

Woman's World

Labor Union Leader Appointed to Commission.



MISS AGNES NESTOR

Miss Agnes Nestor of Chicago, president of the International Glove Workers' union, was one of the two women named by President Wilson as members of the new national commission on vocational education.

Miss Nestor is well equipped for the task, as she has practical knowledge of the conditions in the industrial world. She is said to have secured the passage of the original ten hour law for working women in the state of Illinois.

Collars and Cuffs. A set decorated with a combination of lace and crochet. Collar and cuff sets are popular for accessories and dress garniture.

Butterflies for the Hair. The vogue for butterflies as a dress ornamentation is most apparent at the present time in hair ornaments.

A Broth for Invalids. Invalids who dislike the flavor of meat extract will be able to take it if a teaspoonful or so is added to a cupful of boiling milk.

Points for Mothers

Supervising the Children's Reading. Usually the reason why children read trashy books is because no older person is taking an interest in pointing the way to good books.

It is not enough that children look at the titles of books that mean nothing to them. It remains for an older person to interest them in a subject and perhaps to read aloud until a sufficient desire is gained for more.

It is a mistake to read down to a child. He may not understand all of a book, but he will catch the fire and spirit.

It is surprising how much children will absorb from mature books that are read to them. They enjoy that which is strong. Their tastes will be vitiated by literature that has not in it the element to make it alive.

Too often parents are so busy they are compelled to lay aside books. There is danger then of boys and girls coming to the front, while the parents fall behind the times.

Manners by Mimicry. That children early mimic their elders is well known by all who are blessed with little ones.

The mother, who sits in the next room with her sewing, is often amused at the conversations, particularly when they play they are telephoning to one another.

The Danger Period. When a child has been accidentally exposed to a contagious disease mothers often worry unduly in regard to the little one contracting the same illness.

Baby's First Teeth. A child's first tooth appears about the sixth or seventh month, and by the twenty-fourth it should have its full complement of temporary teeth.

Safety Mat for the Tub. A practical mat can be made that will enable a mother to leave the small child alone in a porcelain bathtub and have no fear that it will fall and be bruised.

Toothache Remedy. Here's an unpleasant but very effective cure for a child's toothache: Take a piece of alum about the size of a walnut, put it in a saucepan with half a pint of milk and heat till boiling.

Blue and white striped gingham was used for this very sensible school frock for a little maid. The collar and cuffs were of white linen.

Among the latter there is a great variety of new weaves as well as the staple ginghams, chambrays, lawns and percales.

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BUSINESS WOMEN'S HATS

Neat Millinery. Simply Trimmed. In Good Taste.



Photos © by American Press Association.

Hats for the business woman should be becoming and neat and such that wind and rain will touch them but lightly. These two elements are sure to act disastrously on any hat after a time.

A close fitting hat of well woven straw with a simple ribbon trimming like that of either of the hats illustrated here, would be a wise choice.

HANDSOME HANDBAGS

They Must Harmonize With Fashionable Gown.



Photos © by American Press Association.

Coquettish bags to carry with the modish gown are a feature of spring fashions. Handbags, whether for day or evening use, whether of silk, velvet, beads or kid, nearly always match the toilet.

Two handsome handbags are illustrated here. One of these is a little French theater bag made of the loveliest printed silk that has been the fashion of late and which receives its inspiration as to color and design from Vienna, a harmonious blending of blues, greens, reds and yellows.

When a handbag appears do not pull it out, but use the sharp nail-scissors clipping closely, but never so as to break the skin and bring blood. This should be done before soaking.

For the purpose of softening the nails fill a small bowl with warm water, add a cake of soap, a few drops of perfume and a teaspoonful of pure glycerine.

Ear Treatment for Red Nose. If you go out in the cold wind and get your nose red you can easily tone it down again without putting any powder on it.

Fluffy Hair. You can fluff up greasy hair without taking it down when it has been flattened by your hat. Take a bottle of eau de cologne which has a sprinkler on the cork.

For Gray Hair. Frequent headaches, mental worry and dandruff all affect the hair, rendering it limp, thin, lifeless and prematurely gray.

Saving Fuel. All waste paper should be rolled or crushed into loose balls, placed in buckets and well-damped with cold water.

An Automatic Stirrer. A large, clean marble boiled in milk, porridge, custards, sauces, etc., will automatically do the stirring as the liquids cook.

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Milady's Mirror

Exercise For the Figure.

Lying flat on your back on the floor is a most excellent thing for your figure. When you want to rest you should never curl up on a sofa with cushions, but you should always lie quite flat, if possible, with your hands above your head.

It is a splendid thing to lie like this for a few minutes every morning and do deep breathing exercises. Begin with your arms at your sides, holding them straight; bring them up till the tips of the fingers touch.

If you are inclined to be too stout you can reduce by the following exercise: Lie quite flat on your back with your hands on your sides. Bend your legs up slowly into what is the kneeling position when you are upright and let them slowly go down again.

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For the Children

Little Miss March. Pretty Spring Hat.



Photos © by American Press Association.

According to our statistics, the number of people who have little girls is increasing, but the girls have pleasure in being pronounced handsome by the most critical.

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STRIPED GINGHAM GOWN.

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