

Woman's World

Mrs. Harry Payne Whitney Equips a Military Hospital For France.



MRS. WHITNEY AND MEMBERS OF HER WORK.

Wonderful in its equipment is the military hospital which has been established by Mrs. Harry Payne Whitney at the front of the fighting line of the allies' army. Part of its equipment consists of four skilled surgeons from New York, ten motor ambulances, a large supply of medical apparatuses and clothing for 3,000 persons. All the expense is being borne by Mrs. Whitney, who is personally supervising the work.

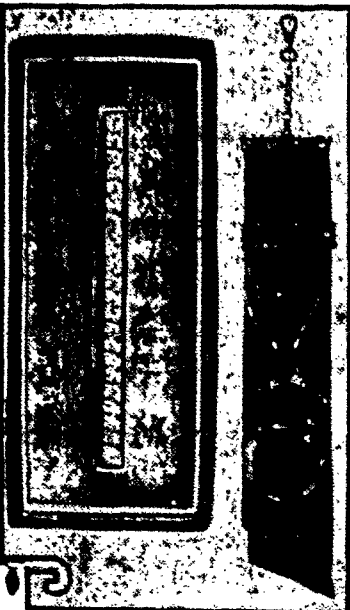
This field hospital is to be stationed as near as possible to the fighting line, where the wounded may be rushed immediately for aid. At present hospitals in operation along the battle front are able to handle only the less serious cases. Those severely wounded often die while being transferred to the surgical hospitals at Paris or in the interior. Mrs. Whitney's hospital will care for the soldiers of all nationalities.

Mrs. Whitney, who was Miss Gertrude Vanderbilt, is a sculptor of note. She has done much work of merit. The white marble fountain illustrated here is to adorn the patio of the California building at the Panama-Pacific exposition. It is a beautiful creation and was loaned to the exposition.

Mrs. Whitney's sister Gladys is the wife of the Hungarian Count Szechenyi. She is generously aiding the wounded in Austria. Their cousin, the Duchess of Marlborough, is at the head of one of the British organizations for aiding war sufferers.

WHAT TO CHOOSE.

The Problem That is About to Confront the Christmas Gift Giver. The wise Christmas shopper has her problem well in hand before she starts out for the shops, for she has doubtless ascertained what she can spend on each and what those whom she ex-



BAR PIN AND WATCH FOR.

pects to favor may care to receive. Often, however, there are one or two doubtful names on her list, and in case of doubt some trinket of jewelry is likely to be acceptable if the gift is for a woman. The simple bar pin shown here is set with brilliants within a border of jet. The watch face of more ribbon is ornamented with jet and supports a watch in black enamel. Black is very fashionable this season and anything in jet is a la mode. These would be very appropriate tokens for an elderly woman or one who is in mourning.

Wedding Anniversaries.

The wedding anniversaries usually observed are the first, fifth, tenth, fifteenth, twenty-fifth and fiftieth, called respectively the paper, wooden, tin, crystal, silver and golden weddings. It is a pretty sentiment to observe these anniversaries, and sufficient hints can be had for a gift from the name of the anniversary celebrated. Invitations to the first anniversary are usually limited to intimate friends, but for the crystal, silver and especially the golden wedding large gatherings are the rule.

Milady's Mirror

Washing the Face Correctly.
If you wash your face in the wrong way every day for a year your skin will be coarsened and your color spoiled. If you look at yourself in a good light you will see many wrinkles.

This is the right way of washing your face:

Start by bathing it in clear hot water. Apply a little good pure soap to a soft flannel or your fingers and go over your face with this.

Rinse the soap off again with hot water.

Sponge your face lightly with cool not cold water.

Dry your face downward. By careful rubbing upward you can very soon spoil the shape of your face.

Brush or comb your eyebrows, which will have become a little rumpled with the drying of your face. If you leave them as they are they will grow into bad lines.

It is not necessary to use soap on your face more than once a day. If you come home at night with a thoroughly soiled face and neck you can cleanse them best by rubbing a little pure toilet cream all over them and then taking this off again with a bit of soft rag. The grease will bring the dirt away wonderfully. After you have wiped it all off bathe your face in warm water.

If you are very pale it is a good thing to splash cold water up into your face when you have finished washing. Throw it up briskly with both hands from the basin.

Care of the Hands.

Almost next next in place of soap benefits the skin.

Instead of using soap when the hands have become grimed with dry soil or grease, try rubbing oil or vaseline to remove the dirt, then follow with soap and water. Dry thoroughly and sprinkle a little perfumed rice powder over the hands.

