

HASTY BREAKFAST BRINGS FAINTNESS

Some Food Facts That Every-body Ought To Know

The food we eat is like the fuel that is fed to an engine. When during the forenoon following a hasty breakfast of toast and coffee you feel faint and hungry it is your body crying out for fuel.

Many people who are under weight, thin, pale and run down, are actually starving to death because they do not get the proper amount of nourishment from the food they eat. Such people can gain weight only by taking food that is easily absorbed by the system and such a food tonic is Father John's Medicine which has tremendous food value.

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We have learned it is almost impossible to have glasses repaired "Over There." Great difficulty is experienced in getting repairs to and from the "Front." Soldiers who wear glasses should provide themselves with two or three pairs before leaving here.

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City Parish News

Interesting Budget of Happenings Gathered by Our City Reporter

St. Peter and Paul.

The masses on Sunday will be at 6:30, 8:15, 9:30, high mass at 10:45 o'clock.

May devotions are being held every evening in the church at 7:45 o'clock.

The children of the first communion class will receive their first holy communion on Sunday morning at the 8:15 o'clock mass.

Bishop Hickey's annual appeal for the Holy Father was read at all the masses last Sunday by the pastor, Rev. J. E. Gefell. The collection will be taken up at all the masses this coming Sunday.

Died—At the family residence, 128 Orchard Street, Wednesday, May 8th, Michael Fritz, aged 57 years. He is survived by his wife, Teresa Brown Fritz; five daughters, Irene R., Sister M. Hildegarde of the Order of Mercy, Melinda, Teresa and Lovetta Fritz and two sons, Edmund and Clarence Fritz. The funeral was held on Saturday morning at 8:30 o'clock from the residence and, at 9 o'clock from the church. Interment was made in Holy Sepulcher Cemetery where Father Bayer gave the last blessing.

Cathedral.

A novena to the Holy Ghost started on Friday evening, May 17th and will close on Pentecost Sunday.

Confirmation will be administered on next Sunday afternoon, May 19th, at 4 o'clock.

On Sunday, May 12th, a meeting was held for the Public Safety, under the auspices of the Cathedral Holy Name Society, at 7:30 p.m., in Sodality Hall.

The exercises for the novena to St. Rita began on Wednesday evening, May 15th, at 7:45 and will close on Friday, May 24th.

Died—On Tuesday morning, May 14th, 1918, at the family home, 45 York street, Michael H. Callaghan, son of the late Michael and Mrs. Julia Callaghan. He leaves surviving his mother, two brothers, John and Bernard; four sisters, Mrs. Mary Whaley, Mrs. Fred Homan, Mrs. Anna Callaghan Quirk, Miss Helen Callaghan.—Funeral on Friday morning at 8:30 from the house and 9 o'clock from Lady Chapel.

Corpus Christi.

The masses for Sunday will be as follows:—at 7, 8:30, 9:30 and 11 o'clock.

The children of the parish will receive their first Holy Communion Sunday, May 26th.

The school collection will be taken up at all the masses next Sunday.

Branch 251, L. C. B. A., held their installation of officers last Tuesday evening. Past president, Miss Anna Conlon installed the officers after which luncheon was served and a most enjoyable evening spent.

Mr. and Mrs. John McParlin of 97 Prince Street, have gone to their cottage at Forest Lawn to spend the summer months.

Mrs. Ella McCarthy of 187 North Union Street has been in Washington for the past week visiting her husband Mr. William P. McCarthy.

Died—Wednesday, May 15, 1918, at the family residence, No. 14 Birch Crescent, Herman P. Lenahan, son of Elizabeth and the late John H. Lenahan. He is survived by his mother and one sister, Mrs. Robert J. Lennon, Jr.—Funeral Saturday, May 18th at 9 o'clock from this church.

St. Bridget's.

A novena in honor of St. Rita began at St. Bridget's Church on Wednesday, May 15th, and will continue until the evening of May 23rd. It is expected that the capacity of the church will be taxed, as in past years the devotions have attracted large numbers from every parish in the city. The morning masses will be said at 7 and 7:45 o'clock.

