



THE KITCHEN CABINET. If you were busy being true...

HELPFUL HINTS.

When baking a cake, set the alarm clock, so that no matter how busy...



Old stockings slipped over the sleeves will keep a gown fresh...

Obstinate stains of almost any kind may be removed by using soap with peroxide...

Swiss chard and chinese cabbage are two vegetables which should be found in every garden...

Moisten the brush of the carpet sweeper—it will do much better work...

Pineapple juice is a good cure for indigestion. Pineapple with bananas and an orange...

Keep plenty of water in the boiling pots and pans on a damp, rainy day...

In cooking rice, use plenty of boiling water, and keep it boiling rapidly at first...

Apply soap and ammonia to burns from acid immediately, to allay the pain...

Grated horseradish mixed with whipped cream, salt and cayenne makes a good sauce to serve with fish.

"Oh, Mr. Travers," she called softly, "it is perfectly scandalous of me to ask you, but I would love to have the lady you require in order to have a cup in the lounge."

Eve was a trifle breathless by the time Travers' eyes had turned upon her in wholly delightful surprise. A brilliant flush, too, swept defiantly into her cheeks.

Altogether Eve was a lovely applicant for favor.

"How jolly of you," Travers said quickly. His acceptance of her was so swift and natural that even the most eagle-eyed Mrs. Grundy would have failed to see the delightful unconventionality of it.

SEASONABLE DISHES.

During the early summer months the appetite needs a little urging and especially attractive dishes to appeal to the appetite.

Mutton With Peas.—Cut mutton in serving-sized pieces, brown in a little boiling water and cook at a low temperature until well done.

Grilled Chicken and Mushrooms.—Sprinkle pieces of cold cooked chicken with red pepper and salt, brush with melted butter and toss in fine crumbs.

Unusual Sponge Cake.—Separate the yolks and whites of four eggs and beat the whites very stiff; add a cupful of sugar, a little at a time, to lose the air in the beaten egg.

Hour Meat.—Take a nice piece of round steak, lay it in vinegar with one onion, a teaspoonful of whole allspice, salt and pepper mixed, one bay leaf and allow it to stand for three days.

From May until late in October if the season is warm, we will find a crop of delicious food just for the gathering. The field mushroom may easily be learned and it will quickly be recognized so that there need be no danger in eating it.

Now if I were to ex-

Eve to the Rescue

By DOROTHY DOUGLAS

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Eve had waited long and patiently or Teddy to keep his appointment in the hotel lounge. It was apparent, however, since it was a full half-hour past the time of meeting...

Also Eve felt in a most chatty mood and wanted to dance more than she had longed to for many months.

At least she had been lonesome until she had found intense interest in a young officer who she considered had been abominably treated in the tea lounge.

Eve had watched him go in and eat himself at a small table among the dancers, only to be told by a waiter that he could not have tea there unless accompanied by a lady.

She had watched his thoroughly astonished gaze at the waiter and his well-bred and immediate succumbing to the law of the hotel.

In another instant Eve had recognized him as the famous war correspondent whose every word she had read with an interest bordering on fascination.

There was something very, very compelling in the charming Eve, and he wanted not to become entirely at the mercy of the first attractive girl with whom he had danced in four years.

"There are one or two things I must attend to when my lectures are finished. You American girls are tremendously clever at giving strangers the right of way in New York—so perhaps I may call on you to help me decide my course."

Eve pondered for a long time on Travers' words and found them food for reflection—quite, quite romantic reflections.

"I have so enjoyed assisting you this afternoon that I am positive when you ask a great favor I will be there to help you," she said. Her voice was wonderfully soft and Travers sensed a warmth as well in its depths.

At least he knew he would not return to England without Eve somewhere on the steamer, and she would be there not as Eve—single.

How Bird Flights Are Observed. In spite of their difficult and exacting task, a few birdmen have found opportunity to observe and record the flight at which various migrating birds are accustomed to fly.

The sincerity of Eve had quickly stamped itself on Travers' brain. That keen, sensitive mind of his was not likely to err in its impressions of human beings.

He would have been grateful to any one who had been good enough to tide him over the lonely hour that threatened him, but that the particular one should have velvety eyes and scarlet lips as two of a full dozen charms was a tremendous bit of luck.