Cosmetic gloves hasten the beautifying effects and may be purchased ready to slip on.

A simple exercise to remove awkward movements of the hands is to open and close them ten times a day. Do this work slowly and with as much grace as can be commanded.

Relaxing the hands, allowing them to remain idle from twenty minutes to half an hour, is excellent for nervous women who have difficulty in keeping them quiet or free from trembling.

Brittle Nails.

Gout in the family is often shown by an undue brittleness of the nails. Brittle nails are invariably harsh and ugly looking, too, with unsightly ridges down the middle. It is very difficult indeed to make them take any sort of polish.

Here is the remedy. Every night after washing and applying glycerin and rosewater to the hands rub some ordinary olive oil well into the nails. Persevere in this treatment and you will find that the brittleness will very soon disappear.

Trim the nails with scissors as little as possible, but use the nail file in the end, smoothing afterward with one of those little emery boards which may be bought quite cheaply in packets of a dozen or less at any drugstore.

Cultivating Expression.

The secret of beauty does not entirely lie in the art of massaging; nor is it due to the skill of the perfumer, the taste of the dressmaker or the cleverness of the milliner, but in the recognition of the fact that the human face and form change with every year of life and, knowing this, governing one's actions accordingly. If your face lacks intellectuality the only way to remedy it is by exercise of mind. Take up a course of reading and study beyond that which you have hitherto attained. To put it figuratively, cultivate the muscles of the brain as you would cultivate the muscles of the body. It is the action of the brain that will influence the expression.

Flowing Hair.

The beauty of the hair is improved by letting it flow every now and then, and as one is supposed to lounge on in the privacy of the bedroom the resting moment is an excellent time for this. Pass the comb through the locks once or twice to relieve the strain; hairpins have given the scalp and then tie a ribbon loosely about the head to keep front strands from falling over the face. The more the fresh air blows through the hair while it is hanging down the better for it.

Tight Lacing and the Health.

It is quite true that tight lacing of the waist is responsible for many cases of indigestion. The necessity for tight lacing is an ill proportioned body, usually due to neglect or overindulgence. The stomach rebels at being confined when performing its labors and announces its displeasure by not taking proper care of the food ingested, which results in discomfort and eventually indigestion.

The Last Look.

After dressing and when ready to go out place a hand mirror on the floor against the wall and turn slowly around. If the undershirt shows below the dress it will be readily seen and a slovenly look may be avoided.

WE BOW TO RUSSIA.

Slavic Influence on Fashions is Quite Marked at Present.



SMART NEW COAT.

The Russian note is strong in fashions. The coat illustrated here exemplifies this. It is of black broadcloth, of marked length and with a well defined flare. Collar, cuffs and broad belt are of velvet. The latter is embroidered on the front, with a design showing interlaced acorns. Worn with it are one of the new high crowned velvet hats and smart walking boots.

Girls' Silk Hat.

There is a hat similar to a man's silk hat designed for little girls. It is trimmed with a tiny stickup and is chic for the morning or afternoon promenade. For small girls there is a fascinating hat something on the order of a garden bonnet. It is trimmed with roses and has streamers at the back. A small girl's winter coat has raglan sleeves. These coats will cover the frock and button tight to the throat.

New Black Lingerie.

Black lingerie is a new thing. It is made of chiffon and lace, like the daintiest of pink and white lingerie, and it is quite as elaborate as its colored predecessors. Sometimes, too, black lace is used in flesh pink chiffon.

All sorts of negligee garments are made in black chiffon and lace, usually charmingly. And they are not mourning garments either, but simply in line with the new black lingerie.

Smart Winter Wrap.

Tunics and draperies have brought the demand for short coats to be worn therewith. Here is one of the newest and prettiest. The extra back is loose to give a cape effect. The sleeves are in raglan style. In the picture the material is hunter's green sateen, with trimming of



RAGLAN COAT.

black fur. The model is a good one for lightweight chiffon velvet, however, and for almost all the fashionable suitings.

For the medium size the coat will require three and three-quarter yards of material twenty-seven inches wide, with two and three-eighth yards of fur banding.

This May Manton pattern is cut in sizes from 34 to 42 inches bust measure. Send 10 cents to this office, giving number, 845, and it will be promptly forwarded to you by mail. If in haste send an additional two cent stamp for letter postage. When ordering use coupon.

No. Size

Name

Address

NEAR FUR COATS.

Luxurious Effects Achieved in Wraps at Moderate Cost.



FABRIC FUR COAT.

