

What Women Like to Know

Chic Dress For Misses. Misses' afternoon dress of embroidered georgette...



AFTERNOON DRESS

cape collar, the sash in back, shirred skirt with embroidered tunic. Design by Franklin Simon & Co., New York City.

Keeping Feet Healthy During Hot Weather

There are two things which make for foot comfort—leanness and perfectly fitting footwear. Give your feet a hot bath at night, using a stiff brush and good strong soap...

Clean the nails with as much care as you give those of your hands. Keep them cut squarely across in a line with the ends of the toes...

How to Can Tomatoes. Select firm, well formed tomatoes. Scald a minute and a half or until skins loosen. Dip quickly into and out of cold water. Peel and remove seeds and cores. Pack directly into cans...

A Memory Aid. When crocheting one often uses quite a lot of different numbers of crochet thread. To avoid mistakes write the number of thread and also the name on the inside of the cardboard roll...

- CAUSES OF ILL HEALTH. Uncleanliness. Excessive eating without adequate amount of exercise. Occupational strain and conditions of occupation which mean lack of exercise and fresh air and breathing dust. The use of alcohol. Worry.

Around the House

When washing stained goods be careful not to dip them in hot suds until they have been treated for the stained spots and washed in clear water. All spots or stains that are uncertain should be rubbed with pure kerosene. When washing a sweater wash it carefully with some white soap...

Directions For Canning Green Peas and Beans

Here are directions given by the United States department of agriculture to the members of girls' canning clubs in the northern and western states. Do not try to can peas or beans that have been long off the vines. The fresher the vegetables the better the product.

Remove jars from boiler or steamer, tighten covers. In get two or three test the joints for leakage. Examine caps for leaks. Even the slightest leak if not closed completely at once means that the product in all probability will not keep.

Light as Chaff

Keeping One's Temper. "If women just had a little tact and didn't fly to pieces their own selves when their husbands sit to jaw and tear their around there'd be less trouble in families," said Mrs. Grim to a neighbor.



Contempt of Court. "You have informed the prisoner as he is led to the prisoner, the refused to rise while the band played 'The Star Spangled Banner'."

Mother's Doll Story. Once upon a time a little girl had a birthday party, and one of the presents that she had brought her was a nice green paper frog.

The Whipperwill. The whipperwill does not build a nest for its eggs, but lays them on the ground, usually on fallen leaves.

Russian Democracy's First Envoy to America

When the Russian special war mission to the United States came to this country it was headed by Professor Boris A. Bukhmeteff, who is to remain as ambassador, the first to represent the new democracy at Washington.



Photo by American Press Association. BORIS ALEXANDER BUKHMETEFF.

Although under forty years of age, Ambassador Bukhmeteff has had a varied career. After graduating as a hydroelectrical engineer he became an instructor and later professor in the Petrograd Polytechnic Institute.

Produce Rabbits to Increase Meat Supply

Rabbits, which have proved a valuable source of food in Europe during the present war, may well be raised more extensively in America by way of reducing the drain on the ordinary meat supply, according to biologists of the United States department of agriculture.

The Belgian hare breeds rapidly, matures quickly and produces a palatable and highly nutritious meat. The cost of production is less than that of any other meat, not excepting poultry.

Mother's Doll Story

The Green-Frog. Once upon a time a little girl had a birthday party, and one of the presents that she had brought her was a nice green paper frog.

In the Arena of Sports

Collins of the White Sox. Eddie Collins, star second baseman of the Chicago American league club is one of the potent reasons why the White Sox are making such a great bid to win the pennant.



Photo by American Press Association. EDWARD T. COLLINS.

to win the pennant. Collins played with Connie Mack's Athletics for seven years and helped win three world's championships. In December, 1914, Mack sold Eddie to Charles Comiskey for \$50,000, it is alleged, and since then he has been playing the same brilliant ball that he did with the Athletics.

Jimmy Archer Released. Jimmy Archer, veteran catcher of the Chicago Cubs, has been handed his unconditional release by President Charles Weeghman.

Giants Release Smith. Pitcher George Smith, formerly of Columbia university, has been turned over by the New York Giants to Rochester of the International league under an optional agreement.

New Schedule For Internationals. The International league through President Ed Barrow, has announced a supplementary schedule of forty two games for each team to take the place of the Inter-league series with the American association, which the latter circuit cancelled after all arrangements had been completed.

