

Woman's World

Romance of Red Cross Duchess
an Outcome of the European War.



MILLENCE, DOWAGER DUCHESS OF SUTHERLAND.

An interesting incident of the war in Europe is the announcement of the second marriage of Millicent, dowager Duchess of Sutherland. The bridegroom is Major Percy Desmond Fitzgerald of the Eleventh British Hussars, and the romance is said to be a direct development of the work of the duchess at the front.

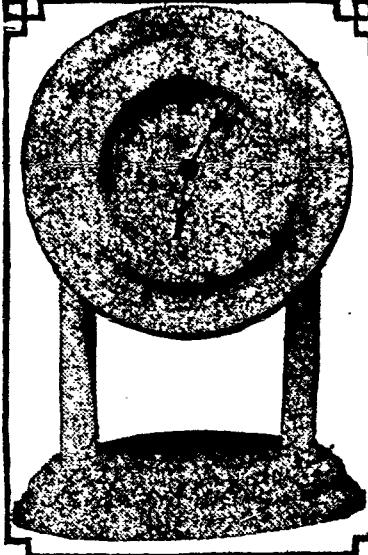
She was connected with the Red Cross, and when Brussels was taken by the Germans she was one of those who remained to care for the wounded. She expects shortly to publish a book of her war experiences for the benefit of the Red Cross fund.

The wedding took place recently while the duchess and Major Fitzgerald were on leave in England.

The Duchess of Sutherland is the daughter of the fourth Earl of Roslyn and the widow of the fourth Duke of Sutherland. Her sisters, the Countess of Westmorland, the Countess of Warwick and Lady Angela Forbes, are noted for their beauty. As Duchess of Sutherland she did much to develop the success of the Potteries district in England and has been a leader in many other philanthropic movements. She is the author of several books. During her late husband's life she entertained splendidly and was the center of the smart set. Her son, the present Duke of Sutherland, is serving at the front. He married a famous English beauty, Lady Eileen Butler, in 1912.

Charming Gift for Invalid. If you have an invalid friend over whose prospective Christmas gift you are puzzling make a note of the clock illustrated here.

These clocks come in white and a tinted composition resembling marble to match the furnishings of the bedroom. The figures on the face of the



ILLUMINATED CLOCK.

clock can be seen across the room even in a dim light. Illuminated clocks may be bought. If the invalid has medicine to take at night often he or she may take it without calling upon the nurse for a glance at the clock will tell them the time. Then, too, wakeful people like to know how the time is passing, and the illuminated clock face enables them to do so.

Economy in Furs.

A note in fur fashions which is sure to bring joy to the heart of the woman who has only a small dress allowance is that, while a good deal of fur is used as a trimming, no large pieces are in vogue. For instance, from a last year's muff it will be quite possible this season to make a muff and a "choker," the name given to the small round piece of fur which encircles the throat, ties tightly in a smart ribbon bow or ends in a big velvet flower. Muffs are smaller—in fact, many are so small that they hardly cover the hands. A small, round muff and a tiny "choker" are considered the acme of smartness.

Milady's Mirror

Cultivating Plump Hands.

The appearance of the hands is an index to the general health, and a physician looks them over when he examines the pulse.

One of the best ways of retaining or acquiring fresh, plump looking hands is by means of oil baths.

Almond oil, or, lacking this, olive oil is the best. This is warmed and applied to the hands have been thoroughly washed or scrubbed, rinsed in clear water and all the moisture removed.

A little cologne may be added to make the work somewhat more agreeable. Go over the hands and wrists and crevices around the nails, covering the entire surface. Take five minutes or longer for each hand. The more oil the pores absorb the more they need this nourishing food. This treatment continued every night or every other night for two weeks will certainly make a vast improvement in the hands.

Hollows gradually fill in, the skin becomes refined and soft, the nails cease to appear dry and crack off, and the cuticle is more easily pushed back to display the delicate half moon.

That unbecoming yellow, wrinkled appearance gives way to a firm, smooth white skin, which gives encouragement to the possessor.

Thin, anemic women should always nourish their hands in this manner. Good fattening creams or cocoa butter may be substituted or alternated with the oil.

Astringents in the way of tonics should be used to further tighten the tissues, and for this purpose lemon juice may be employed, or the lotion containing honey, lemon juice and cologne, one ounce each.

