What Women Are Glad to Know

Palm Beach Suit

This fashionable Palm Beach gown is featured in georgette crape in white, flesh, ciel blue or peach. It is made over silk combined with crepe de chine

GEORGETTE CREPE GOWN

to match. The trimming is of self colored beaded bands. The white panama sailor is ornamented with a flower embroidered band. Design from Frank Ilin Simon & Co., New York city

Homely Wrinkles

When washing woolen blankets, put one teaspoonful of glycerin in the rinsing water and you will find that this will make them soft and they will look like new.

To renovate old black lace lay the lace in black coffee to which you have added a little black ink. When ready to iron place it between black goods Iron on the wrong side while still wet To wash pillow feathers, remove feathers from ticking, place in suds and wash, using the washboard as for very much improved in appearance clothes. Squeeze out water between hands and put in rinse water Wring through wringer out of the rinse water. Spread on a sheet on the floor, stirring occasionally When the feathers are dry they will be as soft and fluffy as when new.

To clean finger rings wash in a hot lather of soap, water and ammonia using a brush to remove the dirt from the chasing and beneath the stones Dry on a warm towel.

To clean cut glass satisfactorily use a stiff bristle nail brush and hot water, to which a few drops of ammonia have been added

How to Do Things

Soap and water rubbed on zinc only make a bad matter worse. First wipe off the zinc with a dry cloth. Next rub with kerosene Let that stay a few hours. Go over it then with a cloth wet with kerosene and polish with a dry cloth.

Seems natural to leave the wet umbrella wide open till it dries. It isn't the best way, though. First thing you know the covering will be stretched all out of shape Shut it and stand it up, knob down, till the water runs off and it dries out

In making a custard of any sort the whites of the eggs are not necessary Use the yolks to thicken the milk. In the proportion of one yolk to a cupful of milk The whites of the eggs may then be used as a meringue for the top of the custard

A bit of lemon dipped into table salt and rubbed on stained ivory handles will take out the yellow look.

Linoleum will wear longer and look much nicer if gone over with a coat of floor varnish or linseed oil once or twice a year

A wornout carpet sweeper makes a handy floor polisher if the brush is taken out and a weight, such as a brick, put in its place; then cover with heavy carpet The play of the handle makes the job an easier one

CHOOSING A WIFE.

Men will marry a fool that sings sooner than one that has learned to scoff Dr Walter Smith.

In buying horses and taking a wife shut your eyes and commend yourself to God.—Italian Proverb.

That's what a man wants in a wife mostly He wants to make sure o' one fool as'll tell him he's wise. But there's some men can do wi'out that. They think so much o' themselves a'ready, an' that's how it is there's old bachelors.—George Eliot.

What One Can Do to Ward Off Disease And Retain Health

As one death in three is from a preventable disease, there is evidently much that individuals can do of their own choosing to ward off diseases and prolong their lives And it is not always the big things, the most difficult, that a person can do that will count most in maintaining health, but it's the little daily habits and careless customs that count most either for or against health For instance

One can keep his fingers out of his nose and mouth and teach his children to do the same When one coughs he can always turn his head and use his handkerchief after having time to reach it. One can wash his hands before meals or his own protection and after meals for the protection of others One can avoid close proximity with other persons who are coughing and sneezing and thus avoid a cold for himself In short one can practice personal cleanliness in addition to the regular soap and water cleanliness and greatly decrease his chances against diseases

Again, the individual can at least sleep in fresh air at night and can walk in it during the day He can keep up bodily resistance by seeing that he gets sufficient rest exercise and that he never poisons his body with excessive eating, drinking or smoking or by any other form of excess Excesses are peculiarly destructive to health

SELECTING A MEAL

The rational meal contains at least one food from each of the following groups

Carbohydrate Bread crackers, macaroni, rice, cereal, breakfast food and other cereal foods

Protein: Lean meats, poultry, fish, oysters, milk, cheese eggs, legumes and other protein rich foods

Fat: Butter, cream, lard, culinary fat, salt pork, chocolate and other fatty foods.

Ash: Spinach, peas, lettuce, potatoes apples, oranges, berries and other vegetables and fruits raw or cooked

Flavor Syrup, honey jelly dried fruits candies and other sweets

Household Helps

Lard keeps best in a dry upstairs room The cellar is apt to be too damp for it.

Useful rubber mats to place under flowerpots may be cut from discarded hot water bottles

Rubbers worn gray or shabby can be blacked with the ordinary polish for shining shoes

Try washing the mirrors and windows with a chamois skin in place of the old way

For cleaning bathtubs dampen a cloth with gasoline and rub the surface thoroughly, then rub with a clean cloth

To wash a chamois skin use like warm water and any good white soap Rinse in several lukewarm waters, then let water drip from it Do not wring

Light as Chaff

The Smart Printer.

