

THE CATHOLIC JOURNAL

PUBLISHED EVERY FRIDAY AT
 470 Main St. E. cor. Windsor St.
 4th Floor, Rochester, N. Y.

BY THE
 CATHOLIC JOURNAL PUBLISHING
 COMPANY

If paper is not received Saturday, notify the office. Report without any delay change of address giving both of old and new. Communications solicited from all Catholics accompanied in every instance by the name of the author. Name of contributor withheld if desired. No money to agents unless they have obtained signed by us up to date. Remittances may be made at our own check order by draft, express money order, post office order or registered letter, addressed to J. Ryan, Business Manager. Money sent in any other way is at the risk of the person sending it. Discontinuances - The JOURNAL will be sent to every subscriber until ordered stopped and all arrears are paid up. The only legal method of stopping a paper is by posting up a notice.

SUBSCRIPTION RATES
 One Year, in Advance \$1.00
 Entered at second class mail matter

ROCHESTER TELEPHONE 2555
 BELL TELEPHONE MAIN 1507

Friday, Feb. 1, 1918

They're With Us.

Aside from the splendid service which the Knights of Columbus are doing in a spiritual way for the Catholic soldier boys at the front, these recreation centers have done, are doing, and will do more than anybody can imagine to break down the wall of sectarian prejudice that has prevailed in many parts of our population.

Already this is seen in the non-partisan, non-sectarian co-operation, in many cities of all the people to help raise the K. of C. fund. When non-Catholic clergymen and do praise the K. of C. work at the camps and Catholic bishops and priests can and do praise the unselfish work of the Y. M. C. A. there cannot help but result a better community feeling and the fires of bigotry must burn less brightly until they die out altogether from inanition.

Noticeable, indeed, is the whole-hearted co-operation extended to this K. of C. fund by the secular press. Among the papers that have encouraged the work or have praised what has been done are: The Bulletin, of Worcester, Mass.; the Times-Union, of Albany; the Recorder of Amsterdam; the Press of Utica; the Star Journal of Pueblo, Colorado; the Eagle, of Brooklyn, N. Y.; the Press Gazette, of Green Bay, Wis.; the Journal, of Quincy, Ill.; the News, of Omaha, Neb.; the Ledger, of Birmingham, Ala.; the World-Herald, of Omaha.

These are but a few but they indicate widespread interest. Rochester must not be behind the rest of the United States in her contribution to the Catholic War relief fund.

Traveled Far.

The patriotic example set by three well-known Rochesterians in sacrificing their cherished collections of flowers and shrubs in order to conserve fuel has traveled far as witness the following extracts from an editorial by Henry Waterson in the Louisville "Courier-Journal":

George Eastman, George D. B. Benbright, Food Administrator and Dr. Thomas Parsons, Deputy Fuel Administrator, all of Rochester, shut off the heat from their greenhouses and conservatories, allowing thousands of dollars' worth of imported trees, shrubs and flowers to freeze, in the interest of the conservation of fuel.

Here we have three exemplars who, at considerable sacrifice, not of money merely, but of cherished possessions, act upon their convictions. Their example may perhaps have the effect of a awakening many persons to the demands of the situation existing. If the effect should be to cause a considerable number of their neighbors—meaning Amer-

icans, and not Rochester residents merely—in some way to save fuel or other war-aiding commodities, their sacrifices would not be in vain and would not be disappointing to them.

The contents of conservatories, speaking generally, are non-essentials, but they are not easily sacrificed. They represent a great deal of painstaking labor bestowed upon objects deemed by their possessors worth effort in addition to expenditure.

It is not to be expected that everyone who has a conservatory will cut off the heat from it because of the action of the thrift-idealists of Rochester, but may be some persons who otherwise would not feel called upon to make any personal sacrifice in the interest of conservation will consider how best they can serve the cause, and after consideration, serve it.

We Conserve.

