The World's Greatest Doctors agree that one of the best ways to treat a cold or cough is by using just such ingredients as are used in Father John's Medicine—which has had 60 years of success treating colds and coughs and as a tonic food.


# Inspiration Miscellany

## A Word to the Business Girl

Comparatively few out of all the hordes of girls working for their living know the value of a silent tongue. Almost all girls talk too much, and they are just the same in business as in society. The silent woman is one of the rarest treasures on earth. But where a really prattling tongue is often attractive in a girl who lives and moves in the social world, lending animation and vivacity, it is a menace to the working girl [illegible] her own best interests [illegible] secrets.

All [illegible] worker [illegible] only [illegible] advance [illegible] is quite [illegible] reer in [illegible] most big con[illegible] employees is [illegible] tongue.

Very often a girl who is not so capable as her fellow workers is advanced over their heads to a position of real importance simply because her employers can see that out of the whole crowd she is the only one who knows how to hold her tongue. And no man wants to have a girl taking down his business correspondence and overhearing all the confidential interviews with other men unless he feels confident that she will say nothing of it outside.—New York Telegram.

### Success In the Man Business.

In business it is not the individual producer who gets the biggest or the surest rewards. It is the organization builder. And any man, no matter how small his business, ought to recognize that fact. Unless an employer is interested in finding, training, holding and dividing with good men his business can never grow. It will remain the work of one man, and the work of one man is certain to be limited in size and profits. You may think that you are in the shoe business or the shirt business or the furniture business, but you are mistaken. After all is said and done we are all in the same business—the man business—no matter what we make or sell.—Pittsburgh Gazette-Times.

thing to [illegible] content in the present. It does away with many worries. It gives promise of future safety. From saving some having.—Milwaukee Journal.

### In Joy and Sorrow

An oriental ruler once summoned his wise man and said to him: "Tell me something that will moderate my joys and sorrows." And the wise man made answer and said: "In the tumult of thy joys and in the depths of thy sorrows repeat to thyself this truism: 'And even this shall pass away.'"

### Fighting Evil.

The most truly religious thing that a man can do is to fight his way through habits and deficiencies and back to pure, manlike elements of his nature, which are the ineffaceable traces of the divine workmanship and alone really worth fighting for.—Welsh.

## The Value of Thrift

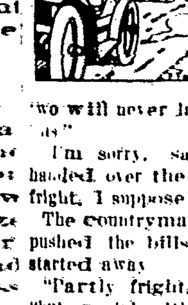
To be thrifty does not mean to be stingy. It means taking good care not to waste or misspend what one has. It means not wasting things, large or small. Saving many small things makes a great difference in what you possess. No man is so rich that he is warranted in being wasteful. If he has more than enough for his own needs there are plenty of ways in which he may use the surplus for general benefit.

The thrifty man does not spend without thought. He will never spend more than that which is his own. The thrifty man avoids debt. The thrifty man has something ahead, so that when necessity demands there is some-

# Light as Chaff

### Not That Kind

He [illegible] a [illegible] and [illegible] It was wrong. He peered up and glanced back. Two birds lay dead in the road, two others were fleeing, squawking back home



and a burly man in overalls was striding toward the automobile.

"That'll be $12. $3 apiece for the four," said the man.

"Four!" gasped the motorist. "But I killed only two."

"That's right," agreed the owner, "but them other two will never lay a blessed egg after this."

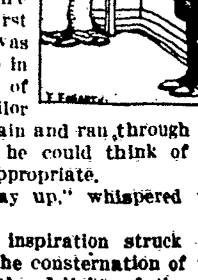
"I'm sorry," said the motorist as he handed over the money. "Due to the fright, I suppose."

The countryman shook his head as he pushed the bills into his pocket and started away.

"Partly fright," he agreed slowly, "but mainly it's because they ain't hens."—Country Gentleman.