This season those who cannot afford the real thing may have near fur coats of a perfection not dreamed of a few years ago. Manufacturers are imitating all the high priced furs in material that looks very like it, and many women who can well afford the genuine are wearing it. The sumptuous wrap here shown is of fabric fur in broadtail effect. It has the new pointed outline and is trimmed with a collar of pointed fox.

Nuts For the Table.

A point to remember when serving nuts is that they are of firm texture and of highly concentrated food value, and consequently are more digestible when put through the grinder before being added to other food.

It is also well to know the kinds of nuts that should be used to get certain results.

Pecans, peanuts, English walnuts, hazelnuts, filberts, hickory nuts, pine nuts, pistachos and almonds are tissue builders. Butternuts, Brazil nuts, black walnuts and coconuts—the oily nuts—are quick heat and energy producers.

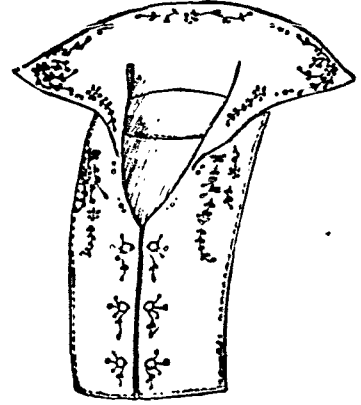
Chestnuts and chinquapins rank as cereals and breadstuffs. They may take the place of rice or potatoes. Being starchy, they must be cooked to be suitable for the table.

Peanuts, we all know, are nuts only by courtesy. Like pine nuts and almonds, they contain a good supply of all the food elements. The high price of almonds makes them a luxury at most beyond the reach of a moderate purse.

Smart Embroidered Neckwear.

The chemise pictured here is combined with a flaring collar. It is a useful accessory to the one piece gown or the dark blouse.

The flowers and leaves can be worked either solidly or as eyelets or in a combination of solid work with eye-



EMBROIDERED CHEMISE AND COLLAR.

lets. To obtain the effect illustrated let the front edges of the chemise meet, work buttonholes in each side and close with laces. Make solid embroidery by first drawing backward and forward over the stamped dots, and then cover closely with over and over stitches, working in the opposite direction from the padding. To make the leaves and petals of the daisies as eyelets run a thread around the outline, then cut a slight slit lengthwise, then crosswise and work closely over and over.

This May Manton design is for embroidering a chemise with a flaring collar. Send 10 cents to this office, giving No. 84, and it will be promptly forwarded to you by mail. If in haste send an additional two cent stamp for letter postage. When ordering use coupon.

No. Size

Name

Address

Points for Mothers

Teach Children Consideration.
Amiability in one of its branches means kindness not alone to each other, but to the animal and vegetable world. You will see a tiny child weeping over a broken flower, the tender little heart grieved that its pretty favorite is crushed. Why should we not foster the idea and teach him to respect the flowers so lavishly given us by a generous Creator? We can easily destroy; we are powerless to create. The child trained to curb a fancy for willful destruction will grow into a man wise enough to understand and appreciate the lessons taught by the world of nature.

Kindness to animals should be insisted on and a child made to understand that pussy suffers pain when small fingers are poked in her eyes and a fly is tortured when her wings are pulled off. Some people say and perhaps erroneously believe that boys are naturally cruel. This is quite wrong. Girls accept facts; boys look for proof. They are not content to know a watch "goes;" they try to discover why it goes.

As concerns animals, it is only a matter of training. If a boy from his earliest childhood has been taught to be kind to animals he will never take delight in teasing them. In these days, when vivisection is so largely discussed, it would be out of place to revert to the subject here, but it might be said that boys trained to be kind will when men countenance no unnecessary cruelty in the operations on animals requisite for medical or surgical research.

Nice School Lunches.

When putting up school lunches for the children wrap each article of food separately, using oiled paper and little jars saved for the purpose. Cut whole wheat bread, varying with white bread, in long strips and piece butter between. Stuff a stalk of celery with minced chicken or meat moistened with gravy. Add a cookie or two, a bottle of milk and an apple or banana to "top off" with, and you will have a lunch which any child of school age will like.

For variety cut the bread in triangles, place chopped nuts between and wrap in oiled paper.

Add a jar of custard and an orange. Sandwiches made of white bread with a filling of chopped dates or figs are delicious and healthful.

Prunes cooked until tender, pitted and stuffed with chopped nuts are excellent.

The Home Atmosphere.

An unhappy home is an unhealthy nursery. The nervous, tired out mother keeps the atmosphere charged with disorder and discontent. Youth is so happy under congenial conditions that nothing should interfere with a normal, joyous childhood.