Travers took advantage of his good fortune and held Eve's entire interest, giving her a few of the vivid sensations that New York's streets had offered him.

"I am coming to hear you lecture," she confided to him, "but I will treasure what you have told me here far more than anything you tell the whole audience."

John Travers had a queer un-British desire to tell Eve that he felt as if some day there might be more things for her ear alone. Instead he smiled his whimsical smile straight into her eyes.

"You see," she continued, while the effect of his smile traveled down to her heart, "we ordinary people appreciate more than you, have any idea of the mere presence of you great people. To see you personally, or even just to touch you in a passing crowd—that in itself creates a tremendous elation in us."

Travers again laughed. "You Americans have the most delightful ability to express the delicate, agreeable thoughts that come into your heads. We Britishers are hopeless, quite hopeless in the niceties of conversation."

press to you the charming, whimsical picture that your coming to me as you did has flung on my mind I would fall. Fancy telling you how more than happy I am that you are having tea with me—a perfect stranger in America."

It was Eve now who laughed. "You don't do it badly at all, though." She vouched him the very first of her veiled glances. Her eyes had been openly frank, her manner chummy and even boyish.

Travers sensed the change, but stood his ground even as the British army was wont to stand its ground though the enemy outnumbered it by many thousands of men.

Eve looked deep and long into the young correspondent's eyes as if she would imprint therein some kind of memory of herself. She felt in part quite inadequate to enter any arena when John Travers was already there.

A soft, gentle sigh escaped her lips. "Do you fancy a dance?" Travers asked her suddenly. "It's many a day since I did any dancing, but I fancy we can drag through."

A moment later they were among the dancers, but it was all a dream to Eve. She could not realize that John Travers' arm was in reality touching the back of her Polart costume and that her own hand lay in his.

However, Travers made it more than apparent that he was actually there. He kept up a light conversation at a quite alarming extent for him. It was almost as if he were trying to erase for a few wonderful moments the tragic scenes that had crowded themselves before his tired brain during four long years of war.

There was something very, very compelling in the charming Eve, and he wanted not to become entirely at the mercy of the first attractive girl with whom he had danced in four years. Yet there was no denying the tremor that her hand was sending up his arm nor the delightful contentment her presence near him was producing.

"Are you going to be in our country very long?" he found Eve to be asking.

Travers swiftly calculated the number of weeks his lectures would take him, and to that he added a week or so for the advancement of his courtship of Eve. He made up his mind that the latter would not take over long if he had all the says, and answered Eve when it was all thought out.

"There are one or two things I must attend to when my lectures are finished. You American girls are tremendously clever at giving strangers the right of way in New York—so perhaps I may call on you to help me decide my course. If you assist, I will be back in England before three months have passed."

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DECEIT WILL ALWAYS OUT

Impossible for Any Man to Conceal His Real Self for Appreciable Length of Time.

The tag often affixed to the name of a public character is that "in private life" as or she is this or that. How many of us behind the scenes of the world's stage are all that we face the world with?

An Irish comedian, suffering acutely from shell shock, made his rebellious body obey his spirit, to give entertainment to soldiers at the front in a play he wrote and managed, in which he assumed the chief part.

"Throwing a front" gets a man just so far and no farther. The deception is pierced before long. The manner of man he truly is comes to be known by the company he keeps, by the chance word he lets fall, by the look in his face when he is off his guard.

Happiness comes to crown the life of the man who is the same, essentially, at all times and in all places. He is not acting a part. He is always his own genuine, human self, and he does not know how to be anybody else.

GET THEIR SUPPLY DIRECT

People of Naples Have Goats Brought Into Their Places of Residence and There Milked.

Goats in flocks, wearing wooden collars and escorted by goatherds, usually women or children, make free of the sidewalks of Naples, and constitute one of the most characteristic sights of that city.

Although it would ordinarily be expected that quantities of milk would be sold in a city like Naples, of nearly a million inhabitants, it is, however, not used to a great extent by all classes of native Neapolitans.

Mirrors Made Useful.

Mirrors are great aids in the little house, for they give vistas and reflect distances in a most charming and very realistic way.

