

# Woman's World

A Practical Movement to Aid the Woman on the Farm.



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The International Congress of Farm Women is an organization of women who have caught the vision of an ideal life on the farm. They know the hardships which farm women have endured in the past, and they are anxious to brighten the lives and widen the horizon of all women similarly placed.

The American division of the farm women's movement was organized at Colorado Springs in October, 1911, coinciding with the Dry Farming congress. It is now united with many other great national congresses, making one great international union in which twenty-eight nations are represented.

The organization is interested in winning the national and state governments to recognize the needs of farm women. The dangers of the rapid growth of cities, with the accompanying decrease of rural dwellers, is being studied. The doctrine of thrift and the nobility of labor are preached in the hope of encouraging a "back to the farm" movement.

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## BAMBOO EFFECTS.

Wearing Hats in This New and Pretty Straw Prove Acceptable.

Laqueered straw in bamboo effect has been popular for midseason hats, and its acceptability for rough and ready cutting hats cannot be gainsaid.

Illustrated here is a model of brown



NOVEL SPRING HAT.

Laqueered straw, woven in bamboo effect. The shape is a modification of the over popular sailor, the narrow crown drooping to one side and flaring upward at the other. The trimming consists of grosgrain ribbon and felt flowers.

## Colored Embroideries.

There is a great deal of embroidery worn-chiffon worked with a loose, sparse flow—with the happiest results. But we have to accustom our eyes to the bright colors. Red and blue are introduced together on tan and green, and purple on yellow, while yellow and red find favor.

## DON'TS FOR CHILDREN.

- Don't allow children to read in a dim light.
- Don't let them read with the sunlight glaring on the book.
- Don't allow them to read at night facing the light.
- Don't allow them to read when lying down.
- Don't allow them to read for too long a time.

# Cookery Points

## Dainty School Sandwiches.

Following are a few delicious sandwiches that will doubtless prove a welcome addition to the school lunch box of any boy or girl.

**Olive Sandwiches.**—Slightly butter thin slices of whole wheat bread; moisten chopped olives with mayonnaise dressing and spread upon the buttered slices; spread other slices with cream cheese and press together in pairs.

**Peanut Sandwiches.**—Chop freshly roasted peanuts; pound them in a mortar until smooth and season with salt. Serve on lettuce leaf between buttered white bread.

**Fruit Sandwiches.**—Cut bread, white, brown and graham, as thin as possible. Use four or five pieces in each sandwich, putting them together so that the colors will contrast. Apple butter, peanut butter, honey or jam, spread thin, may be used as filling.

**Fig Sandwiches.**—Chop one fourth of a pound of figs fine, add one fourth of a cup of water, cook to a smooth paste. Add a few almonds, chopped fine. When cold spread the mixture upon whole wheat bread. Raisins, dates or marmalade may be used in place of the figs. The marmalade, of course, requires no cooking.

**Fancy Cheese Sandwich.**—Spread fresh bread with butter, over this spread a layer of Brie or other cream cheese, and over the cheese spread a layer of honey. Press two similarly shaped pieces together and serve at once.

## Facts About Soup.

Soups cannot be made in a hurry. All remnants of meat, bones, bacon rind, and left over bits of meat of every description may be used to make stock, which is the foundation of all soups.

Stock must be frequently skimmed during the early stage of the proceeding. Never allow stock or soup to cool in the saucepan. The liquid should be poured off and strained into an earthenware bowl.

The bones should be boiled for two or three hours and all the scum removed before the vegetables are added, which should be simmered until tender.

Do not overboil soup, as this spoils the flavor.

## Casserole Cookery.

A casserole is a deep, earthenware pan with a lid to it.

After buying it fill it with cold water and a little soda, put it in the oven and let it remain there till the water is nearly boiling. This will cleanse it thoroughly and make it last much longer.

If you use a gas oven put the casserole in while it is still quite cool. If you suddenly put it into a very fierce oven the casserole may crack.

Be careful where you place the casserole when taking it out of the oven. If it is stood in the cold sink or any other cold place it may crack.

If you remember these few hints your casserole will last you many years and you will find it exceedingly useful.

## Baking Hints.

Do not cover rising bread in bowls and tins with a dry cloth. Instead cover with a damp cloth which has been wrung out in warm water. In cold weather the damp cloth should be placed over a dry cloth.

As a result the dough will not dry out the top, and the loaves when baked will be much more uniform. To prevent holes appearing in brown bread prick twice with a needle, once when loaves are placed in tins and once immediately before the loaves are placed in the oven.

