

TO KINDERGARTENS

California Woman Helped to Send Children There.

BETTER LEGISLATION NEEDED

As a Result of One Law One City Now Has 133 Kindergartens Instead of Seventy-four in 1912, and Another Sprang From Three to Sixty.

Parents, educators and philanthropists in all parts of the country who are trying to have the public schools provide enough kindergartens for all girls and boys will be encouraged by the most recent success of Californians in this connection as a result of persistent, hard work.

California now has one of the best kindergarten laws in the country. It says that whenever parents of twenty-five children of kindergarten age who



MRS. IRVING GRANT DAVIS.

live within a mile of an elementary school want a kindergarten the way is open for them to do so simply by notifying the local educational authority.

It was not, however, until the law had been brought to the attention of the people through systematic effort that any marked advantage was reaped from its favorable provisions. In 1911 a year after the passage of the act Mrs. Irving Grant Davis of Redlands, Cal., a field secretary of the National Kindergarten association and special collaborator of the United States bureau of education began cooperating with parents and state and local officials to bring about the establishment of more classes, there then being but 197 in the whole state. The result has been that the number of kindergartens throughout California has practically doubled since this extension work was begun.

Los Angeles, which may be taken as an example, now has 133 kindergartens, whereas in 1912 it had only seventy-four. Oakland, which had only three kindergartens before the law was passed, has sixty at the present time.

It would seem as if all conditions were in conjunction in California for the easy establishment of kindergartens. But it is only right to point out that the people of California have worked hard to secure kindergartens for their children. In the first place, they were wise enough to look at the matter from a practical point of view. They began by changing their law and had to bend all their energies toward accomplishing it, so that the opening of kindergartens was legally facilitated and not merely tolerated.

The National Kindergarten association, 250 Madison avenue, New York, co-operates with the United States bureau of education in giving assistance in legislative campaigns and will be glad to loan exhibits, lantern slides and motion pictures to aid in such work for the kindergarten.

THAT SUNBURN.

How to Cure This Ache of All Thin Skins.

Sunburn is often extremely painful. In many cases where a girl has been out in the sun practically all day the skin blisters and causes very real suffering. It is a wise girl who knows how to care for her own sunburn, for she will save herself a good bit of pain by doctoring it at once.

When you return to the house after a day in the open and find your arms, neck and face all rose-colored from the sun don't stop to question why, but start in treating it at once. The burn never hurts the first day, and sometimes it does not the second day, but you will certainly get it the third unless you are very careful. Don't wait until the skin begins to itch and smart before you put on a cream, but at the first sign of rose color where white usually is start your doctoring at once.

Cocoa butter is excellent to take the sting out of sunburn, and witch hazel cream is another fine emollient. Rub either one in well at the first appearance of the burn and then again the next day, and you will not be bothered so much by the pain and itch.

Banana Boat Salad.

Take plump, fine bananas, preferably the red variety, and strip off the upper skin only. With a small potato scoop scoop out inside in little balls, laying them aside for the next salad. Make a filling of the irregular bits remaining with shredded celery and sweet red pepper shreds, white grapes and pecan nuts. Mix all together with a delicate creamy mayonnaise. Serve in the boat shaped banana shells.

DO WE STAND UP STRAIGHT.

Well, Apparently We Do Not For Any Great Length of Time.

Naturalists have distinguished us from the higher animals by the fact that we stand upright on two legs. But do we? Watch a crowd standing about a street orator and see how many are really standing on both legs, or try yourself to stand on two legs and see how soon you are ready to fall from fatigue. The truth is we have not yet absolutely acquired the upright position ascribed to us by the scientists. Even in the army, where comfort is always sacrificed to trim appearance, the command "Stand at ease," which allows the soldiers to throw one leg back and prop themselves upon it, shows how impossible a perfectly upright position is to maintain for any length of time. And have you ever noticed that all seafaring men acquire the habit of walking back and forth, even when ashore? On board ship the rolling of the ship makes the resting position on one leg difficult, so the sailor practices this habit on the deck, even though he may be able to take only two and a half steps each way.

As any anatomist will tell us, we are still built very much like the monkeys. Standing perfectly upright can only be done by a very complicated cross strain, one set of muscles pushing forward, another holding back. With every movement we make a new adjustment of these muscles takes place.

