

JOYS OF GOOD HEALTH FELT BY ALL USERS OF FATHER MOLLINGER'S TEA

HE FAMOUS ALL-HERB MEDICINE PRESCRIBED BY WORLD-FAMOUS PRIEST PHYSICIAN IS PROVING A BLESSING TO SICK HUMANITY THROUGHOUT AMERICA. Father Mollinger's Famous Herb Tea has been in use in America for over 50 years. It brought the wonderful formula to this country from Europe where it had been used for thousands of years.

It purifies the blood and your bright eyes and clear complexion will note a vast improvement. It will cause you to refresh your mind and you will sleep soundly at night. Father Mollinger's FAMOUS HERB TEA relieves and prevents constipation. Most of the fatal diseases are indirectly due to this condition.

It brings home grim reality to soldiers. It is a grim but thrilling reality of their business. Men can stand attention without paying attention. They can form columns automatically, they can salute as a matter of easily acquired habit.

Then the grimly seriousness of the business comes over the recruit; the dreadful alternative flashes along every nerve, and commands the muscles of the eyes, the legs, and the arms as they have never been commanded before.

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GIRLS INVADING GLASS FACTORIES

Are Now Employed in Plants in New Jersey. BARRLED FROM BEING BLOWERS

Union Rules Reserve Glassblowing for Men and Automatic Machines, But the Girls Are United Now in Places of Boys as Snappers-Up and Carriers-In—Presence Has Wholesome Effect on Conduct of Men.

Girls who have tried their hand at turning blazing tubes, setting, tumbling, and a score of other jobs for which there is shortage of men in these busy war times have now broken into the glass industry.

The first time in New Jersey, where glass factories are dotted by more than a century, women and girls are being employed in this sea-side town. One of the big companies, at Bridgeton, N. J., was the first company to employ girls on an extended scale in its war-houses, now they are being employed at other big glass factories at Millville and Salem.

Can't Be Blowers. Glassblowing is to be reserved exclusively for the men and the automatic machines. Women are barred from a job of the glassworkers' union, besides several years of apprenticeship and considerable skill are required to make expert glassblowers.

Women and girls, however, are not prevented by rules or lack of experience from taking the jobs formerly held by the boys who snap-up and carry-in the bottles as they come from the blowers' molds. They also grind and polish the bottles. Both white and colored girls are employed.

William Waddington, superintendent of the Bridgeton plant, says his company now employs 28 girls. Those on the day run work 8 1/2 hours a day and six days a week, while those on the night run work five nights and are paid for a full week.

The girls who work as "snappers-up" receive \$13 a week, while those who "carry-in" get \$11.50. The snapping-up and carrying-in are the principal tasks for the girls at these factories. They wear bloomer overalls.

The carry-in girls take the bottles, not from the molds, on long handled carriers and place them in the trolleys, where they are tempered. In the course of a day a carrying-in girl handles thousands of bottles and walks several miles.

"I laughed at the idea of employing girls in a glass factory at first," said Superintendent Waddington. "Now that I have seen how it works out, I believe that it is a good thing. It is surprising the difference that it has made in our shops. With the girls around the men are more careful about their language. There is a lot of rough talk in most glass factories, but here the men are more careful."

WAR BRIDE WORKS

Waitress in a Restaurant to Be Near Soldier Husband. There is one little California war bride who has a world of pluck. She is Mrs. Betty Tuttle of Berkeley, who is working as a waitress in a Tacoma restaurant, so she may be near her soldier husband, who is a member of the Three Hundred and Sixty-third Infantry.

"I believe it is the duty of every war bride to be near her husband," said Mrs. Tuttle. "I don't mind being a waitress at all. It was a little hard to learn to balance a tray of dishes, but I determined to persevere so that I could be near my husband until he leaves for the trenches. I only wish that I were a man and could look forward to fighting in France."

"I don't know what I will do when he leaves," Tacoma people have treated me fine, and my husband wants me to remain here until he returns. I guess that's about the best thing for me to do. I have always called my husband 'Daddy,' and I will miss him when he leaves.