## For Bread Makers.

Bread must always be made in a warm place, and all the ingredients must be warmed before they are combined. This is particularly important when you are making yeast bread.

Yeast is a little plant which begins to grow when it finds itself in a warm, damp place, and as it grows it pushes up the flour and makes the bread light. If you let it get cold you will stop its growth.

## Eggs En Cocottes.

Butter first of all and put two tablespoonfuls of cream into each; then on this carefully break a newly laid egg. Sprinkle a little salt, pepper and chopped parsley on the top. Place the cups in a pan of water which comes halfway up the cups and put a piece of buttered paper over the top. Allow them to steam till the eggs are just set; then serve immediately in the cups.

## Potatoes For Rheumatism.

A noted Danish food expert claims that an exclusive diet of potatoes is excellent for eliminating the uric acid responsible for the pangs of rheumatism, but he says that to be curative the potatoes must be well chewed and also well buttered to supply the fat needed by the patient.

## When Cakes Stick.

When cakes stick to the pan stand for a few moments on a damp tea towel or dishcloth, and the cakes will then turn out easily without breaking.

# BUTTERFLIES ON FROCKS.

Combined in Many Designs For Ornamenting Spring Gowns.



SPRING LONGER DRESS.

The butterfly motif is used effectively in the decoration of many of the models shown for spring and summer. The pretty frock of white cotton voile here illustrated is embellished with a hand embroidered design in butterflies and scrolls. The skirt has the smart girth shirred in this case. There is a high frilled collar, with a velvet band to secure it to the neck. The girdle is of black velvet ribbon.

## MILITARY HATS.

Everybody is Wearing Them and Looking Part and Prity.

Would you be in fashion? Then adopt a hat which in shape at least resembles one worn by some person in military service in the armies of Europe.

It need not be a general officer. It is the private or the marine who gets the head covering which is jauntiest. These hats must be of the sort which best become a feminine face not too old for small hats, which are only convincing when partly posed a trifle toward one ear.

Among the new millinery there is not a model exactly like Tommy Atkins', but there is a tiny affair which covers no more of the hair than does his of scarlet cloth. Like the majority of the military hats not designed for service at the front, this one is of black velvet. A broad sided raven hair lies so flatly against the crown that its presence would be overlooked but for an edging of narrow silver ribbon. Tiny tassels in silver or gold are new among military trimmings, but they are not a surprise, for they accord perfectly with the tinsel braids and cordings.

## Homemade Icebox.

Few people know that a very good icebox for summer use can be made by placing a small box inside a larger one and filling the space between with sawdust. Set on blocks, bore a hole in bottom of both. If kept tightly closed twenty pounds of ice will keep in this box three or four days.

## Air and Exercise.

Air is absolutely essential to the well being of every child. The mother should make it a part of her regular duties to see that her child has at least two hours' outdoor exercise every day. If school is over at 2 the child can come in at 5 to prepare his or her lessons for the following day.

# THE ART OF SHOPPING

There is more in shopping than entering a department and buying certain articles. There is an art of successfully carrying out this necessary and delightful business that can easily be learned.

The shopper should remember that time is money and that salespeople are like herself, human, and equally deserving of courtesy and consideration. There are one or two "do's" that every shopper should lay to heart.

Do remember to have clearly in mind what it is that you require. Bring patience if matching is to be done.

Do not forget that the saleswoman has to attend to many customers and cannot give an undue share of her time to any one. So do not indulge in long and unnecessary conversation.

Do remember that standing behind a counter all day is fatiguing and make allowances for human nature.

# FASHION FOR STRIPES.

Fabric of This Kind Popular For the Season's Frocks.



STRIPED SILK GOWN.

A handsome afternoon frock of blue and white striped pussy willow taffeta is illustrated here.

The bodice, cut on the bias and folded into plaits, extends into a pointed hip yoke, held in at the waist line by a cording of the material. Suspenders of the taffeta are developed into a gathered, flaring collar with tabs over the shoulders. A crinkled and frilled guipure of cream daphne silk is worn. The short skirt, straight in front, flares in the back, the bottom being corded to insure firmness.

# SHABBY WASTEBASKETS.

Fancy Covers Make Them Look Prettier Than Ever.

When the old wicker wastebasket has become shabby it can be easily renewed by incasing in a tight covering of colored silk and then adding a second and top covering of crocheted lace. The square, octagonal or panelled wastebasket can be readily fitted up with crocheted lace.

Crochet panels of lace the width and length of each side of the basket. First baste each separate panel thus crocheted to the basket through the wicker, and then proceed to whip the panels together with white thread and an ordinary sewing needle.