This trouble is all with our leg bones. If they fitted vertically into the pelvic girdle and not at an angle and if the spine were directly above it all that would be required to stand perfectly upright would be a slight amount of balancing.

Therefore to rest these muscles we place one leg in front of the other, throwing one leg to one side, allowing the other to do the work. When one leg has rested sufficiently it takes up the strain, and the other takes a spell. Not does it matter how much we strengthen our leg muscles by walking or other exercises, the perfectly upright position is still a hard one to keep.—Pittsburgh Dispatch.

Retention of Heat.

In human beings the skin is the principal means of heat loss, being responsible for the loss of 87.5 per cent of the total heat lost. This is not so in some animals—the dog, for instance, whose hairy coat does not permit his skin to perspire. This dog loses heat largely by its evaporation of water from its tongue. Thus it pants and puts out its tongue on a hot day. Obviously our clothes prevent the loss of heat, and the more effectively as they are bad conductors of heat. For this reason flannel, wool and furs are so much "warmer" than linen or cotton materials from the vegetable kingdom and therefore not the natural clothing of animals.

World's Oldest City.

The city with the longest continuous history is Damascus. It was a place of considerable importance away back in the time of Abraham, 1900 before Christ. Its actual foundation is lost in antiquity. Nobody knows when Damascus did not exist. It is possible that there were cities in Babylonia or Egypt before the Syrian metropolis arose, but we know nothing about them. The old Syrian town today has a population of some 200,000, is the center of a fine trade and still merits its fame of being one of the most beautiful places on earth.

His Pockets Were Empty.

Damocles, an actor, fought a duel in 1834 with an actor named Manuel. The orator proved the better sword-man and would have run Damocles through the body had not his sword struck a five franc piece which happened to be in the actor's pocket. This drew from a notorious impertinent journalist the exclamation, "Alas, if I had been in Damocles's place it would have been all over with me!"—New York Post.

Rivalling Boston.

A little Chicago girl was crying. "What's the matter, Noeren?" asked her father. "I fell and bumped my patella," she replied. Father was sympathetic. "Poor little girl," he said, and proceeded with the best intentions to examine her elbow. Noeren broke away. "Huh!" she sobbed. "I said my patella! That isn't my elbow. My elbow is my great seamoid." Father went for a Latin dictionary. Exchange.

No Quarantine Necessary.

"I am delighted to meet you," said the father of the college student, shaking hands warmly with the professor. "My son took algebra from you last year, you know?" "Pardon me," said the professor; "he was exposed to it, but he did not take it."

FOR YOUNG FOLKS

A Sleepy Time Story That Tells of Good Deeds Done.

SAVING AN EMPEROR'S LIFE

Kindly Act of a Poor Man Grows Into a Remarkable Series of Adventures. Other Things of Interest to Little People.

Children, said Uncle Ben to Polly Ann and little Ned, I am going to tell you about

THE BEGGAR'S PENNY.

A generous man gave a beggar a penny. The beggar went on his way until he came to a baker's shop. He was just going to buy some bread with the penny when an old man came up with a package of stuff in his hand. The old man was going to the market to buy a pair of shoes for his son. The beggar saw the package and thought, "If I could get this package, I could buy a pair of shoes for my son." So he followed the old man.

When the old man came to Jerusalem he went to see the Turkish governor and showed him all the money he had gathered for his brother's freedom. The governor, however, wanted more money and would not let the brother go. The young man said, "This is all that I have except one copper penny." The governor asked to see the penny. That had done so many good actions. It will keep a man's heart and soul together. It will go with it. Then he gave the penny to the young man.

Soon after this the Turkish governor was in battle. An arrow struck him in the breast, but he did not feel without hurting him. He had struck at the young man's son. He was dead. When the war was over the governor went to his master, the emperor, and as they talked together he told how his life had been saved by a penny. He showed him the penny and told the story. As the emperor gazed at it he exclaimed again and again, "It is wonderful! It is wonderful!"

The governor, seeing his delight, gave him the penny. The emperor fastened it with a golden chain to the front of his sword. One day when the emperor was about to drink a cup of wine when the empress asked to see the hilt of his sword. As he held it up the penny dropped into the cup of wine. When he took it out he saw that the copper had turned blue-green color. Some one had mixed poison with the wine, but the change in the color of the penny warned the emperor and his life was saved.

