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Are We "In It?"

Some persons may have wondered why Pope Benedict has taken such an interest in promoting peace. Many of these do not understand how the Holy Father's heart is torn at the spectacle of supposedly Christian men at each other's throats...

But there is much more than this fact in the mind of the Supreme Pontiff of the Catholic Church. By far the proportion of Catholics engaged in the war exceeds that of any other Church. It is quite likely that the Holy Father foresees grave danger to Christianity itself and the ascendancy of anarchistic ideas if the war continues for several years to come.

Figures were published in last Sunday's Rochester "Herald" which prove conclusively some of the facts we have cited. In approximate figures, excluding the United States and Japan, the proportion of adherents of the Catholic Church are as follows:

Table with columns: ALLIES, States and Colonies, Total, Population, Catholics. Rows include France, Italy, Eur. Russia, Great Britain, Portugal, Belgium, Roumania, Monaco, Montenegro, Serbia, Total for Europe, and States and Colonies outside.

Table with columns: CENTRAL EMPIRES, Aus-Hun, Germany, Bulgaria, Turkey in Eu., Eur. total, Outside Eur., Turkey in Asia, German Colonies. Rows include Aus-Hun, Germany, Bulgaria, Turkey in Eu., Eur. total, Outside Eur., Turkey in Asia, German Colonies.

Out of the statistics thus compiled it may be seen that of the 1,171,000,000 inhabitants of the earth, 1,500,000,000 are at war. The total Catholic population of the earth is 315,500,000, of which more than one-half, or 188,000,000 are engaged in killing each other. Of these 123,770,000, excluding those of both the Americas, are ranged on the side of the allies and 64,300,000 with the Central Empires. Of the Catholic population of Europe, although they have one belief in common, one religious and spiritual head, 84 per cent are doing their utmost to exterminate one another.

The Catholics form 31 per cent of the entire population of the allied countries of Europe and 2 per cent outside of Europe. They represent nine (and a fraction) per cent of the total population

of the allied countries of the world, whereas in the Central Empires the Catholics constitute 52 per cent of the entire population in Europe and 2 per cent outside of Europe, or 41 per cent of the entire population fighting in the wake of Germany.

Live and Let Live.

It is becoming apparent, day by day, that we Americans must be prepared to make even more and greater sacrifices than we have so far in order that the war may be won for equality of opportunity for all mankind in all lands everywhere.

We must eat less of those luxurious foods that some of us have come to regard as absolutely necessary. In many cases, this sacrifice will make for better health and greater physical efficiency because too many of us have come to look upon plain, nutritious food with thinly-disguised contempt and have been filling our stomachs with that which makes for indigestion and other bodily ills.

We are likely to be compelled to "slow up" on our mad chase after amusement in its varied forms, for more reasons than one. First—lack of fuel and light will curtail amusements in the theatrical and dancing line. Second—lack of financial resources is sure to work curtailment in non-essentials and amusement is a non-essential, especially if it becomes a part of the daily routine and not merely a relaxation from business worries. Third—supplies of luxuries are not likely to be had even if one has time to pursue them or money with which to gratify tastes for them.

All this may easily result in positive benefit to the average man and woman. Moreover, if they slow down more will be left to supply the absolute necessities of life to the thousands of citizens who are actually in need and through no fault of their own. These are the victims of the greed of those their fellows who crave and obtain more than they need or more than they should have to insure health and measurable comfort.

Hence, let us be patient, cheerful and patriotic even if we are not in the trenches. We have a duty to perform at home. Let's perform it!

FISHING A MECHANICAL ART

Outfit Consists of Net, Rope and Pulley—All Operator Need Do Is to Turn Crank.

Most operations nowadays can be performed by machinery. Time was when the best sport in angling was obtained by the use of a rope, with patience at one end and a suitable bait at the other. The Wide World Magazine gives a revised edition of this plan. Here it is in all its simplicity:

You hang an immense four-cornered net on a rope which passes over a pulley turn a handle, and drop the net into the sea. After a time, which may vary according to the mood you are in and the quality of the tobacco you are smoking, you wind up the net and look into it. If it is empty you let the handle go a few turns, and drop the net into the sea again; if it contains any fish you draw it and bag them. In this way you reduce fishing to a mechanical art. When you haul up this huge net from the bring deep and find by the aid of a telescope that it contains one tiny, solitary fish—as was our case—after many unsuccessful "casts," you rejoice with joy unspeakable and call in your neighbors to the feast.

The King's Beard. An interesting story is told in connection with the Swedish actor, Ferrast, who was called upon to take the part of Oscar I in a play under that name at Stockholm Sweden. The actor was ordered by the director of the opera to make up with a full beard, but during one of the intermissions he hunted up the director and told him that Oscar I never wore such a beard. "What kind of a beard did he have then?"