The proprietor of a printing establishment was in the habit of periodically descending to the press room and indulging in sarcastic comment.

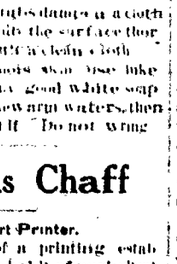
One of his visits was nearly due when, unfortunately, a youth employed upon the presses appeared with a much discolored cheek bone, the result of a fight the night before.

How to disguise the injury puzzled him exceedingly, for he knew that should his employer notice it his post would be lost and his character imperiled Suddenly an idea seized him and he daubed the part with printer's ink Strangely enough, the proprietor chose that day for his inspection and, having gone through the room commenting on every detail, he suddenly pointed to the damaged youth

"Raise that young man's wages," he cried "He is the only person in the room who looks as if he had been working"

The Donor.

George and Ethel were married a few weeks ago and returned from their honeymoon to a ducky little bungalow garnished throughout with the usual valuable but useless silverware and jewelry which kind friends showered upon the newly married



The day after their arrival two tickets for a down town theater reached them, accompanied by a little scented note bearing the simple message, "Guess who sent them" They found it impossible to identify the donor, but nevertheless decided to use them

At the end of a pleasant evening they returned to their home to find the place stripped of everything. On the dining room table lay another little scented note bearing the legend, "Now you know!"

Inspiration Miscellany

The Road to Progress.

The average boy wants to become vice president in a year or two. Patience is indispensable. But if a young man always strives to be agreeable and to do his full duty without spending any time watching the clock he is certain to have a fair measure of success. The man who makes a great success is the one who does the task a little better than the other fellows and who shows a little keener insight into men and things

If a man elects to play poker five or six times a week and shine in society he must not complain if he does not shine in his business. The man, on the other hand, who makes riches his all consuming consideration and ambition must not be surprised if people turn their backs on him because his finer instincts have become blunted and stunted

You cannot undertake to develop certain qualities in others without unconsciously developing the same qualities in yourself

One of the greatest forms of satisfaction comes from doing something for other people

To sum up, it is personality that counts. Personality embraces many qualities, such as neatness, cheerfulness, courtesy, alertness, intelligence and a sound knowledge of human nature These qualities spell efficiency and efficiency spells success The "all round" man is the highest type of human product, higher than the specialists, because the all round man must be able to handle specialists as well as others George M Reynolds Chicago Banker, in Leslie's

KEEP ON PLUGGING.

Do! Don't say it can't be done
Be doing while there shines a sun
While stars still glimmer and in a pail
The world is wrapt, or lost seems all
Do! And, having done so on
The next job is half begun
If you but say you've done the last
And seek another harder task,
And keep a-plugging, on the run
They all seem easy when they're done

Star of Hope

Don't Be Envious.

Crush all envy out of your heart The envious person is in pain upon all occasions which ought to give him pleasure The relish of his life is lost and the objects which administer the highest satisfaction to those who are exempt from this passion give the quickest pangs to persons who are subject to it All the perfections of their fellow creatures are odious Don't be envious

Good Breeding

It shows good breeding to accept without grudging or growling what fails to occur in the ordinary course of events. There are people who easily and noisily find fault with everything that doesn't go their way. The slightest interruption disturbs them and makes them mad They act as if the world was made for them and as if their disappointment was a great basis in the logic of events This is not a show of good breeding A person whose nature is noble will accept the little misfits in life as somewhat to be expected and bear them with a brave and unselfish spirit. We have seen men who meet their little disappointments with a poise that is beautiful. They are the real heroes of life Their disappointment makes them grand, for in their discomfiture their spirit is as gentle as a summer sunset But with some others it is not so They rage at a little mishap. They denounce everything and everybody in their disappointment. They are simply ill bred. It is not so with a gentleman or a lady They accept a reverse as a matter of course and make a virtue out of a disappointment.—Columbus (O.) State Journal

Indecision.

If indecision runs in your blood arouse yourself and strangle this insidious foe to your achievement before it saps your energy and ruins your life chance. Do not wait until tomorrow, but begin today Compel yourself to develop the opposite quality by the constant practice of firm decision. Analyze thoroughly every affair before deciding. Then when your decision is made let it be final

AMBITION

If you would rise above the throng
And seek the crown of fame,
You must do more than drift along
And merely play the game
Whatever path your feet may tread,
Whatever be your quest,
The only way to get ahead
Is striving for the best

'Tis not enough to wish to do
A day's toil fairly well;
If you would rise to glory you
Must burn to excel.
The boy who has the proper stuff
Goes into every test
Not seeking to be "good enough"
But eager to be "best."

