IN A NEW ROLE

A Woman Becomes a Chief Yeoman In Our Navy.

ASSIGNED IN PHILADELPHIA.

Only Twenty Years Old, This Young Lady Passed Both Her Physical and Mental Examinations and Went Directly to Work as Recruiting Agent.

Miss Loretta Walsh, cousin of Dr. James J. Walsh, former dean of the faculty of medicine of Fordham university, has entered upon her duties as a chief yeoman in the United States navy, the first woman ever enrolled for service in the country's naval arm.

Miss Walsh, who is twenty years old, passed her physical and mental ex-

MISS LORETTA WALSH

aminations and was immediately assigned to duty under Lieutenant Commander F. R. Payne of the United States Naval home, by whom she was sworn in. The oath was administered at the home and was witnessed by a large number of women attached to the Navy league.

The young woman enlisted under the recent order of Secretary Daniels directing recruiting agents to accept the applications of women for enlistment in certain classes.

The ruling reads: "A limited number of women may be enrolled for clerical work to take care of increased correspondence in the various naval districts during a war. All reservists when in active service either have quarters and subsistence furnished by the government or a money allowance is paid them for this purpose. The pay of a nurse is $40 a month. The pay of a woman enrolled for clerical work is $33."

Yeoman Walsh has been furnished with a uniform and will take up her duties as a recruiting officer at the station as her home. She will pay particular attention to other women who wish to join the service, but also will use her influence to persuade men to enlist.

KITCHEN HINTS.

Helps For Mrs. Newlywed In Her Struggles to Succeed.

Everybody does not know that food in general should not be allowed to cool in tin, copper or iron. It must be placed while hot in agate, china or well glazed earthenware.

Green vegetables should be dropped into boiling water, to which a pinch of bicarbonate of soda has been added. Put in salt when the article is half cooked.

If you have covered a pan in which meat is to be roasted never open it to baste the meat. Keep it covered from start to finish. The idea is that the pans are filled with steam, which penetrates the fibers of the meat. If desired to brown the outside leave the cover off for the first half hour in a quick oven.

The shank bones of mutton, of so little general value, if well soaked, add to the richness of gravies and soup stock.

When boiling haricot beans or dried limas do not put in the salt until they are nearly cooked; otherwise they are apt to split and come out of their skins. They should be brought to the boiling point, the water poured off and fresh boiling water poured over them.

Indian Ornaments.

It was to be supposed that when America grew enthusiastic about the oriental novelties that were introduced from China and Japan some clever person would look up our Indian work and bring it out as a rival.

There are now Indian beads from Arizona used as trimming for hats and gowns, and the Indian embroidery, as well as the beaded work, tassels with queer Indian ornaments strung together, and sweaters made of Navajo blankets are among the things offered and accepted.

To Bead Georgette Crape.

To bead georgette crape stamp the pattern to be beaded on to a piece of heavy white writing paper, then baste this on to the cloth with little, fine stitches. The pattern can be very plainly followed, and being on the stiff paper it is very easy to handle.

FASHION CUES.

Points About the Very Latest Spring Togs Are Here.

Despite all the rumors to the opposite effect, there is a strong directoire influence in some of the spring suits and frocks. Especially is this true of the Paris collection. In the suits this effect is obtained in the placing of the belt and in the size of the revers. As for the materials used, there is a quantity of satin and charmeuse besides figured and striped foulard and striped mousseline. Embroidered chiffon is used to drape over satin or charmeuse. There are seen both the barrel and the draped skirts, while the skirt for the suit is narrower and occasionally plaited. Jackets for the two pieced suits are short, for they reach to the waist, not even the conservative finger tip length that had been predicted for the early spring. These short jackets frequently show panels of accordion plaits and a combination of materials, but in a different order than what we have become accustomed to—for instance, the skirts will be checked material and the jackets of plain.

At the southern resorts for cycling, which is extremely smart, the sport suits are most attractive, the skirts short and the bloomers of the fitted ankle type, and those of ... checked or blocked material, and the jacket of the predominating tone of the ... used for these sports clothes is homespun, and this, by the way, of a change is quite acceptable and very attractive. The skirts as often as not are divided, and the knickers are of course of the same material.

On all sides ... hear of the sleeveless effect of suits and blouses and even wraps. Organdie and linen make a southern wear frock on this order.

Top coats come in all the bright new colors and are most attractive in design. Some have quite a ... effect, while others show belts at the natural waist line. Velvet ribbon enters into the trimming of these as well as the dressier suit.

FULLY PREPARED.

