

Woman's World

Mrs. Grace Wilbur Trout, Noted Illinois Suffrage Leader.



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One of the most effective workers in the suffrage movement in Mrs. Grace Wilbur Trout of Chicago, who was among those who led the women of Illinois to victory in their campaign for the vote. She is one of the most popular clubwomen in her state and president of the Illinois Equal Suffrage Association. The work of the association has been by no means diminished since the granting of the franchise, for the organization has courageously faced the problem of organizing and educating the women voters of the state. It is now necessary to teach them to realize their civic duties and responsibilities and to show them what can be accomplished by intelligent and conscientious citizens who have the ballot. This work is an truly nonpartisan.

TAILORED SHIRT WAISTS.

Revival of These in Silks of Various Patterns. A revival of the old time tailored shirt waists is predicted. These tailored shirt waists are of silk, usually in stripe design, which always gives a severe aspect to a blouse cut on plain lines. The blouses or, more properly, shirt waists, have yokes, long sleeves and high turnover collars of silk, quite after the pattern of the masculine white collar. Perhaps it will even come to the tatter, and again our necks will be plucked and bopesealed collar marked, and the sale of porous will probably go up as a result.

Valentine's Day Favor. Many attractive favors for the Valentine day luncheon or dinner are seen on the counters of shops where smart novelties are shown. Some of these are carried out in china. Many of these little novelties may be used even after Valentine day is over. For instance, the winged cupid illustrated here, who is scrubbing a cobwebbed heart in a little tub, may be afterward used as a match holder or receptacle for loose pins. The tub's attractiveness at the dinner or luncheon may be increased by serving it filled with short stemmed violets or fancy bouquets.



CHINA DINNER FAVOR.

Setting Colors in Wash Goods. Before making up the colored wash materials the wise woman shrinks them and "sets" the colors. Green and lavender materials in many cases will retain their coloring, unharmed by laundry work, if they are soaked first fifteen minutes in about two gallons of cold water to which a cupful of strong vinegar has been added. Salted water or water to which turpentine has been added will sometimes set pinks and blues. Colored silk stockings may be safely washed by following the same rules.

Good Form

For St. Valentine's Functions. The heart is the accepted symbol for St. Valentine's day, and place cards for the dinner or luncheon table cut out of red or white paper in this shape can be easily decorated.

The pairing off of dinner companions on this evening is easily done if the names of famous lovers of history are borrowed to help you in a modern planing of guests or members of the family. By writing or printing the names on cards a very easy arrangement is possible.

Romeo and Juliet, Dante and Beatrice, Petrarch and Laura, Antony and Cleopatra, Darby and Joan, Sleeping Beauty and Prince Charming are some suggestions for pairing.

The woman's name should be placed on one card, the man's name on another, and the two lovers should seat themselves in adjoining chairs at the table.

Little Cupids form a very important part of the decoration. Their artistic arrows and forget-me-nots are also good to use as decorative accessories. These can be drawn or painted, and if traced from tissue paper or regular wax tracing paper can be done with satisfactory results.

Verses from the poets found in any collection of poetical quotations will help you in a further appropriate decoration of place cards.

For Spring Holidays.

Each bewildering assortment of place cards, favors and table decorations to be found in the shops that the hostess need not look for suggestions along these lines. Flags, of course, predominate as a decoration for the Lincoln day as well as the Washington birthday celebrations, while the crimson heart holds its own as a suggestion for St. Valentine's day, and nothing yet has been discovered which can take the place of the shamrock and harp as typical of St. Patrick's day.

For the hostess, however, who is striving to find something original one would suggest as a centerpiece for the Lincoln day table a huge bunch of cotton bolls, which are in themselves very dainty and pretty, and suggestive of the southland. The whole plan of decoration may be carried out along these lines, using miniature colored dolls, log cabins, benches, etc.

Then a menu card might be arranged naming the different dishes after the battles of the civil war.

Scheme for Card Party.

