

— What — Housewives Are Glad to Know

Smart Dress For Girls.

This charming combination dress for girls is of navy blue charmuse silk and serge. The silk serge jumper waist is trimmed with a shaped pink and blue embroidered in rose or other



color. The gorgeous collar is hemstitched, and the skirt is finished with a band of serge around the bottom. This dress, suitable for girls of twelve to sixteen, was designed especially for Franklin Simon & Co., New York.

Home Cooking

Sweet Pickled Peaches. To seven pounds of fruit add four pounds of brown sugar, an ounce of ground cinnamon and a clove in each pound. Make a quart of vinegar, sugar and cinnamon. Pour over peaches for three mornings, heating the syrup every morning.

Lemon Butter. This is an excellent filling for tarts of a sprig for bread and is delicious on hot biscuits. It is made of two lemons, three eggs beaten light, a piece of butter the size of an egg, salt, and a dash of nutmeg. Whip the butter until about the consistency of custard.

Brain Bread. Soak a yeast cake in a cupful of tepid water and when dissolved stir into a mixture of a cupful of Graham flour, a cupful of bran and half a teaspoonful of salt. Sprinkle with warm water and stir for an hour. Then beat in a quarter of a cupful of melted butter and knead in another cupful of bran. Shape into two loaves, place in greased pans and when they have risen to twice the original size bake in a moderate oven for about forty five minutes.

Tomato and Lettuce Salad. Shred head of lettuce. Arrange on a salad dish, sprinkle with a tablespoonful of chopped onion and mix well with mayonnaise dressing. Peel firm tomatoes, slice thin and arrange on the lettuce, allowing a little of the lettuce to show around the edge. Heap little mounds of mayonnaise on each slice of tomato and sprinkle with one teaspoonful of chopped parsley. Serve at once.

Tomato Chicken Soup. Peel four peeled ripe tomatoes in enough water to cover until tender. Press through a sieve and add a pint of chicken stock and the juice of a large onion. Bring to the boiling point and add a tablespoonful of butter, rubbed to a smooth pulp with a little cold water and season with salt and pepper to taste. Cook until thickened and serve with squares of buttered toast.

PAPER PATTERNS

Have several thin layers made of strong cloth lined with sand and use them to weight down a paper pattern instead of pinning it to the cloth when cutting out a garment. It saves much wear and tear on the pattern, and the work of cutting out can be done much more rapidly by their use. Four or five bags will be required for a pattern of medium size, one being needed at each corner or angle. If when through using the pattern it is pressed out smoothly and rolled around a padding tube instead of being folded to fit the envelope it will be much easier to use next time.

What Ambition Can Do

By M. QUAD
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Q. Hope Jones advanced to the desk on the platform and said: "My dear friends, I reached this town of Cucumber Hill early in the day and have had several hours to look over the landscape and converse with your most eminent citizens. You have a site here to be proud of, and your sawmill is equipped with one of the finest steam whistles I ever heard as they wail up and down the avenues. Such coons as I have encountered are of a kindly disposition, and the air of war seems not to have disturbed you.

"There are only seven persons present at my lecture, but probably the measles and the whooping cough kept the others in the house. I have delivered lectures where the audience numbered some persons."

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Community Work as An Aid to Social Life

AS the school year opens and the winter season draws near, much thought should be given to community work that will bring neighbors to gather for a good time. It is hard to lose too many of these, and in most cases this side of life is apt to be neglected rather than overdone.

Good wholesome fun is a tonic for mind, heart and body. Both young and old should be especially should the young people be considered in this matter. A cut in amount of recreation and pleasure is necessary to sharpen interest in life and such community should feel responsible for its young people.

The church and the school are good meeting places, for in these buildings every one should feel welcome. Give thought to the social needs of your family and your neighborhood that you should be working out some of your mental possibilities. You will not work alone very long, and many plans and meetings will result from your efforts.

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MEXICAN REPUBLIC

It Owes Its Very Existence to the United States.

A MONROE DOCTRINE VICTORY

At a Time When We Had Troubles of Our Own We Said "Hands Off!" to the Powers of Europe That Tried to Raise a Monarchy in America.

If it had not been for the United States there would now be no republic of Mexico.

Lake all the twenty republics south of us, Mexico has been under the protection of the Monroe doctrine. The doctrine has been often questioned by European powers, but only once has a serious attempt been made to violate it.

This was between 1861 and 1865, when the United States was engaged in intestine warfare that imperiled its very existence. Just as soon as our war broke out the warships of England, France and Spain set sail for Mexico and took possession of Vera Cruz.

Secretary Seward notified the three allied powers of our deep concern and anxiety for the security and well being of the Mexican republic and that our fleet would be stationed in the Gulf of Mexico to look after our interests.