### An Inspired Musician.

Young Mr. Hallowell was not much of a preacher; but, much to his own surprise and everybody else's, he was appointed chaplain of a battleship. He desired to amuse as well as instruct his men, and to that end he arranged a lantern lecture on Bible scenes and incidents.



A sailor who possessed a gramophone was secured to discourse appropriate music between the slides. The first picture shown was Adam and Eve in the garden of Eden. The sailor cudgeled his brain and ran through his repertory, but he could think of no piece exactly appropriate.

"Play up, play up," whispered the chaplain.

Suddenly an inspiration struck the sailor, and to the consternation of the chaplain and the delight of the audience the gramophone squawked out, "There is only one girl in this world for me."

# What Housewives Are Glad to Know

## For Winter Street Wear

The heather mixture sport suit here with illustrated is featured in green, brown and oxford. The skirt just touches the shoe tops and the coat is ornamented with patch pockets fastened with buttons. The front is made full and fastened with a single row of bone or fancy buttons. The novelty collar is high and buttons closely about the neck. The belt is at the natural waist line and is made of the same material. A velours sport hat is appropriate with this costume. Designed by [illegible] New York.

SMART SPORT SUIT

## Importance of Salads In Dietetic Value

[illegible] State Agricultural college.

While salad is not a substantial a dish as some included in the daily menu, there are other things to be considered. Salad set in a nest of lettuce leaves is appetizing. The dietetic value of the minerals in the fruit and vegetables and the oil in the dressing can not be overestimated.

Some vegetables and fruits which are quite necessary to the diet would not be utilized at all if they were not made into salads. Carrots, for example, prepared in salads in their raw state furnish valuable food elements. Salads furnish bulk, an important item to be considered in preparing menus.

A simple salad is more attractive and has a better dietetic value than an elaborate mixture of expensive foods. A light salad may be served with a heavy dinner as a substitute for a dessert, adding to the dietetic value of the meal as well as reducing its cost.

## Setting Colors In Cotton

At the present time we hear much about the poor quality of dyes used. It is possible to set some colors in wash materials. An authority on the subject says salt will set browns, blacks and pinks. Definite proportions cannot be named, but two cupfuls of salt to one gallon of cold water will be enough in most cases. If this amount does not stop the bleeding of the color add more until this is accomplished.

One half cupful of vinegar to one gallon of water will be effective for setting blues.

One tablespoonful of sugar of lead to one gallon of water should be used for lavenders. The sugar of lead should be handled carefully, as it is deadly poison if swallowed.

**SORROW'S LESSON.**

Do not cheat thy heart and tell her
"Grief will pass away.
Hope for fairer times in future
And forget today."
Tell her, if you will, that sorrow
Need not come in vain.
Tell her that the lesson taught her
Far outweighs the pain.
—Adelaide A. Procter.


FATHER KOENIG'S Nervine (TRADE MARK)

It Certainly Did Wonders.

1013 Kearney St., Mason City, Ia., August 1915.

Our 14 year old boy was afflicted with St. Vitus Dance most seriously since about 2 years. The doctor would get him out of bed and then he would seem to be pretty well, but never without shaking, and was hardly able to feed himself and then would become worse again. I know that he would not have been able to [illegible] such hard [illegible] prove the truth [illegible]

Mrs. [illegible] Tuthill

FREE A Valuable Book on Nervous Diseases and a Sample bottle to any address. Poor patients also get the medicine free. Prepared by Rev. Father Koenig, of Fort Wayne, Ind., since 1876, and now by the KOENIG MED. CO., Chicago, Ill. 62 W. Lake Street, near Dearborn

Sold by Druggists at $1 per bottle, 6 for $5.


## Wife of War Secretary To Aid Woman Suffrage

Mrs. Newton D. Baker, wife of the secretary of war, who recently announced her intention to lobby for the federal amendment for woman suffrage, will be joined in her endeavors by Mrs. William Jennings Bryan and Mrs. David Houston, wife of the secretary of agriculture.