For Play Is This Comfortable Two Piece.

Blue linen trousers strongly, obviously buttoned into a waist cut with a stylish twelfth century neck makes

READY FOR ANYTHING

very satisfactory uniform for small rogues to romp in. Short sleeves are best to punch things in.

A Tidy Linen Closet.

A linen closet that is tidy and neat is a delight not often met with. The linens may be placed in neat piles when the laundry comes home, but when searching for a hard wear sheet or pillowcase or towel the pile is apt to become disordered. If you will use bands and tie each pile you will find that the shelves will present a much better appearance. A band of linen about ten inches long and about three or four inches wide is scalloped in blue and the words "Sheets," "Pillow cases," or whatever the article may be are worked in cross stitch. Tape strings are attached to each end.

Bindings Ready.

When making children's clothes have bias binding and facing ready to put on. Save pieces of lining lawn, colored linens and gay plaid ginghams and cut them into one inch bias strips and sew together and fold into neat rolls and put in the machine drawer where they will be handy when needed. The linens and ginghams are excellent for pipings on contrasting materials for children's school dresses.

For Sweeping Day.

A common handled basket that sells for 8 or 10 cents will save more steps on sweeping day than one would think. Line with table oilcloth, make pockets all around to put in such things as tacks, string, soap; then in the basket proper put dust brushes and cloth, bottle of furniture polish—all the other things one needs for cleaning. Try it and see how many trips to the kitchen it saves.

FOR YOUNG FOLKS

Sleepy Time Story About a Beautiful Spring Blossom.

LEGEND FROM OLD GREECE.

Quaint Tale of a Handsome, Golden Haired Lad Who Fell In Love With His Own Reflection—The Nymph In the Pool—Birth of a Flower.

When Uncle Ben came to see Little Ned and Polly Ann he had a bunch of yellow cup shaped flowers. He said, I will tell you the

STORY OF NARCISSUS.

The daffodils and the jonquils all belong to the narcissus family and are among the first flowers to bloom in our gardens in the springtime.

These, of course, I bought of a man who sells flowers. They were raised in a hothouse.

Daffodils do not grow wild in this country, though in some parts of southern Europe they do.

The name narcissus was given to the flowers by the Greeks.

They had a story about them which you may like to hear.

Long ago, the Greeks' story ran, there was a handsome lad named Narcissus. So beautiful was he that everyone who saw admired him.

Most of his time was spent in wandering about the woods and fields alone. One day he went to the woods to hunt. Tired and thirsty near the middle of the day, he looked about for a place to get a drink.

Deep in the forest he found a beautiful clear, deep pool. It was shaded by tall green trees, and the violets that grew by the water were the most lovely and fragrant of their kind.

Narcissus knelt to drink from the pool, and lo, just beneath his own face looked up another, a face which he thought the most attractive he had ever seen.

There were no mirrors in those days save the polished silver ones that belonged to kings or the rich. The simple country youth did not know that it was his own face that he saw looking up at him out of the water.

Narcissus leaned down and the face in the water seemed to come closer, but though he dipped his in the pool he could not touch the other.

The foolish boy was happy, for he thought that what he saw in the water was the nymph or the fairy guardian of the pool.

But, though he begged the image to come out of the water and talk to him, of course it could make no reply. Day after day Narcissus came to the pool to gaze at himself in the water. He forgot to eat, to drink, to sleep and at last he faded away and died. But he did not really die, for from his body sprang a wonderful flower whose golden head hung over the pool as his head so often had done. The flower was called narcissus, and, though I would not have you believe this story true, yet it may help you to remember the name.

The Mayflower.

Trailing arbutus, or the mayflower, is to the northeastern part of North America the true harbinger of spring. In the pine woods of the north it makes its fight against the cold weather and wins. Through the long, bitter winter its leaves stay green, and its dainty little flower blossoms out in the coolest days of spring. Of all the flowers of the wildwood trailing arbutus is one of the wildest. It grows in profusion, carpeting the cool glades, its faint perfume sweetening the forest. But when taken to a garden it sickens and dies.

Baseball Season Has Begun.

All over the country the warm spring sun has wrought a transformation. Along with flowers and green leaves the game of baseball has appeared. Balls, bats, masks and mitts have tak-

Photo by American Press Association.

WATCHING THE GAME.

en the places of marbles and tops. The American boy is the most enthusiastic of all baseball fans, and everywhere he is to be seen engaged in this favorite diversion. The group here pictured was snapped by the camera man on the side lines. They are watching a runner who had just made a hit.

What Boy Scouting Does.