Protruding Wrist Bones.

Ugly, protruding wrist bones often disfigure an otherwise rather pretty arm and hand. Where the bones are too large there can be no help except to make plump the flesh about them, and for this nothing is better than almond oil or cocoa butter.

Cocoa butter can be had at any drug store. It comes usually in square or oblong cakes, although some is put up in round stick shape in a neat tin case and covered with tin foil, easy to tuck into a hand bag or toilet case.

To use warm the end of the stick or cake by the flame of a candle, if nothing else is handy, or even by the slight heat of a couple of matches—anything to make it just soft enough to adhere to the palms of the hands. Have the skin ready—clean, soft and warm and dry—run in the cocoa butter thoroughly and leave it on to absorb, which it does very readily, more so than any skin food or cold cream.

An objection has been made that it causes a growth of superfluous hair. If this is feared finish with a spray of good cologne, well and thoroughly applied. An atomizer costing 50 cents will last a lifetime for the purpose. If the wrists are made plump it stands to reason that the joints cannot protrude in ugly fashion. It is usually lack of flesh that causes the thing in the first place. And the same may be said of the elbow. Where the joint is sharp, by increasing the plumpness of the flesh on the arm the bones will not appear so prominently.

Whitening the Neck.

Brown necks are not half so attractive as white ones. Try this way of whitening:

First wash well with hot water and good soap; then massage with cold cream.

While the cream is still on the skin rub with half a freshly cut lemon; then massage again. Afterward wipe quite dry with a soft rag or towel.

Repeat the treatment night and morning for some weeks and you will be surprised to find how much whiter your neck has become.

Care of the Mouth.

In the cleansing toilet the care of the mouth, throat and nostrils should not be neglected. Few educated people neglect to brush the teeth before going to bed, but they are less careful in regard to the mouth and throat. The gums, tongue and roof of the mouth should be washed daily with a roll of absorbent cotton and the throat well gargled. If this rule were always followed throat troubles would be rare in the opinion of throat and ear specialists.

Strengthening the Eyebrows.

The following ointment will strengthen on the growth and improve the appearance of the eyebrows: Red vaseline two ounces, tincture of cantharides one-eighth of an ounce, oil of lavender fifteen drops and oil of rosemary fifteen drops. Mix thoroughly. Apply to the eyebrows with a small brush once a day. Be careful that none gets into the eyes, as it will inflame them, as all oils do.

The Sleep That Counts.

When you go to bed—if you are looking for beauty sleep—you should fall asleep right away. The beauty sleeper, the one who wakes up looking refreshed, will fall asleep the minute her head touches the pillow. She will fall into a slumber, heavy and dreamless, and she will waken in the morning of her own accord.

BASQUED SUITS.

The Vogue For This Style of Garment Continues to Grow.



SMART BASQUED SUIT.

Basqued effects are favored even for street costumes. An example of this is shown in the picture. This suit is of dark blue crepe de chine, with basque and accordion plaited skirt. Worn with it is a velvet stove pipe hat adorned with white love birds and black and white ribbon. Arrayed in a gown of this sort, milady, wending her way to church to hear the Thanksgiving sermon, would be assured of the fact that she was modestly and elegantly attired.

FUR COATS.

Handsome New Models That Are Comparatively Inexpensive.

Many of the most charming new fur coats are of black pony skin, which, as now treated, has an exquisite moiré surface, closely resembling the costly broadtail. Moreover, these coats are not at all expensive, considering their handsome appearance and well wearing qualities. Some are finished with collars and cuffs of ermine, the tails arranged as a fringe or with less costly white fur, velvet or plush.

Other long coats and cloaks are of electric seal, musquash and mole; also of striped lynx and civet, though these pelts are rather too barbarous looking for the taste of most women. Scarfs are longer and broader than ever, and muffs are either huge in size or tiny, while lovely little crossover peleries are of mole or seal or of velvet trimmed with fur.

Vogue of the Apron Tunic.

It is odd how some styles that never become popular persist for several years. There is the apron tunic, for instance, at the present time. Two years ago we had a glimpse of a few imported lingerie models with apron tunics quite like real aprons, in the front of the skirts.

Cheerful's apron tunic last year was another manifestation of the same idea. Now, there are long tulle aprons on metallic evening frocks.

