

FATIQUE CAUSE

From time to time see the "rest cure" for all m and for a line we bear a great Then the subject is d where she was sitting at her desk, a concerning its value. But invariant letter tightly clutched in a small palm. It comes up again, and the "rest care "Sorry, Mary, dear, but you'll have is advocated for all manner of a

Just why we should not so a and accept it as a fact that the b "Well, I'm coming over, Connie. 1 treatment for most diseases is reat simply must tell someone. It's too do not know. It is well settled in good to keep all to myself, and 1 feel science as anything pertaining to des so happy." Constance Grey, was the stenogra- greatest benefit; that most discuss pher for Cummings & Cummings, while are the actual result of fatigue of ene Mary Roberts was clork. Both girls kind or another. The human body is had attended business college togeth. able to take care of itself when it a er, and developed a steadfast friend not tired; it cannot take care of ineit ship while there. By chance they when it is overworked, no matter how many drugs are poured into it.

There is a splendid work to be do "Now, Mary, if it's truly going to by the physicians in the matter of relieve you any to tell me I'll agree teaching the people how to rest. to have you tell me the wonders. One person in a hundred understand

"Honestly, Conn. I really think you're ally feels fatigued, he doean't realise grouchy this morning, and ft does not that his body is tired or that his become you one bit," said little Mary mind and nervous system are crime mischievonsiy. "You do hok to for rest. The average person domain charming when you smile Conn, denr." Evow there is anything the matter with Of course this brought the smilles to him unless he feels pain, and yst they Connie's face, and Mary was pleased are many maindles that are not account

and Mary knew something was troub FAMOUS PALACE AND JAR

Historic Tower of Lendon Each Conn," whispered Mary in Connie's "Most Ancient and Meet Postle. Plie in Kurope.

roula creep into

and, opening her eyes, she gase

. Palace and prison, once noted alor tiently is it any wonder you are so for its menagerie and its pageat happy with such news," But at the birthplace and death house of same time a wistful look crept. Into archa, acene of hairbroadth Connie's pretty blue eyes, and her and reputed bidden treasures, thoughts seemed to be far away. Mary in its memories of tortures and h noticed this and must have guessed and sacred for its martyrs, the I

of London amply warrants d "Connie-when is Jack coming? as the "most and int plie in Europa," reads a bulletti Connie shook her head sadly, "Not a the National Geographic society.

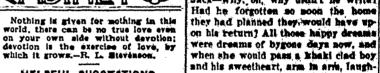
word, Mary, for six long months." and ord, Mary, for six long months," and William the Congustor gave I tear trickled down one side of her doo a charter, but built the W cheek. Mary quietly slipped back to tower to show the pemple. her own desk, her eyes filled with that charter might me English constitution the ramble don Tower of Loday is a pre-

happy, but poor Connie, her heart is centurise, and not ene, but many b broken," she thought andly. "I wonder ors, and now positioned acres. The site had bee mince Reinen tim

To the Middle Town typewriter, and Marry, tucking her let- onne back a queen five ter away lovingly in her skirt pocket, me jonious half sister, Ma also started working, but alas! Mary's her there a prisoner. The I thoughts were elsewhere than on Mc Michard III bired three of found and taken to Lady Jane Grey

Fraudu

The brass motors e teenth and presenteenth (made a str and this fact] ture of replicas of the old did ing happily, that same wistful expres- Mens, there is mothing to be a t such m y tunately, the matter do The following day Mary was ab and too often the attempt is and too often the attempt is main pain off an imitation as a pain She had gone down to meet the Mongolia. Counie old clock. Famous makers' an shut her desk up at closing time and added and various expedients left the building, but just as the was to make the new clock p about to turn the corner, two large an old one. Such frauds are hands were placed over her eyes, and ble from every point of view, as a familiar voice was saying, "Kiss me Conn, and I'll take mg hands away, ignorance of many collectors maccone possible. Every one, fi but not before." Jack had already vious, cannot po kissed her before she could protest be well if this clock. It would ht were faced, and the clocks two big brown eyes that belonged only to Jack Foster. Then followed explasimply as reproductions, by all. who are not in a po nations of why he falled to write. He resionably sure that they are had been wounded and knocked about purchasing a gonuine from one hospital to another and un clock,-Christian Science Moni able to write. Arm in arm they walk-ed home like two happy children, and



HELPFUL SUGGESTIONS.

impossible to make them stand up color during this summer, for as a sort hats of soft materials, such as duvetyn properly on the child's head, they may of reaction from the dull and somber and velours and velvet, and because be used to good advantage for cover-

CHIC FOR FALL WEAR

of the var period our clothes have caught and reflected the most radiant tones of the rainbow and every group has been resplendent in its vivid colors.

