

What Women Are Glad to Know

Palm Beach Suit

This fashionable Palm Beach gown is featured in georgette crepe in white, flesh, coral blue or peach. It is made over silk combined with crepe de chine.



GEORGETTE CREPE GOWN

To match. The trimming is of self-colored headed bands. The white Panama sailor is ornamented with a flower embroidered band. Design from Franklin Simon & Co., New York City.

Homely Wrinkles

When washing woolen blankets, put one teaspoonful of glycerin in the rinsing water and you will find that this will make them soft and they will look like new.

To renovate old black lace by the lace in black coffee to which you have added a little black ink. When ready to iron place it between black goods on the wrong side while still wet. To wash pillow feathers, remove feathers from ticking, place in subs and wash, using the washboard as a support. Rubbers worn gray or shabby can be washed, using the washboard as a support. Squeeze out water between hands and put in rinse water. Writing the ordinary polish for shining shoes through wringer out of the rinse water. Spread on a sheet on the floor, dows with a chamomile oil in place of stirring occasionally. When the furs are dry they will be as soft and fluffy as when new.

To clean finger rings wash in a hot lather of soap, water and ammonia using a brush to remove the dirt from the chinking and beneath the stones. Dry on a warm towel.

To clean cut glass satisfactorily use a stiff bristle milk brush and hot water, to which a few drops of ammonia have been added.

How to Do Things

Soap and water rubbed on zinc only make a bad matter worse. First wipe off the zinc with a dry cloth. Next rub with kerosene. Let that stay a few hours. Go over it then with a cloth wet with kerosene and polish with a dry cloth.

Seems natural to leave the wet umbrella with open till it dries. It isn't the best way. Though. First thing you know the covering will be stretched all out of shape. Shut it and stand it up, knob down, till the water runs off and it dries out.

In making a custard of any sort the whites of the eggs are not necessary. Use the yolks to thicken the milk, in the proportion of one yolk to a cupful of milk. The whites of the eggs may then be used as a meringue for the top of the custard.

A bit of lemon dipped into table salt and rubbed on stained ivory handles will take out the yellow look.

Linoleum will wear longer and look much nicer if gone over with a coat of floor varnish or linseed oil once or twice a year.

A worn-out carpet sweeper makes a handy floor polisher if the brush is taken out and a weight, such as a brick, put in its place, then cover with heavy carpet. The play of the handle makes the job an easier one.

CHOOSING A WIFE.

Men will marry a fool that shines sooner than one that has learned to scold. Dr. Walter Smith. In buying horses and taking a wife shut your eyes and commend yourself to God—Italian Proverb. That's what a man wants in a wife mostly. He wants to make sure of one fool as'll tell him he's wise. But there's some men can do without that. They think so much of themselves a ready, an' that's how it is there's old bachelor.—George Elliot.

What One Can Do to Ward Off Disease And Retain Health

As one death in three is from a preventable disease, there is evidently much that individuals can do of their own choosing to ward off diseases and prolong their lives. And it is not always the big things, the most difficult, that a person can do that will count most in maintaining health, but it's the little daily habits and careless customs that count most, either for or against health. For instance...

One can keep his fingers out of his nose and mouth and teach his children to do the same. When one coughs he can always turn his head and use his handkerchief after having time to reach it. One can wash his hands before meals or his own profession and after those for the profession of others. One can avoid close proximity with other persons who are coughing and sneezing and thus avoid a cold for himself. In short, one can practice personal cleanliness in addition to the regular soap and water cleanliness and greatly decrease his chances against disease.

Another individual can get good sleep in fresh air at night and can walk in it during the day. He can keep up his resistance to disease, that he gets sufficient rest, exercises and that he never poisons his body with excessive eating, drinking or smoking or by any other form of excess. Excesses are particularly destructive to health.

SELECTING A MEAL

The rational meal contains at least one food from each of the following groups: Carbohydrate. Bread, starch, oatmeal, rice, cereal, bran, corn, macaroni, etc. Protein. Meat, eggs, poultry, fish, oysters, milk, cheese, eggs, legumes and other protein rich foods. Fat. Butter, cream, lard, corn, fat, salt pork, chocolate and other fatty foods. Ash. Spinach, peas, lettuce, potatoes, apples, oranges, berries and other vegetables and fruits raw or cooked. Flavor. Sugar, honey, jelly, dried fruits, candies and other sweets.

