REDUCED FARES
NEW YORK CENTRAL LINES

Labor Day and Other Excursions

Buffalo	$1.50
Niagara Falls	$1.60
Syracuse	$1.65

Round Trip. Good going September 4th. Return limit Same day.

Watkins Glen . $1.25
Round Trip. Good going September 4th. Return limit same day. Special train leaves 8:30 A. M.

Toronto, Ont.
Aug. 26 to Sept. 11
Canadian National Exhibition
ROUND TRIP

All Rail	$5.40
Rail and Steamer	$4.85

Tickets on sale Aug. 28 to Sept 8. Return limit Sept 12
ROUND TRIP

All Rail	$4.70
Rail and Steamer	$3.65

Tickets on sale Aug 28 to Sept. 8 Return limit 4 days, including date of sale

Buffalo	$1.50
Niagara Falls	1.60
Syracuse	1.65

Round Trip. Every Sunday to October 22nd, inclusive. Good going only on morning (except limited) trains. Returning same day.

Clayton	$5.00
Thousand Island Park	5.50
Alexandria Bay	5.50

Round Trip. Fridays afternoon trains only) and Saturdays to September 23rd inclusive Tickets good returning until following Monday except tickets sold September 1st and 2d good returning until September 5th.

Watkins Glen . $1.25
Round Trip. Sundays to September 10. Tickets good, going and returning on special train. Leave Rochester at 8:30 a. m.

Niagara-on-the-Lake $3.50
(Via Lewiston and Boat)
Round Trip. Daily to Sept. 3, inclusive. Returning same day. Excellent opportunity to visit instruction camp of Canadian soldiers enlisted for foreign service.

For tickets, time [illegible] and [illegible] information, call at New York Central Station or at City Ticket Office 20 State Street, Rochester.
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What Housewives Are Glad to Know

Home Cookery

Scrambled Eggs With Tomatoes.

Peel and slice thin a large tomato Add just enough water to cover and a teaspoonful of onion juice Cook until tender and very thick Then add a pinch of baking soda and a heaping teaspoonful of cornstarch rubbed smooth with a little cold milk, a table spoonful of butter, a dash of sugar, salt and pepper to season Cook until thick and smooth, then add three well beaten eggs to which have been added two tablespoonfuls of milk. Cook until firm, stirring often Sprinkle with a little chopped parsley and serve on toast if desired

Roast Ox Tongue.

Rub a fresh ox tongue well with half a pound of coarse salt and set it aside for three days, says the Country Gentleman Then wash it and boil it in boiling stock or water gently for two and one half hours, peel off the skin and brush the tongue over with beaten egg and cover it with plenty of fine bread crumbs Now roast or bake it for thirty minutes and brown it nicely basting it well with hot drippings Serve with brown sauce

Tomato Rarebit.

Rub one tablespoon of butter smooth with one tablespoon of flour Add one half cup of thick tomato pulp, cooked and strained and one half cup of cream Cook until thick and smooth season with salt and pepper and a little sugar Then add one half cup of grated cheese and stir until the cheese is melted Place four squares of nicely browned buttered toast on a hot platter pour sauce over and serve

Potted Cheese

Among ways of using cheese that is stale and dry is sandwich filling or potted [illegible] Grate half a pound of dry cheese so that it is fine, then mix with two ounces of butter, two teaspoonfuls of made mustard, salt and pepper to taste. Add just enough cream to form a [illegible] paste [illegible] in covered glasses It will keep some time in the cellar

Molasses Cake.

An egg a cupful molasses, one half cupful buttermilk, scant one half cup ful shortening a teaspoonful soda two and one half cupfuls flour sifted, a little salt and ginger or other spice if preferred

Broiled Squabs.

Dress like broiler chickens split down the back and flatten butter the broiler cook over a clear fire until a delicate brown, turning often When done sprinkle with salt and pepper and spread with butter

Packing Butter For Winter Use

[illegible]

Working In the Sun

Most of us [illegible] features of [illegible] that we are likely to [illegible] cultivating transplanting and this [illegible] begin always at the same end of the garden rows and to work always in the same direction says Country Gentleman Pr[illegible] the method [illegible] to suit the season and the time of day If the day is hot and you want to avoid the effect of the sun as much as possible turn your face to it If the day is cool and the sun's warmth adds to your comfort turn your back to it In garden work you are bound to stoop more or less, and with your back to the sun you present the broadest expanse of your person to its rays On the contrary, when you face the sun so stooping the rays strike mostly on your head, which of course should be protected by an ample hat, with perhaps a cabbage leaf in it.

