

Boardman butes

"I should like every American woman' to understand elementary hygiene. home care of the sick and first ald to the injured. I should like her to have reliable teacher, however.

"In their relief work American woman need discipline and organization more than they need impulse and enthusiasm. We had examples of this so repeatedly when the war first broke out Womei came to us for work; they wanted to help. Will you go to the register's office and do this or that? we would ask. 'Oh, I-don't think I am waited for that. Will you go here or there? - 'No: I don't eare for that.' And so it went. The women had no idea of doing what was needed to be done, no idea of obeying orders, as it vere and this to pite of the fact that

ther meant to be helpful: Then also the women have been so apt to want to push the personal note to its limits. They prepare boxes for a particular family in a particular coun midnight blue shade is used to fashion try and never stop to think that the de-

"The Red Cross aims at perfect or is white georgette crap ganization It is the only official or ball crochet buttons. ment has and therefore the only one vet hat of tall crown and wide brim from home Each girl pays 10 cents a that the foreign countries respect, that gives just the hint of a poke in week which pays for the food.

For that reason American women can front while a luge plak rose accentur. In the rural school a very simple do their best/relief work in connection ates the heavy ribbon band with the lief from Frivate enterprise doesn't review for. Women can start / FALL HOUSECLEANING. their little hands for European relief.

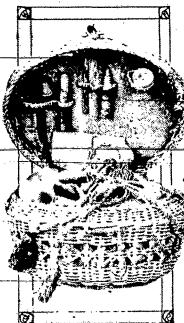
ed, though there have been reports able and place in the open air to daish that I to an able to be in the example to the example of the examp

"The Red Cross wants American we ter and rub dry.

ones to hand

"In time-of peace, says Miss Board out in hot water, then dip it in bran on the oil stove in the entry at the man, "women have perthally duty, and and genth rub the paint. Sponge of proper time. Each child brought a rub is again concerned with the health with rold-water and poish-with a rup, place knife, fork, spoon and two of the nation. This time women's work white rand dipped in whiting.

The destroy moths in carriers of curfunction of clock in the morning and was put on the oil stove in the entry at the paint. Sponge of proper time. Each child brought a rup place knife, fork, spoon and two mapkins from home, one napkin being the properties.



etrew in its ratural color, and the Hit-

AN IMPORTED FROCK:

A Beautiful Afternoon Gown That is Direct From Paris.



Velvet striped georgette crape in a order to gain sympathy.

white rag dipped in wilting.

To destroy moths in expets or cur
tains spread a damp cloth over the part
one of the harmonic house or part entrative.

To destroy moths in expets or cur
tains spread a damp cloth over the part
on this spread a damp cloth over the part
on this spread a damp cloth over the part
on this spread a damp cloth over the part
on this spread a damp cloth over the part
on this spread a damp cloth over the part
on this spread a damp cloth over the part
on this part
on this from home, one napkin being
used as a tablectoth.

Not only did this plan work out well
from a standpoint of proper nutrition
for the children, but the lunch hour
became a lesson in table manners. In
this way many children who receive
did it in kitchen salt and rub over the
one of the children in the standard of the children who receive
interesting New Fixtures
on the part
of the analyting at home are enabled to
the standard of the children who receive
interesting at home are enabled to
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interesting at home of the children who receive
interesting at the children who receive
interesting at the children who receive
interesting at home of the children who receive
interesting at the c duster dipped in powdered whiting.

duster dipped in powdered whiting.

Cloudy decanters can be cleaned with vinegar and sait. Put a handful of sait and half a cupful of vinegar in the denter and shake well, then empty and transe with warm water.

dry with a soft rag

then poists with any theor pollsh - Aft -e acc. mulished Callwomen all ever

salt instead of tealways. It keeps the healthy bodies as well as strained. Sage green case do hime is used for Just down more effectively, and the fainly, for without the one the attain this pretty row. The skirt is corded carpors will fresher till wear better, legiof the other is doubly hard as salt prevents molles attacking them

Oil stains can be removed from linen and cotton goods by rubbing the mate. hours and then brushed off.