We cannot complain of the lack of

The First Showing. Always at the beginning of every season it seems as if the first showing of millinery included only the widebrimmed and large pats. This is inevitably so for the spring and summer as we find ourselves preparing for the hot days when the sun is blinding and we need some sort of protection for eyes and skin. Just why it should be for fall and winter, however, I do not know unless the idea is to display first the dressy hat, as most women go on the principle that having invested in a smart and very good hat almost anything will do for every day. I do not present this idea as conclusive by any means, but it may be one of the reasons why we are shown so few of the small and simple every-day sort of hat and most of the newest shapes are of the splendid velvet picture hats.

Paradise feathers are predominating as trimming. They sweep down, but not up as heretofore, and thick sprays are used more than the single feathers we have seen so much of in recent times. Black paradise is really lovely and so expensive that it need not be disdained by even the most exacting and conservative. One of the newest shapes which is

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neither large nor small in size is the round turban with the draped and heavy brim. This is not an easy shape to wear, as it is apt to look very heavy so close to the face. However, it is really very splendid, for it is developed | gether. in the rarest and richest of brocades. heavily embroidered in gold and silver and resplendent in a mingling of colors entrancing to see.

The crowns of these wide draped turbans are of velvet or duvetyn as the case may be and are entirely untrimmed, as the present indication in the matter of trimming is seen in the draping of the brim. Where feathers are used they sweep down close to the face, even resting almost under the chin in a soft curve. This way of placing the paradise is an old, old one. borrowed, doubtless, from portraits of great ladies of some hundred or more years ago. It is in distinct contrast to the upstanding and jaunty algrette

which showered in a little fountain of

and beautiful fabrics, the price is con- or wooden variety. The ribbons should tinuality mounting, especially as so be dipped in gasoline, rubbed with to keep them firm, put a small slick-much of the trimming used this year clean, soft cloths until perfectly clean, er half on the paper and

Because of the great demand for

much of the trimming used this year is done by hand and is really hand embroidery. One of the favorite of fects is seen in the use of simple blos-soms, such as nasturtiums, single pe-taled roses and kindred blooms done include to cover them. Little sachet In outline around crown and brim. nicely to cover them. Little sachet In outline around crown and brim, These are extremely simple to make, bags, attached on baby ribbons, make a so that we shall have a fad of home. dainty finishing touch to the hangers. so that we shall have a fad of home-

made hats, doubtless, as almost anyoue can embroider in the simple and quickly made outline stitch.

High Draped Crowns.

The high draped crowns are again seen. Sometimes they point up almost a foot above the brim and are draped in a series of folds which keeps them from being awkward and very ugly, a they so easily could be. Of course the brims which accompany these high draped crowns must be wide enough to set them off successfully and prevent a topheasy look. Among the new trimmings are seen much glycerined ostrich feather banding. This sort of treatment of the feathers makes then shiny and glossy. The fronds are placed singly along a narrow band to hold them and are used thus against the brizm in a width sufficient to entire ly cover the brim and extend slightly beyond. They are used effectively on a rather wide hat of rose-colored velvet of which the crown is of the high

draped design thickly brocaded in sliver. The feather band lies flat over the brin and a narrow strip of silver ribbon encircles the crown where the feathers and the brocade come to-

A new shade is called nasturtium vellow and is as vivid as if can nossibly be and very smart why \$ 11

up in an untrimmed welvet] as to brim and crown too. se un trimmed hats are quite n as they have an air entirely all their own and seem to be most elaborate when absolutely untrimmed. This effect is achieved by a clever draping of the velvet, as in one instance the velvet is so arranged that it seems to make a fold over the crown and is folded

arrangements.

a summer frock

petrich. Pale yellow is cool and becoming for

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When replacing papers in drawers sent from the office. er half on the paper and

the other half on the drawer. When setting dishes on

ice, use old can rubbers to keep them from allpping. A little sand in a small

top-heavy vane make it quite stable.