Moral courage is no less necessary in times of national peril than physical courage, and it is more largely a product of training. The boy scout leaders seek to develop both, but they put most emphasis on the moral element, believing that the other is likely to follow as a natural result.—Portland Oregonian.

ONE SPRING BRIDE.

A Beautiful Design For the Youthful Betrothed.

THIS QUEEN

White satin made short skirted with a corselet effect for bodice and white net sleeves is also further beautified by a hem and shoulder straps of small pearls. The graceful white net veil is confined with conventional flowers and their foliage.

SUN BATHS.

Health Tips About This Popular Way of Getting Strength.

Prolonged exposure of the human body to bright sunlight in those not accustomed to its rays is dangerous.

The damage is more than the sunburn which results, for physicians have shown that headache and symptoms of meningitis have developed after youths under their observation had been lying several hours in the sunlight with unprotected head and no clothing but bathing trunks.

The symptoms shown by these patients demonstrated that the sun's rays had evidently penetrated the skull, thus indicating that a sunstroke is the consequence of direct exposure to the sun.

Sun baths are most popular with anemic and nervous city indoor workers, but too much sun is most apt to harm the nerve system of nervous people.

Instead of being benefited by long exposure to the sun the nervous are rendered more nervous, and when the summer is over they are tanned, but otherwise in poorer condition than in spring.

No one welcomes more than the physician the "back to nature" tendency of recent years, but they are now being careful to warn against excesses and abuses in the "enjoyment of nature."

For Middle Aged Women.

Women who are middle aged and rather stout will find a cold bath every day with plenty of friction afterward an admirable fat reducer. If you can't take a cold bath have a cold sponge down after your warm bath and dry yourself vigorously with a rough towel. There is something very stimulating in the friction induced by thorough drying after a bath.

Plenty of fresh air is essential to health, and it is essential, too, to avoid much lolling about in easy chairs. This last induces that fatal habit of stooping, as a result of which there is formed, as we get on in years, an unsightly roll of fat between the shoulders, which hangs over the top of the corsets. Very often faulty corsets are responsible for the formation of this figure blemish, corsets which are laced so as to press the fat upward between the shoulders. To cure it in the first instance you will require to go through a course of scientific massage. Massage is also splendid for fat which forms beneath the waist line and for double chin.

Shoe Rack.

"I have found a shoe rack a very useful and convenient addition to my bedroom closet, as it saves space, keeps the shoes from getting scratched and keeps them in order," said a housekeeper the other day. "It is a six inch board as long as the width of closet placed on a forty-five degree angle at a desirable height. Fasten it to the sides of closet by means of cleats nailed or screwed. Nail a one inch strip full length of board on the top about one inch from upper edge to hook the heels over."

For the Guest Room.

An electric hand lamp in your guest room will prove the greatest convenience to your guest, saving him from stumbling about hunting for the light switch or matches should he wish to get up during the night.

THE CHAFING DISH

Why Not Polish It Up For Spring Breakfasts Now?

AS CHEAP AS GAS BILLS.

There Are Any Number of Menus That Small Families Enjoy Cooked Right on the Table—Besides, It's More Fun Than a Range.

Why in many homes is the chafing dish relegated to the sideboard as an almost useless ornament, dragged forth only for "company?"

If the chafing dish proves itself a useful and practical means of preparing a meal for guests, why is it not equally good to cook family meals, especially the lighter supper, tea and luncheon? Many a time when the hostess herself has to prepare meals she would save herself labor by using the chafing dish instead of cooking in the kitchen and trotting back and forth with the various foods. Perhaps, too, father would not complain so much that he "doesn't get a chance to talk to mother," because she has to spend so much time preparing a meal, if mother used the chafing dish and talked while she cooked.

The chafing dish is a habit which more women should acquire. Once accustomed to the idea of cooking on the table it becomes just as natural and easy as cooking in a special place like the kitchen. The points in favor of the chafing dish are that it obviates the necessity of the hostess rising, that the food can be served piping hot and that with its blazer and pan it is one of the most sanitary food vessels to use and clean.

Many articles used in family suppers, such as creamed chipped beef, oyster stew, broiled or panned chops, kidneys and many more of the dishes having a creamed sauce, can be prepared fully as well in the chafing dish as over any other kind of fuel. Why not use the chafing dish blazer instead of the ugly frying pan to cook the hamburg steak balls for tonight's supper? If the salad and dessert are already prepared the balls can be made ready, cooked in the dish at the table and served directly to each plate without even soiling the platter.

