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are importers and retailers of China, Glass and Silverware. Phone Stone 3382, Main 1314.

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Young's Shell Oyster and Fish House have the reputation of furnishing the best kinds of oysters and fish. They are at 114 Main St. West. Both phones.

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The Sager Shock Absorber should be put on your automobile as it insures easy riding over the bumps. Sales agency phone, Stone 3071, Chase 482.

Chas. J. Zimber, proprietor of the Chili Ave. Garage, is ready at any time, night or day, to give you service if you need it. Phone garage, Genesee 2941, residence, 1562.

The Irondequoit Coal and Supply Co., phones Rochester 2142, Bell 3437 Main, deal in hay, coal, straw, shavings, oats, ground feed and fertilizers.

If you want good, clean coal, try a ton or two from Lewis Edelman. Telephone 576.

Woman's World

Beautiful Ex-Queen of Portugal Does War Work as Trained Nurse.



AMELIE, PORTUGAL'S EX-QUEEN.

Concerning her identity in 1918 and 1919 for several weeks, Portugal's ex-queen has been working as a trained nurse in the Tivoli London general hospital at Wandsworth, England.

Entering the hospital as a probationer and insisting that her identity be kept secret, her majesty has been working eight hours a day, performing all the heavy work assigned to other nurses. Every morning she motors to the hospital from Richmond.

For weeks her identity in the hospital was a mystery. It was only the sister in charge of her ward who knew the secret till recently.

USES FOR OLD LINEN.

How Frenchwomen Use the Tops of Old Evening Gowns.

Never throw away old linen in any shape or form. Cotton sheets and pillowcases when old and worn are soft and splendid for bandages and other sickroom needs. No new bandage ever equals old bed or table linen for such purposes, as they will tell you at any hospital, but it is understood that must be sterilized before being used.

Handkerchiefs are apt to overlook this use for old linen unless there is really sickness present in the home, but a store of such pieces laid away will never come amiss, even if they are only used for ironing towels and for wrapping up bundles in the storeroom, for in a contagious disease, sheets should be hung over the door of the sickroom, and kept wet with disinfectant. When the weather is hot wet sheets hung about the room will cool the air.

The linen should have been washed clean without starch and the hands that did it should be very clean. For an open wound sterilized gauze will be a necessity, but clean linen may be used to protect the bandages under the patient's head. The patient is to her death. At the hospital the old linen is so utilized in the regular or in the sterilized it before using.

When the bandages are rolled they should be placed in a clean covered receptacle until needed. A glass jar or a covered box will do for the purpose. The work of the bandages is done up in the same way.

The tops of old evening gowns have their use for an appeal recently came from Paris for them to be sewed together in winter trench coats for soldiers in winter trenches. Hundreds of poor women are kept employed making these winter coats.

Nurseries. In the struggle of living where the parents' best is maintained at all costs, where the keeping of servants is regarded as an absolute essential when the whole aim is to impress a certain type of children are often regarded as needless luxuries. When they are permitted to intrude, they come as a usual thing, in single numbers, one child being considered enough of a burden. In Europe the women who have followed this theory have in many cases seen their children swept away and the sad condition has made the mothers of America pause and reflect.

When one comes to think of it, how very few homes are built with nurseries. Even large homes, rented at exorbitant rates, seldom have a nursery. One of the bedrooms has to be given over to the kiddies, but it can never be made to look quite as useful and pretty as if it had been designed for the purpose. The ideal nursery ought to be filled all round halfway up the wall not cold green tiles, but a warm shade of tan or a deep pink. The room ought to have fitted cupboards in it, so that not an inch of space is wasted. There should be fitted guards in front of the windows, so that there is no danger of the babies falling out, and the fireplace ought to be large and open, not the spindly little affairs that one finds in the bedrooms of the ordinary modern house.

Woman's Enlarging Sphere.

At twenty five a man used to begin to live, but a woman was on the shelf. Up to a few decades ago the woman of twenty five, married or single, was usually passive. If married she forswore romance and spent her days in dull and commendable faithfulness to "kinder, kirche, kueche, if unmarried and minus an independent income, heaven help her!" She passed gently into the middle aged stage—household helper in general to any married sister, brother, cousin that ever wanted her; subject to call when there was illness, dire need, a new baby or bustling preparations for some important event; to take errors and omissions meekly and without complaint. Sometimes she persisted in being young even at twenty seven and curled her hair and squeaked her voice to a childish treble and trained in a set of kitchen manners for social purposes. She hated to give up the thought of ever being married.

And here's her twentieth century substitute who is an undeveloped child under twenty five. She is perfectly willing to marry, but she has plenty of interests to occupy her if she doesn't. Moreover, she has plenty of interests in addition to home and family when she does marry.

For there is one thing that business and professional interests have done for the modern woman which makes them beyond price—that have protracted youth and deferred recognition of old age indefinitely. Business and professional life do for women what they have done for men. It takes a man about 50 years to put a business on the level of substantial success. Some times it takes more, occasionally less. The well-planned business life of the average man makes the years between twenty and thirty hard plugging. At thirty he begins to have a secure footing, and if he has really lived, if he has the rich human experience that falls to the average normal individual, he is a well rounded personality and in the prime of life at forty.