Fill salt and peppe shakers with an orange spoon or make a paper funnel, which may be used more quickly.

A piece of macaroni placed in a be ry ple when put in the oven will save the loss of the good juice, as the macaroni will serve as a chimney for the fuice to boll up in.

Grease the cork of the glue bottle, so that it will not be glued in when it is

wanted. A piece of ice held in the month a

told me all about the surprise that moment before disagreeable medicine was planned for you, and I was over is to be taken, will dull the sense of Joyed," cried Mary happily. taste.

"Mary, dear," said Connie smilling Keep on your desk a list of things to do-calls, letter-writing and household ly. "this is the happiest day of my trsks; as they are done, cross off. It life."

Bud.

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"Say, Jack," cried Bud Marden sud is a most satisfactory way of knowing dealy, "what do you suppose the firm what is accomplished during the week will have to say to these young ladies or month. The same method is a good one to use in the kitchen; various when they both tender their resigna things are forgotten that, with the list tions together?" "Well," laughed Jack. "the only way

before one, will spur on the worker. A camp chair that will allo under the we can fix matters up is to invite them to our wedding." table, out of the way or can be hung from a hook, is a great convenience in

a kitchen with small space.

Evil in Idiende A roomy market basket with a strong. When a man has all of this world's well-fastened handle, makes a fine bed goods he needs he usually ceases to de for the small child when traveling, and velop. He sets out to "take his case

one in which it may be carried with est, drink and be merry." He may beity belongings. The basket is picked come infatuated with the process. For up and carried without disturbing the a time, at least, he doubtless will think baby or exposing him to the weather. himself the blessed of heaven. But which, although would and an Carry a package of courtplaster of these are among the mechanical and different colors. This may be used passive factors of existence. Ingenu- ous when, taken with when traveling to mend a garment or ity is turned from productive chan- Everybody today rea stocking in an emergency. nels to selfish purposes. Ideas of hu-

Transplant a few asters and other man welfare are lost in the mass of tannia of the fee avadering the favorite flowers in the garden after the plans and attempts for personal pleasvegetables are gone. In the fall they ures. This stagnates altruistic et. days of sum will be pleasant to look at. fort-nay, it kills those impulses that

Kitchien aprons of unbleached cot- mean uplift and progress. - Take away in over the brim in a double effect silk braid on short jacket, with very ton made with a good fitting style are the appeal to a man's better self and the smallest quantity will fe which is different from more ordinary full peptum. V neck line. The hat is most desirable, as they may be boiled you rob/him of the chance to become gestion by 30 minutes at the

he Marmell

his best. A man needs the incentive and cherries logsther are. of competition of his fellows,-Pennsylvania Grit.

as they were turning the next corner Quachery Semietly whom did they meet but Mary and "Faith and foolimber distant," mys the cynic "Oh. Conn. it's wonderful to think by some instanded of miri Jack came on that boat after all. Bud sale cures, there seems ground for the amerilo

There is the historical epi prince of Orange, for Indiances during one of his campaigns, a those of his soldiers who were of the scurvy by a piece of quarke With his doctors, who were the ecret, he said he had procured ash Icine really a decortion of ease wormwood and campbor -01 19out rarity and walks from the a was to strong that two or three would impart a hundlag virtue to a ion of water. The new took the me cine with faith and cheertal faces, a so historians tell me grew well ray

Ricky Food Combin An Argentine doctor In a medical review states that th many articles of diet in het w in themselves. are positively

of drinking tes with a ment he as indigestible as leather. Tot in aware perhaps of the fact that r aware permanent of four, and retards the digestion of four, and singularly harmful, and, were have caused the dusts of

Poppy red suede cloth, with black of black panne velvet with uncuried und kept white,