

# Woman's World

A Woman Head of New York's Department of Correction.



MISS KATHERINE B. DAVIS

Miss Katherine B. Davis, LL. D. and the bearer of many other honorary titles, has been appointed head of the department of correction in New York city. Miss Davis has been in charge of Bedford reformatory for several years. There she instituted many successful reforms and is recognized as one of the leading authorities on prisons and the reform of prisoners.

She was born in Rochester, N. Y., educated in the public schools there and after graduation taught a country school and saved money enough to pay her own way through Vassar college. She graduated at the head of her class and with such honors that the New England Association for the Higher Education of Women chose her for their European scholarship. Three years were spent at the University of Berlin and at Leipzig and one was spent in studying sociological problems in Bohemia, where she wrote much for the Journal of Sociology.

As commissioner of corrections Miss Davis will have charge of the Tombs, the seven district prisons in Manhattan, the penitentiary at Blackwell's island, the workhouse on Riker's island, the New York City Reformatory of Male Misdemeanants on Hart's island and the city prisons in Brooklyn and Queens.

Miss Davis has been active in the work of the Rockefeller bureau of social hygiene.

She studied sociology both in Germany and at Chicago university because of her interest in the practical problem. What shall be done with vicious and criminal women? She took up reform work a dozen years ago, inspired by enthusiasm and equipped by special study. Her enthusiasm communicated itself to her assistants, and the atmosphere at Bedford reformatory is one of mutual helpfulness and inspiring hopefulness. Miss Davis sets the girls to work, and their teachers work with them. They do the gardening, put in the lawns, care for the lawns, raise the pigs and run the dairy.

In the last year they have reclaimed a swamp of some five acres, turning the stream which watered it into a new channel, draining the land and planting it with vegetables.

When Miss Davis wanted some concrete walks laid and had scraped to gether enough money to buy the materials she called her girls together, and they went out and tucked up their skirts and made concrete walks.

Miss Davis' theory of reforming delinquents is simple, but so far as one can judge by the results obtained at Bedford, effective.

"Make them happy," she said recently, "and the rest is easy. Virtue is largely a product of contentment, as vice is of discontent and mental depression, which often, of course, come from lack of proper means of sustenance. Make girls happy and you have taken the first and longest step toward making them good."

## SPRING COATS.

Interesting Predictions by a Fashion Authority.

"The shortening of the coat length is noticeable," says the Dry Goods Economist. "The new coats average not shorter than thirty-six inches. For later use it is expected that many will be considerably shorter than this. Fancy silk coats coming just below the waist line are being shown by many of the larger coat houses.

"The flare coat is still causing considerable thought to manufacturers and to retailers. While those who study styles hold that the flare coat is the big new idea of the season, they realize that many women will, as usual, be slow in accepting such a complete change in style and that more conservative garments will have to be brought out to meet the general demand.

"The coat that is cut on similar lines to the English garment worn by some of the smartly dressed men in New York is being shown in many of the lines. This new woman's garment is made of black and white check or of mannish worsted and is so tailored as to carry out the idea of a man's overcoat as closely as possible. Some manufacturers have already done a large business on these coats.

"In some cases this coat has a considerable flare at the bottom, while in others it is of a modified character."

## Good Form

**Outfits For the Maids.**  
"The mistress is known by the maids that she keeps," said a critic, and he wasn't far wrong, for certainly the appearance of her maids does count for a great deal with a model mistress, and she selects their outfits with the greatest care.

There are many little niceties in outfits of the kind which are known only to those women who pride themselves on being particular about such things. For instance, the little touch of black, usually in the form of loops of narrow black velvet ribbon, which distinguishes the cap of the waitress or lady's maid, and the goffered edges and long ties of the cap for the children's nurse.

**Caps For Maids.**  
These caps for the maids are just little oval or three cornered affairs of swiss and lace and are quite inexpensive, but how much they do add to the trimness of their wearer's appearance! One of the prettiest of them is a demure little Priscilla cap of white lawn.

Among the white aprons there are some extremely attractive styles. There are the white lawn princess aprons, with straps and bibs of embroidery. The Gibson aprons are very pretty, with the bretelles extended over the shoulder and the plain straps.

If you want your waitress to have one of the newest things in aprons get her an apron of shadow plaid dimity, with a ruffle of sheer embroidery. Some smart looking models have shoulder straps formed of inch wide beading, finished on both edges with inch wide embroidery. The embroidery is sewed perfectly flat on the beading, so that the strap launders perfectly.

Gingham aprons are not the ungainly looking garments that they used to be, for now they are made in princess style and cared so that they fit snugly. Nothing can be neater in appearance than the long princess apron with the slight flare at the bottom and the two big curved pockets.