To this Ferrast replied, "Mustache and goatee, like Napoleon III." "How do you know that?" "The conclusive reply was offered, "From my postage-stamp collection." The change was made and at the second performance the public noticed with astonishment how King Oscar had altered the cut of his beard. To stamp collectors it is hardly necessary to point out that Mr. Ferrast secured his information by looking up the issue of Norway, 1866-7.—Christian Science Monitor.

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PUT ONE OVER ON THE GUARD

Challenged Soldier Demanded Sentinel's Name on Pretext of Reporting Him to Lieutenant.

Among the members of the Indiana university ambulance corps at Allen town, says the Indianapolis News, there is one man who from this time on will require while on guard duty any person whom he challenges at night to furnish his full pedigree. There is a reason.

Shortly after one o'clock in the morning the guard saw a man climbing the fence. He hurried up, that being the man, and asked for an explanation. It was forthcoming.

"Well," said the challenged one, "you are to be congratulated. I have been reading over this fence every night for a week and I have never been challenged before. I would like you to give me your name and your section number, and I will report you to your lieutenant."

In a dazed manner the guard did so and the man walked off. Not until he was "killed" by his section unit, on telling the story did he fall for his being duped. He is now on the trail of the man whose ingenuity saved himself.

Creeps and Pongees. Crepe de Chine, a sort of its name, does not come from China, but from Japan, Italy and France. There are factories for making silk piece goods in China all the weaving being done by hand. With the exception of pongees, the products of the Chinese looms are not popular abroad, except in Oriental countries.

Party is Safe in Labrador. The peninsula of Labrador has been traversed for the first time by a scientific exploring party, according to an announcement by Dr. W. J. Holland, director of the Carnegie museum, at Pittsburgh, following the receipt of a telegram from St. John's, Newfoundland, announcing the arrival at that point of the expedition, which undertook the journey.

The expedition was jointly financed by the Carnegie museum, the National Geographic society and Alfred Marshall of Chicago, who was a member of the exploring party. In addition to Mr. Marshall, the personnel of the expedition included W. B. C. Todd, the curator of ornithology in the Carnegie museum, and O. J. Murie, the curator of mammals in the same institution. They took with them a number of Indians.

The telegram received by Doctor Holland gave no details of the expedition other than its safety and success. A number of similar attempts by explorers have failed.

Nickel is Out of Date. It is announced by the press of one of the large cities in the United States that its 5 and 10 cent stores are to be supplemented with 25-cent stores. This looks very much as if, in the course of time, the old-fashioned and once popular dollar store would find its way back.—Christian Science Monitor.

THE KITCHEN CABINET

Many a man has found it easier to mount the ladder of fame than to climb the stepladder of repentance.

They must upward still and onward Who would keep abreast of truth.—Lowell.

TASTY FOODS FOR THE FAMILY.

A well-made salad is always an appetizer to the appetite.

Fruit Salad.—Take one cupful of white grapes, four apples, three oranges, four slices of canned pineapple, one cupful of mixed nuts, put a half cupful of vinegar, two tablespoonsful of sugar, half a teaspoonful of white pepper, the same of salt, bring to the boiling point, blend four tablespoonsful of butter with a half cupful of flour then add to the boiling mixture, cook for two minutes, then remove from the fire and stir in a well-beaten egg. Set in a cool place for two hours. Peel the apples and oranges and cut them in small cubes, mix with the grapes and pour the dressing over the fruit and pour the dressing over the fruit with whipped cream.

Tomato and Orange Salad.—Take six firm ripe tomatoes and six oranges, two tablespoonsful of chopped parsley, all dressed with French dressing. Peel the oranges and tomatoes and arrange in alternate slices in a salad bowl. Mix the juice of the ends of the oranges with an equal quantity of tarragon vinegar, add a few tablespoonsful of olive oil and pour over the fruit. Sprinkle with chopped parsley and chill before serving.

Perfect Layer Cake.—Mix two tablespoonsful of butter and a teaspoonful of lard with one and a quarter cupful of sugar until well blended, but not creamy, then add three-quarters of a cupful of sweet milk, a pinch of salt, and a generous grating of nutmeg, sift in one and a half cupfuls of pastry flour which has been mixed with one and a half tablespoonsful of baking powder; beat for two minutes, then drop in two unbeaten egg yolks and beat the batter again for two minutes; fold in the stiffly beaten whites and put into well-greased and floured layer cake pans. Bake in a hot oven 15 minutes. Allow the cake to cool before removing from the pans, and use any desired filling for the cake. Orange filling with a chocolate frosting is especially well liked.

Nellie Maxwell