The best must be your way in life,
The best in sport or work.
Success in any form of strife
Falls never to the shirk.
The crowns of leadership are few,
The followers move in throngs
If you would be a leader you
Must shun the "drift alongs"

In the Arena of Sports

New Manager of the Cubs

Fred Mitchell, who succeeded Joseph Tinker as manager of the Chicago National league baseball club, has been assistant to George Stallings of the Boston Braves since 1913 A native of New Hampshire, Mitchell is thirty eight years of age and began his base-

Photo by American Press Association

FRED MITCHELL

ball career in 1897 as a pitcher in his native state. In 1901 he went to the Boston Americans and the following year helped Connie Mack win the pennant in the American league. A couple of years later he went to Brooklyn, but his arm went wrong and he was sent to Toronto, where he became a catcher. He did so well behind the bat that Stallings secured him for the Yankees in 1909 Three years later he finished his playing career. Mitchell is regarded as one of the best coachers of pitchers in baseball

Alexander Is King of Pitchers.

Grover Cleveland Alexander of the Phillies is the leader among the National league pitchers Not only did he make a new shutout record with a string of sixteen, but he pitched the most completed games thirty-eight. Of the 1,500 batsmen who faced Alexander only fifty reached first base on balls

Directions For Making Dyes of Various Colors

The high price and scarcity of foreign dyestuffs will drive many housekeepers to the old time homemade dyes of grandmother's days, says the Farm Journal

The bright yellow or canary color used for cotton goods in bright colored rag carpets can be made by boiling twigs of crabapple trees in soft water

A deeper yellow orange color is obtained by the simple method of boiling 5 cents' worth of copperas in water enough to make one pailful This gives a dull sage green looking hue, which changes to orange color after dipping the rags in a weak solution of lye water. After wringing these out shake and expose them to the sun and air At first the color will not be bright, but as the rags dry the color comes out a strong, lasting orange.

For blue color use the liquid bluing in bottles, and if green is required after securing a good shade of blue redip the fabric or rags in the yellow dye.

For a pretty pink shade, needed for ribbons or woolen hoods, soak a sheet or so of bright red crape paper in water; let it lie in soft water quite a long time Then squeeze out all the pulp You can make any pink shade of dye by this process

Walnut hulls and also a decoction of logwood chips give a very fine brown color.

For dove and slate color boil in an iron vessel a teacupful of black tea, with a teaspoonful of copperas and sufficient water to extract and dissolve Afterward dilute with water to the shade desired.

For purple for each pound of goods use two ounces of cudbear. Rinse the goods well in soapsuds, then dissolve the cudbear in hot suds—not quite boiling—and soak the goods until the required color is obtained. The color is brightened by rinsing in alum water.

YOUTH AND AGE.

The youth gets together his materials to build a bridge to the moon or, perchance, a palace on the earth. At length middle aged, he concludes to build a woodshed with them.—Thoreau.

The young talk generously of relieving the old of their burdens, but the anxious heart is to the old when they see a load on the back of the young.—J. M. Barrie.

Si jeunesse savait! Si vieillesse pouvait! (If youth knew! If age could!)—French Proverb.

Home Cookery

Junket Ice Cream.

Heat one cupful of milk until lukewarm, add four tablespoonfuls of sugar and four tablespoonfuls of cocoa dissolved in a little boiling water. The cocoa may be cooked over hot water and added to the milk when of tepid heat. Stir until the sugar is dissolved and the cocoa blended in and add one third of a junket tablet dissolved in two tablespoonfuls of cold water and a teaspoonful of vanilla extract. Mix well and allow it to stand in a warm room until firm. Then beat down, fold in one cupful of double cream that has been whipped solid with one tablespoonful of powdered sugar and freeze slowly as for ordinary ice cream.

Apple Charlotte.

Cut slices of stale bread about one-fourth inch thick, then cut in small rounds, fry in hot butter to a light brown color. Line a plain buttered mold with the bread rounds. Peel and core one and one half pounds of apples, add half a cupful of sugar and cook Season with half teaspoonful of cinnamon and two cloves. Remove from the fire when soft and stir in the yolks of two eggs slightly beaten Pour into the prepared mold, cover with rounds of fried bread, bake in a moderate oven forty minutes Serve with cream

Club Sandwiches.