**Neatness in Dress.**  
The gingham all over apron with sleeves is fine for the girl who has to do duty as both cook and waitress, as sometimes happens, for this apron can be slipped on over the white one when the kitchen work is being done and then doffed in an instant when waiting on table is the task in hand.

As to the dresses for the maids, the very neatest are those of black satin. Mohair is more expensive, but sheds the dust easily and keeps its lines well. In lighter weight materials there are pretty blue chambrays and clean looking percales.

**Collars and Cuffs.**  
The pattern of the collars and cuffs that the maids shall wear is largely a matter of personal preference. The lawn collars and cuffs are always in good style. They come with both the plain hemstitched and the embroidered edges.

The stiff turnback cuffs are still extensively used, but the straight three inch cuff with the one fastening is being used and a little flap inside to fasten it to the sleeve is a much better model and seems to be rapidly gaining favor.

The bishop collars opening in back have two buttons. The turndown collars, which many maids prefer because they are so much cooler, are neat. They come with both the round and pointed corners.

Comfortable shoes are a most necessary part of a maid's outfit. These shoes should be soft and pliable.

**Improving the Voice.**  
A really important fact in life the speaking voice plays, though apparently few women realize it. Many of us cringe when a friend speaks, and even if we know how the defect of the disagreeable voice can be remedied few of us have the courage to mention it.

From the educational point of view the matter seems grossly neglected. It is not such a difficult matter to learn to speak at the right pitch. One can learn to do so and become unconscious of it after a little. Self-consciousness which expresses itself in a voice which sounds as if one is "elocuting" all the time is almost as objectionable as the natural squeak. If voice training could be included in the ordinary curriculum of the school the Americans would be a much pleasanter speaking nation.

Voices that are naturally harsh, metallic or nasal can be greatly improved by private study. Speaking exercises to the piano are a wonderful help, and for this purpose any book of singing exercises may be chosen, and the tonic sol-fa or the five vowels, in conjunction with various consonants, are spoken instead of sung on one note at a time. Modulating and placing the voice in such a manner as to carry well across a large space can also be achieved with careful practice. To study this an excellent method is to stand at the end of a room and read out loud, forming each word carefully and well from the lips, taking care not to let the voice drop back in the throat at the ends of the sentences.

How few people can whisper properly! It is often merely a husky croak or quite inaudible. The secret of a clear whisper is to drop the voice as low as it will go and speak with the lips, the lip movement helping to convey nearly as much as the actual sound.

## FICHU NOVELTIES.

Up to Date Accessories to the Toilet.



EMBROIDERED FICHU.

Fichus still form an attractive and popular feature of many smart gowns. They are made of lace, of net, of all manner of filmy fabrics.

A novelty is the shawl fichu of embroidered satin which forms an accessory to the artistic gown of velvet and malines which is illustrated here. The fichu is edged with fur.

Pretty collars to be worn on blouses as well as outside coats, are seen now in the shops, and few are so intricate that they cannot be fashioned by the girl with a taste for needlework.

The upstanding frills tucked inside low round collars are very dainty and are a charming finish to the bare neck under a coat.

An attractive round collar to be worn with a Dutch necked blouse can be made of a quarter of a yard of fine batiste. One seen recently was in the shape of a crescent moon, and the pointed ends and side that were laid down on the back of the blouse were embroidered with a scalloped drawn with a ten cent piece—just a plain scallop, nothing more, but so carefully and beautifully embroidered that the stitches were fairly melted together.

## DECORATIVE BUTTONS.

They Are Important in the Embellishment of Smart Dresses.

Fancy buttons are about the most important detail on the newest gowns. Braid buttons, braid motifs, medallions and tassels play an important part upon suits and wraps. Though braid buttons are not a novelty, there are many new and lovely designs.

Perhaps the most striking of the new button designs, however, are those of carved ivory. The exclusive shops have many exquisite designs in ivory of all sizes. Some of these are in black and white, the white being elaborately carved with black knobbed center and black edge. On a black coat or dress these are very smart, and as they come in graded sizes, from the size of a half dollar down, they may be used with excellent effect.

Quaint, too, for blouse or house dress are the old-fashioned hand painted buttons, recently rejuvenated. The most artistic of these are of black enamel, have two buttons. The turndown collars, which many maids prefer because they are so much cooler, are neat. They come with both the round and pointed corners.

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## CHILDREN'S GARMENTS.

Pretty Things For Early Spring Wear.



GIRL'S CHECKED SUIT.