Sectional Wardrobe That May Be Enlarged

A sectional wardrobe frame has been patented which consists of interchangeable units so fastened together that the size of the frame can be increased when desired by adding more parts, says Popular Mechanics. The

EXTENSIBLE METAL WARDROBE

four uprights of this frame consist of sections of twisted wire with ends fashioned in such a way that they interlock rigidly Crosspieces of lighter construction that join together by means of hooks and eyes extend between the uprights The top of the frame is so constructed as to assist in holding the sides firmly in position and will support garments which may be hung from it

The article is designed to be draped with cloth selected to harmonize with the surroundings of the room in which it is placed When not in use the wardrobe may be taken apart and stored in small space

Popular Styles Of Table Linens

[illegible] interest The diagonal and horizontal striped cloths are still much used and are likely to be this summer, but for the banquet cloth the plain white damask, with the double four inch satin borders, is still a fashion leader

Initials on the embroidered cloths have become smaller, which is to be expected [illegible] would look out of place Those used on the white cloths are still the four inch letters, which are placed eighteen inches from the center of the cloth so as to be between the carver's platter and the edge of the [illegible]

Many Egyptian patterns are shown which are really very decorative and they promise to be very well liked.

Expert Advice Wasted.

SOLITUDE

It is not good for man to be kept perforce at all times in the presence of his species A world from which solitude is extirpated is a very poor ideal Solitude, in the sense of being often alone, is essential to any depth of meditation or of character and solitude in the presence of natural beauty and grandeur is the cradle of thoughts and aspirations, which are not only good for the individual, but which society could ill do without —John Stuart Mill

HURRY TRIPS BY ACTORS.

Mansfield's Record Quick Jump From New Orleans to Chicago.

Envious persons have been known to poohpooh the actor who thinks that his life is not all cakes and ale. Many years ago we thought the limit had been reached when E. L. Davenport acted at a matinee in Philadelphia and duplicated the performance in New York the same night. Later came the sensational jump of Lawrence Barrett by special train from New York to San Francisco in less than four days and the Joseph Brook-Janauschek leap from Milwaukee to Philadelphia between Saturday midnight and Monday in time for a regular performance in the latter city.

Once Richard Mansfield's energies compassed a hurry trip between New Orleans and Chicago. On a Saturday evening he presented "Julius Caesar" in the Crescent City and on the next succeeding Monday evening he repeated the experience in Chicago. Meanwhile he had traveled a thousand miles and transported all the ponderous impediments of his well remembered production of the Shakespeare classic This is how it was done:

A special train in ten cars was under steam in New Orleans at the close of the engagement. As soon as a scene of the play was worked off it was conveyed on trucks to the waiting special. When the curtain fell on the last act the players who appeared in it, without changing their costumes, were driven to the railway station, and the train was out of sight of New Orleans before midnight. Right of way was given for the entire distance, and relays of fresh engines were provided from division to division. Thus a new record between the gulf and Lake Michigan was made. The running time for the thousand miles was twenty-three hours —Kansas City Journal.

FIRE PREVENTION.

How Our Enormous Annual Losses Might Be Reduced.

The average annual loss by fire in America is over half as much as the cost of building the Panama canal. This is an actual loss. Insurance, of course, restores nothing destroyed, but merely passes the hat for the benefit of the individual losers The loss to the community is total.

But little thought has been given to the communal aspects of the economic system of fire insurance, writes Dr Maynard M. Metcalf in the Scientific Monthly It has been viewed chiefly from the standpoint of the individual Insurance companies repay to individuals their actual losses, and it is simpler for the individual to gain security against loss by fire by hiring an insurance company to carry his risks than it is for him to prevent loss from fire by building fireproof buildings.

Suppose we should appropriate a quarter of a billion dollars, the amount of a single year's fire loss, to the organization and support of a bureau of fire prevention, calling to the work of this bureau the three best chemists, the three strongest physicists and the three keenest engineers in the world. How long would it be before they had found very inexpensive methods of protecting all buildings against fire, however inflammable their construction? The problem is childishly simple beside those which men of science are attacking daily and with success.

How absurd it is that we have fires today! They should long ago have become a thing of the past.

The Plumb Line In Porto Rico.

There are places where the direction of a plumb line is not vertical Irregularities of density in the crust of the globe may produce this phenomenon A remarkable instance in point was found in the island of Porto Rico where the deviation from the vertical is so great that in mapping the island the northern and southern coast lines as shown in the older maps, had each to be moved inward half a mile Scientific American.

Raisins as Food.

As a producer of energy the raisin is a marvel. One pound of raisins in this respect, according to a doctor, will more than equal "a pound of beef or five pounds of fish, two pounds of eggs four pounds of potatoes, two quarts of milk, half a peck of apples or a dozen bananas" And the advantage of the sugar in the raisin is that it is almost immediately digested, assimilated and transformed into energy

Power of the Press.

