

**Discolored Ceilings.**  
It is frequently found that the ceilings immediately above incandescent mantles become blackened. If white-washed, it can be cleaned by being rubbed over with a mixture of starch and water of the consistency of cream. A soft flannel cloth should be used. When dry gently rub off the starch. The black stain will come with it.

**One-Sided Proposition.**  
"Well, I declare," exclaimed Aunt Nancy, gazing at the photograph of a Britisher all dressed up in his monocle. "If these English people ain't the savin' fellows! Think of wearin' only one spec' jest to save the other. But then," she added thoughtfully, "maybe the poor critter is blind in one eye."

**To Live Long.**  
Spend as much time out of doors as possible; exercise freely in the open air; let air and sunshine into your home. In short, respect the human structure; let the family physician examine each one of the family twice a year.

**A Whitman Reflection.**  
There is, in sunset hours, a consciousness, a thought that rises, independent, lifted out from all else, calm, like the stars, shining eternal. This is the thought of identity—Yours for you, whoever you are, as mine for me.—Walt Whitman

**Tempted.**  
"I have never been what you might call a lover of loss flesh," remarked the facetious feller, "but dern if I won't be tempted to try it if it's any cheaper."

**Ally for Mother.**  
Little Elsie (after being punished)—I think papa is dreadful. Was he the only man you could get, mamma?—Edinburgh Scotsman.

**Pretty Soft-A?**  
Who remembers the old days when we got our toes pulverized standing in line for our granulated sugar permit?

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**SHOFAR IN HEBREW RITUAL**  
Wood Instrument Dates Back to the Very Earliest Youth of the World.

Hebrew historians, with a special eye (or ear) to the racial history, are very proud of their shofar. They say it is the earliest form of wood wind instrument in the world, that it was used in the original Mosiac ritual. It is the one musical instrument, says Dr. Cyrus Adler, which has been preserved unbrokenly in that ritual.

There is even a theory, voiced by Professor Steintahl, that the shofar antedates the people of Israel. He says it probably goes back to prehistoric times. And another investigator points out that it obviously came first from a folk solely dependent on the growing of sheep.

This ancient ram's horn instrument was perhaps earliest used for the signals of alarm which were so necessarily common in primitive society. The Israelites then adapted it to their religious services, and with such fitting effect that it has persisted uniquely since the beginning.

But the Talmud indicates that, even among the Hebrews, the shofar was also developed into a horn for giving alarms. Fundamentally these alarms would be incidental to war. Afterward, though, the instrument was blown in other seasons of danger or distress. It was used to announce a plague of locusts or of drought. And it was employed in the public service of excommunication.

The children of Israel had other horns which were used for musical and ritualistic purposes, but this is the only one which has survived.

**WHAT MIRO READ AT SCHOOL**

Youngster's Initiation into Culture Was Made. "Almost a Religious Mystery."

At school Miro was early impressed with the vast dignity of the literary works and names he was compelled to learn. Shakespeare and Goethe and Dante lifted their plaster heads frowningly above the teacher's as they perched on shelves about the room. Much was said of the greatness of literature. But the art of phonetics and the complications of grammar swamped Miro's early school years. It was not until he reached the high school that literature began really to assume that sacredness which he had heretofore felt only for holy Scripture. Hand-diph Bourne writes in Yale Review. His initiation into culture was made almost a religious mystery by the conscientious and harassed teacher. As the "Deadwood Boys" and "David Hiram" slipped away from Miro's soul in the presence of Milton's "Comus," and Burke "On Conciliation" a cultural devoutness was engendered in him that never really died. At first it did not take Miro beyond the stage where your conscience is strong enough to make you uncomfortable, but not strong enough to make you do anything about it. Miro did not actually become an omnivorous reader of great books. But he was filled with a rich grief that the millions pursued cheap and vulgar fiction instead of the best that has been thought and said in the world. Miro indiscriminately bought cheap editions of the English classics and read them with a certain patient incomprehendingness.

**On Chasing Pleasure.**  
"I don't believe in makin' much exertions after pleasure. I don't believe in chasin' her up." Says I: "Let her come of her own free will." Says I: "You can't catch her by chasin' of her up, no more than you can fetch a shower up in a drowth, by goin' out loors, and runnin' after a cloud up in the heaven above you. Sit down and be patient and when it gets ready the refreshin' raindrops will begin to fall without any of your help. And it's just so with pleasure. Josiah Allen; you may chase her up and all over the oceans and big mountains of the world, but she'll keep ahead of you all the time; but set down, and not fatigue yourself a-thinkin' about her, and like is not she will come right into your house unbeknown to you." From "Josiah Allen's" Wife.

**Battle for Prohibition.**  
Hard drinking in England came to be regarded as a grave national danger. In 1755 a London grand Jury held the traffic responsible for a great crime wave, and regulation of the liquor business by law was instituted. Similar experiments were in the meantime being made in America. The battle in this country against use and abuse of liquor began in a mild way as a protest in pulpits against drunkenness. A New England society went so far as to bind its members not to get drunk except on the Fourth of July and general training days. Advocates of moderation gave way to those who felt that only total abstinence was the remedy. Then the battle began.