At a card party of six tables the hostess assigned the table by colors in this way: She had her little daughter distribute four flowers of a kind, and each table had a vase of flowers in the center of the kind given to the guests.

For instance, four guests received red roses, and they went to the table having the vase of red roses in the center. The four pink roses found their places, the four yellow and the four pink tulips and the four yellow, etc.

Scores were kept as usual, on flower decorated cards, and at the end of the game the vases and flowers were awarded as prizes. They were removed from the table during the game. One would suggest baskets instead of vases, as they are somewhat newer and much in vogue as prizes, or some of the very attractive flower holders might be used. Guests are always pleased with them and no one minds having more than one.

On St. Valentine's Day.

St. Valentine's day is always a day for much entertaining. A suitable centerpiece would be a plaster cast of the goddess of marriage. Arrange a wreath of orange blossoms or bride roses at the base of the statue and around her neck place garlands of small pink flowers to be distributed later among the guests. Instead of place cards use a small gilded bow and arrow at each place, writing the name of the guest on the arrow and a quotation appropriate to that guest on the bow. Serve as many things in "heart shapes" as possible.

The Engagement Ring.

It is no longer chic to wear an engagement ring next to the wedding ring. The plain gold band (wedding platinum is passed) must be alone in its glory, while the engagement ring is worn on the little finger of the left hand. It should be a diamond, surrounded by colored stones, set quite low and flat. Of course no other rings must ever be worn on that hand.

Fish and Salad.

It is incorrect to use the knife for either fish or salad. The flesh of the fish is so tender that it may be cut with a silver fork without any trouble. If the salad is not broken into pieces of convenient size you should cut it with the side of the fork or fold each piece over into suitable size for eating.

Birth Announcements.

When one receives the card announcement of the birth of a child to a friend one should write a note of congratulation to the mother, and, if so inclined, one should send a gift to the baby. A dainty dress, an embroidered damask skirt, a pair of appropriate jewelry would be suitable gifts.

SEPARATE SKIRTS.

Their Popularity With the Liberator. Their Beauty Assured For Spring.



NEW SKIRT AND BLOUSE.

The outfit illustrated here is a convenient one for the outdoor girl. It includes one of the new daring skirts with ample fullness, the skirt being fashioned with the hip yoke and a broad attached band. Worn with separate blouses, to suit the fancy, skirts of this type are favored for spring. With this skirt is donned a lightweight wrap of cotton corduroy. It has the high waist line and the directors collar trimmed with self covered buttons. The navy little hat of straw is turned up very much at one side and adorned with a little feather fan.

THE LINEN GOWN.

Models That Foretell the Summer Modes For This Type of Gown.

No summer season can be considered altogether complete in a sartorial sense without linen. Linen's great drawback is that it wrinkles easily, but even this defect cannot detract from the high estimation in which it is held by the majority of women. For the Palm Beach costumes heavy white linen is combined with embroidered linen, and following the fashion established last year, there are many attractive examples of colored linen frocks and suits.

A charming dress included in the wardrobe of a belle departing for southern resorts was made of light blue linen of medium weight. It exploited a skirt with a deep yoke, so which was hung the plaited lower section. These plaits had a one inch heading, and they were pressed flatly from top to bottom. The blouse was fastened with black satin buttons quite to the throat, where there appeared a choker of soft white linen covered with embroidered lace. The long sleeves had narrow cuffs of the embroidered linen, and the cummerbund was introduced in one of black patent leather.

To go with this dress was a hat of fine white straw, faced with black satin. Its shape inclined to poke outlines, turned up at the back to show a narrow band of pink roses.

Middy Blouses.

It may not be amiss to speak of the middy blouses which give such great freedom of movement to the arms for the girl who likes to row or play tennis or golf. For spring there are middies of biscuit color linen, as well as the more familiar sort of white, and the collar and sleeve trimmings may be of any preferred contrasting color. Rather distinctive are the models with hand embroidered insignia on sleeve and shield.