Children suffer more than adults, know. They nurse their little griefs and cry themselves to sleep and become quite as miserable over aching nerves as do their parents. A home is of no importance unless the family finds happiness and laughter and comfort there.

One can eat and sleep anywhere. Too many women bank on the importance of removing dust from the piano and having the silver polished and forget that whether everybody is happy or not is the great, paramount question of human affairs.

Children's Picture Plates.

The heart of any child would be gladdened by a sight of the cunning little plates and cups and mugs of porcelain decorated with barnyard fowl. These would make nice Christmas gifts for them.

For especial use in the nursery are the dish sets decorated with blue birds. These, however, are not as new as the doll dishes.

A way of beguiling a convalescent child into taking its food is by serving it in little dishes which show him his favorite designs. There are various jolly patterns and one can fancy a sick child wondering which will be on his plate, as the time for each meal comes around.

The Dress Up Box.

"My little girl loves to dress up and so do her little playmates," says one wise mother. "To save my good clothes I have given her several waists and skirts, with ribbons and discarded hats. She watches and begs all such finery from other members of the family also. I have given her a large chest in the attic, which is known as the 'dress up box,' and the rule is that everything must be returned to it after play. My friends are interested and save German favors like hats, caps and bonnets, even muffs of tissue paper, and the collection gives many hours of pleasure to the neighborhood girls, and boys too."

Fruit Dessert For Children.

One of the best fruit desserts for children calls for a quart of fresh fruit stewed with three-quarters of a cupful of water and one cupful of sugar for fifteen minutes. Now butter slices of bread and place in a pudding dish. Pour the stewed fruit over the bread and butter and cool. When cool place on ice to chill and serve with milk or whipped cream.

For the Children

A Little Walf From the War Zone of Europe.



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When the Christmas ship sent from this country laden with good things for the little folks of the European war zone reaches its destination there is sure to be much joy among the recipients of these kindly tendered gifts. But there will be one small person who will not miss them nor feel the need of our generosity. She is the little girl here pictured. She recently arrived in this country from Austria, where much distress has been occasioned by the war. This demure little maiden lived in a district devastated by warfare, and her parents sent her to relatives in this country. Here, far away from dangers of her native land, she can enjoy the Christmas season. Of course she will miss her father and mother, but happily sad thoughts do not linger in the minds of little people. Perhaps when the war is over she will return to her home, but with happy remembrances of her first Christmas spent in the United States.

The Christmas Tree.

Were you ever out in the forest in December?

Well, if you had been out there early this morning you might have seen the Christmas tree shiver, for it was very cold there early this morning. The little Christmas tree not only shivered, but it said quite loud enough for the other trees to hear, "Though I'm far from head to foot, I'm very cold."

Then the oak looked at the little one and said, "You'll be warm enough before long, I dare say. I saw the woodman looking at you with greedy eyes. I see your finish, little one."

"Do you mean the old man with the long white whiskers?" asked the little Christmas tree. "That is Santa Claus, and it is for him that I have been growing these many years. I hope I'll please him."

"You are a green one," laughed the great oak. "Ho, ho, ho! What will become of you when the old man carries you off?"

"Santa will put me in the nursery of some good child, and then he'll hang gold and silver balls and popcorn strings and toys all over me."

"What of it? Wouldn't you rather stay with us out here?"

"No," answered the evergreen. "I love to gladden the hearts of children. I love to cheer them. Christmas comes but once a year."

Conundrums.

When was beef the highest? When the cow jumped over the moon.

How do you know that the cow jumped over the moon? By the Milky way.

Why are well fed chickens like successful farmers? Because they are blest with full crops.

What will impress the ear more sharply than a falsetto voice? A false set of teeth.

Why is the letter R like the face of Hamlet's father? It is more in sorrow than in anger.

Why is Ireland like a bottle of wine? Because it has a Cork in it.

What is the brightest idea in the world? Your eye, dear.

The rain, dear drops from the clouds? The animal, dear (reindeer).

The Christmas Doll.

There once was a doll on a Christmas tree.

Who sighed to the angel that hung above.

"Oh, how I do wish they would keep for me a sweet little, neat little girl to love!"

"A dear little mother to curl my locks.

To rock me to sleep and to wake me up: To dress me in cute little gowns and frocks

And feed me with milk from her silver cup."

"A kind little mother who'd never say a word that was angry, nor let me fall. Who'd always be ready to let me play

With bright little friends who should come to call!"

And, strange though the wonderful fact may be,

That little wax doll's little wish came true:

They picked her right off of the Christmas tree

And gave her, my dear little girl, to you!

—Youth's Companion.