**When Romans Ruled Britain.**  
There is a showense in the Roman British section of the British museum that contains the discharge certificates given to soldiers in Britain at the time of the Romans. The bronze certificates are quaintly worded, and record the fact that the holders "discharged honorably after 25 years of service," are granted Roman citizenship if not already held, "and the recognition of their marriage with those who are their wives, or in case of unmarried, my wives they may subsequently marry, provided they only have one each."

**IRISH PRESIDENT IN UNITED STATES.**

Eamonn de Valera, president of the Irish Republic, arrived in New York city this week.

A large crowd was on hand to greet him, and he was given a tumultuous reception.

DeValera is in the United States to seek the aid of America.

**ROCHESTER AT HOME--1919.**

Rochester will play with Binghamton on July 4th (two games), also on the 5th and 6th.

**LAKESIDE NEWS.**

When working in the plant of the Genesee Blast Furnace Company, in the Twenty-third ward Wednesday afternoon, Edward Welch, 51 years old, who lived at 4734 Lake avenue, received injuries which resulted in his death at St. Mary's Hospital.

The United States Civil Service Commission has announced an examination to be held in Rochester on July 26th, to fill a contemplated vacancy in the position of fourth-class postmaster at Barnard.

Alderman Charles L. Hannahs, of the Twenty-third ward, called on William S. Riley, commissioner of parks, to arrange for a band concert in his ward. The date was set for July 12th and the place will be selected later.

**Consolation**

The Saviour whom you'd represent on earth, has all to say. Follow His lead, shoulder your Cross, for other fields away. On Calvary's Mount, with His silent flag unfurled. His life blood flowing to the breeze, for the salvation of the world. God's only begotten Son, by Pagan Rome was crucified. The living God, The Perfect Man, Purity itself exemplified. Two thousand years have passed and gone, forever, on the rock, His Church will remain. His dying words are slowly bearing fruit, and will eventually obliterate the stain.

**KNIGHTS OF ST. JOHN ATTEND FIELD MASS.**

At the third annual field mass of the First regiment of the Knights of St. John in Holy Sepulcher cemetery Sunday the following priests assisted Bishop Thomas F. Hickey: Fathers Hargather, Staub, Schellhorn, Bopp and Hoefen. Monsignor Andrew E. Meehan was assisted as master of ceremonies by some of the seminary students. The music was furnished by the society's choral society led by Frederick Pohl and by Lampham's band.

**Would Do Better Next Time.**  
While in the act of playing football Robert dumped some building blocks on the top of his sister's doll buggy. His sister being asleep at the time, I told him to make less noise, as he might wake her up. His answer was: "I'll get soft coal next time, daddy, and she won't wake up."

**The Baby Seal.**  
When seals are born they are snow-white, which makes them invisible on the ice on which they lie. Their eyes and noses are black, and when the little ones are suddenly alarmed they close their eyes, bury their noses and lie quite still.

**Life a Loan.**  
Life is given for us to use; it has been given to us as a loan without interest, and not to be paid back on any fixed day. Fortune distributes rime in unequal portions at her will; she hurries on the young; she prods up the old.—Petrus.

**Switching the Subject.**  
Once upon a time, we heard of two women who had lost their hair. One had been through a sick spell and the other found hers later behind the dressing table.—Indianapolis Star.

**Course Not.**  
Said the facetious feller, "Coarse food is not the kind that is served in courses."

**Optimistic Thought.**  
After a season of sport the mind is prepared to resume its studies with increased vigor.

**Bishop Hickey Makes Several Appointments and Transfers.**

Following the regular canonical examinations, Bishop Thomas F. Hickey has appointed Rev. Edward B. Simpson to the pastorate of the church at Phelps and Rev. Charles E. Muckle to Mt. Morris and the missions in Groveland and Nunda. Both priests have been for several years engaged in teaching, Father Simpson in St. Andrew's seminary and Father Muckle in the Catholic high school.

In addition to the appointments made the following transfers and appointment of priest were made by Bishop Hickey: Rev. John J. Ganey, overseas' chaplain, reappointed to his former post as chaplain to the State School at Industry.

Rev. James Wood, chaplain at Industry, has been appointed chaplain of the State Hospital at Craig Colony.

Rev. Raymond Quigley, chaplain at Craig Colony, has been appointed assistant pastor to Rev. F. J. Naughten, St. Ann's church, Hornell.

Rev. John McMahon is appointed chaplain at St. Ann's Home, to succeed Rev. John Baier, recently deceased.

Rev. James Ball has been transferred from St. Mary's church, Auburn, to assist Rev. James E. Hartley in St. Ann's, Palmyra.