Since their marriage, fourteen years ago, Mr. and Mrs. Baker have lived in

Photo by American Press Association.

MRS. NEWTON D. BAKER.

Cleveland, where Mrs. Baker was active in social betterment work. Her maiden name was Elizabeth Wells Leopold, and she is a daughter of Howard Leopold [illegible]

## Wise Observations

If dirt is a sign of health some people will live to a good old age.

Electric lights are a fine thing, but a baby in the home will brighten it far better.

If you answer a letter when you are angry you're bound to be sorry. Take time to cool off.

Don't live beyond your means. You'll feel better in a cotton dress that is paid for than in a silk whose price is staring you in the face.

Some people will pay more than a thing is worth simply because their merchant has advertised a sale, and that spells a bargain to them.

## Mother's Doll Story

### The Snow Fort

A little boy, Bobbie, once went to play in the snow.

"Come on, Sport!" he called to his toy puppy dog, Fido.

So Fido wagged his flannel tail and barked a woolen bark that made the nursery seem just like a zoo.

Then Bobbie stuffed him in a big overcoat pocket, and off they ran to have fun.

Great soft white flakes kept falling till the yard was full of them. Soon Bobbie tossed Fido right into a snow bank, and Fido barked and growled with glee. Bobbie ran for the big snow shovel, and when he dragged it over the garden paths Fido sat down on it and had a lovely ride.

"Let's make a snow fort," shouted Bobbie.

So Fido scratched and clawed in the snow, and Bobbie shoveled with all his might till they had a big pile of snow heaped up almost as high as they were.

"You be the enemy, Fido!" cried Bobbie.

So Fido ran around on the other side and barked and growled some more. And Bobbie threw snowballs at him till his flannel sides were all wet with what melted. Then the sun went down, and Bobbie put Fido in his pocket again and trudged into the house.

# Report of Condition of Lincoln National Bank OF ROCHESTER

## At the Close of Business, December 27, 1916

### RESOURCES

| | |
|---|---|
| Loans and discounts | $10,434,281 70 |
| Overdrafts, unsecured | 669 22 |
| U. S. Bonds deposited to secure circulation | 780,000 00 |
| U. S. Bonds pledged to secure U. S. deposits | 75,000 00 |
| Bonds, other than U. S. Bonds pledged to secure Postal Savings Deposits | 156,540 05 |
| Bonds and Securities pledged as collateral for State or other Deposits postal excluded | 261,581 25 |
| Securities, other than U. S. Bonds not including stocks owned unpledged | 1,818,596 24 |
| Stocks, other than Federal Reserve Bank Stock | 96,699 92 |
| Stock of Federal Reserve Bank | 60,000 00 |
| Net Amount due from Approved Reserve Agents | 1,231,024 79 |
| Net amount due from other Banks and Bankers | 524,265 00 |
| Exchanges for Clearing House | 94,783 76 |
| Outside Checks and Other Cash Items | 8,361 09 |
| Fractional Currency, nickels and cents | 5,207 08 |
| Notes of Other National Banks | 263,970 00 |
| Federal Reserve Notes | 56,010 00 |
| Lawful Reserve in vault and net amount due from Federal Reserve Banks | 1,928,269 96 |
| Redemption Fund with U. S. Treasurer and due from U. S. Treasurer | 52,000 00 |
| Other Assets | 60,143 41 |
| **Total** | **$20,907,403 47** |