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Reverence for Life.

Only place all life before the child as within the realm of humanity, and thus the greater reveals to him the less. Put life and soul into everything; describe to him even the lily, which he would pull up as an ungrateful thing.

Don't approach a gentleman as if you had known him all your life. Don't stick out one hand, and with the other, shove out a cigar. Be modest and retiring. Speak slowly and forcefully, and when you speak, say something! Fish is excess baggage.

Work! Here is the rock that about ninety out of a hundred split on. Work! Did you ever hear a man say, "Jim Jones is a good fellow and a worker?" More often you hear, "Jim is just a good fellow."—New Success Magazine.

Scotland's Water Power.

It is estimated that 1,000,000 horse power could be obtained from Scotland's waterfalls.

NEW YORK NEWS

ITEMS IN BRIEF.

Paragraphs of Interest to Readers of Empire State.

Interesting News of All Kinds Gathered From Various Points in the State and So Reduced in Size That It Will Appeal to All Classes of Readers.

Mt. Morris is to have a community nurse.

Medina's gas plant may be started up shortly.

Danville veterans will join the Legion of Honor.

Rochester's community chest budget calls for \$1,250,000.

Fifty-cent haircuts have went into effect in Rochester.

Nunda stores are to be closed at 6:30 p. m. hereafter.

World War Veterans are forming an organization at Bath.

A new national bank is in process of organization in Burston.

Movie pictures are now showing for the first time in Auburn.

Citizenship has been denied to many applicants in Canandaigua.

Spencerport veterans of the World War have organized a post.

North Tonawanda's war chest has given \$2,500 to the Salvation Army.

Newark will not divert war chest funds to a welcome-home celebration.

Ogdensburg will fight to retain the Fitzgibbon boiler works in that city.

Monroe county farmers are calling for a repeal of the daylight-saving law.

Fredonia says the state graze exchange may prosecute the feed interests.

Much damage was done near Phelps by hailstones which fastened out the crops.

Betram E. Harcourt is going to run for county judge over in Orleans county.

Dr. MacNaughton used a palmator and saved the lives of two pigs at Penn Yan.

Dundee says some crops got an unexpectedly good start during the rainy weather.

F. G. Matteson has extended his bus line between Walkville and Belmont to Bolivar.

Postal inspectors, after repeated complaints, are to visit Livingston and Ontario counties.

Phelps citizens sent a delegation to Canandaigua to protest regarding the rural mail service.

Permits of storekeepers only will be issued in Rochester for the sale of fireworks this year.

One of the manufacturing concerns in Danville has opened a model canteen for its employees.

Machias objects to R. F. D. changes as the two routes operated out of the village already total 53 miles.

Rochesterians are baffled to find the right sort of an expert to investigate the milk situation in that city.

Ralph W. Hoyt's property at Penn Yan has been selected as the site for the memorial hospital for soldiers and sailors.

Major General O'Ryan reports that regiments of the state guard are being organized in Buffalo, Rochester and Avon.

Jews of Rochester have formed a co-operative society for the purpose of getting better and cheaper bread for their members.

Beginning July 1, Federal Judge Hazel of Buffalo will get a raise of \$1,500 a year, bringing his salary up to \$7,500 per annum.

Commissioner Bagley will probably recommend a federal landing field for mail airplanes and Buffalo will be put on the aerial route.

Buffalo was unanimously selected by the Northern Baptist conference convention as the meeting place for the 1920 convention of the church.

Mrs. Helen B. Montgomery of Rochester was elected president of the Woman's American Foreign Baptist Mission society at the big gathering in Denver.

Assemblyman Quackenbush, who has represented the First district of Steuben county at Albany for the past year, denies that he is a candidate for re-election.

Nathan Frank, Ogdensburg's oldest business man and one of its richest citizens, died at his home in that city, 92 years old. He was prominent in Masonic circles for half a century.

Farmers in Northern Chautauque declare that all crops will be at least three weeks later this year on account of the daily heavy downpour of rains which has visited that section of the county since the beginning of May.

Frederick S. Greene, state highway commissioner, accompanied by his secretary, James T. Taffe, spent a day in Chautauque county looking over the principal highways which are in need of early permanent improvement.