Sometimes these aprons are longer than the foundation of heavy metallic silk and edged with metal fringe, monkey fur or flowers.

HOW TO COOK MEATS.

Saute tough meats to keep the juices in and then stew until tender. Serve with thick gravy.

Roasted meats have a better flavor than baked ones. The meat should be first placed near the coals to sear and then drawn back to cook at lower heat.

Remember that the success of frying depends upon two things—having enough fat to completely cover the articles cooked in it and having the fat smoking hot.

Dry or tough meats can often be made tender and of a good flavor by braising. They are put in a close covered pot with salt pork, stock and chopped vegetables and cooked slowly in the confined steam.

Meats for broiling should be cut very thin and turned over a clear hot fire as often as one counts ten. When the puffed appearance of broiled meat begins to disappear it means that the moisture is evaporating and the meat will be hard and dry.

When baking meats the oven should be very hot at first, and then the heat should be slowly lowered to allow the cooking to be done slowly. Keep a piece of asbestos on hand to interpose between a dish and the hottest part of the oven when there is danger of burning.

MOYEN AGE OUTLINES.

Novel New Afternoon Gown For Thanksgiving Festivities.



NEW AFTERNOON COSTUME.

The gown pictured here would be a most attractive one to wear at the Thanksgiving matinee dinner or family reunion. The gown is of blue tulle and has a quaint basqued effect of tapestry figured gabardine whose scalloped hem falls below the hips. A novel feature of the basque is the fact that it is laced up the back. The low collar is finished with a narrow ruffle of batiste edged with lace. The deep circular tunic and draped skirt are of the plain dark blue tulle.

LINGERIE PILLOWS.

Inexpensive and Easily Made Trifles Suitable For Christmas Gifts.

The daintiness of the lingerie pillow slip grows more apparent each season, and no couch full of satin and velvet cushions is complete without the addition of at least one of these confessions.

In shape they are long and narrow, square, heart shaped, diamond shaped, octagonal or star shaped, with and without founcies. They are of the handkerchief linen, cambric and marquisette.

One is decorated with Venetian embroidery, with medallion lace figures and point de valise lace finishing the edges. Another has fillet lace motifs and flowers. Some are done on the hand woven linen. If initials are used they are not large and are surrounded by the simple wreath.

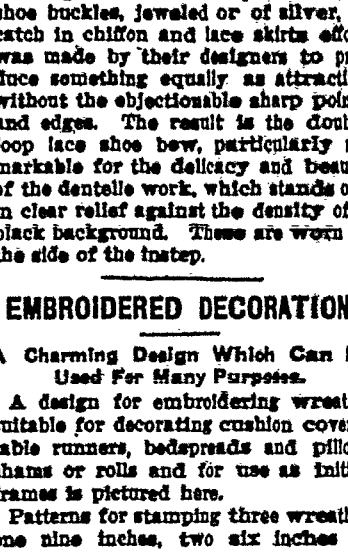
Owing to the tendency of certain shoe buckles, jeweled or of silver, to catch in chiffon and lace skirts effort was made by their designers to produce something equally as attractive without the objectionable sharp points and edges. The result is the double loop lace shoe bow, particularly remarkable for the delicacy and beauty of the dentelle work, which stands out in clear relief against the density of a black background. These are worn at the side of the instep.

EMBROIDERED DECORATION.

A Charming Design Which Can Be Used For Many Purposes.

A design for embroidering wreaths suitable for decorating cushion covers, table runners, bedspreads and pillow shams or rolls and for use as initial frames is pictured here.

Patterns for stamping three wreaths, one nine inches, two six inches in



IN COLORS OR WHITE.

depth, are included. The ribbon effect and leaves of the pattern are to be worked in solid embroidery, the stems outlined, and the dots may be worked as eyelets or solidly.

Use mercerized floss or silk, either in colors or in white.

This May Manton pattern will be promptly forwarded to you by mail if 10 cents and number, 62, are sent to this office. It is haste send an additional two cent stamp for letter postage. When ordering use coupon.

No. Size

Name

Address

Points for Mothers

Helping the Boy Grow.

The common tendency of the girl in the formative period is toward shyness. Almost every girl whose behavior is growing beyond her control is so fearful of attracting attention in public that she wishes to remain as inconspicuous as possible, and any sudden remark addressed to her is apt to cover her with confusion.