Remove the meat from a cooked chicken and cut it in small, long pieces Have ready crisp grown slices of toasted whole wheat bread, lightly buttered, and fill with the following Thin layer of the chicken, one of finely shredded smoked beef, one teaspoonful of chopped dill pickle and two lettuce leaves. Spread generously with mayonnaise dressing Have the filling cold and the toast as hot as possible when served

Breaded Chicken.

Cut a young chicken in pieces, roll in beaten egg and breadcrumbs and season with a little chopped parsley, pepper and salt. Place in a pan, lay on each piece a small lump of butter add a little water, bake slowly and baste often. Place in serving dish. To one cupful of cream add about a quarter of a cupful of breadcrumbs and when boiling hot pour over the chicken and serve at once.

Pork Cake.

Take one-half cupful of sugar, one half cupful of strong coffee, one-half cupful of molasses, one-half cupful of chopped salt pork, one-quarter cupful of lard, one cupful of raisins, two cupfuls of flour, two eggs, one teaspoonful of soda, dissolved in coffee, and one teaspoonful of cloves, cinnamon and nutmeg. Bake in a slow oven

Escalloped Herring

Freshen six salt herrings boil until tender so the bones are easily removed. Put a layer of fish in a baking dish, then sliced cooked potatoes, flavor with pepper, a small onion and two tablespoonfuls of butter Sprinkle breadcrumbs over the top cover with boiling water and bake until a golden brown

Smartly Said

The girl who endeavors to get a husband who is "different" usually picks a lemon

It is useless for a wife to attempt to be economical unless she can handle the pay envelope.

When some men grant a favor that costs them nothing they seem to think that they should own you.

The early bug would have a better time but for the fact that the bird is always on the lookout for him.

Waiting For the Suey

J. P. Tumulty, Secretary To President Wilson

"I am very glad to say publicly that I did not know of the existence of the president's note on peace until the newspapers were informed," so said Joseph P. Tumulty, secretary to the president, testifying in the investigation by the house rules committee into the alleged leak of the peace note by which Wall street is said to have profited.

Mr. Tumulty was appointed secretary to the president on March 4, 1913.

Photo by American Press Association

JOSEPH P. TUMULTY.

He is a native of New Jersey, thirty-eight years of age and was educated at St. Peter's college, Jersey City, from which he was graduated in 1899 He was admitted to the bar three years later and began the practice of his profession in his native city. He served three terms in the state legislature and in 1910 was appointed private secretary to Governor Wilson and in 1912 clerk of the supreme court of New Jersey. Mr. Tumulty is married and has six children

CHARITY.

Our charity indeed should be universal and extend to all mankind, but it is by no means convenient that our friendships and familiarities should do so too.—Thomas a Kempis.

As the first order of wisdom is to know thyself, so the first order of charity is to be sufficient for thyself.

The charity that thinketh no evil trusts in God and trusts in man.—J. G. Holland

Mother's Doll Story

The Sugar Pig

Once upon a time a little boy had a sugar pig to play with. It was just as happy a plaything as a doll is, you see. It was about as big as a big mouse, and its tail had two curls in it.

One pleasant afternoon the little boy went out in the yard to play. He took his sugar pig with him.

"Why don't you bite off his head?" shouted the little boy's friend through the fence.

"Because I want to keep him," answered the owner

"If he were mine I would eat him up," answered the neighbor boy "That's what pigs are for—to eat."

While they had been talking the sun had gone behind a cloud, and soon big wet snowflakes began to fall.

"If it rains we will be called in the house," said the neighbor boy "Come on, let's hide!"

So they ran out back of the garden and climbed into an old doghouse. They put the sugar pig down on the top of the house and played Indian inside while the snow fell.

When it grew almost dark and they wanted to go in the house all they could find of the sugar pig was a little wet spot on the top of the doghouse that tasted sweet when they put their fingers in it and then licked them.

Filipinos Like Stilts.

The Filipino children are much addicted to walking on stilts, the introduction of which is accounted for by an old story. It seems that the people at a town "fiesta" a century or more ago wanted some giants to take part in a spectacle The resident priest taught two men to walk on stilts with long skirts to conceal the latter, and the novel idea gave such delight to the boys that every male youngster on the island was soon stumping about on long wooden legs.

Some Insects.

If a man traveled as fast as a locust he could go around the world in a couple of days, and if he had the speed of a fly he could make six miles a minute.

A flea jumps 200 times its own length. A man to equal that would have to leap a quarter of a mile.

If a horse could carry as much as a beetle it would drag five tons, for a beetle carries forty times its own weight.