Rev. Arthur E. LeMay, an overseas chaplain, is to be the assistant in St. Mary's, Auburn.

**Catholic Girls' Camp Will Be Opened at Canandaigua Lake**

The Bungalow, one of the twin cottages which will make up the Catholic girls' Camp Madonna at Menteith's Point, Canandaigua Lake, which is about to be opened for the months of July and August, under the direction of Mrs. Mary F. Nier of St. Elizabeth Guild House, who will act as hostess and will be assisted by several young women directors of physical culture of the city. The camp will open on Thursday, July 3, with special week-end rates to July 6. Judging from the numerous applications and inquiries being received daily at the Guild House, this latest venture in Catholic social work will meet with great success, especially as popular prices are to be the rule for the young women guests.

**Priest Is Transferred to Hornell.**

Hornell, June 25.—Rev. Raymond Quigley, of Rochester, who has been chaplain at Sonyea for the last four years, has been assigned to Hornell as assistant rector of St. Ann's church.

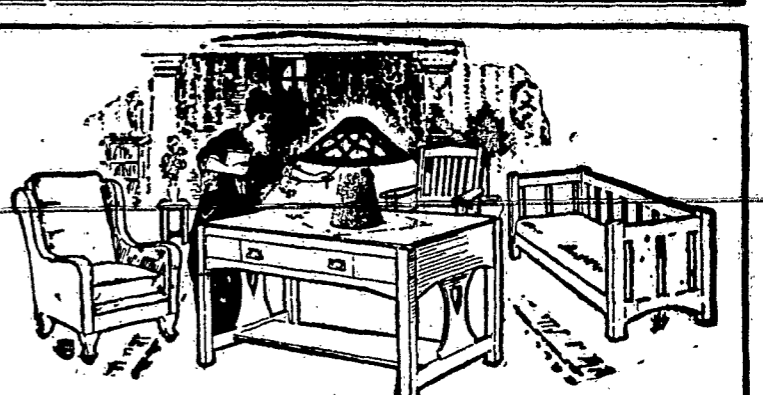
Father Quigley is a son of Chief of Police Quigley, of Rochester, and has been a priest for eight years. He takes the place made vacant by the transfer of Rev. Charles Shay, to Rochester.

**Rev. John Neary Celebrates His First Solemn High Mass.**

Geneva, June 23.—Rev. John Neary, son of Mr. and Mrs. John Neary of Middle street, who was ordained to the priesthood at Rochester a week ago last Saturday said his first solemn high mass at St. Francis de Sales church, last Sunday morning, June 22nd. A dinner followed at the school hall and a reception was held in the Neary home in the afternoon.

**Feast of Sacred Heart Observed by Special Services.**

Friday, June 27th was observed throughout the Catholic world as the feast of the Sacred Heart, which is the principal one for the month of June and ranks among those of the first class. It owes its origin to Apostolic times when St. John and St. Paul manifested a special devotion to the love of God as symbolized in the Precious Blood whose home and dwelling place is the Sacred Heart.



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**She Almost Started a Fad.**  
A girl who selected two earrings from different sets yesterday morning when dressing hurriedly, was suspected of introducing a new fad. She was unconscious of the attention she attracted and did not realize that heads of her neighbors in church were turned and twisted to get a "close-up" of her jewels until she reached home. A glance in her mirror told her that she was the object of interest in her pew, for a huge pearl blossomed in one ear and a brilliant blue pendant hung from the lobe of the other.—Worcester Evening Post.

**Opium.**  
Opium is the dried juice of the white poppy, a flower that grows in many parts of Asia. A few days after the flowers have fallen off the plants men go through the fields in the afternoon and "make little cuts" in the poppy head. Out of these cuts a milky juice oozes, which dries into a brown, sticky paste. Every morning the men go through the fields again and scrape off this paste, which they put into jars. Later on it is made into half-pound balls and then packed for shipment.

**For Artificial Limbs.**  
Willow or other wood of a similar nature has heretofore been made use of in the manufacture of artificial limbs, but a cheaper and at the same

time superior substitute has been found in a composition in which celluloid largely enters. The composition is made use of by spreading upon pieces of fabric, which are then wound about a mold. The new material is said to be light, easily worked and of trivial cost.  
As to Democracy.  
If democracy means that any man may help who can, that school and university will give every man and woman the fairest chance, the most generous inducement to help, to do the thing he can best do under the best conditions, then, yes; but if democracy means getting up a riot and boycott among the stupid and lazy and illiterate whenever anything is doing, then I say no.—H. G. Wells.  
Original "Yeomen."  
The title "yeoman" is of thirteenth origin, and the yeomen were so styled because, besides the weapons fit for close engagement, they fought with arrows and the bow, which was made of "yew," a tree that has more repelling force and elasticity than any other. After the Conquest the name of yeoman, as applied to their original office in war, was changed to that of soldier.  
Daily Thought.  
Love better is than fame.—Bayard Taylor.