The minds of careful mothers now turn seriously to thoughts of spring garments for the younger generation. Fortunately the simplicity and artistic charm of many of the new models will make the selection of spring garb a delight. Illustrated here is a checked suit for a young girl. Checks are notably satisfactory so far as look, appearance and durability are concerned. The flare of the skirt of the coat is an up to date touch. The dainty hat of novelty straw is a spring model.

## SPRING SUITS.

Colors and Materials That Are Likely to Be Popular.

"Many of the orders recently placed for spring suits are for bright colors, such as tango, gendarme blue, tan and green—but don't be expressed as to whether these shades will be ordered in large quantities," says the Dry Goods Economist. "There will probably be a demand for modified colors, as the larger sized suits in extremely bright shades are frequently difficult to dispose of.

"The materials that are expected to meet with the most favor are crepe worsteds, gabardines, serges and black and white checks. Even at this early date silk suits are being shown in modish falls, Egyptian crepe and taffeta."

## ATTRACTIVE SUIT.

A Serviceable Garment For the Little Man.

A utility suit for the tiny boy is shown here. It is in blue and white striped washable fabric with a wide sailor collar in plain blue with bands.



BLUE AND WHITE SUIT.

of white braid. The blouse is given a long waisted appearance by means of the belt of the material crossed in the front.

**Way to Clean Windows.**  
A contributor to the exchange department of the Woman's Home Companion says concerning the cleaning of windows: "There are so many best ways to clean windows that one hesitates to offer her method unless very sure it is the way. Three or four ounces of emery flour in a heavy canvas sack about six inches square will clean and polish windows with greater ease than anything else I know. Simply rub the bug over the window. It also removes streaks from any glass."

**Sachet Powder.**  
Here is a recipe for a sachet powder which can be made at home: One pound of starch, one ounce of orris powder, ten drops of essence of ambergris, ten drops of oil of bergamot. Mix these thoroughly and rub through a very fine gauge sieve. If you wish to use it as a body powder mix it with coarse cornmeal heated till fairly warm.

## Recipe Notes

**Risk Fruit Cake.**  
One pound each of seedless raisins, figs, currants and almonds, one-quarter pound each of orange and lemon peel, one large piece of citrus, one-half pound candied cherries. Coarsely chop the figs, peel and citrus. Roll the fruit in flour and have ready. Mix one cupful of butter with two cupfuls of brown sugar until it becomes like thick cream, add the yolks and whites of six eggs beaten separately, one and one-half cupfuls of cane molasses, one cupful of milk or cold coffee, the juice and rind of two large lemons, two teaspoonfuls each of ground allspice, cloves and cinnamon, four heaping cupfuls of flour mixed with two heaping teaspoonfuls of baking powder. Add the fruit and mix thoroughly. Line a deep pan with buttered paper, fill half full with the mixture and bake in a moderate oven three hours.

**Attractive Salads.**  
Grape salad is delicious. Seed, skin and cut into halves two pounds of green Malaga grapes; mix with one cupful of sliced celery, cut into small pieces, and a little chopped cucumber pickle. Serve with the following dressing: Beat in a saucepan two eggs, one cupful of vinegar, one-half cupful of sugar, a seasoning of salt and pepper, a teaspoonful of mustard, butter the size of a walnut and a teaspoonful of cornstarch, wet and made smooth with a little cream. Stir until it comes to a boil. Set aside, stirring occasionally until cool, then add a small cupful of cream which has been beaten with a little sugar.

**Harrison Cake.**  
Harrison cake is a rare old classic among American cakes. It calls for four cupfuls of flour, three cupfuls of molasses or half this amount of sugar, one cupful and a half of butter, two cupfuls of milk, four eggs, a teaspoonful of soda and two pounds of raisins. Cream the butter, add the sugar or molasses and then the milk and eggs beaten together. Stir this mixture into the flour and soda, which should be sifted together several times. Add the fruit after sprinkling it with a little sugar. Bake the cake in a slow oven for four hours.

**Stewed Beef Fillet.**  
To prepare this take a piece of beef from the undercut of the sirloin, two or three slices of bacon, an onion, a carrot, a turnip, stock, herbs and seasoning. Slice the vegetables and put them in a saucepan with a bunch of seasoning herbs, a few peppercorns, allspice, a clove, the bacon and beef. Add stock to come about halfway up the meat; cover and simmer gently for about two hours. Put the meat on a hot dish, strain the gravy, rubbing the vegetables through a sieve to thicken it. Reheat and serve very hot.

**Oyster Salad.**  
For this take one pint of celery cut in half inch pieces, fifty large oysters, a quarter of a teaspoonful of salt, a little red pepper. Pick over and wash the oysters, put in a saucepan with the salt and a dash of red pepper, shake over the fire until plumped. Drain, set aside until cold; then mix with celery and French dressing. Line a salad bowl with lettuce leaves, arrange salad in it and garnish with mayonnaise and nasturtiums.