Household Helps

Lard keeps best in a dry up-tight room. The oil is apt to be too damaged to iron place it between black goods on the wrong side while still wet. To wash pillow feathers, remove feathers from ticking, place in subs and wash, using the washboard as a support. Rubbers worn gray or shabby can be washed, using the washboard as a support. Squeeze out water between hands and put in rinse water. Writing the ordinary polish for shining shoes through wringer out of the rinse water. Spread on a sheet on the floor, dows with a chamomile oil in place of stirring occasionally. When the furs are dry they will be as soft and fluffy as when new.

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Light as Chaff

The Smart Printer. The proprietor of a printing establishment was in the habit of perusing the press room and indulging in sarcastic comment.

One of his visits was nearly due when, unfortunately, a youth employed at the presses appeared with a much discolored cheek bone, the result of a fight the night before.

How to disguise the injury puzzled him exceedingly, but he knew that should his employer notice his post would be lost and his character imperiled.

Suddenly an idea seized him and he dabbed the part with printer's ink. Strangely enough, the proprietor chose that day for his inspection and, having gone through the room commenting on every detail, he suddenly pointed to the disgraced youth.

"Raise that young man's wages," he cried. "He is the only person in the room who looks as if he had been working."

The Donor. George and Ethel were married a few weeks ago and returned from their honeymoon to a ducky little bungalow furnished throughout with the usual valuable but needless articles and jewelry which kind neighbors shower upon the newly married.

The day after their arrival, two tickets for a down town theater reached them, accompanied by a little scrap of note bearing the simple message, "Guess who sent them?"

They found it impossible to identify the donor, but nevertheless decided to use them.

An end of a pleasant evening they returned to their home to find the place stripped of everything. On the dining room table lay another little scrap of note bearing the legend, "Now you know!"

Inspiration Miscellany

The Road to Progress.

The average boy wants to become vice president in a year or two. Failure is indispensable. But if a young man always arrives at the aggregate end of his full duty without spending any time watching the clock he is certain to have a fair measure of success. The man who makes a great success is the one who does the task a little better than the other fellows and who shows a little keener insight into men and things.

If a man elects to play poker five or six times a week and slips in society the most not complain if he does not shine in his business. The man, on the other hand, who makes riches his all consuming consideration and ambition must not be surprised if people turn their backs on him because his finer instincts have become blunted and stunted.

You cannot undertake to develop certain qualities in others without at the same time developing the same qualities in yourself.

One of the greatest forms of selfishness comes from doing something for other people.

To sum up, it is personality that counts. Personality embraces many qualities, such as neatness, cheerfulness, courtesy, alertness, intelligence and a sound knowledge of human nature. These qualities spell efficiency and efficiency spells success. The "all round" man is the highest type of human product, higher than the specialist, because the all round man must be able to handle specialists as well as others. George M. Reynolds, Chicago Banker, in Leslie's.

KEEP ON PLUGGING.

Do! Don't say it can't be done. Do! Do it. Do it here. Do it there. Do it everywhere. Do! Do it now. Do it later. Do it every day. Do! Do it with a will. Do it with a plan. Do it with a purpose. Do! Do it for the sake of it. Do it for the sake of others. Do it for the sake of God.

Don't Be Envious.

Crush all envy out of your heart. The envious person is in pain upon all occasions which ought to give him pleasure. The relief of his life is lost and the objects which administer the highest satisfaction to those who are exempt from this passion give the quickest pains to persons who are subjected to it. All the perfection of their fellow creatures are odious. Don't be envious.

Good Breeding

It shows good breeding to accept without protest or growing what falls to one in the ordinary course of events. There are people who easily and modestly find fault with everything that doesn't go their way. The slightest interruption disturbs them and makes them mad. They not as if the world was made for them and as if their disappointment was a great calamity in the eyes of events. This is not a show of good breeding. A person whose nature is noble will accept the little humiliations as something that he expected and bear them with a brave and unflinching spirit. We have seen many who meet their little disappointments with a pique that is beautiful. They are the real heroes of life. Their disappointment makes them grand, for in their discomfiture their spirit is as gentle as a summer sunset. But with some others it is not so. They rage at a little mishap. They denounce everything and everybody in their disappointment. They are simply ill bred. It is not so with a gentleman or a lady. They accept a reverse as a matter of course and make a virtue out of a disappointment.—Columbus (O.) State Journal.

Indecision.

If indecision runs in your blood arouse yourself and strangle this in sidious foe to your achievement before it saps your energy and ruins your life chance. Do not wait until tomorrow, but begin today. Compel yourself to develop the opposite quality by the constant practice of firm decision. Analyze thoroughly every affair before deciding. Then when your decision is made let it be final.