England and Spain soon withdrew. It became evident that Napoleon III intended to overthrow the republic of Mexico as he had the republic of France. A dictatorial empire was forced upon Mexico by French troops, and an Austrian archduke, Maximilian, was selected as the puppet sovereign. The French invasion was directed against all the republics of the new world. It was prophesied in Paris that in ten years every South American republic would be converted into a monarchy and the United States into a debtor nation.

The hands of the American government were not tied, but the voice of the American people could not be silenced. In the midst of our own war, when war with England seemed imminent, the house of representatives risked a vote.

By a passing vote of 20 to 12 it declared that it does not accord with the policy of the United States to acknowledge any monarchical government erected upon the ruins of any republican government in America under the auspices of any European power.

Nothing more could be done at the time, but just as soon as our war was over General Grant proposed to organize an army of combined Union and Confederate soldiers who would volunteer to march to the City of Mexico and expel the Austrian emperor. He selected General Schofield to enlist troops for service on the republican side of Mexico. The war department gave General Schofield a leave of absence for a year, with permission to go beyond the limits of the United States and to take with him any of his staff officers that he wanted. In the meantime Grant sent Sheridan to the Rio Grande with 20,000 troops which were distributed along the frontier where they threatened the French lines.

But fortunately for a peace was necessary. The slow of force was sufficient and Schofield was sent to Paris to negotiate for the retirement of the French troops. Instead of into Mexico to drive them out, the secretary of state named Sushison in November 1865, the United States still pursued the effort to establish permanently a foreign and imperial government in Mexico as desirable and imperative. As the emperor of the French did not seem disposed to pay attention to this Mr. Seward set a definite date for the withdrawal of the French troops.

The Mexican republicans under Juárez had been keeping up a brave fight for freedom although Maximilian had ordered all of their shot whenever caught, without trial or the possibility of pardon. As soon as the United States had compelled the withdrawal of the French the republicans were able to overcome the imperialists with an official assistance from the United States. Their victory was marked by the unnecessary execution of the would-be emperor in spite of the interposition of Secretary Seward.

But the United States had to say "Hands off" to Austria as well as to France. Rather than have an Austrian archduke ignominiously dismissed from the throne it was planned to ship 10,000 Austrian troops from Trieste to Vera Cruz. But our minister at Vienna, Mr. Motley, was told by Secretary Seward that if Austria allowed a single soldier to embark for Mexico the United States would break off negotiations. The Austrian government saw the point and prohibited the shipment of the troops destined for Mexico. New York Independent.

What It Is That Wins. A countryman remarked to her neighbor during a conversation on their return from market: "How is it, Mary, that you have been married four times and I've never been married at all and I'm much handsomer than you?"

"As to be sure," returned Mary, "but it ain't handsomeness that does it, Sarah. It's the 'come hither' in your eye."

Worthy of Admiration. Her Dad. So you want to marry my daughter? I like your nerve, Supt. Well, sir, you ought to. I spent a whole lot of time working it up.—Boston Transcript.

JOHN MUIR AND HIS BREAD.

The Famous Naturalist Lived the Real Simple Life.

The naturalist and explorer, John Muir, was a curious simple man as simple in his tastes and appetites as in his views of life and conduct. On his trips through the Sierras he never carried a gun and never killed game, nor did he catch fish.

He lived almost exclusively on plain dry bread. "There is no waste in it," he used to say. "Every particle is of value. I also take along a small package of tea and a little tin cup in a stout canvas bag. I can sustain my strength on this diet for months at a time. I occasionally run across some wild berries or an edible root to chew on, but they are not important."

At dinners to which he was invited Mr. Muir would usually barely taste of soup or fruit, never touch meat or any fancy dessert, talk while others ate and nibble away between times at a slice of bread without butter.

Once while visiting Pasadena he was one of a party starting out to get supper, after which it was supposed to spend the evening in the rooms of one of the companies. As they walked along the street they passed a bakery and Mr. Muir stopped. "Why, friends, look here," he said. "That's a good looking bread. Why do any father's let's buy a couple of loaves and take them to the room with us." And he was quick in earliest.

Once a friend took him to luncheon at a famous restaurant in San Francisco. As they took seats at a table Mr. Muir was engaged in some discussion in which he was so absorbed that he was not slow to everything else. His friend could not interrupt him, and so the talk flowed on until the time approached for closing the restaurant. The head waiter told the host that he must give his order but Mr. Muir did not further detain. Taking advantage of the interruption the friend suggested to Mr. Muir that he should give his order. He seemed satisfied. "I have all I wish," he exclaimed. "Order for yourself." In an hour he had retired. He had been chewing bits of bread—Muir's Companion.

EXERCISE AND HEALTH.