**Silver Sponge Cake.**  
Beat the whites of five eggs until stiff and dry and add gradually while beating constantly three-quarters of a cupful of sugar, mixed and sifted with one-half teaspoonful of cream of tartar. Sift in one-half cupful of bread flour and one teaspoonful of vanilla and nut and fold until well blended. Fill buttered gem pans two-thirds full, sprinkle with powdered sugar and bake in a moderate oven.

**A Fruit Candy.**  
For this take two cupfuls of light brown sugar, one cupful each of granulated sugar, milk and chopped dates, one tablespoonful of butter and vanilla flavoring. Mix sugar and milk together and let come to a boil. When it will form a soft ball in cold water it is done. Take from fire and beat till creamy. Stir in dates, spread on buttered pan and cut into squares.

**Baked Apple Pudding.**  
Grate six large pippins and add the yolks of four eggs, three tablespoonfuls of butter, a half cupful of sugar, juice and peel of one lemon. Beat sugar and butter to a cream, stir in the yolks and lemon with the grated apples. Pour into a deep pudding dish to bake. Grate nutmeg over the top. Eat cold with cream.

**A Dainty Sweet.**  
Put into a frying pan on the fire two cupfuls of granulated sugar, two tablespoonfuls of butter and let it cook until it hardens in cold water and is not sticky. Pour on buttered plates to cool. When slightly cool—cut into squares with a very sharp knife.

**Delicious Tea.**  
A delicious infusion may be made by taking the dry tea, pouring cold water over it and allowing it to stand for six or eight hours. Use twice the quantity of dry tea that would be required if the tea were steeped.

## For the Children

Marguerite Blumenthal, a Youthful Traveler.



There recently arrived at New York the immigrant steamer in New York, a little girl only four years of age, who had made a journey from faraway Austria all by herself. When she arrived she was in good health and acted as if she enjoyed the attention she attracted. Attached to her dress was a placard on which was written in several languages the following directions for her mother: "Please take care of me, I am going to my mamma. Please do not let me go." The little girl's name is Marguerite Blumenthal, and her mother lives in Kenwood, Brooklyn, near the Bedford leaving Fifth Island Hotel. Marguerite had her picture taken. She was sitting on board a train, with placard still lightly upon her dress, and gaily waving her mother across the Pacific coast. Wasn't that a journey for a four-year-old?

She traversed a part of Europe, over the Atlantic and then crossed the United States from ocean to ocean.

**A Magician's Trick.**  
The magician Mr. Two-steps-of-a-new paper from a table, advanced toward his audience and, with a flourish, chose one of them to be his assistant. The chosen one, who was a girl, threw the other one over the side of the floor. The magician then took a sheet, threw it over his head and, with a flourish, chose one of them to be his assistant. The chosen one, who was a girl, threw the other one over the side of the floor.

To perform this trick you will need one of the little "magic" boxes. Shows that may be purchased from any dealer in "magic" boxes. Having the audience seated, the magician takes a paper they wish to read, a small diversion that makes the difference in the conjurer, since he can perform the trick as well with one piece of paper as another.

The small bouquet and a paper filled with confetti he has placed in his hand while crushing the paper into a ball. As he fans the ball he permits the confetti to fall out. When the envelope is empty he presses the paper that causes the bouquet to open and the floor.

**Who Calls.**  
This game is played by the children in a room. One person is selected as the "lost child" and goes out to be found, while the others change places. The "lost child" then comes in and some one calls him or her name in a natural tone, she must find the caller and guess who it is, but if she names the wrong person after three tries, she must play over again. This game is lots of fun, for it is really surprising how just blindfolding a person causes him to lose sense of position and sound. As he feels all over the caller in an effort to find some distinguishing feature, the caller who acts in pantomime to mislead the child, of course not speaking, usually manages to get off some amusing stunts. If he is named correctly he becomes the lost child.

**But They Don't Tell Them.**  
Why shouldn't you speak of private matters when out driving?  
Because the horses carry tails (take).

**Temptation.**  
I don't know if you've ever done what I am going to do. But if you've not it's lots of fun, though you'll be kicked well.

It's when a feather bed is made and ready for the night. All plump and fat and smoothly laid. So beautiful and neat.

That I can never keep, indeed. From moving off a bit. And running back at headlong speed to plunge down into it.

I know it spoils the feather bed. It must be made again. And when I see the mess it's made. Of course I'm sorry then.

Yet every time I pass that bed. As neat as any bed. My good resolves are quickly fled. And I plunge head first in.

—New York Herald.