Bind the top and bottom of the basket with ribbon to match the first layer of material used upon the basket and place bow at the side. The color used in making the basket should, of course, match the color scheme of the boudoir or bedroom for which the basket is intended.

# RIBBONS FOR TRIMMINGS.

Placed on Millinery and Gowns Are Popular Decorations.

Ribbons will have large use for millinery decoration and for girdles on dresses, says the Dry Goods Economist. Narrow grosgrains will prevail for the former and wide, plain ribbons for the latter purpose. Striped and check effects will be dominant in the fancy novelties.

Vellings worn in loose, draped fashion will be in great vogue. Bordered ones will be popular. Hand run designs, velvet spots andillet meshes will be features.

Millinery features are ultra small sailor, poke, toque and tricorn shapes. Iliere straw in combination with other braids; small, flat, floral trimmings; narrow grosgrain and georgette satin ribbons, fancy button and straw novelties and compact feather effects.

## Spring Cleaning Hint.

To clean ecrú or cream curtains without washing tack a sheet to the floor, stretch curtain on this and cover with coarse salt and commel. Rub briskly with a whisk broom fifteen minutes and you will have clean curtains and color as bright as new.

# BEAUTY SNAPSHOTS.

It is claimed that tea boiled with water and strained is a mild astringent lotion for lessening hair falling.

A cold shower bath every morning will do much toward hardening the skin to winds.

An excellent practice to insure bright eyes and a clear skin is to take the juice of a lemon in a glass of water, with a dash of salt added. This acts directly on the liver, which has more to do with good looks than many imagine.

Pale, sparse eyebrows and lashes make a face expressionless. They can be coaxed into a better growth by rubbing the eyebrows nightly with vaseline.

If your hands perspire too freely, add a few drops of tincture of myrrh to the water in which you rinse them after washing. Then dry thoroughly and dust with boracic acid or oatmeal.

# Good form

## Novel Evening Party.

A family of fun loving girls recently gave an amusing entertainment. It was called a nose and goggle party. Each guest wore a false nose and goggles. The noses were purchased or made of heavy cardboard covered with chamolais and were not removed until after refreshments were served.

As the guests arrived each was given a card perforated with ribbon run through in order to wear the card around the neck so that every one could see it.

The cards had on one side a number by which each guest was known, on the other side a list of figures—1, 2, 3, etc. (as many figures as there were guests)—with a space opposite each figure for a name.

In the course of the evening each person guessed who the others were. Of course, with intimate friends the familiar voices revealed the personality. In many cases if the voice was disguised this was not easily done, and much amusement and many absurd guesses were made.

As each guess was made the name was placed opposite the number on the card of the guesser corresponding to the number of the person whom he or she was trying to identify. For instance, if some one thought he knew No. 4 he turned his card and wrote the name opposite No. 4, etc. It was voted by all who were present as a most original and amusing way of spending an evening.

## Take Off Your Hats, Ladies.

While in these days an audience of women knows hats should be removed when they are likely to obstruct the view of those sitting in the rear, occasionally there is some one who either forgets or is regardless of the rights of others. Then it becomes the unpleasant duty of ushers, perhaps solicited to act as such only for the occasion, to notify the women who have forgotten. Often—too often—the request is met with an air of haughty disdain and a distinct refusal.

Always in these cases the ugly note should be avoided, and the saner, pleasanter method of the request in a conciliatory tone will be the more likely to receive prompt and polite response. Sometimes a woman of tact, sitting behind an offender, may accomplish the end by saying in a soft voice and with great courtesy, "Madam, I am so sorry to inconvenience you, but I cannot see the stage and am going to ask you as a great kindness to remove your hat."

Of course, any one can call an attendant and turn the unpleasant job over to him. But this is not always practicable. There may be crowds, seats, where it is difficult for him to make his way to the offender's side, and a commotion results.

If the wearer of the hat is a woman of good manners and breeding, but has simply forgotten, she will make an excellent reputation for graciousness by instantly removing the hat, turning slightly and saying, "I am so sorry I have inconvenienced you and hope you will pardon me."

## Making Guest Comfortable.

The welfare of the country house guests should always be carefully considered. Their quarters should not only be attractive, but as comfortable as possible.

Much has been said on comforts and conveniences, such as a plentiful supply of clothes hangers and slipper trees in an empty closet, a well appointed writing desk or table, a stock of various kinds of pins and bathpins and other useful toilet accessories for the guest room. But one thing you must remember which, just at this season, is most important and too often overlooked—a generous supply of water in the rooms where the guest must use an old fashioned washstand.