AMBITION

If you would rise above the throng you must do more than drift along. You must have the game whatever path your feet may tread. Whatever is your quest, Not seeking to let "good enough" be striving for the best.

This is not enough to wish to do. It is to do it fairly well. If you would rise to glory you must have a goal to excel. The boy who has the proper stuff goes into every test. Not seeking to let "good enough" be striving for the best.

The best must be your way in life, The best in sport or work, Success in any form of strife, Falls never to the shift. The crown of leadership are few, The followers move in throng. If you would be a leader you must stand the "drift" along.

In the Arena of Sports

New Manager of the Cubs

Fred Mitchell, who succeeded Joseph Tinker as manager of the Chicago National league baseball club, has been assistant to George Stallings of the Boston Braves since 1915. A native of New Hampshire, Mitchell is thirty eight years of age and began his base-



Photo by American Press Association. FRED MITCHELL.

ball career in 1897 as a pitcher in his native state. In 1901 he went to the Boston Americans and the following year helped Connie Mack win the pennant in the American league. A couple of years later he went to Brooklyn, but his arm went wrong and he was sent to Toronto, where he became a catcher. He did so well behind the bat that Stallings secured him for the Yankees in 1909. Three years later he finished his playing career. Mitchell is regarded as one of the best coaches of pitchers in baseball.

Alexander is King of Pitchers.

Grover Cleveland Alexander of the Phillies is the leader among the National league pitchers. Not only did he make a new "shout" record with a string of sixteen, but he pitched the most completed games thirty-eight. Of the 1,500 batsmen who faced Alexander only fifty reached first base on balls.

Directions For Making Dyes of Various Colors

The high price and scarcity of for elen dyes will drive many householders to the old time household dyes of grandmother's days, says the Farm Journal.

The bright yellow or canary color used for cotton goods in bright colored rag carpets can be made by boiling twigs of crabapple trees in soft water. A deeper yellow orange color is obtained by the simple method of boiling 5 cents' worth of coppers in water enough to make one half pint. This gives a dull sage green looking hue, which changes to orange color after dipping the rags in a weak solution of lye water. After wringing these out shake and expose them to the sun and air. At first the color will not be bright, but as the rags dry the color comes out a strong, lasting orange.

For blue color use the liquid bluing in bottles, and if green is required after securing a good shade of blue dip the fabric or rags in the yellow dye.

For a pretty pink shade, needed for ribbons or woolen hoods, soak a sheet or so of bright red crepe paper in water; let it lie in soft water quite a long time. Then squeeze out all the pulp. You can make any pink shade of dye by this process.

Walnut hulls and also a decoction of logwood chips give a very fine brown color.

For dove and slate color boil in an iron vessel a teaspoonful of black tea, with a teaspoonful of copperas and sufficient water to extract and dissolve. Afterward dilute with water to the shade desired.

For purple for each pound of goods use two ounces of cudbear. Rinse the goods well in soap suds, then dissolve the cudbear in hot suds, not quite boiling—and soak the goods until the required color is obtained. The color is brightened by rinsing in alum water.

Home Cookery

Junket Ice Cream.

Heat one cupful of milk, until lukewarm, add four tablespoonfuls of sugar and four tablespoonfuls of cocoa dissolved in a little boiling water. The cocoa may be cooked over hot water and added to the milk when it tepid heat. Stir until the sugar is dissolved and the cocoa blended in and add one third of a junket tablet dissolved in two tablespoonfuls of cold water and a teaspoonful of vanilla extract. Mix well and allow it to stand in a warm room until firm. Then beat down, fold in one cupful of double cream that has been whipped solid with one tablespoonful of powdered sugar and freeze slowly as for ordinary ice cream.

Apple Charlotte.

Cut slices of stale bread about one-fourth inch thick, then cut in small crumbs, dry in butter to a light brown color. Line a plain buttered mold with the bread crumbs. Peel and core one and one half pounds of apples, add half a cupful of sugar and cook. Season with half teaspoonful of cinnamon and two cloves. Remove from the fire when soft and stir in the yolks of two eggs, slightly beaten. Pour into the prepared mold, cover with rounds of fried bread, bake in a moderate oven forty minutes. Serve with cream.

Club Sandwiches.

