

ANCIENT HISTORY

Only herbs were used for medicine by long lived ancients.



They prevented rheumatism, head aches, blood impurities, kidney, liver and stomach troubles by using nature's own prescription.

Father Mollinger's Famous Health Tonic is recommended because 15 natural ingredients are included in the formula.

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Dance Carnival
Saturday Evening March 1, 1919
Dances Tues. and Sat. Evenings
Classes Mon., Wed., & Fri., Eve's
Private Lessons Daily.
Smith's Dance-Castle
Rochester's Newest Select Ballroom
All branches of dancing taught
217-21 Cox Bldg. 36 St. Paul St.
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Learn the "Dance-Castle Taps"

If You have a House to Sell or House to Rent
Paint it
Buyers and tenants do not expect excuses as in wartime. Now they want things slick and clean.

Humphreys
24 South Avenue
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Wanted-Work for the blind, orders taken for piano tuning, chair cane seating and brooms. Phones, Stone 5621, Chase 354. J. W. Southworth, 531 Benton St.

Marshal Foch, of France, may visit Ireland, and in the meantime he thanks the Irish people for their prayers.

MENEELY BELL CO.
TROY, N.Y.
AND
130 BRADWAY, N.Y. CITY
BELLS

Appreciations of the Art of Mischa Elman in Recital Here on March 11th

The New York Tribune, in reviewing a concert by Mischa Elman, the eminent Russian violinist, who is to play here on Tuesday evening, March 11th, at Convention Hall, called special attention to the Ernst Concerto which the violinist offered. It is a most difficult work and Mr. Krobbiel, the Tribune's noted critic, said: "The composition is so charged with difficulties that it is a terror to most violinists. Mr. Elman's playing of it must have left the violinists who heard him well nigh breathless, for he tossed off cascades of double steps like glistening jewels, thrown out by handfuls."

The New York Press also enthused about the same concerto as follows: "His playing of the Ernst Concerto was downright sensational from the viewpoint of technical difficulties overcome and subordinated to artistic effect."

Knights of Columbus.
The fourth degree was conferred on a large class of members of Rochester Council, K. of C., in Powers Hotel last Sunday afternoon. The work was under the direction of William T. Connor, master of the fifth New York district, while the degree team was in charge of William M. Smith and James C. Connolly. A dinner followed at which Frank H. Shields of Auburn was toastmaster. The speakers included the Rev. Dr. William E. Cowen, the Rev. John B. Sullivan, Hon. James M. E. O'Grady, and Lieutenant Edward A. Roeser. A toast was drunk to President Wilson.

An informal dance was held on Friday night, Feb. 28th by the Knights of Columbus in their club rooms. This was the last dance before Lent. An exhibition was given by Leo Fleming and his partner, Michael Mahoney was chairman of the lunch committee. Prizes were given.

Cyril J. Statt, member of Rochester Council, Knights of Columbus, and a young business man of this city has been appointed supervisor of the Knights of Columbus war welfare work in Central and Northern New York. This department includes four hospitals, General Hospital 13 at Danville, Madison Barracks at Sacketts Harbor, General Hospital 5 at Oswego, and the hospital at Plattsburgh training school. Mr. Statt is at present directing the constructing at the three places.

Mr. Statt, who is a member of the firm of Gerstner and Statt entered the service of the Knights of Columbus as secretary at the Aerial School of Photography at Kodak Park. In November last he was appointed general secretary of the Rochester district.

R. B. I. Night School.
You may start a course in bookkeeping, shorthand or typewriting in the R. B. I. Evening School Tuesday evening, March 4. Adv.

Main 2007 FOR THE GLEN 362
BABIES and GROWNUPS PURE MILK
Clarified and Pasteurized MILK and CREAM
Consolidated Milk Co.
Inc.
45 Fulton Avenue
ROCHESTER, N. Y.

Laura A. Cauble, deputy commissioner of public markets of New York city, made public a letter to Governor Smith in which she denied having announced that Mr. Smith intended to inaugurate legislation designed to make "public utilities" of necessary foodstuffs. "I made no statement concerning your program for food legislation," she wrote. "I did say 'no man ever entered the office with a better social view point than Governor Smith and I believe he can be depended upon to do all his power to improve our situation.'"