The productions of the press, fast as steam can make and carry them, go abroad through all the land, silent as snowflakes but potent as thunder It is an additional tongue of steam and lightning by which a man speaks his first thought, his instant argument or grievance to millions in a day.—Chapin.

All Yours.

All the books in the great libraries are yours if you can read them. All the paintings in the great galleries are yours if you can enjoy them Legal ownership could only enable you to prevent others from using them or empower you to give them up for money —Youth's Companion.

Those Queer Girls.

He—Why didn't you answer my letter? She—I never received it. He—You didn't? She—No, and, besides, I didn't like something you said in it.—Boston Transcript.

So Unexpected.

"Is Plunkets a confirmed pessimist?" "One of the worst you ever saw. If a happy thought should strike him he would be stunned for a week."—Exchange.

PLEADS FOR BLIND

Calls Upon American Women to Help War Victims.

PLANS TO TEACH TRADES.

With Her Unceasing Zest For Good Deeds, Mrs. Whitney Makes a Special Plea to Help Alleviate Suffering In European Countries.

One of the latest steps taken by the sympathizers of the allies is an appeal issued by the B. F. B. (British, French, Belgian) Permanent Blind Relief fund with headquarters in New York, over the names of Lady Arthur Paget of the fund's executive committee and Mrs. Harry Payne Whitney, one of the honorary secretaries, calling upon the women of America for aid The appeal says in part

"Unless you act these thousands of women will be condemned for the rest of their lives to an existence of hopeless drudgery and hardship.

"For humanity's sake help these European women. They are your sisters even though you have never seen them

"Six months' training will educate the blind men dependent on them in trades not requiring sight Even your

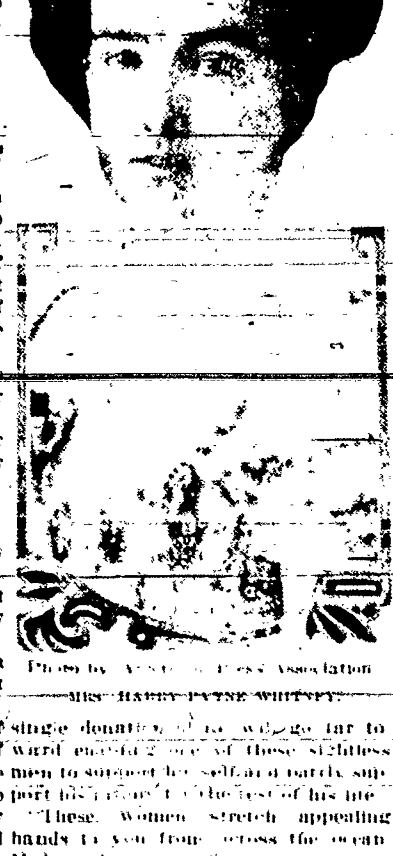

Photo by [illegible] Press Association
MRS. HARRY PAYNE WHITNEY.

single donation will go far toward enabling one of these sightless men to support his self and family [illegible] the rest of his life

"These women stretch appealing hands to you from across the ocean Make at least one of them permanently happy and her husband, father or son particularly [illegible] by sending us a contribution

"The sooner you act the sooner one brave good [illegible] woman will be rescued [illegible] the man who [illegible] anxious to support her will be [illegible] from a life of uselessness [illegible]

"Mrs. Whitney [illegible] sculptor of rare [illegible] frequently her beautiful studio [illegible] the setting of some charity [illegible] these words

"Beauty without intelligence is the beauty of an unlighted lamp There must be brain to direct the expression of beauty"

FOR THE SEWING ROOM.

Hints For Women Who Do Their Own Family Sewing

A chiffonier or bureau in the sewing room will be found indispensable One drawer is used for the stock room, and the small wares are kept therein, one is for patterns, one for pieces to use for patching and mending and one for clothing to be mended or fixed over

An old [illegible] used to a two pound sugar bag [illegible] a thing to hold your work while sewing It takes the place of the old fashioned bird that is seen sometimes

If the pins are kept in a deep saucer one can pick them up or throw them down easily when fitting a dress

Take a board of the desired length and width and drive a number of nails through two inches apart These will hold the spools of thread The numbers can be quickly seen and there will be no tangling with the scissors

Cream jars are excellent for buttons, as they can be classified and easily distinguished therein

An old sheet spread on the floor will catch all threads and can be easily shaken leaving the room tidy with no exertion

Flowers For Birth Month.

January—Snowdrop—Consolation.
February—Primrose—Early youth.
March—Violets—Modesty
April—Daisy—Innocence
May—Hawthorn—Hope
June—Wild rose—Simplicity
July—Lily—Purity
August—Poppy—Consoling sleep.
September—Morning glory—Contentment.
October—Hops—Joy.
November—Chrysanthemum—Cheerfulness.
December—Holly—Foresight.

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