Then the emperor had the penny put in his crown, surrounded by diamonds and jewels of great value.

A Happy Looking Little Boy.

The stultic little boy riding on his bicycle has suddenly grown up. The consequence, he is the grandson of Charles Evans Hughes, Republican.



By American Press Association. CHARLES EVANS HUGHES 3D.

candidate for the presidency of the United States. Charles 3d is a year and a half old, and his father, Charles Evans Hughes 2d, is the only son of the former associate justice of the supreme court.

Hat That Phyllis Wore.

Dear little Phyllis wore a hat that was a gorgeous sight. It had flowers blue and roses, too. With daisies gold and white. One day she walked a meadow wide. Her gaudy hat the bees soon spied. They came and hovered over.

Said one big bee, "It seems to me kind of queer and funny. That in these flowers I can't see anything like honey."

"They really are not what they seem. My, they are deceiving! It seems just like a dreadful dream. Then off he flew a-crying."—Philadelphia Record.

BEACH ACCESSORIES.

What Smart Women Wear at the Seashore Now.

As smart and effective as an opera cloak is a graceful one-piece wrap of rose pink rubber, stripe trimmed in black and white, for beach wear. The coat drapes beautifully and conveniently over the figure by a simple arrangement of fasteners artfully concealed, surely a very pleasing and practical covering for the bather as she emerges from the water and in great demand in beach cottage colonies, where one dresses at home instead of in a bath house. Scruffs of pure rubber wide and long enough to be protective as well as decorative are of many pleasing colors, deeply fringed and in some instances decorated with hand painted floral designs.

If you want a practical, good wearing cap or diving helmet they are to be had in several colors and in black and white, made of two thicknesses of rubber that insures their dependability. Wonderfully beautiful in color and design are beach towels of the same fine rubber that the hats, wraps and caps are made of.

If you go in for swimming rather than beach parade you will be interested in a knitted swimming suit of fitted trousers and sleeveless jacket. Beach underswimming suits of all descriptions are to be had in high neck and long sleeve models, of taffeta and satin, looking for all the world like smart street dresses except for their abbreviated skirts, which are in an above-the-knee length to display the trouser shape bloomers, a prevailing feature of most of the new suits. The classic ultra-ab-suits trimmed with bond embroidery. Others more practical have hand embroidery. In contrast silk floss.

A REAL PORTRAIT.

Romney Effect as One Summer Style of Hat.

After a season of small flowers but ones are blooming on the newest hats. Romney carnations and immense pop-



ADVANCE TRIMMING.

plis are the first seedlings of this new mode. A white milan straw with a black velvet crown is trimmed with a huge red poppy and its fuzzy stem. The effect is remarkably like a master piece.

BEADED-RETICULES.

How to Make a Modish Wrist Bag Also Urnique.

So strong is the vogue of beads that they are being placed on every accessory of dress possible. Fancy designs of beads are found on stockings, on neckwear, on parasols and on bags.

The designs used on one bag make one think of kindergarten days, so crudely drawn is each animal. However, they serve their purpose, and that is all that is necessary. The fact that they need not be exact makes it possible for any one to sketch in a bag on a bag and fill all of the animals full of beads. The simplest way to do this is to string your beads and then couch them on the material.

Beads are animals in with rows of beads sewed above and below them. The style of bag you choose to make determines whether the beads of it shall be covered with beads. One bag is made with a flat bottom and has, therefore, been successfully covered with circles and circles of beads.

Ribbon can be satisfactorily employed to fashion bags of every description and for every purpose. The wide ribbon will do for the bag, while the narrow ribbon will serve as drawstrings.

A Mixed Diet Important. That a mixed diet is imperative is emphasized by the recently discovered fact that habits of digestion may be formed. For instance, if a child on a fatty food the power of producing those secretions necessary to digest fat is greatly lessened and may be lost entirely. He would then be unable to eat fatty food for the rest of his life and would therefore suffer from impaired nutrition.

A Bit of Spanish Influence. Ball trimming of silk or woolen floss in brilliant colors is used to trim the brim and crown of a new sport hat which is very popular just now at the country meets. Loxhorn or Milan hemp is chosen for the brims, which have rather high crowns and flaring broad brims.

The Silver Ankle Chain. A pair of new slippers recently unpacked was provided with very long tongues which extended well up on the instep and were held in place by a slender silver chain round the ankle.

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