So many country homes, even quite pretentious homes at that, have still but the one bathroom and no running water in the bedrooms. Is there anything more discouraging after a long trip than to be ushered into such a room if the "skimpy" size of bowl and pitcher warns you not to be extravagant in your ablutions? There is really no excuse for one of the large tin "filers," such as chambermaids carry, costs but little, and painted white or any desired color. In no wise detrimental to the appearance of a room.

## Street Car Manners.

If you are a street car rider don't delude yourself into thinking you ride in a taxicab or your own limousine or brougham. There is nothing to be ashamed of in riding in a street car. The majority of civilized mankind do it when they have the fare. But there is a little code of street car manners that every street car rider should heed. To begin with, act as if you were in a street car. Wear clothes suitable to the car. Remember that the small fare you pay entitles you only to your own place. A baby with sticky fingers or a laborer with muddy feet may sit next to you. Such a condition may, of course, be distasteful to you, but it is quite legitimate. You can ask the baby's mother to keep the baby's fingers from your coat, and you can pull your skirts away from the laborer's boots. But you cannot ask either the laborer or the baby to get out of the car.

# For the Children

Skating is One of Winter's Most Enjoyable Sports.



Photo by American Press Association.

Winter brings no more glorious sport than that of skating. With the crisp, frosty air exciting one to effort, a good pair of skates and hard, smooth ice the sport is exhilarating in the highest degree. Most boys and girls will experience a thrill of delight when they view the picture of the young woman on skates. It will remind them of many joyous hours spent in this favorite pastime. In health promoting qualities no exercise excels skating. The ease with which one glides over the ice at great speed is the great charm, and by no other method of locomotion can the human being cover so great a distance without the aid of machinery. But in skating there are a few things to remember. Do not skate until in profuse perspiration and then sit down to cool off. That procedure is almost sure to result in a serious cold. When overheated move slowly about until the body is in a normal state of temperature. Of course it is unnecessary to remind young folks that thin ice and air holes must be avoided.

## Who Am I?

This game is always a favorite, and while not new, it may be made to seem so by choosing new characters each time of playing.

The hostess prepares in advance as many slips of paper as there are guests expected, writing upon each the name of some well known character in fiction or history on in contemporary life. Upon the arrival of her friends as she greets them she pins one of the bits of paper on the back of each. The wearers do not see them or know what characters they are supposed to represent, but are expected to guess it from the remarks of the rest, who are careful not to tell the name. For instance, the "Queen of Hearts" may be complimented upon her domestic talents and her delicious pastry and be asked whether her dishonest servant had reformed or been dismissed. "Little Red Riding Hood" may be consoled with on the death of her grandmother and warned of the danger of making chance acquaintances on the road.

"Henry VIII." might be rallied on his fondness for the ladies and questioned about divorces; "Goldilocks" advised to "take a man of his size," and not bully a little fellow, and "Columbus" might be asked about his voyages and discoveries.

## Behandings.

The be-headed letters spell the name of an animal.

1. Behead in this place or state and set an adverb meaning sooner than.
  2. Behead to unfold and get an article used in writing.
  3. Behead to invade in a hostile manner and get to help.
  4. Behead a place for sitting and get something we must do to live.
  5. Behead to flush with success and get coming after time appointed.
- Answer—Horse, 1, here-ere; 2, open-er; 3, rind-aid; 4, seat-eat; 5, elate-late.

## China's National Tree.

The national tree of China is the tung tree, and it is valuable for both its wood and its oil. Its branches are wide spreading, and its bark is smooth and green. Its fruit, which looks not unlike a shellbark hickory nut, is as large as a small orange. In the center of each of these nuts are three triangular seeds, and valuable oil for polishing woodwork and leather is extracted from them. The refuse is used as a fertilizer. The wood of the tree itself is made into fine boxes and musical instruments.

## The Seven Dolls.

Seven dolls they went to school On a lawn beach, nice and cool; Seven dresses, fresh and clean, Seven heads of golden sheen.

"We must be polite," said they. "Never cry, always obey; Sit up straight, as we are told, While our little books we hold."

Misses Betty, kind and grave, Made the little dolls behave; Taught them how to read and write, And never with each other fight.

From her seat upon the grass She taught each chubby little lass How to keep her dress so neat And her face so clean and sweet.

Also how to lead a life Free from discord and all strife And to others ever do As you wish they'd do to you.

Seven dolls they grew up well, Each one learned to read and spell, Wise and cultured now are they, And kind and gentle in their play.