Remove the meat from a cooked chicken and cut in small long pieces. Have ready crisp grown slices of toast and whole wheat bread, lightly buttered, and fill with the following: Thin layer of the chicken, one of finely shredded smoked beef, one teaspoonful of chopped dill pickle and two lettuce leaves. Spread generously with mayonnaise dressing. Have the filling cold and the toast as hot as possible when served.

Breaded Chicken.

Put a young chicken in pieces, roll in beaten egg and bread crumbs and season with a little chopped parsley, pepper and salt. Place in a pan, lay on each piece a small lump of butter and a little water, bake slowly and baste often. Place in serving dish. Two cupful of cream add about a quarter of a cupful of bread crumbs and when boiling hot pour over the chicken and serve at once.

Park Cake.

Take one half cupful of sugar, one half cupful of strong coffee, one half cupful of molasses, one half cupful of chopped salt pork, one quarter cupful of lard, one cupful of raisins, two cupfuls of flour, two eggs, one teaspoonful of soda, dissolved in coffee, and one teaspoonful of cloves, cinnamon and nutmeg. Bake in a slow oven.

Escalloped Herring.

Freshen six salt herrines boil until tender so the bones are easily removed. Put a layer of fish in a baking dish, then sliced cooked potatoes, flavor with pepper, a small onion and two tablespoonfuls of butter. Sprinkle bread crumbs over the top, cover with boiling water and bake until a golden brown.

Smartly Said

The girl who endeavors to get a husband who is "different" usually picks a lemon.

It is useless for a wife to attempt to be economical unless she can handle the pay envelope.

When some men grant a favor that costs them nothing they seem to think that they should own you.

The early bug would have a better time but for the fact that the bird is always on the lookout for him.

Waiting For The Suez



J. P. Tumulty, Secretary To President Wilson

"I am very glad to say publicly that I did not know of the existence of the president's note of peace until the newspapers were informed," said Joseph P. Tumulty, secretary to the president, testifying in the investigation by the house rules committee into the alleged leak of the peace note by which Wall street is said to have profited.

Mr. Tumulty was appointed secretary to the president on March 4, 1912.



Photo by American Press Association. JOSEPH P. TUMULTY.

He is a native of New Jersey, thirty-eight years of age and was educated at St. Peter's college, Jersey City, from which he was graduated in 1899. He was admitted to the bar three years later and began the practice of his profession in his native city. He served three terms in the state legislature and in 1910 was appointed private secretary to Governor Wilson and in 1912 clerk of the supreme court of New Jersey. Mr. Tumulty is married and has six children.

CHARITY

Our charity indeed should be universal and extend to all mankind, but it is by no means content that our friendships and familiarities should go so far. Thomas a Kempis. As the first order of wisdom is to know thyself, so the first order of charity is to be sufficient for thyself. The charity that thinketh no evil trusts in God and trusts in man.—J. G. Holland.

Mother's Doll Story

The Sugar Pig

Once upon a time a little boy had a sugar pig to play with. It was just as happy a plaything as a doll is, you see. It was about as big as a big mouse, and its tail had two curls in it. One pleasant afternoon the little boy went out in the yard to play. He took his sugar pig with him.

"Why don't you bite off his head?" shouted the little boy's friend through the fence. "Because I want to keep him," answered the owner. "If he were mine I would eat him up," answered the neighbor boy. "That's what pigs are for—to eat."

While they had been talking the sugar pig had gone behind a cloud, and soon big wet snowflakes began to fall. "If it rains we will be called in the house," said the neighbor boy. "Come on, let's hide!"

So they ran out back of the garden and climbed into an old doghouse. They put the sugar pig down on the top of the house and played Indian inside while the snow fell.

When it grew almost dark and they wanted to go in the house all they could find of the sugar pig was a little wet spot on the top of the doghouse that tasted sweet when they put their fingers in it and then looked them.

Filipino Like Stilts.

The Filipino children are much addicted to walking on stilts, the introduction of which is accounted for by an old story. It seems that the people at a town "festa" a century or more ago wanted some giants to take part in a spectacle. The resident priest taught two men to walk on stilts with long skirts to conceal the latter, and the novel idea gave such delight to the boys that every male youngster on the island was soon stumping about on long wooden legs.

Some Insects.

If a man traveled as fast as a locust he could go around the world in a couple of days, and if he had the speed of a fly he could make six miles a minute. A flea jumps 200 times its own length. A man to equal that would have to leap a quarter of a mile. If a horse could carry as much as a beetle it would drag five tons, for a beetle carries forty times its own weight.

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