Ten claims against the state, amounting to \$244,000 have been filed with the state board of claims as a result of an automobile accident in Letchworth park on Aug. 10, 1917, when an automobile toppled over an alleged unprotected embankment, rolling about 40 feet, killing three persons and injuring eight others.

Enactment of laws compelling every person in the state to learn to read and write the English language is recommended to Governor Smith by the committee on education of the reconstruction commission in a report just made public.

Hog cholera which developed a few weeks ago among a drove of hogs on the Charles E. Shepard farm at Putnam Settlement, has caused the death of 15 out of 28 pigs and four of five hogs. The remainder of the drove is apparently free from cholera now.

Residents of Danville have been interested in the report that workmen who have been drilling for oil on the Braden farm on the state road, just below Danville, had struck gas when at a depth of 500 feet of a good pressure, but would continue drilling for oil.

Inquiry by the trustees of public department of the administration of the affairs of the office of the superintendent of public buildings developed the fact that a painting job was ordered this spring without anyone in the department knowing what would be the cost.

Thirty-two thousand members of the Knights of Columbus served the colors during the war, while 1,000 veterans did wartime work in Europe and 474 in this country. Michael J. Larkin, state deputy, told the state convention at Oswego in a summary of the war service of the order.

The policemen's and firemen's pension law in Syracuse will be amended, if possible, at the next session of the legislature to permit the city to maintain the services of Chief T. F. Ryan of the fire department, and Deputy Chief of Police William O'Brien, after they reach the age of 65 next fall.

Willard McKinstry, aged 60, western civil service commissioner of the state of New York, former clerk of the ways and means committee of the legislature and for many years managing editor of the Watertown Daily Times, died at his home in Watertown. He was born at Fredonia, Chautauque county.

Both business men will place in circulation petitions asking for return of the mail service enjoyed before the government took over the management of the railroads in the outbreak of the war. The return of the mid-afternoon mail eastward to Elmira and other points, as well as the afternoon mail to Rochester, will be asked.

The state industrial commission reports that the total of wages paid to factories of New York state in August shows a marked change over the previous month. There was a decline of less than 1 per cent over the number of workers practically stationary, which resulted in an average weekly earning of \$3.11, or 50 cents less than in March.

Another record was established at the Holstein auction sale at the Penn Yan farm on Oliver Cabana, Jr., of East Aurora. Charles Deid of Buffalo paid \$40,000 for a cow with a record of 47.34 pounds of butter in one week. This price lays in the shade the \$30,000 paid by J. T. Shanahan of East Aurora for one of the prize cows at the Cabana herd.

An automobile delegation of fruit growers of Wayne, Monroe and Niagara counties visited several co-operative packing houses in Niagara county to determine as to the advisability of establishing such co-operative methods of packing fruit in the three counties. There are six such companies formed in the larger towns of Niagara county.

Commissioner of Agriculture C. H. Wilson has taken steps to arrange a conference of commissioners of agriculture and entomologists in the corn growing states of the country for the purpose of discussing the problem presented by the European corn borer. "While the corn borer has been found only in New York state and Massachusetts thus far, it spreads rapidly in spite of precaution," says Commissioner Wilson.

Governor Smith's veto of the Knickerbocker bill providing for a referendum on \$20,000,000 New York bond issue means that good roads bond issue is vetoed or exhausted will not be available.

No crowd ever furnished more excitement to the spectators than the ring in the big tent at the Penn Yan farm auction at East Aurora, when Oliver Cabana, Jr.'s wonderful Holstein bull, Bag Apple the Great, was put on the block, eventually going to Robert A. Foster of Detroit for the record-breaking price of \$120,000. The previous high price paid for a bull of this kind was \$100,000, which the Carleton Milk company of Wisconsin gave at the Philadelphia sale about a year ago.

The first Buffalo livestock exhibit will be held in Buffalo the second week of December. This was the decision reached at a meeting in Buffalo of the directors of the newly formed Buffalo Livestock Show corporation. At the recent meeting in Buffalo of the State Breeders' association it was voted to establish an annual livestock show for Buffalo along the same lines as the annual show at Chicago. The meeting a show company was incorporated with a capital of \$100,000.