It does no harm to reiterate that Catholics are conserving food. We have observed every Friday as a "meatless day" and just a harmless rabbit with bacon, ham, sardines and what no allowed and eaten ever since birth, with Ember days Wednesday of Lent and vigils of holy-days as well and we have no whimpered. Since the President so requested Catholics have observed the "meatless Tuesdays" as well, hence they have conserved just twice as much beef as have their non-Catholic neighbors. We make no protest that Fridays could just as well have been selected as the national meatless day as Tuesday but we hope the Apostles have taken note of the additional sacrifice made unostentatiously by the Catholics.

In this connection the following from the Milwaukee "Catholic Citizen" is of interest:—
 The conservation of food as advocated by our government has two features: the sparing use of certain kinds of food and the elimination of waste in regard to all kinds of food. In both respects the laws of the Church help the country as far as Catholics are concerned. Every practical Catholic has been observing from his youth up some seventy meatless days each year.

Assuming one-third of a pound as an average daily consumption for every member of a family of the seven million Catholics—what a low figure to make allowance for such as for one reason or another do not keep the law save five million pounds of meat a day, and three hundred and fifty million pounds a year. This amounts to half a million head of cattle of seven hundred pounds each. We may, therefore, say that during the three years of war, the Catholics of the United States have already saved over a billion pounds of meat; they are so much ahead when the other begin, and they have the further advantage of being accustomed to the privation imposed by the necessity of the times.

The Catholic Journal extend congratulations to Father Selinger upon his selection as the first Catholic army chaplain from the Diocese of Rochester. Military service runs in the Sellinger family.

Congressman Alvah T. Fuller of Massachusetts, gave \$1,000 to the Y. M. C. A. War Fund. He has duplicated the subscription to the K. of C. War Fund. He is not a Catholic.

Our own Archbishop Hannan was one of the speakers at the dedication of the K. of C. building at Camp Fremont, Cal.

Supreme Treasurer Daniel J. Callahan of the Knights of Columbus has been named by President Wilson as director of the "thrift savings stamps campaign" for the District of Columbia.

Are You Backing the Right Horse?

"Have you a young genius in your family?" asks the editor of the American Magazine. "Do the rest of you scrimp and save in order to provide the best of everything for him? Do you make sacrifices so that he can go away to be educated—so that he can have all the opportunities in the world to develop his powers?"

"If this interesting situation does not exist in your home it exists in some other home on your street. Anyway, you have seen a case of it and wondered about it. You have wondered about the right and wrong of it, the wisdom or the folly of it. You have thought sometimes that no human being, however brilliant, has a right to accept so much from others. Then there is often the question as to whether the favored one in such a family is really the most gifted one after all. It is quite possible—if only one can go—that William should come home from his musical studies in New York and let Mary go on with her art. There is no such thing as being sure that you have picked out the right genius to back."

What a Billion Means.

If a railway train proceeding at the rate of a mile a minute had been at the dawn of the Christian era started around the earth on a straight track, its only object being to run 1,000,000,000 miles without stop, it would have been necessary for that train to circle the earth 10,000 times, and it would not have come to the end of its journey until nearly New Year's eve, 1688, six thousand years after it had been born. During its frantic flight it would have seen the Saffir five and six, Rome rise, flourish and decay; Britain discovered and vanquished by the Roman legions, and London and Paris built. It would have proceeded on its journey throughout the dark ages. It would have witnessed the birth of Columbus, the discovery of America and have a couple of hundred years yet to continue.—Los Angeles Times.

Keeping Young.

When Dr. Anna Howard Shaw was asked how she kept so young she replied that, though it may have been running for trains all her life, yet she is rather inclined to think that "mental activity and constitutional cheerfulness" are always responsible for keeping young.

"A woman whose mind is active does not realize that she is not always at exactly the same age," said Dr. Shaw, "therefore she never grows old. It is not the mental activity that keeps her young; she is young. My advice to those who are growing old is to keep busy. The really important thing in life to me is to be so absorbed by a great fundamental principle and to be so inspired by a love of humanity that you forget everything else. This is the fountain of eternal youth."

He Was Forgetful.