Pongees in Neutral Tones.

The great vogue of putty and sand tones has been responsible for the revival of pongee, which has not been in good fashion reports for several seasons. Both suits and dresses are being made of that serviceable fabric, mostly in tailored or demi tailored effects. Of course this means that the motor coat of pongee will come in for a renewed share of attention.

MILLINERY MODES.

Real metal roses are found on millinery.

Black takes the lead among ostrich plumes.

Glass flowers and fruit appear on some hats.

The transparent lace trim appears on hats for evening wear.

Large velvet flowers are much used for the trimming of small hats.

It is rumored that the spring millinery will be a flat contradiction of the jaunty, the dashing and the military.

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SHIRTING POPULAR.

This Form of Decoration Featured on Many New Frocks.



SATURDAY AFTERNOON GOWN.

Novel "yoke" in the afternoon gown pictured here. It is of satin on simple little skirt adapted to the requirements of the young girl. Its only decoration consists of bands of shirting, a form of trimming that is being featured by smart milliners. The skirt itself is formed by a striped band. The bodice, with the line of buttons running from the straight high collar to the waist has a slightly old fashioned appearance. For the St. Valentine luncheon or card party a gown of this sort would be extremely effective.

CIRCULAR SKIRTS.

The Good Models Are Likely to Win Out in Popularity.

Every woman who remembers the last time that circular skirts were in vogue will call to mind the great difficulty experienced in maintaining an even hem.

The circular skirts were bound to stretch and sag despite all the efforts of the skillful dressmaker to the contrary.

And, although the circular skirt is featured among the new season's models, there can be little question but that the good adaptations will win out eventually.

For those who do not mind odd devices the hem introduced by Princess of Paris will make a strong appeal. The hem is the outcome really of the effort to counteract the sagging tendency of the circular model. It is scooped away at the sides, thereby insuring a longer line at the front and back sections.

In the collar of this skirt the skirt is a little bit, and the hem balance is thereby maintained.

Dresses' Wraps.

The athletic girl usually prefers a wrap of some fabric other than her skirt, and her choice usually falls on a Norfolk of corduroy or a knitted sweater, the latter in the new striped or checked designs. She wears no hat, or if she wears of the annual sort, anxious about her complexion, a sheeps of corduroy, velvet or soft straw gives the crowning touch to the costume. The pedal extremities are shod with buckskin or canvas oxfords, with heel low rather than otherwise.

Leather Belts, Again.

Leather belts, by the way, are to be revived. As a matter of fact they have already arrived, as evidenced in certain of the spring models of morning and afternoon costumes, as well as in some of the linen frocks made for southern wear. The belts are not only of patent leather, but also of dull suede, in dark brown, in blue and green, as well as in the pure white. For early season costumes the smart belt appears to have superseded the girder.

HELPS FOR HOUSEWIVES.

Rusty looking milk can be made clean and new looking if sponged with the water in which potatoes have been boiled.

To remove machine grease from clothes without taking the colors out rub the spot with a solution made of cold water, ammonia and soap.

To remove tar stains rub the spot first with lard and then with soap. Leave for an hour and then wash in hot water softened with ammonia. If traces still remain rub with turpentine.

To clean a hairbrush mix one-half cup of salt and four and a half cups of water in a bowl. Dip the brush in the mixture and brush it out. The brush will be clean and soft. This does not soften the bristles as washing does.

Cookery Notes

Learn to Cook Substitutes.

With the approach of Lent, when the supply of meat will be cut down, some of us are interested in knowing how to substitute for it foods that will supply equal nourishment.

Meat is not a necessity, though it has many points in its favor. It is a valuable source of much variety in cooking and a fairly good source of protein. Foods best adapted to take the place of meat are eggs, milk and cheese, and for those who are leading an active life, pulses, such as peas, beans and lentils. These pulse vegetables have excellent nutritive value, but are not easily digested in large quantities by those leading sedentary lives.

