Will You Read This Twice?

A very important question to-day which every housekeeper must decide for herself is whether she prefers pure, cream of tartar baking powder like Royal or whether she is willing to use baking powder made of inferior substitutes which do not add healthful qualities to the food.

One kind is easily distinguished from the other, since the laws of various States require the ingredients to be printed upon the label. If anyone is in doubt which kind is most healthful, it is worth while to ask the family doctor. Then decide.

And when once a decision is reached let no advertisement or dealer's argument or canvasser's solicitation change the decision. It is not a question of a few cents or of pleasing a salesman. It is a question of health.

If this appeals to you as reasonable and sensible advice, it is worth reading twice. And it is worth remembering.

> ROYAL BAKING POWDER CO. New York

The Realistic Drama "My husband says he would rather The Ghost -I could a tale unfold to that an electrical disturbance produced fight than eat Froves it too

As to how? "He always of the the number of the art has famlet Useless labor, old chap; my ance in the air produced by such a scrapping with the work - Louisville hair's naturally pompadour.-Philadeleshot spreads out in all directions; Courier-Journal phia Ledger.



21c **ROASTING CHICKENS** 20c YEARLING CHICKENS -19c **FANCY FOWLS** 15, 1-2c SUCKLING PIGS 15c PORK LOINS, small -.13c

whole or nail, trimmed

THE CATHOLIC JOURNAL

A. O. H. Mass Mo SCIENCE-INVENTION

Joseph McLoughlin, of Philadelphia, national president of the Ancient Order of Hibernians last A Broken Piston Ring. Sunday made ared-letter day in The engine of a car became rather incertain in starting, and its owner that organization. The feature uspected and verified in turn the igni. was a mass meeting in the aftertion, the carburetor and the valves, noon at Cathedral Hall,

Mr. McLoughlin is traveling The compression of each cylinder was tested in turn by feeling the resistance through this part of the state in it offered to the rotation of the starting an attempt to promote the inter-ests of the organization and in-almost compressionless. The engine would not start from a pull up if the traken should the offerential offerential offerential offerential the offerential offerential of the organization and instarting handle claw was so engaged taken about the city and enterthat the weak cylinder was either the tained by the county officers. A first or second resistance to be over crowd of Hibernians and their some. The exploded charges blew past friends had gathered in the hall the broken ring into the crank case for the mass meeting and the and sent puffs of smoke out through guest of honor was given a rousthe gauze cover of the crank case breather. This usually occurs when faulty piston rings have perceptibly re-duced the compression in a cylinder, in the case under notice the pistons, members were initiated before her duced the compression in a cylinder, in the case under notice the pistons were initiated before had but one ring each, and a piece of the meeting.

about one-quarter inch in tength had John McParlin presided. Ad-Absolutely vanished from the ring of the erring cylinder, the two remaining pleces still lying in the groove. Such a puff of smoke from the crank case breather is plainly determinative and breather is plainly determinative shows that the rings and not the valves State President John V. McCarthy are to blame.-Automobile Dealer and would be at the meeting, but he Repairer was unable to get here in time for it.

Ether Cannot Be Insulated. All radio transmission is by means of lectromagnetic waves in the ether, which may be defined as the universal THE ULTRA MOTORCOAT medium surrounding and permeating all matter A copper wire may be insulated from surrounding matter, so that electrical impulses sent along it will not sprend into the surrounding space, but there is no known means of insulating any portion of the ether

an Prmotical ins Smart. from any other portion. The result is

Made of Glazed Leather

you whose slightest word would make at any-point-in-the ether-spreads-out-inall directions, just as the sound of a each particular, hair stand on end pistol shot, or, to be exact, the disturis

> hence when one speaks by radio from Washington to Honotum every word that is uttered can be heard at every point within, the same distance of namely, all over the Unitd States, Canada, Central America. ne-northern part-of South America: he eastern part of Africa and over practically all of Europe. Of Course a, ecelving device is required in order to hear the words at any place, just as an ar is required to hear the sound of the istol shot - Engineering Magazine.

A Handy Knot to Know. The knot shown has a pecullar char acteristic which chalifes a person to cover the rope after letting himself lown from some elevated position, savs Popular Mechanics After the 19c-20c rope has been tied, firmly to some support, as a limb of a tree, the this knot, or sheepshank, as high up as possible.

Join the CHRISTMAS CLUB

Starts This Week

In Class 2, pay 2c the first week, 4c the 2d week, 6c the 3d week, and so on for 50 weeks and two weeks before Christmas 1916, your deposits will amount to \$25.50.

Or in Class 5, pay 5c the 1st week, 10c the 2nd week, 15c the third week, and so on, and two weeks before Christmas, 1916, your deposits will amount to \$63.75.

You May Reverse the Order of Payments If You Wish To Do So

In Class 2, you may start with \$1.00 the first week and pay 2 cents less every week until the last payment will be 2 cents.

In Class 5, you may start with \$2.50 the first week and pay 5 cents less every week until the last payment is 5 cents.

