

The Frugal Breton.

"As I watched the fishermen unloading their catches I had a striking illustration of Breton frugality," writes Herbert Adams Gibbons in an article on "The Sardine Industry of Brittany," in Harper's Magazine. "So many sardines come into the port of Douarnenez that their white, flecky scales cover the sand in mounds, washed up by the tides. Some of the boats have their decks covered several inches deep with the catch. But the fishermen actually count every sardine and send them ashore in baskets of exactly 200 each. There is no guesswork, no approximation by weighing. Since at low tide the boats are fifteen feet below the mole, the porters let down ropes to fish-ermen in the boats. The baskets are drawn up one at a time. If a single fish happens to fall overboard they go after it with a hand net and make really strenuous efforts to recover it. These are fishermen to whom the admonition to gather up the fragments would not have been unnecessary."

The Four Great Sauces.

A French epicure has declared that "man has created the culinary art because he does not feel like an animal, he cooks fats, oils and soups."
The French are particularly eloquent on the subject of sauces. Among their famous chefs are recognized four great sauces, Spanish, veloute, hollandaise and German. The Spanish and veloute were known as far back as the seventeenth century. In the eighteenth they were modified by the masters of cookery, particularly by Lareme who was called "the Raphael of the kitchen."
The Spanish sauce is composed of juices extracted from a mixture of ham, veal, chicken and pheasant. Veloute is similar, but is not colored. Bechamel is veloute to which cream has been added, and the German sauce is veloute plus the yolks of eggs.

Man shall not live by bread alone, but our country crop of 100,000,000 bushels of wheat indicates that Americans almost could if they wished to.

Women: It is said are gradually taking the jobs of men employed in the silk mills. And it might be added women are filling most of the silk stockings too.

A Philadelphia woman says her husband has beaten her every full moon since they were married, nine years ago. Evidently he keeps up with the moon's condition.

Resolutions.

Division No. 7, A. O. H., is again called upon to mourn the loss of a faithful and honored member in the demise of Patrick McCarthy. He was ever ready with good counsel and deeds for the welfare of the Ancient Order of Hibernians, and always took an active part in the doings of the organization. Such members are not only a credit to Hibernianism but an example to the younger members.

To the bereaved family we extend our heart-felt sympathy.

It is ordered that a copy of this memorial be entered on the minutes and also be published in The Catholic Journal.

Owen Smith
Owen Ward
W. J. McGrath,
Committee.

Whereas, God in His Infinite Wisdom has been pleased to remove from our midst our beloved brother, John Sheehan, be it

Resolved, That we, the members of Division No. 7, A. O. H., do hereby express our heart-felt sorrow and extend to the bereaved family our sincere sympathy, for while they mourn the loss of a loved one, we mourn the loss of a faithful member. Be it further

Resolved, That a copy of these resolutions be entered on the minutes and published in The Catholic Journal.

Owen Smith
Owen Ward
W. J. McGrath,
Committee.

BASEBALL

The Hustlers will open their Home game with Providence on Monday, May 15th, and will also play with them on the 16 and 17. They will play with Baltimore on the 18, 19 and 20th.

There will be a grand parade on the opening day.

ROYAL

BAKING POWDER
Absolutely Pure
Made from Cream of Tartar
NO ALUM - NO PHOSPHATE

Weekly Church Calendar

Third Sunday after Easter.
Gospel, St. John xvi. 16-22.
S. 14. Boniface, M.
S. 15. St. John Baptist de la Salle, C.
S. 16. St. Ubaldus, B. C.
S. 17. St. Paschal Baylon, C.
S. 18. St. Venantius, M.
S. 19. St. Peter Celestine, P. C.
S. 20. St. Bernardine of Siena, C.

St. Andrew's Church

The Pedro and May party held by the St. Rita's Young Ladies' Sodality last Tuesday evening proved to be a great success. A very large crowd attended the party.

Next Sunday, our children will receive their first Holy Communion at the 9:15 o'clock mass.

The men of the Holy Name Society will receive Holy Communion Sunday morning at the 7:30 o'clock mass.

Next Monday evening, the St. Rita's Young Ladies' Sodality will practice indoor baseball in the church hall.

St. Francis Xavier.

The requiem masses this week were for Harold Schwab, Chas. Duing and Celia Miller.

Next Sunday the Young Ladies' Sodality will attend general communion.

A May Party was given at the parish hall on Wednesday evening under the auspices of the Young Ladies' Sodality.

The members of the C. M. B. A. held a card party on Thursday evening, at the parish hall.