Poultry Must Be Well Fed to Return Profits

To do their best poultry must be given good wholesome food. The price of the various grains should determine the kind of feed for poultry. Cracked corn appears to be the best and cheapest scratch food. Possibly oats may be fed for the best results a dry mash should be fed.

PHILOSOPHY. Work is often the father of pleasure. I pity the man overwhelmed with the weight of his own leisure. Happiness is a good that nature sells us.

DELIVER US FROM— Is there a greater good than health and ease? Is there no deadlier enemy than death? Is God's dream to deal with us as we please?

Inspiration Miscellany

Love or Hate?

Is your life controlled more largely by your likes, your loves or by your dislikes, your hates? asks a writer in the Christian Herald. It would be well to think about this searchingly. Malice, envy, resentment, hard thoughts of any sort, poison first the heart in which they originate. They make a brackish, unhealthful pool, where all kinds of bad mental conditions will generate.

Man's Weakness. It is because men are prone to be partial toward those they love, unjust toward those they hate, servile toward those above them, arrogant to those below them and either harsh or over-indulgent to those in poverty and distress that it is so difficult to find any one capable of exercising a sound judgment with respect to the qualities of others.—Confucius.

A College Education

Dean Holmes of the Pennsylvania State college, after spending months gathering statistics and reducing them to orderly form, has discovered that the money value of four years of college is \$20,000, or a financial return of \$5000 for every year so spent.

War Food—Tea

Politeness is perhaps instinctive with some, but with the majority it is a matter of training, of the slow and careful discipline of habit and eye and carriage. Under this training all the angles of personal vanity and self-consciousness are rubbed off, the person becomes adorned with grace, ease, goodliness and simplicity, and what may seem to the untrained observer as the perfection of naturalness may be simply the perfection of culture.

Mistaken Duty.

See your duty clearly and honestly before you act. People are very often heard to say, "I thought it my duty to do such a thing." It too frequently happens that what they thought it their duty to do was some mischief which lay miles out of their way. At a fair computation fully one-half of the bad things done out of the ranks of the amazingly-violent are done under the impulse of a sense of duty.

Home Cookery

Peach Flavored Custard. Boiled custard flavored with peach leaves is delicious. When the custard has reached the boiling point hold a few clean peach leaves in it for a few minutes.

Gooseberry Pudding. Two cupsful of gooseberries, two cupsful of diced stale bread, a cupful and a half of sugar, two tablespoonfuls of butter, a pinch of salt. Remove the blossoms and stems and cut the gooseberries in halves.—Brush a baking dish with butter and put alternate layers of bread, berries and sugar—three of bread and two of berries and sugar. Put butter on top, cover and steam for an hour. Uncover and put in a moderate oven for an hour.

Hash Croquettes. Two cupsful of ground meats, a small onion, a tablespoonful of powdered sugar, a tablespoonful of fine breadcrumbs, two eggs well beaten and salt and pepper to season. Mix all together well. If too dry add a few drops of sweet milk. Mold into cakes, roll in flour and fry in deep hot fat. Drain and serve at once.

Peach Cake. Cream one cup of sugar and one tablespoonful of shortening, add yolk of one egg, one-half cup of milk and one-half cup of water (the water makes it much fluffier), two teaspoonfuls of baking powder, a very little vanilla and enough sifted flour to make a moderately thin batter. Stir good and bake in layers in quick oven. Put together with the following: White of one egg, unbeaten; one cup of sugar and the pulp of one good sized, mellow peach. Beat fifteen minutes.

Biscuits Without Shortening. Into two cupsful of buttermilk put half a teaspoonful of soda, beat till light and foamy, add half a teaspoonful of salt, a quart of flour, a teaspoonful of baking powder, sifting all together. Mix with a spoon, put on floured board, roll out and cut. Bake in a moderate oven twenty to twenty-five minutes.

Save the Early Crop of Beets For Next Winter. Now is a good time for garden owners in many sections—who have more beets of the early crop than they can eat in the fresh form and an abundance of glass jars and tin cans to can baby beets, says the United States department of agriculture.

Select young, quickly grown, tender beets. Wash, peel raw, slice about an eighth of an inch thick and dry over a stove, before an electric fan or in the sun. The dried product may be packed in paper cartons, in paraffined paper bags, baking powder or coffee cans, or other containers which will exclude moisture and insects.

DELIVER US FROM—

Advertisement for Iced Tea, featuring illustrations of people drinking and text promoting the product's health benefits and availability.

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