Should You Prefer to Pay an Equal Amount Each Week You Can Do So

In Class 50, the payments are 50c each week for 50 weeks, and two weeks before Christmas you will receive a check for **\$25.00**.

In Class 100, the payments are \$1.00 each week for 50 weeks, and two weeks before Christmas you will receive a check. for \$50.00.

Can you think of an easier way to provide money for Ghristmas-presents?*

Join yourself get everyone in the family to join. Show this to your friends and get them to join. Everybody is welcome_to join____

Call to-day and let us tell you all about our

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The Mechanics Savings Bank

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OF ROCHESTER

18 Exchange Street

Open evenings from 6 to 9, Dec. 27th, 28th, 29th and 30th

Chas J. Brown, Pres. Walter F. Webb, Vice-Pres. L.E. Dake, Vice-Pres.

Peter F. Willems, Sec.

Market Open Thursday and Friday Evening till 9:30

-----We Deliver Closed All Day Christmas -



Bell Main 2183

Welsbach Mantles Last Longer and Give More Light

Welsbach Reflex Mantels come in both the inverted and upright types. These mantles do not shrink and they are sturdier, therefore they give more light and last a great deal longer than the cheaper ones.

This is the time of year when the need of artificial light is greatest, therefore it is time when Welsbach Reflex quality Mantles will serve you best and save you most.

PRICE, 15 Cents Each

Get them of your dealer or get them of us, but get them.

· Rochester Railway and Light Co.

34 Clinton Avenue North

Bell Main 3960

Home Stone 125

Fallen or hanging wires should always be considered dangerous. Don't touch them. Notify us.



13c

Close inspection will show that one of the three sections of the knot-holds no.

part of the weight lieloss - This section Delicious Combrations That the Home is identified as the partien which prooomers Will Like. jects through the loops A and B at Place two pieces of camed asparagus both ends. The other sections project on a while lettuce leaf Across the as through at one end only. When the knot has been arranged slide down Istragues pail two strips of succet red and cut the rope at C: then descend to well seasoned with paprika

the ground. By shaking the rope the Remove the top from a sweet red knot may be hosened, and only a short pepper and fill \$? with Camembert and plece will be left atta hed to the sub cream cheese gaushed together. Cut it

in quarter inch slices. On each plate place a couple of lettuce leaves and on Our Great Phosphate Reserve. them put a thick slice of sweet, juicy A grave problem for 'flie farmer is to discover the needs of his depleted orange On this place a slice of the or unfavorably proportioned soil. Its cheese stiffed pepter Pour French greatest need may be phosphoric acid. dressing over it and serve

one of the three substances that are Put a slice of pared tart apple on a most necessary in maintaining fertili lettuce leaf and on it place a thick ty, the other two being nitrogen and slice of tomato, then another slice of potash. Phosphoric acid for use in fer apple and another of tomato Top with tilisers has been supplied for many a spoonful of mayonnaise.

years in part by the phosphates of Remove the pits from dates and stuff Florida and Tennessee and from is with cream choese on each plate pu lands in the Pacific ocean. These dea slice of pineapple on a lettuce leaf posits cannot always supply the de Add three stuffed dates. pour French annd, and therefore the recent discovdressing over and serve. ery that the Rocky mountains contain Add chopped per ans to cottage cheese

the largest known area of phosphate and form into small balls. Serve three rock in the world is of vital interest to or four with each service of crisp letfuture generations, if not to the press tuce, dressed either with French of ent one. - United States Geological mayonnaise dressing. Survey

The Steering Knuckles.

On a piece of endive place alternate ly segments of orange from which the inner skin is re-moved, and similarly

Very little attention is given to the shaped pieces of tart apple. Dress with matter of knuckles by the average French dressing. garage man, as this part seldom gets Avocados or alligator pears make 'out of kliter." says the Automobile delicious salad cut in cubes and served Dealer and Repairer. But the knucklewith a well seasoned French dressing should as surely be looked after as the on crisp white lettuce leaves, engine or the gear case. Many a car Three or four pleces of ca Three or four pieces of camed as driver has come to grief by taking paragus, drained and chilled, served on something for granted. Just know that a lettuce leaf with French dressing, to

a thing is so or is not so; then you are as safe as it is possible to be.

which a chopped sweet green peppe has been added, make another go salad that is not much trouble.

Xad

There is a minn in our town. His nature is real sweet, Tet he will cuss the junitor

holler for more heat

Production of Feldspar. The marketed production of feldspar in 1914 amounted to 135,419 short ton valued at \$629,873, necording to the annual statement on the production of feldspar now available for distribution by the Unifed States geological survey.

Plum colored glazed leather slit and inserted with white kid and banded with-black fur gives this jaunty effect. The coat is popular for motoring, being guite as impervious to cold-and-lighter than a fur garment. Trig skaling suits arê being made of this new leather

CHRISTMAS SALADS.

THE NEW MET NO.VELTY.

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carefully to a position just below it pepper. Dress with French dressing, Postoffice, Rochester, N. Y. Offices at Brighton

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