St. Rita was born in 1831, a native of Rocca Perena, a small town in the Province of Umbria, Italy. She was a nun in the Augustinian Order and lived as a religious for more than forty-four years. She was beatified by Pope Urban in 1628 and was canonized by Pope Leo XIII. in 1900.

Subscribe for The Journal.

St. Michael's.

Sunday morning at the 7:30 o'clock mass the children of our parish will receive their first Holy Communion. In the afternoon they will renew their baptismal vows.

The requiem masses for this week were for Margaret Leuchner, Julia Haefele, Anna Saenger, Alois Froelicher, Henry Gefell, Jacob Nunnold, Alogunda Bloomer and Elizabeth Magin.

Sunday at all the masses an extra collection will be taken up for the decorating and electric lighting of the church.

A month's mind requiem mass was read this week for the repose of the soul of Joseph Bartl at the request of St. Francis Xavier Society.

Saturday being the Vigil of Pentecost is a day of fast and abstinence.

A month's mind requiem mass was read this week for the repose of the soul of Mrs. Sophia Eichorn at the request of the Women's Sodality.

The marriage of Mr. Frank Klem to Miss Helen Glatz took place Wednesday morning at 9 o'clock. The ceremony was performed by Rev. Mathias Har-gather.

Mrs. William Staub of 342 Avenue A, has gone to Ossining, New York to visit her son Mr. George Staub at the Maryknoll Seminary. She will also visit her brother and his wife, Mr. and Mrs. Wm. J. Klem of Yonkers, N. Y.

Holy Family.

On Sunday, May 12th, confirmation took place at this church at the 8 o'clock mass.

On Sunday, May 19th, there will be vespers at 7:30 and after the services there will be a meeting of the Christian Society.

Immaculate Conception.

Died—At the home, No. 205 Caledonia avenue, Sunday, May 12, 1918, Benjamin B. Haley. He leaves his wife, Bertha B. Haley; two sons, Bernard B. and W. J. Haley; his mother, Mrs. Mary A. Haley; two sisters, Mrs. J. Usler and Mrs. C. P. Seager.—Funeral was held Wednesday morning at 8:30 o'clock from the house and at 9 o'clock from this church.

HOLY APOSTLES.

Died—At the family residence, No. 108 Sherman street, Monday, 13th, 1918, Mary Horan, wife of Jacob E. Volz, aged 48 years. Besides her husband, she is survived by three sons, three daughters, her father, Thomas Horan; three sisters, Mrs. Edward Boll, Mrs. Arthur E. Davey and Miss Catherine Horan, and one brother, James Horan.—Funeral was held Thursday morning, May 16th at 9:15 from the residence and at 9:30 o'clock from this church. Interment was made in the family lot at Holy Sepulcher cemetery.

Our Lady of Perpetual Help.

Dorothy, infant daughter of James F. and Mary Kehrig Burke died Tuesday, May 14th at her home, 45 Treneman St., aged 15 months.—Funeral was held Thursday morning at 9:15 o'clock from this church.

St. Andrew's Church.

The masses on Sunday will be at 6, 7:30, 9:15 and high mass at 10:30.

The funeral of Henry J. Wittman took place on Wednesday morning at 9 o'clock. He is survived by three sisters, Mrs. Perry, Mrs. John Frank and Sister M. Irene of the Order of Notre Dame and three brothers Joseph, Lawrence and John Wittman.

The feast of St. Rita will be commemorated with the solemn opening of a novena to St. Rita on Tuesday evening at 7:45. The novena will be conducted for nine consecutive Tuesdays.

The Red Cross Circle meets at the Parish Hall every Wednesday afternoon and evening.

Next Sunday will be communion Sunday for the Young Ladies Sodality. They will receive at the 7:30 o'clock mass.

Baseball.

The Hustlers opened their season of baseball on Friday, May 17th, playing with Jersey City at Baseball Park.

They will play with Jersey City May 18th, Newark May 20, 21, 22, Baltimore, May 23, 24, 25.

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