Council 23, C. R. & B. A., Resolutions

At a regular meeting of Council 23, C. R. & B. A., the following resolutions were adopted: Whereas, Almighty God in His Infinite wisdom has seen fit to call to her eternal reward one of our esteemed members, Mrs. Mary Connell, be it Resolved—That we the members of Council 23, C. R. & B. A., do hereby extend to the family of our sister our sincere sympathy in this the hour of their affliction and we commend them for consolation to the Divine Power who doeth all things well.

Resolved—That our charter be draped for a period of thirty days, that these resolutions be entered upon the minutes of the meeting and a copy be sent to the family and published in The Catholic Journal.

Mrs. E. Blaesi,
Mrs. Duggan,
Miss Edith Sharpe,
Committee.

Rev. H. Catalano, D.D., Is Given Motor Car by his Parishioners.

A committee of twelve parishioners of St. Lucy's Church, headed by Joseph Campitello, presented an automobile to the pastor, Rev. H. Catalano, D.D., last Sunday, to show their love for him and their gratitude for his zeal and hard work. The car is a five-passenger sedan. The pastor thanked the committee and the other parishioners who had contributed to the fund, with which the automobile was purchased, telling them that he always had been sure of their affection and their gratitude for the work he has done among them in the seven years since the parish was established.

Rev. Father Catalano spent last week out of the city to rest. The gift from his parishioners on his return from his vacation was a great surprise to him.

Italian Dramatic Club To Present Play For Benefit of Church

The Dramatic Club of the Big Brothers, the society of young Italian men and women in Rochester which was but recently organized, but which is working out along the lines of the Father and Son movement, will present a patriotic comedy-drama, "Mrs. Tubbs Does Her Bit," at Cathedral Hall, in Frank Street on Monday night, March 3. Miss Mariana Mannino and Joseph Amico will have the leads, while Paul Brigandi will take the leading part in "For the Sake of Riches," which will begin the same night.

The play is being staged for the benefit of the Church of Our Lady of Sorrows. Music will be furnished by Mannino's Orchestra.

Autoists Happy—Rates Reduced.

Rates of insurance for liability and property damage on automobiles are lower this year than in many previous ones. It is a drop sufficiently large to make it advantageous for every one to carry insurance and thus protect himself against being mulcted in damage suits. It is possible now to get a property and liability damage policy based on the list price of the car, which is quite an advantage in economy. No autoist should be without a policy at any time. Accidents occur when least expected and frequently the innocent one is made to suffer. Only the very best insurance companies are handled by Wehn & Wedel, 207 and 209 Powers building. Because of the personal attention they give every case, they have built up a large business and the satisfaction they give their clients has cemented patrons to them.—Adv.

R. B. I. Day School.
You may start any course in the R. B. I. Day School Monday, March 3.—Adv.

WHY HE DIDN'T GET A RAISE

He stopped growing.
He had no initiative.
He watched the clock.
His temper kept him back.
He felt above his position.
His tongue outclassed his brain.
He wasn't ready for the next step.
He didn't put his heart into his work.
He believed in living as he went along.
His familiarity with inferiority dulled his ideals.
He was always grumbling. He was always behindhand.
He was not dependable, one never knew where to find him.
He never dared to act on his own judgment, did not trust it.
He tried to substitute bluff for training preparation, expert knowledge.
He never seemed to learn anything from his blunders, mistakes or experiences.
He lacked system, orderliness in his work; he was sloppy, slovenly, slip-slop, lazy.
He believed he would never be promoted because he wasn't in with his boss, didn't have a pull with him.—Dr. Orison Marden.

CUSTOM IS VERY OLD ONE

How Ceremony of "Baptizing" Boats Has Been Handled Down to the Present Age.

Date of the origin of the "launching ceremony" is uncertain, but records tell how the ancient Egyptians blessed their ships as they entered the water, and the Greeks and Romans are known to have done likewise, using both wine and water.