### LIABILITIES

| | | |
|---|---|---|
| Capital Stock Paid in | | $ 1,000,000 00 |
| Surplus Fund | | 1,000,000 00 |
| Undivided Profits, less expense and taxes paid | | 740,125 69 |
| Amount reserved for interest and taxes | | 119,971 31 |
| Circulating Notes outstanding | | 772,597 50 |
| Net amount due Approved Reserve Agents | $ 239,047 20 | |
| Net amount due to other Banks and Bankers | 998,767 64 | |
| Dividends unpaid | 35,310 50 | |
| Individual Deposits, subject to check | 15,327,785 36 | |
| Certificates of Deposit payable on demand | 238,171 20 | |
| Certified Checks | 14,951 67 | |
| Cashier's Checks outstanding | 15,229 32 | |
| U. S. Deposit | 68,547 77 | |
| Postal Savings Deposits | 125,594 83 | |
| State and County Deposits secured | 211,103 48 | |
| **TOTAL DEPOSITS** | | **$17,274,708 97** |
| **Total** | | **$20,907,403 47** |

STATE OF NEW YORK, COUNTY OF MONROE, ss.

I, PETER A. VAY, Cashier of the above named Bank, do solemnly swear that the above statement is true to the best of my knowledge and belief.

PETER A. VAY, Cashier.

Subscribed and sworn to before me this 3d day of January, 1917.

CLARENCE S. GREENE, Notary Public.

Correct—Attest:
JOHN J. L. FRIEDERICH,
GEORGE L. EATON,
EDWARD BAUSCH,
Directors.


Laugh and Be Merry at

**Black - Faced Minstrels**

To be given under the auspices of the

**Cathedral Men's Association**

CATHEDRAL HALL

Monday and Tuesday Evenings

January 8th and 9th

Good Olio

Snappy Chorus and Quartette Singing

750 Reserved Seats


## Worth Knowing

A mattress is very difficult to handle, but can be easily managed if two straps or handles are firmly sewed to each side.

When stirring up thickening use a fork instead of a spoon and you will never have lumpy sauces or gravies.

When baking custard always place the pan in another vessel that contains water and your custard will have a velvety appearance unless you have an abnormally hot oven.

When making mush or cooking any cereal use half skimmilk instead of all water and increase the food value.

Try coal oil for cleaning the sink stove or any utensil where the odor is not objectionable. Don't use it on the stove when there is a fire in the stove.

A piece of flannel soaked in paraffin oil overnight and then dried makes an excellent dustless mop for varnished floors.

To preserve children's first teeth from decay wash them with lukewarm water containing a little borax directly after each meal.

When making tea do not use water which has boiled a long time.

## Sneezing Is Tabooed as Dangerous to Health

Sneezes used to be considered unavoidable and perfectly excusable. In fact, they were rather enjoyed by the one who sneezed. Now they are considered inelegant, dangerous and very inexcusable, particularly if not sneezed into a handkerchief. They used to be considered signs of taking cold; now they are signs of giving colds to others. As a matter of fact, the sneeze has been tabooed by all forms of common decency and is no longer allowed in healthful society.

To sneeze in a person's face or even within his presence without covering nose and mouth with a handkerchief is now considered more of a crime than an accident.

The reason is this: Grip, pneumonia, colds, tuberculosis and many other diseases are now known to be transmitted by nose and mouth secretions, and the sneeze is one of their chief means of spreading. When sprayed out into the air, especially if in a closed, unventilated room or hall, they float around for hours and are breathed in by some innocent visitor or inmate person, later perhaps to be sneezed out again.

**COURAGE.**

Courage consists in equality to the problem before us.—Emerson.

Courage and modesty are the most unequivocal of virtues, for they are of a kind that hypocrisy cannot imitate.—Goethe.

Courage consists not in blindly overlooking danger, but in meeting it with the eyes open.—Jean Paul.

### Queer.

"The English language is queer."

"What's the matter now?"

"When a woman wears a very low gown people say that she is dressed in the height of fashion."—Detroit Free Press.

### Don't Mention It.

Sapphedd—You saved me from being killed by that auto. I owe my life to you. How shall I ever repay you?

Stouten—Young man, don't let trifling debts like that worry you.—Life.

A sunny temper gilds the edges of life's blackest cloud.—Guthrie.