The children will receive their First Holy Communion on Sunday, May 28th.

Corpus Christi.

The requiem masses this week were for Mrs. Young, M. E., Adams and Mrs. John Slattery.

There will be a meeting of the Young Ladies' Sodality next Sunday afternoon at 4 o'clock.

The Forty Hours' Devotions will begin next Sunday evening.

The next illustrated lecture by the Rev. Father Byrne will be given next Friday evening.

Holy Family.

Thursday morning the funeral of Leonard Stiegel took place.

On Tuesday morning the marriage of Joseph H. Kluber to Margaret Ruik took place.

Sunday evening there will be devotions to the Sacred Heart.

Next Sunday at the 7:30 o'clock mass the members of the Holy Family Society and the Knights will receive Holy Communion in a body.

Our Lady of Perpetual Help.

The requiem masses for this week were for: Joseph Merk, Rosalia Bossert, the Poor Souls, Helen Kraus, Adam Eisenmenger and Lawrence and Emil Roth.

The Young Ladies' Sodality will receive Holy Communion in a body at the 7:30 o'clock mass on Sunday morning.

Sunday afternoon after Benediction the monthly meeting, and conference of the Women's Sodality will take place.

Monday evening, the monthly meeting of the St. John's Benevolent Society will take place.

The C. M. B. A., of this parish will hold a Pedro party in the parish hall Thursday evening, May 18th.

Wednesday and Friday evenings at a quarter of eight, there will be May Devotions and Benediction of the Blessed Sacrament.

Musa Caravan

The last regular meeting before the Summer Vacation will be held Tuesday evening, May 16th, at 397 East Main St.

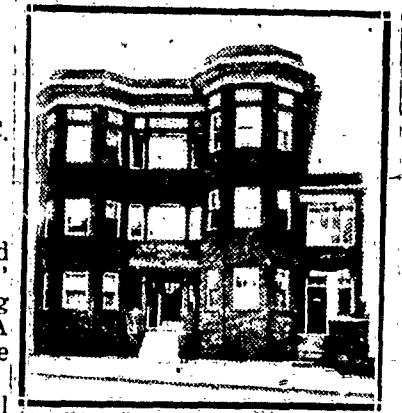
The Master of the Oasis has provided well in entertainment, eats and "Camels' milk" for this occasion.

To Raise \$25,000.

A six weeks' campaign has been started by Nazareth Academy Alumnae to raise \$25,000 for the new building in Lake avenue. The captains have been appointed and there will be a friendly rivalry among the various bands to see who can make the best report to Bishop Thomas F. Hickey.

A mammoth thermometer manufactured by a firm in the city will be put in place in the study hall to register on a scale of \$500 the amount to date.

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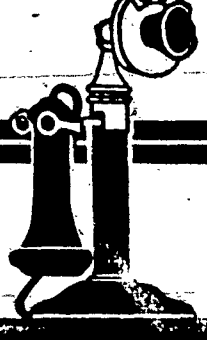

The Bell Telephone Directory
Goes to Press May 20th
All matters relating to new telephone listings and to changes in present listings should be arranged for on or before May 20th, to appear in the next issue.
Why not order Bell Service for your home or business place NOW and get your name into the next Bell Book?
Call Main 12,000 or write
19,120 Bell Telephones in Rochester
May 1st
964 net gain since January 1st
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If Adam had it he would not have been tempted by Eve with a juicy apple.
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Fine Large Refrigerator
Six glass door front, about 2x4, suitable for Butcher, Grocer or Cafe. Will sell at 1-3 cost
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No exhausting physical exertion necessary.
Clothing will be washed better.
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Read How the Mother of These Children Guards Their Health
The mother of these bright, healthy boys in a recent letter said: "I am giving my little boys Melrose Tablets. Our oldest child has been taking them since he was 3 years old. He wasn't very strong but he is better now. I feel better now and then when I take a course. I am sending the children to you so you can see how good they look since we have been using your Father John's. The oldest is Howard M. Bell and the baby is James O. Bell. 1541 Cillingham St. Frankford Pa. (Signed) Mrs. John O. Bell, Frankford Pa. Because it does not contain alcohol or dangerous drugs, Father John's Medicine is safe for all the family. It is a pure food medicine which builds new tissue and strength. Give it to the children in the spring."


We have several good positions open for operators. Girls are paid while learning, the instruction being given in our regular training school for operators. If you meet the requirements and are given a position, advancement is sure, providing you are faithful in the performance of your work, courteous and considerate toward subscribers. After two years' service you receive extra pay aside from the regular salary.
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