"I suppose all of us must make sacrifices. I never had a position where I was treated with so much consideration, and then you know, 'Daddy' is with the Three Hundred and Sixty-third Infantry, and I see him quite often."

LONG WAY THE SHORTEST

Canadians Traveled to Mainland With Letter Carriers. After walking across the ice on Lake Erie, from Pelee Island to Put-In-Bay, nearly twenty miles, four Canadians made the trip to mainland with the mail carriers and then by automobile to Port Clinton, from which place they journeyed to Leamington, Canada.

After reaching Leamington they would look across the channel about sixteen miles to Pelee, the place from which they had started, but had traveled several hundred miles to get to their destination. The men had expected to get to the Canadian shores by crossing the ice, but the other option made it impossible.

(From the United States Department of Agriculture.)

ADVISE CARE IN WHAT YOU TAKE FOR GRIP-COLDS

Grip and Pneumonia Go Hand in Hand—How to Avoid Every-Day Dangers. Public warning is given to avoid the danger from poisonous drugs and nerve-debilitating stimulants contained in so many grip and "cough cures" at this time.

The lists given below include some of the more common foods in which protein is abundant and show in a general way the amounts and proportion of protein in the different kinds as they are purchased, that is, including refuse, such as bones and gristle, egg shells, etc.

Approximate amounts of protein in common food materials: Fresh meats: Beef contains from 2 to 3 ounces of protein per pound.

Veal contains from 2 to 3 ounces of protein per pound. Mutton contains from 2 to 2 1/4 ounces of protein per pound. Lamb contains about 2 1/4 ounces of protein per pound.

Pork contains about 2 ounces of protein per pound. Poultry—chicken, duck, goose, turkey, etc. contain from 2 to 2 1/4 ounces of protein per pound.

Game—squirrel, rabbit, wild birds, etc. contain from 2 to 2 1/4 ounces of protein per pound. Prepared meats: Corned beef contains 2 1/4 ounces of protein per pound.

Dried beef contains 4 ounces of protein per pound. Pork sausage contains 2 ounces of protein per pound. Canned chicken contains 4 ounces of protein per pound.

Fresh fish—cod, haddock, halibut, mackerel, perch, salmon, shad, etc. contain from 1 1/4 to 2 1/4 ounces of protein per pound. Dried fish contains from 2 1/4 to 3 ounces of protein per pound.

Eggs contain 2 ounces of protein per pound. Dairy products: Whole milk contains about 1 ounce of protein per quart.

Skim milk contains about 1 ounce of protein per quart. Butter-milk contains about 1 ounce of protein per quart.

FOR THE POULTRY GROWER

Cockerels for Breeders. The specialty of an Eastern back yard poultrykeeper is cockerels for breeding, which he sells for \$2.50 each and up.

His flock is small, seldom numbering more than 75 hens, and his houses represent a small investment. By occupation a brickyard owner and manager, he started keeping Rhode Island Reds several years ago, utilizing some idle land back of his residence.

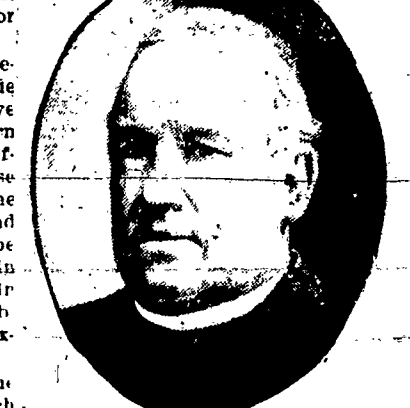
He had good success in egg production, and being interested in the fancy side, also bought stock from winners at the shows. In breeding each spring, he uses eggs from selected hens mated with good show cockerels.

Beginning in late winter, all the available broody hens are given eggs. Sometimes as many as 25 are sitting at once. All the eggs he cannot handle with himself, he lets out, as far as possible, to farmer friends. They pay him no cash for these, but the understanding is that in the fall he shall set the farm and take his pick of the hatch, one cockerel or pullet for every 25 setting furnished.