Interesting occupation has shoved a woman's prime of life similarly. The young bud of nineteen or twenty is only pleasant to look at or to play with for a little while. From twenty to thirty, if she is actively engaged in doing something worth while, she is developing continually. She is enriching her mind and personality by actual contact with life, more real than that viewed from the safe walls of a comfortable home. She is building her business life, facing conflict daily, learning self reliance. Her soul goes unsheltered through the fires of experience. At thirty she is in the prime of life, rich in interest and human sympathy and understanding. For it is not alone the putting of baby curls that demurely hangs over the door of the sickroom, and kept wet with disinfectant. When the weather is hot wet sheets hung about the room will cool the air.

Woman's life used to be mainly retrospective. Before thirty she was already engaged in the gentle occupation of forgetting again and again her youthful experiences and conquests. The modern woman with an occupation looks ahead. The past is to her only a foundation, and her days are filled with planning for next month, next year and ten years ahead.

Sandwiches and Sandwich Fillings. Honey Sandwich. Spread thin slices of bread with very thick honey that will not run readily. Spread other side with butter. Spread with jam. Press between two slices of bread together and cut into fancy shapes if something tasty is desired. In an Sandwich. Treat the beans to a pulp and kidney beans preferred. Mix pulp with melted butter, onion juice, a pinch of dry mustard, a few olives or pimientos chopped and a dash of tomato ketchup or chili sauce. Spread the mixture between slices of brown bread. Cold sauce is generally used.

Bottled Ham Sandwiches. To make devilled ham chop very fine one pint of ham. Add one egg, one onion, six hard boiled eggs, one teaspoonful of mustard, the made kind, season and press in a mold. This will keep for weeks and is a good thing for sandwiches.

Fillings for sandwiches are numerous and nearly always on hand. First there come the sweet fillings, such as creamy puddings of all kinds, mashed chocolate cream, maple fillings, creamy maple fudge, caramel fudge, candied ginger as a garnish for outside of sandwich, also as a filling, raisins chopped and mixed with fudge or chopped and mixed with butter, etc. They make a good filling. They do not at all lack digestion quite so harshly when used in this manner and may be used between crackers, cookies or bread with good results and are always liked by those who use them. Second come the cheese fillings, American cheese and Swiss cheese, and they may be cut, wafer thin and served in many ways with pimientos on buttered bread. Nuts and raisins are popular now as sandwich fillings, as are also the meat, chicken and vegetable fillings.

Darning Hint. When darning run the thread around the hole first, drawing the hole up so all the edges lie flat on the darning. The hole will seem much smaller, and the darning can be made more satisfactory.

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DAMES AND DAUGHTERS.

Margaret Hill at ninety-three supports herself in Wilmington, Del., by keeping a notion store.

Dr. S. Josephine Baker, director of the department of child hygiene of the New York board of health, has under her over 300 nurses and 100 doctors.

Mrs. Isabella N. Goodwin, a police matron of New York city, has been placed in the honor regiment of the New York police force because of conspicuous bravery in the performance of duty.

Mrs. Thomas S. Robie of New York went to work at the age of sixty-eight as a shoppers' guide for a monthly magazine. At seventy-seven she started in business for herself as a corresponding home decorator.

Dr. Marjorie Kiffin of San Francisco is said to be the youngest woman dentist in America and the second Chinese woman to be graduated from the San Francisco college of Physicians and Surgeons. Though she is a native of the United States, her parents are both Chinese.

When it comes to pacifying Mexico the other powers seem willing to let Uncle Sam do it.

There are two classes of busy people—those who are busy in fact and those who are busy in appearance.

You can't satisfy some people. They are always looking for trouble and are never happy when they find it.

A boy may be proud of his father and still not take much comfort in wearing the old man's cast-off clothes.

When you hear a man say that he has never made a mistake just ask him if he has ever made anything else.

German Gleanings.

Germany's population has grown 150 per cent in a century.

The gross state of the German sector was adopted with an object, that of making the peasant contribute more sure to a charge.

In Germany it is said to indicate good luck if a spider spins its web downward toward you. If the operation is reversed that means misfortune.

In Germany the prefix "von" means "count-worthy." It is granted by the sovereign, who one can raise a man to the rank of a citizen to that of a gentleman.

The Royal Box.

Prince Yusef Iseddin, the heir of the Sultan of Turkey, is fifty-eight years of age.

Dowager Queen Alexandra draws an annuity from the British government of about \$350,000.

King Ferdinand of Bulgaria, like the king of the Belgians and King George of England, belongs to the house of Saxe-Coburg.

The present kaiser of Germany is the twenty-first Hohenzollern sovereign and the ninth king of Prussia and the third German emperor.

Aviation Notes.

The air craft industry in France is confined almost entirely to aeroplanes.

PITH AND POINT.

Envy has torpedoed many a friendship.

Calling a man a liar is never an argument.

A well washed is good, but a well doer is better.

Good luck and bad habits are very seldom on speaking terms.

If a man got all he wished he'd have more than he knew what to do with.

Wise men are always doubtful about the man who is dead sure of everything.

It is as safe to judge a man by the excess he makes as by the company he keeps.