The poet La Fontaine was remarkably absentminded. An instance of his forgetfulness is related in a little study of the poet's life by M. K. Peirson. La Fontaine, he relates, had attended the burial of one of his friends. Nevertheless, not very long afterward, his feet straying naturally toward the familiar doorstep, he went to call upon him. A shocked servant informed the poet that monsieur was no longer living. La Fontaine also was shocked, but presently recovering from his surprise murmured regretfully as he turned away: "True, true! I recollect I went to his funeral."

Follow Up Efficiency.

Immediately after any workers are started on standard time and bonus their efficiency should be watched. If they do not soon become bonus earners and if their efficiencies do not continuously improve until they regularly average about 100 per cent the cause of this failure should be investigated, and if it be found that the standard time is too short it should promptly be corrected. H. H. Shepard in Industrial Management.

Suspicion.

"Believe me, Grace when I am away I am thinking every instant of your blue eyes and of your lovely fair hair. 'Tut, tut! I am sure you said the same thing to another girl before me!" "Grace, don't be cruel. I swear solemnly that you are wrong. The girl before you was dark."—Puck.

The Purest Iron.

The purest iron known is that now being made for scientific use by the Bureau of Standards at Washington. Ingots about 6 by 2 inches in size are prepared for the bureau's own work, and are also supplied to scientific institutions and laboratories in various parts of the world.

A Great Descent.

"I can trace my descent from Homer," said Lord Slatery proudly. "Indeed," replied Miss Cresco, who didn't seem to be at all impressed. "It is certainly a great descent."

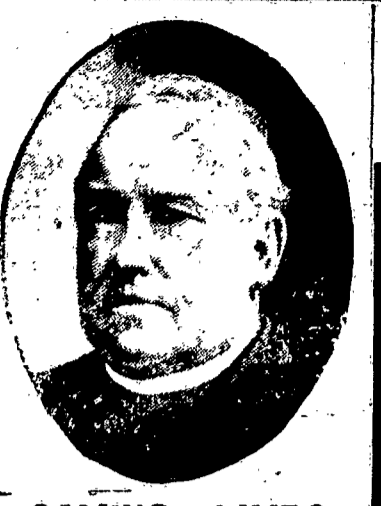
Inside Information.

"Dear sir," wrote the man who owed his tailor and had received a letter asking for payment of the bill, "your letter was extremely impertinent, and I return it to you unopened."

The Sort He Buys.

"I want to look at some note paper." "Watered stock, madam?" "I should say not. My husband has wasted money enough on that kind."—Detroit Free Press.

The best preparation for the future is the present well seen to, the last duty well done.



SAVING LIVES

Father John's Medicine

For Dangerous, Obstinate Colds. No Injurious Drugs.

Never wait for a cold to wear off—it wears away the lungs instead. Neglected colds often lead to pneumonia. Father John's Medicine gives prompt relief from colds and throat troubles.

Guaranteed free from alcohol and nerve-debilitating drugs upon which any medicines depend for their temporary effect, and which are dangerous because they weaken the body and allow the disease to get a deeper hold.

Suburban Moving

ANYWHERE—ANY TIME
 Your Goods Carefully Packed and Moved in Our Large Motor Vans.
 Rochester Carting Co.
 'PHONES 205

New York Medical Clinic

For treatment of all forms of CHRONIC DISEASES
 Our Physicians have had many years of experience in their specialties of Catarrh, Asthma, Bronchitis, Dyspepsia, Kidney, Heart and Liver Complaints.
 Our Electrical Appliances are of the latest for treatment of Rheumatism, Nervous Debility, Skin Diseases.
 Consultation Free
 Practice limited to office work only
 9 Cumberland St. Rochester, N. Y.

PALMER LUMBER CO.

Folding Boxes

PAPER NOVELTIES
 A. B. COWLES, 25 S. Water

RALPH H. MOWLE
 Bell Phone 2827 Main
 General Blacksmithing and Horse Shoeing, Carriage Repairing and Painting, Wiggon Building, Rubber Tires Pat. Co., Lame and Interfering Horses Specialty.
 475-477-479 Dewey Ave.