He sells as many as 100 cockerels in a season. Most of them are sold through newspaper and farm periodical advertising. He ships on a satisfaction-guaranteed or money-back basis. The shipping cases are boxes 2 feet by 2 feet by 15 feet, and are bought at a store for 15 cents apiece. One of these cases, which are light but strong, will carry two cockerels.

Big, good-looking cockerels are the kind sent away. This man has a good laying strain, but he does not claim the cockerels have extraordinary records back of them. Cockerels which do not come up to his standard he sells as roasters.

ADVISE CARE IN WHAT YOU TAKE FOR GRIP-COLDS



Public warning is given to avoid the danger from poisonous drugs and nerve-debilitating stimulants contained in so many grip and "cough cures" at this time. Look on the label of these preparations and you will see that they contain either morphine, heroin, or opium.

NOT THEIR FIRST MEETING

British Officer and Privates, Home from the Front, Had Same Memories of "Tight Corner." Two privates in "Blighty" blue were limping their way along Regent street, London.

Each had his badge of honor—two and three eloquent gold stripes. They were in London town again—in it, but somehow not of it. Only the accident of war made them Regent-street-saunterers.

From the opposite direction there approached a young officer with a lady companion. He, too, had gold stripes of the twice wounded. Eager and bright, he seemed absorbed in his companion, apparently not noticing the two privates.

It is only necessary to add oil to the proportion of one of oil to two parts of suet. This gives a compound fat which is very satisfactory for general household use.

HAD CONFIDENCE IN EDISON

Negro Was Sure That Wonderful Bulb Edison Would Never Kill American Soldiers. Two negroes were walking along a New York street discussing the wonderful inventions brought about by the war.

"Yes, sah," one said, "an' a friend of mine who knows all about it says dis here man Edison has done good and invented a magnetized bullet dat can't miss a German, kase ef dere's one in a hundred yards de bullet is drawn right smack against his steel helmet.

Well, mah frien' didn't tell me about it, but ef Mr. Edison made em you can bet your life he's got 'em trained. You don't s'pose he'd let 'em kill any Americans, do you? No, sah. He's got 'em fix so's dey jes' ease back down aroun' de gunner's feet an' say: 'Dey's all dead in dat trench, boss. Send me to a live place where I's got a chance to do somethin'."

Bathed White Building Burns

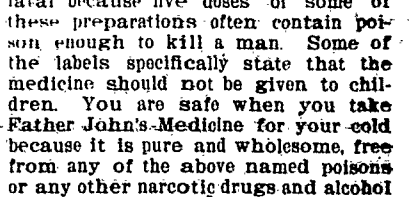
Mrs. Stella Totten, a comely young matron, was enjoying an afternoon "tub" in her apartment on the third floor of the Addicks building, the Woolworth tower of a nearby suburban town, when there came a noisy knocking at the door.

"Who's there?" inquired Mrs. Totten, timidly, recalling that the door was unlocked. "It's me—Bill Stone," was the gruff answer. "Please don't come in, Mr. Stone—I'm in the tub. Who are you, and why are you here?"

"I'm Bill Stone of Hook and Ladder 27D; the house is on fire, and I've come to get you." "I thought the water was getting rather hot," said Mrs. Totten. In less than a minute Bill Stone emerged from a third-floor window, and amid the plaudits of the surging crowd, safely carried Mrs. Totten, wrapped only in a blanket, down the ladder and delivered her safely in a nearby hotel.—New York Times.

Not Impracticable. "As to monopoly of trade, the first instance which I discover is when Solomon took occasion to use the term of Gezar, in Palestine, for this purpose." "Are you friendly with the police man on your block?" "Oh, we speak cordially enough," said the citizen of a "dry" town, "but I was carrying home a box of 'shoes' the other day and dropped it on the sidewalk and ever since then I've had an idea that he regards me with suspicion."—Birmingham Age-Herald.

TERRIBLE



"How'd you like to be a fireman? They has a snap!" "Yes; but not for mine. I saw a fireman get soaked wid water wunst."

Another Look. "I'll look for work," a man once said. "A job comes round his way. He gave one look and threw his hat and leered the other way."

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