A Pretty Economy. cond will keep dust out of the interior very quaint and decognitive.

Children's School Luncheons

the proper feeding of school children has come to be recognized by educators as a very grave one. The child of school age must grow and must also

It is costly to educate a child, and the rost is largely wasted if the child is so improperty nourished as to be unfit for mental effort. Certainly a hungry child is in no condition to turn his undivided satention toward the work of the schoolroom.

Another important factor is play. There is a direct connection between the muscular activity involved in play and the food elements necessary for the building of a strong body,

As it has been proved in many instances, particularly in the large cities. that many children are actually hungry the greater portion of the time, it is obvious that such children are not receiving the full benefit from the money being spent for their education.

The question of feeding the child in the school is therefore receiving more and more consideration as time goes on, and in several instances where various methods have been tried the results have been very marked.

In one girls' school in New York city each child is given a cup of milk or cocoa during the morning, and at hoon soup is sold by the school at 1 cent. Here also, as the year wanes, greater progress is neted.

Tifis instance is not cited as an exceptional-case.-but as an example to show that when children are fed at iool the results are apparent, even hough the children may not actually be underfel in their homes.

in the schools for backward children. he results of feeding in the school have een mo**re** apparent.

It is said that in France, where a sys. tem of serving meals to school children was most carefully worked out, the effect is to simplify the relief work, as no parent can bring a hungry child in

livery of such a specialized parcel the velvet stripe has been arranged to and at the same time is not entirely anothis neat sait is devoid of trimming. would be practically impossible. The form the bodice and part of the skirt educational problem, it offers an opport The woolen is of the best quality, and case of the women a bounde pulsuas even the flare, which is out of the skirt and the coat's peplum and put molasses eardy in the packets band of Russian squirrel and ends in a mentors, social organizations and par have a market face. Please note how illustrates my point The candy melted deep flource of plain crape. This ma ents. and ruined the polamas; of course, and terlat-furnishes the sleeves, which are "Proglementic science science science states afford antinatoque with its nature little-brush

all the fine ferver that prompted the culled with a patch of velvet stripe another good opportunity for the serv accentuate the dark note of the seal all the fine fervor that prompted the The collar is of squirrel, while the vest ing of nourishing food to the children skin.

The Red Cross aims at perfect or- is white georgette crape fastened with throughout the school. The class preganization it is the only official or ball crochet buttons. With this gor pares one hot dish daily, which is server ganization for relief that the govern geoms gown goes a mininght blue vel cd with the cold luncheous brought of the line of tell crown and wild brim

In the rural school a very simple equipment will answer all the purposes is able to have a fireless cooker a soup f stew/can be prepared at some one's but the make This louis taken to the school and kept bot through Reing mofficial their pass. Nightmare a Little Easier, until Junchilme. As in the rural disports come rwice as limit. If ny all to clean wicker chairs wash with tricks many children live a long way; until lunchtime. As in the rural dis-The Red Cross is absolutely respect salt and water, then ruts as dry as post from the school, it is almost a figure.

In one rural school a plan was pu cept when the cross could not be seen sait moistened with lemon juice. Then juice operation whereby a hot dish was at a distance. Of course ambulance wash with hot water and soapsuds, served at a cost of 2 cents. Where drivers and surges at the front take. To clean markle basin, make a past the perent was not able to pay this drivers full further at the front lake. To clean marble basin, make a paste the parent was not able to pay this their chances. That is the fortune of of whiting and soft soup and apply it amount the food was served free, or war, not the deliberate attack of fight with a Soft cloth. Rinse with cold was the parent was allowed to contribute The Red Cross warris American wo. To pollsh steel fenders, etc., after Each week one of the larger girls was to learn how to give instructions, cleaning with emery paper sprinkle appointed as chef, with three smaller right way, which is in any way that pollsh with a chamois leather.

The clear white material week one of the larger girls was completed before to the lunch was completed before to

rinse with warm water.