Simple Rules For Developing the Body and Keeping "Fit."

"It isn't necessary to give a lot of time to the job of keeping fit," said the physical director of West Point Military Academy. "Ten or fifteen minutes of setting up exercise in the morning and a walk every day—not necessarily a long one, but one in which you march briskly like a soldier, with your head and chest up and your shoulders back—will work wonders. Do you know why so many men are narrow chested and weak? It is because they never have given themselves a chance to breathe and never have given their muscles enough exercise."

"Many people, men, women and children, are so out of breath that most of their lives because of the lack of a few minutes of daily exercise and also because they have never been taught a proper posture and carriage such, for instance, as we insist upon at all times in cadets a position in which every organ of the body is held in its proper place, with ample space to carry on its own particular function without restriction and in which every muscle of the body is furnishing its own transportation so to speak and not depending upon other muscles to do for it what it was intended it should do for itself."

"Proper posture and carriage, with shoulders square, chest arched, head up and body well stretched from the waist up and of their own account contribute much toward relieving our people of the many pains and a few of the serious ills from which they are now suffering. They are the foundation of robust health and should be begun upon in children from the very beginning until they become a habit and as such will displace the disease breeding slouchy habit now so prevalent among people of all ages and stations." World's Work.

Where Eve Is Buried. Jeddah is a most important town for the entire human race, apart from being the principal landing place for pilgrims to the holy cities. Close beside the city is buried no less a personage than Eve. The reputed mother of mankind like a good Moslem, lies with her feet toward Mecca. Her grave has gradually grown and is now of huge dimensions. Westminster Gazette.

Just Indorses the Check. When you see 2423, (31, 12, 2, 34) yourself, avoid molasses and kindred excessions that lead to the tail of a new paper article. It is a sign that the editor's motive in printing the article were entirely mercenary and he may or may not indorse the sentiments expressed therein. Emporia Gazette.

Some Observers. "I'm sure you've never married a female!" "Why, my dear?" "If you had a man to look after like my son you wouldn't have half so much time to be gone to me." Detroit Free Press.

To Help Him Out. "You are lying so clumsily," said the observant judge to a litigant who was making a dubious statement of his case, "that I would advise you to go a lawyer."—Browning's Magazine.

Probably. "Hopkins says he owes everything he has to his wife." "I suppose that is why he put his property in his wife's name before he failed."—Boston Globe.

Desserts for Children

Here is a formula for delicious and quick-made little sponge cakes. Sift together one and a half cups of flour, two teaspoonfuls of baking powder, a cupful of sugar and a pinch of salt. Beat up fresh two eggs and fill the cup with milk. Pour the milk and eggs into the dry ingredients, beat five minutes. Bake ten minutes in patty pans. These cakes may be broken open, covered with berries and served with cream. With fresh or canned berries they also make nice dessert.

A baked fruit that is very good is made as follows: Mix three egg three tablespoonfuls of sugar and a pinch of salt. Add a part of milk and bake in cups ten or twelve minutes. Serve warm in the cups in which it was baked.

If the family is tired of canned fruit use some of the canned peas for the following pudding: Drain the juice from a can of peas. Boil the peas in a baking dish and add the juice and two beaten eggs a cupful of milk, half a cupful of flour sifted with milk, a teaspoonful of baking powder and a pinch of salt. Beat well, pour over peas and bake to a rich brown. Serve with sweetened milk or cream.

QUINCE HONEY.

Four pounds sugar, three cupfuls water and six quinces. Rub the fruit hard to remove all seeds and put them through a fine sieve. Mix with a cupful of water and strain through a cloth. Boil down to a thick syrup. Add the sugar and water over the fire. Stir until sugar is dissolved, let boil five minutes, skim, stir in a grating of ginger and cook slowly, stirring often about thirty minutes. Put into jars and screw on covers as usual.

Noted Woman Scientist Works In Hospitals

Since the war broke out Mme. Marie Curie, famous chemist, has devoted herself to the discovery of the power of radium, has been doing splendid work in French field hospitals. She travels about in a little motor car fitted with a complete X-ray apparatus, and her energy is amazing. Many improvements in the field hospitals have been made following her suggestions.

Mme. Curie is a native of Warsaw-Russia, Poland, but has lived in France many years and is thoroughly French in her sympathies. She is the only woman ever appointed to a professor's chair in the Sorbonne. Sweden awarded the Nobel prize to husband and wife about twelve years ago. M. Pierre Curie was killed in a street accident in 1907.

A Woman's Employment Bureau. The federal government announces plans to establish in Indianapolis an employment bureau for women and girls similar to that now conducted for men. Applications will be considered only from girls sixteen years or more of age. This is to provide against abuse of the child labor laws.



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