When the British ship, Sovereign, was launched, in 1488, in the presence of Henry VII, the vessel was named and ceremoniously blessed. We read that "a mitred prelate with attendant train of priests and choristers, croziers in hand, with candle, book and bell and holy water," participated in the benediction.

In France during the eighteenth and early part of the nineteenth centuries, the launching ceremony was singularly akin to the baptismal service for an infant. This was especially so where merchant craft and fishing vessels were concerned. The practice lay close to the hearts of the poor people, and the parish priest usually officiated. Not infrequently the ship's godparents were mere children. No wine was used, but holy water was sprinkled on the bow with the giving of a benediction.

How Oil is "Discovered."

In the early days of the oil industry search for new oil fields were carried on in a haphazard way. Few or none knew exactly where to look for petroleum pools, and it was usually only by persistent drilling of wells and "fool's luck" that prospectors made their strikes. Vastly more failures than successes resulted from this unmethodical procedure, and fortunes were sunk in testing hopelessly dry or only slightly productive territory. In course of time, however, scientific ideas crept into the plans of the oil seekers and the geologist was called upon as counselor and guide. Nowadays the judgment and advice of the man of science are indispensable prerequisites to the exploitation of any supposed oil region. In consequence, the pursuit of oil, though still attended with risk and uncertainty, has been made far less a matter of guess work and chance and loss. The geologist can not see all that the earth hides in its bosom but from certain indications he can determine whether underlying strata on any given tract may be probed with possibilities of an oil well.—Populas Mechanics Magazine.

How Red Cross Raised Money.

When a recent member of the Red Cross at Anderson, S. C., suggested that a bag belonging in the public square to receive discarded samples of cotton from dealers and small gifts of the same product from farmers, the idea proved unexpectedly profitable. One day some one in line of a cotton gift, pinned a \$7 note to the bag. It was decided to allow the bill to remain as a suggestion to others. In less than ten days \$3000 in cash, besides many pounds of cotton, had been collected by the bag. The idea was soon copied in neighboring towns, with good results, resulting in every instance.—Populas Mechanics Magazine.

Why Overwork is Wrong.

Sir Edward Carson, speaking at a meeting at Belfast recently, said for a great part of his professional career he used to get up at half past four. He came to the conclusion it was a dog's life, and gave it up. The principle of going to work so early that you are almost tired before you begin, and are certainly fagged out before the day is over, is wrong. There is only a certain amount of work in a man, no matter how willing he is.

Why He Was Not Jubilant.

"Aren't you glad to get back from France?"
"Of course. But I dread the job of learning the language all over again."
—Life.

A SAFE FAMILY MEDICINE

Father John's Medicine is Best for Colds, Grip, Sore Throat and Stubborn Coughs and as a Body Builder.



Father John's Medicine is an old-fashioned family remedy—not a patent medicine, but the prescription of a learned doctor. It is free from opium, morphine, chloroform or poisonous drugs which are found in many of the patent medicines; it contains no alcohol or other stimulants. It is a Food Medicine, pure and wholesome. Father John's Medicine has had more than 50 years' success for colds, grip and throat troubles. It is invaluable as a tonic and body builder and restores weak and run-down systems to health and strength. It nourishes the system and makes it strong.

We want to warn you against the new patent medicines which are being advertised in the newspapers. They are full of stimulants and are a craving for drugs. Father John's Medicine is a safe medicine for all the family, for the children as well as older people, because it does not contain alcohol or dangerous drugs in any form.

MECHANICS SAVINGS BANK
Money Deposited In Old or New Accounts On or before Tuesday, March 4th will receive interest as of March 1st. For Your Convenience Open Saturday Evenings from 5 to 8 to receive deposits
18 EXCHANGE STREET

Chas. Pierce
TAILOR
42 MAIN ST. EAST
ROCHESTER, N. Y.

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35 State Street, Rochester, N. Y.
RESOURCES \$28,400,000
Deposits \$1 to \$3,000
Interest allowed from the first three business days of any month
Dividend declared December 1st, 1918, for six months at the rate of 4 per cent per annum
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