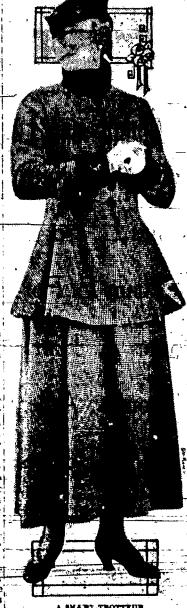
To clean oriental runs first beat the doubtless but a question of a short run thoroughly, then brush to remove time now before educators generally all dir. Rub over with a stiff brush will come to see the responsibilities aliqued in warm scapsuds to which a and opportunities lying domant in little ammonta has been a rule this field. As the teacher is likely to be more or less overworked, too much be more griess overworked, too much To clean lineleum rub well with soap, should not be expected of her in this then where Allow to get quite d.y. terested in this subject much good can er this treatment the linoleum will keep the country are beginning to realize clean and bright for quite a long time. That here is a work close at hand and Keep a time of kitchen salt in the in conjunction with the school official sink It will dissolve slowly and keep can do a great deal toward insuring the pipe Fean and the sink fresh and the proper amount of nutritious food for each child of school age, and thus Sprinkle carpets before sweeping with help to bring up a generation of

To Reduce.

The following ever ise is an exce that on both si es with fideum powder but one to proctice if you wish to r. The powder should be left on for a few fuce are exended abdomen. Place, the right foot forward about eighteen inch on I to the right, endeavoring to reach is wide cream sate ribbon a has are of heavy gobern blue ilse Instead of buying expensive jards on to the right, endeavoring to reach the quantity selsors are of this be t nieres for your plants, paint the ordi the floor with the finger tips. Keep the ster and the other fixtures budkin there the werputs and saucers with an off knee rigid, her bend the right just Thinkle needle ase and ribbon shut oil paint to harmonize with the color, elittle Inbale deeply when rising and the are of hand curved lyory. The silk shome of the mom Pots painted a Abale when bender. Continue this the arriver up with a handsome silk soft bent green or chinese blues are precise until you are fairly tired, as are thoroughly by or the tacks will ernating feet,

A TRIM SUIT.

Rather Striking Effect In Black and White Check.



Except for the choker and cuffs of As the question of food for school scalskin and a row of black novelty this frock. Please note how eleverly children is so important educationally, buttons, which stop at the waist line,

-ANOTHER-PARTY FROCK:

For the Schoolgirl , Whie Goes to Dancing Class



Sage green evere de hine is used for to simulate a consideré hoopskirt and finished around the bottom with walls of Troy instead of the conventional The bloose fells over more scallops walls of Trov and is tinished with tasseled tie. Pinest cream colored embroidery affords the turnover collar es and rules the arms above the head and V shaped chemisette, and the but Send the body to the left, to the from terfly how on the clild's Dutch out hair

When relaying upots ofter scrub Continue this bing the floor to save that the hoards

SHORT AND SHARP.

Troubles, like babies, grow larger with nursing.

It requires strength of character to save and to store

It's easy to be generous to a fault if it's your own fault.

Most of the slips occur after the cup na been to the lins.

If we'd work for the things we for we'd get most of them.

Much that has been gained is ofter lost in reaching out for more.

The fellow who is-killing time is also ssassinating his opportunities.

Every man knows a lot of fool things e would do if he had the money.

So live that the life insurance men will not be the only mourners when rou pass out.

When we listen to the troubles of our neighbors it gives us more courage to ear our own.

The Mexican situation has a habit of slipping back into the same old rut and taking a slesta.

Bome people seem to make them selves miserable so that they can get Any person graving excitement can nore enjoyment in heaven.

Man's nature to be good is like

A man may be tempted from with-

If we never had afflictions we couldn't approclate being without them

Next time there is a concert of the powers it will not be at popular prices. As things now go, there is a good deal of money that isn't even whisper

When there is a ghost of a chance never give up until you give up the

If China wants commercial advice

we will give it-buy only American

It doesn't take pneumonia and typhoid fever long to break into the w

A price that staggers humanity has show for it.

While men continue to make cannot and use them, isn't it almost useless to pray for peace?

When a man begins to brag about himself he starts advertising his great-

get all he requires by becoming a wa photographer.

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