A breakfast of creamed codfish can be managed most effectively in the blazer, as can bacon, sausages and other morning dainties. Oysters can be sauted, fried with bacon or made into a stew before our very eyes. The chafing dish burner does not smoke and make an odor, as does the kitchen range, and if used with a percolator or toaster there is no reason why an entire meal cannot be made and served vis-a-vis.

The "expense," some say. But we now have denatured alcohol at a low price which is practically the same as gas at $1 a thousand. A small ten cent can of alcohol burns a long time—enough certainly for three breakfasts. The chafing dish itself is easier to wash than pots and pans, and it permits a most graceful accomplishment to be added to the hostess' repertoire—that of table cookery.

Polish up the chafing dish, install it on the side table instead of behind closed doors and use it every day in the week. Why allow an expensive piece of equipment to be used once a month? If you have current have connections and plug which will permit your chafing dish to be operated electrically. It will be more fun and cosier than getting breakfast all by yourself in the kitchen.

CAT TAILS FOR STYLE.

A Sport Hat That Has All the Hallmarks.

Mushrooms still lead for sport head gear. Yellow and black figured silk is the fabric of this one, and two smart

THE LATEST.

black silk cat tails accentuate the tall crown. Please note how the figure in the material is not unlike a cat tail itself.

Creamed Asparagus.

Cook fresh, tender asparagus in salted water, barely covering with water. When done make a plain white sauce and pour over it. Sauce made of fresh cream, a little flour, salt and pepper. Arrange on a piece of nicely toasted bread and serve at once. For a variety omit white sauce, add butter, pepper and salt to asparagus, arrange on fresh hot toast and serve immediately.

PARIS DESIGN.

A Beautiful Outfit For After Easter Social Events.

THE REAL THING

Smoke gray satin is fashioned into this simple costume of narrowish skirt and jumper top over long sleeves. A Paisley pattern is embroidered in silver threads, a very rich effect indeed. The stringy belt confines loosely the blouse, which is of graded length.

THE JOB HUNTER.

How to Face Work Without Any False Pride.

A very good piece of advice, which, however curious it may sound, should be impressed on all women who are trying to find employment is, "Do not be a lady."

There is a vast distinction between being a lady and being a gentlewoman. The word "lady" is most misused and in its present day application it stands greatly in the way of those who are seeking work and who, time after time, cling to this description of themselves, despite the failure to gain employment that its use entails. Remember that good, hard, honest work is never lowering. If you are a gentlewoman by birth and nature you will be as much a lady when you are scrubbing the floor as when you are receiving guests in the drawing room.

Numbers of women refuse good positions because they consider themselves too ladylike to undertake the work involved. The aim of hundreds of girls today is to be described as "young lady." To achieve this they prefer to work for long hours in a shop or typewriting office at rates of pay which only with a hard struggle provide food, lodging and clothes, rather than take a better paid and far more comfortable situation as a domestic, and all because they think that domestic work is beneath them.

The modern young woman in many cases will wait for weeks on the chance of finding a position as lady companion or lady housekeeper, and yet when it comes to hard facts she is serving her employer just as much in one situation as in the other. Whoever works for another is a servant, and from the highest to the lowest we all serve in some way or another.

If women would only take this matter to heart and cease struggling after a false social position they would find life much easier, and many of the serious problems of the labor market would be easily solved.

Keeping Wicker Clean.

Many a housekeeper has discovered the difficulty of dusting wicker chairs. No amount of careful rubbing or flickering of the feather duster can reach far into these crevices; there the dust collects and there it ordinarily stays. But not long ago a woman—and a very busy one at that—hit upon a new plan for cleaning her wicker chairs. One by one she carried them into the bathtub and turned the spray upon them. The penetrating stream of water pierced them through and through, and after the process was complete each chair fairly shone with freshness and cleanliness. "If housewives could know the amount of dirt and dust that I succeeded in washing out of my three chairs," said the woman in question, "they would not hesitate long to follow my example and pop them into the bathtub."

To Keep the Blankets Clean.

No matter how careful one is to cover cold creamed hands with gloves before retiring, the top of the blanket is quick to become soiled. But there is a way to check its progress along this line. Bind the blanket with a piece of heavy cheesecloth or with muslin a yard in width. This will allow eighteen inches on each side of the blanket. If the material is held on with slip stitches it can be easily removed when it is necessary to send it to the laundry.

Shrimp and Radish Salad.

Drain a can of shrimps, plunge into cold water, drain again and add one bunch of radishes, cut in thin slices. Moisten with cooked salad dressing and serve on lettuce leaves.