Thomas B. Mooney

FUNERAL DIRECTOR
 93 Edinburgh Street.
 Home Phone 2413 Bell 122

ESTABLISHED 1872
L. W. Maier's Sons
 UNDERTAKERS
 870 Clinton Avenue N.
 Phones 649

Diamond Van-Curtain Co.

1796 East Avenue
Plumbing
 We Deliver Anywhere
 Both Phones

Telephones Koch, Stone 5321 Bell, 1368 Main
Frederick Baetsel
COAL
 438 Exchange Street

Burke & McHugh

CARTING CO.
 Are now located at 163 North St. Large and small covered vans and general carting. Both Phones.

MENEELY BELL CO.
 TROY, N.Y.
 177 BROADWAY, N.Y. CITY
BELLS

U. S. RUBBER CO. ROCHESTER BRANCH

SOMEBODY WANTS ONE OF THESE

The Reliable Quality Makes Them Especially Desirable.

Women's Coats	Perfume Atomizers
Men's Coats	Umbrellas
Misses' Coats	Rubber Toys
Men's Mackinaws	Rubber Dolls
Boys' Mackinaws	Rubber Dolls
Children's Coats	Automobile Robes
Boys' Rubber Boots	Legalite Lenses
Felt Overs	Warner Lenses
Driving Gloves	Electric Lanterns
Hot Water Bottles	Weed Chains
Ivory Toilet Articles	Chain Jacks
Traveling Cases	Ford Radiator Covers
Fitted Cases	Thermite
Army Cases	Johnson's Freezeproof
Bath Slippers	Battery Testers
Bathing Hats	Pyrene Extinguishers
Bath Sprays	Klaxon Horns
Vacuum Bottles	Auto Lunch Boxes
Vacuum Bottle Cases	Universal Lunch Kits
Manicure Sets	Auto Trunks
Rubber Gloves	Auto Goggles
Flasks	Auto Clocks

U. S. RUBBER CO.
 24 Exchange Street

ARMORY

Auspices 1st Separate Co. Proceeds for Our Boys' at Spartensburg, S. C.
Famous

Lyman H. Howe

PICTURES

Tickets Now On Sale at Armory and Scrantom, Wetmore & Co. Store
 Prices, 25c, 35c, 50c

INCORPORATED 1850
Monroe County Savings Bank
 35 State Street, Rochester, N. Y.
RESOURCES \$28,400,000
 Deposits \$1 to \$3,000
 Interest allowed from the first three business days of any month.
 Dividend declared December 1st, 1917, for six months at the rate of 4 per cent per annum
 JAMES E. BOOTH, Pres. WILLIAM CARSON, Sec'y & Treas.
 BANKING HOURS:
 Daily from 9 A. M. to 3 P. M.
 Saturdays from 9 A. M. to 12 M.
 Saturday evenings from 7 P. M. to 9 P. M. for deposits only

Designs in Bed-Room Furniture

Never before has there been such a wide range of choice in styles in bed-room furniture at prices so well within the reach of the average pocket-book. Our showing of bedroom furniture includes styles in the Adams, Colonial, Louis XV, Queen Anne, William and Mary and popular modern designs. They are made up in mahogany, walnut, iron, enamel, birch, maple and quartered oak woods. One may have choice of brass, wood or enameled iron bed with practically every conceivable style. Do not fail to see this exhibition of fine designs in bed-room furniture on 5th floor of our store.

"Rochester's Home Store" **H.B. GRAVES CO.**
 78 STATE ST., ROCHESTER, N.Y.
 See the Furnished Rooms

ou
 Mon
 P. M
 iness
 5.30
 in ke
 trato
 We
 to a
 durin
 E. I
 O
 6 M
 B
 Th
 and
 me
 Scr
 kin
 Int
 N
 P.
 H
 Geo
 306
 'Eve
 Un
 21 Ex
 W. A
 Engl
 Mac
 217
 JO
 838
 Main 51
 Smith
 Ga
 Mah
 We hav
 A
 Main
 50c up a
 All close
 Van
 Shell
 78
 O
 The fu
 Foods