Remember, that cheese is a highly concentrated food, so should be mixed with starchy foods, such as macaroni, bread and rice. Nuts are highly nutritious and capable of being converted into many attractive dishes. The hazelnut, almond, walnut and hazelnut are good meat substitutes with hazelnut nuts and almonds are particularly desirable when substituted for meat.

Too much meat is not healthy, and one is expending a great deal of energy and wholesome fat, especially when they are supplemented by fruit.

With the exception of beans, peas and lentils, which contain a large amount of protein, vegetables are valuable for their potash and salts and a valuable part of diet. They contain calcium, which gives the needed bulk to food. Winter vegetables should be kept in a dry place.

Dinner Combinations.

Any vegetable harmonizes with beef. Serve sautéed peas, only with potatoes. With fried meats serve baked potatoes.

Beef (roasted) is served with red wine. Beef (boiled) is served with white wine.

With roast chicken serve mashed potatoes, apples and tart jelly.

With roast mutton serve potatoes, mashed or roasted in the pan with the meat.

For dinner which is early the simple green salad with French dressing, with roast pork, baked potatoes, a green vegetable and a hot apple sauce.

With broiled steak serve baked potatoes, green peas or string beans and a sweet sauce.

With roast beef serve potatoes, baked in the pan and a sweet vegetable or peach pickle.

For a family dinner serve a clear soup, meat, potatoes or a starchy vegetable like rice or tomato, a green vegetable and dessert, or meat, potatoes or a substitute, a salad and dessert, or a cream soup, a made dish of meat and potatoes and dessert.

Egg Cakes for Lunch.

Take four eggs, three mushrooms, two anchovies, six capers, one teaspoonful of tarragon vinegar, one teaspoonful of butter and eight small rounds of fried bread. Beat the eggs quite hard. Take off the shells and cut them in halves across. Chop the yolks and chop them up. Chop also the capers and mushrooms; soak the anchovies, dry them and remove the bones; chop the anchovies. Mix well together with enough salt and pepper to season and add the tarragon vinegar. With this stuff the whites of the eggs, neatly piling the mixture to a point. Put a small piece of butter on the top of each. Bake the eight small, neatly cut rounds of bread fried; make the egg stand, one on each, put them into the oven to get quite hot and serve at once.

Cake Baking Hints.

If the cake rises rapidly in the middle like a pyramid and cracks it is cooling too quickly. A well baked cake should be flat on top when done.

Cake tins, flat pans, etc., are easily cleaned by boiling. Put them in a soap suds with some soap powder and water, boil them for about an hour and they will be cleaned and new looking. Soap and soda or borax may be used instead of soap powder if preferred.

Delicious Blanc-Mange.

To make chocolate blanc-mange take two teaspoonfuls of cocoa in a basin and mix with half a pint of boiling milk; stir well. Then mix two tablespoonfuls of cornstarch with half a pint of cold milk. Put all in a saucepan and bring to the boil. Stir well and let boil for half a minute.

Making Barley Water.

To make barley water take three teaspoonfuls of pearl barley and wash in several waters until quite clean. Add one and a half pint of cold water, boil down to one pint, then strain. Barley water must be freshly made every day. When pearl barley is used it can be made in twenty minutes.

Baking a Pudding.

When baking a pudding always place the baking dish within a stew pan or larger baking dish half full of water. When the pudding is baked, pour the water out and it will be perfectly moist to wash the baking dish.

For the Children

Little Nuts for the Children.



Photo by American Fruit Association.

Playful nutting in the woods is the young folk's favorite amusement in Europe. They do not nut with a nutcracker, but in most of the countries that it is found to be a nutting, recently in America, nutting is a great military game. In this game, the nutcracker is a general, the nut is a soldier, and the nut is a soldier's life. The nutcracker is a general, the nut is a soldier, and the nut is a soldier's life.

How to Cook Apples.

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