It is interesting to note how many forms shyness takes. The most easily recognized is, of course, that which causes the girl to blush, stammer and be at an utter loss for words when addressed by any stranger.

Another form, which is just as common but seldom recognized, seems to oblige the girl to talk incessantly in a high pitched unnatural voice until the cause for embarrassment has been removed. This form is far more unfortunate than the former, for the girl is usually misjudged as extremely forward and boisterous, whereas her intense confusion is really the fault.

This form of shyness is almost always a consequence of ridicule. One girl who at twenty-three is just beginning to recover from this habit of highly excited, ceaseless chatter when embarrassed, told an intimate friend recently that for years she actually suffered when she met strangers simply because her family used to make such fun of her shyness when she was fourteen.

Thanksgiving at School.

A plan to lessen the gloom for the little schoolgirl away from home is to pack a box of home-made medicine sent from home to reach the school on Thanksgiving day.

The case for holding the "powders" can be made of linen or silk in household fashion, folding over and tied with ribbon.

The outside should bear the inscription: "Home-made medicine. Use every two hours. To be opened on Thanksgiving, Dr. Home."

When opened on Thanksgiving morning the case reveals eight good-sized manilla envelopes carefully sealed. Each is marked with the hour for which it is intended, as, to be taken at 8 a. m., after rising, to be taken at 10 a. m., to be taken at noon with a glass of water, to be taken at 2 p. m. with a grain of salt.

The contents of each envelope are a funny talk in the form of a letter by some member of the family—illustrated by sketches or clippings as appropriate to the subject, home jokes, home news and fun, nonsense, riddles and even tiny gifts attached to the sheets all so to make up a sure remedy for homesickness.

A Country Thanksgiving.

The ideal Thanksgiving is spent in the country, if father and mother and the children can journey to the old home to keep the Festival with grand father and grandmother and meet all the married brothers and sisters and their families, why, that is as it should be, provided everything is harmonious.

But, unfortunately, sometimes when as it were, the stage is set for a family love feast, the discordant "sin laws" and too often the members of the family themselves spoil everything by irritability and foolish exactions, and what should be a season of good cheer and good will nearly degenerates into a family row.

Four grandpa and grandma are worn out trying to keep the peace among the different sets of grandchildren and are thankful when the whole crew have driven to the station and they can once more settle down to peace and quiet.

Wakeup Babies.

Teething babies are frequently restless and fractious and often more so toward bedtime. Nothing is better to counteract this state of affairs than a good bath. Let the water be deep enough to reach the baby's waist, the temperature 104. A board should be placed across one end of the bath with a few toys arranged on it. Let the little one sit down with a small blanket around his shoulders to prevent a chill. He should remain in the water for five minutes. Then take him out in a warmed blanket, quickly dry him and prop him in his cozy nest before the soothing effects of warmth and water have passed off. The little rogue should then sleep all night.

Disinfecting the Nursery.

After measles or any contagious ailment the nursery or bedroom should always be disinfected. Formalin tablets can be used for disinfecting purposes. The number employed is ruled by the size of the room. Special lamps can be bought which are made for the purpose. Put in the tablets, place the lamp in a gail, then light it and shut up the room. Prepare the room to be disinfected by opening drawers and cupboards, stuffing up crevices and firmly closing doors, windows and fireplaces. Shut the room in this way for twelve hours; then thoroughly clean it, and you need have no further fear.

Towels For Baby.

Soft crash towels for the baby's use have a crochet lace edge on the ends to match the delicate stripes in the border, and a cross stitch floral wreath surrounds the word "Baby" done in pastel colors. The wash cloths have the crochet edge and a stort cross stitched at the corners.

For the Children

Young Folks Who are Interested.

To be taken to the great Thanksgiving International Exposition to be held at San Francisco next year, will be many young and earnest students from the world over. The exposition is called "The World's Fair and Exposition of 1915," which is a part of the grand plan of the Exposition. Young people are sure to be delighted when they see the illustration for the benefit of the Red Cross fund, which is being constructed. The important matter is that in illustration of the Red Cross fund, the children should be in the company of the Red Cross fund, which is being constructed. The important matter is that in illustration of the Red Cross fund, the children should be in the company of the Red Cross fund, which is being constructed.

Amateurism and Woe.

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