe it, uncle. But the tide's out just now, isn't it?"

Peppermint Production.

Peppermint for oil is produced in Michigan and Indiana. The crop of 1919 has the estimate of 300,000 pounds of oil from 10,000 acres and marks another step in the continuous decline from 600,000 pounds from 18,000 acres in 1914. The average yield is about 30 pounds of oil per acre.

Catholic Lay Activity.

(Continued from 1st page.) Volunteer Medical Work in The Schools.

3) Physicians, especially dentists and oculists ought to be found who would take an interest in the welfare of the school and the health of the children. Of course, the question of compensation will have to be considered, but the suggestion is offered that at least in the large cities, volunteer workers be sought to look to the physical well-being of children who are apparently neglected.

4) Our Catholic societies will find a field of fruitful activity in supplementing the work of our parochial schools in the line of social uplift work. A movement has been going on for many years to "socialize" the schools and to widen the use of the buildings. Could they perhaps be made the center of social and recreational activities under the leadership of the members of our Holy Name societies?

(To be continued next week.)

"Uncle Joe" Is Blunt.

Whether one believes in the League of Nations or not, he can appreciate "Uncle Joe" Cannon's reply to an appeal for funds to aid in the propaganda of the "League to Enforce Peace". Here is Mr. Cannon's terse, blunt rejoinder:—

HOUSE OF REPRESENTATIVES, WASHINGTON, D. C., OCT. 6, 1919. Herbert S. Houston, Treasurer League to Enforce Peace, New York.

Dear Mr. Houston: I have your favor of the 2d instant, requesting me to send contribution to aid in the propaganda of the League of Nations covenant.

I am now serving my twenty-third term as a Representative in Congress and have twenty-three times taken the following oath of office:—

"I do solemnly swear that I will support and defend the Constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; that I take this obligation freely, without any mental reservation or purpose of evasion; and that I will well and faithfully discharge the duties of the office of which I am about to enter. So help me God."

"No man can serve two masters," said One who was credited with divine wisdom; and having sworn my undivided allegiance to the Constitution of the United States, I can not in the closing days of my life divide that allegiance with the League of Nations covenant as it has been presented to the Senate, and to unreservedly pool the interests of the United States with those of all other nations, some of whom have been foreign enemies in the past and may be in the future.

Under the obligations that I have taken "without any mental reservation or purpose of evasion," I can not contribute to a publicity fund to arouse public opinion to demand that Senators of the United States shall ignore their oaths of office and unreservedly ratify the Covenant of the League of Nations.

Respectfully yours, J. G. CANNON.

The month of All Souls is upon us. Let us not forget the Poor Souls in our prayers and be assured they will not forget us.

Fraternal societies appear to think the proposed health insurance law will sound their death knell.

These are the days when the political candidate is really interested in the press notices.

If the photograph supplants the linotype in magazine production those New York printing craftsmen may be sorry they did not adjust their differences without a strike.

Knights of Columbus.

After two years of limited social activities, the Rochester Council, Knights of Columbus, opened its post-war social season Friday evening, Oct. 31st, with a Masquerade Halloween dance in the club rooms.

The hall was decorated in keeping with the Halloween spirit, also the reception rooms. Refreshments, consisting of pumpkin pie, cider, friedcakes and chestnuts were served.

The committee in charge of the dance was composed of Joseph J. Garin, lecturer; Charles Hery, Oscar Trabald, William Kerins, William Welch and Thomas Somers. The same committee also is planning to conduct dances every two weeks in the council's rooms. Other social events which will take place during November are a smoker and a formal party, the

latter to be given in the Hotel Seneca on Thanksgiving eve.

On next Wednesday the Second degree will be conferred on a class of seventy-five. James E. Lannigan, secretary of the Chamber of Commerce of Fulton, will assist. The Third degree will be exemplified on Sunday, November 23d.

WEEKLY CHURCH CALENDER

21st Sunday after Pentecost

Gospel, St. Matt. xviii. 23-35: The King's Account. S. 2, All Soul's Day. M. 3, St. Malachy, B. C. T. 4, St. Charles Borromeo, B. C. W. 5, St. Zachary, Father of St. John the Baptist. Th. 6, St. Leonard, Hermit. F. 7, St. Willibrord, B. C. S. 8, The Holy Crowned Martyrs.

LIVES OF THE SAINTS

With Reflections for Every Day in the Year

Compiled by REV. ALBAN BUTLER

This volume offers in compendious form the lives of many eminent servants of God.

The life of each Saint and the history of each great festival are given in succinct, but clear style, and each day closes with a practical reflection.

There is no better book for fostering a spirit of piety than the "Lives of the Saints" and this edition with its low price, clear and legible type, ought to be in every Catholic family.

406 pages, net, 75 cents

Will be sent postage paid on receipt of 85 cents

A living, breathing, loving personality

OUR OWN ST. RITA

A LIFE OF THE SAINT OF THE IMPOSSIBLE

By REV. M. J. CORCORAN, O.S.A.

St. Rita gives us the feeling that she is very near to us—a Saint that we can understand. She was so human, and bore the weight of so many woes with patience and kindness of heart. Reading of her beautiful life gives us a new incentive each day, new courage to lift again our cross and struggle bravely on.

The Saint stands before us in her girlhood, and her womanhood, as maiden, wife, mother, widow, nun; a living, breathing, loving personality, thoroughly sweet and thoroughly good, yet thoroughly human.

12mo, cloth, illus., net, \$1.00

Will be sent postage paid on receipt of \$1.15

An Encyclopedia of Catholic Information

The Catholic's Ready Answer

By REV. M. P. HILL, S.J.

will enable Catholics to remember and impart the truths of their religion whenever the occasion presents itself. The right answer at the right time has converted many.

We mention some of the up-to-date questions treated in this book:

- Agnosticism, Apostasy, Blessed Virgin, Boycott, Bible and Geology, Bible Myths, Bible Reading, Catholic and Protestant Countries, Calvary of Priests, Chance and World's Origin, Church, The, Creation, Christ, Divinity of, Creed, The, Chastity, The, "Christian Science", Confession, Divorce, Darwinism, Existence of God, Eve and the Serpent, Evolution, Eugenics, Faith, Flood, The, Free Love, Free Masonry, Free Thought, Free Will, Prosperity No Test, of a Nation's Religion, Protestant Disunion, Purgatory, Reason and Faith, Religion and Morality, Religious Orders, Resurrection of the Dead, Science Witnessing to a Creator, Science and the Bible, Scientific Research, Open to Catholics, Secret Societies, Sin, Original, Socialism, Social Soul, Spirituality of, Spontaneous Generation, Strikes, Superstition, Theosophy, Tradition and the Bible, Transubstantiation, Trinity, The, Blessed Union, etc., etc.

As the Sunflower turns to the Sun, Our minds should look towards the Truth

8vo, cloth, 490 pages, net, \$2.00

Will be sent postage paid on receipt of \$2.20

Address all orders to Catholic Journal, Rochester, N. Y.