

Woman's World

Mrs. John Purroy Mitchel, Wife of Gotham's Mayor Elect.



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MRS. JOHN PURROY MITCHEL.

The election of John Purroy Mitchel brings his wife into great prominence as official chaperone of the city of New York. Mrs. Mitchel, who before her marriage to Mr. Mitchel was a Boston girl, is the picture of a strong, healthy outdoor woman, and she holds that every one could be healthy if he or she would take regular exercise. She is particularly interested in swimming.

The wife of the new mayor elect is also a strong champion of woman's suffrage and believes that in ten years hence women will have the ballot in New York state. Although a suffragist, Mrs. Mitchel took no active part in her husband's campaign. She is more interested in the work of the woman's auxiliary of the board of health, which is aiding in the fight to stamp out tuberculosis, than in the political game.

In a recent interview Mrs. Mitchel was asked whether she would insist upon her husband putting a ban on the silk skirt and the flimsy sartorial effects. Here her devotion to personal liberty came out.

"Indeed, I would not," she replied. "This is a free country, and I believe that every one should be allowed to dress as she pleases. Of course if any style should be too extravagant it would bring its own punishment. Women should dress so as to make themselves most attractive, and extravagant dress will not do that."

Mrs. Mitchel alluded to the fact that she liked housekeeping and would not be content without her own home. So the natural question was:

"If you like housekeeping, do you like cooking?"

"Shall I tell a lie or shall I tell the truth?" she replied with a charming little laugh. "I'll say that I like to cook in camp, and camping is great. I would like to spend two months in the woods that way every year. All outdoor life is very attractive to me."

Incidental to her remarks about housekeeping, Mrs. Mitchel spoke of the criticism often heard of the higher education of women. Mrs. Mitchel believes that the more highly developed a woman is intellectually the more helpful she can be as a wife. "I am not a college woman myself, but I am sorry that I am not."

Handy Articles For Hall Rack. Here are two adjuncts for the hat rack or hall stand, which may be cordially recommended as easily made and sure to be very useful. One is a long headed shoshorn, to be used when putting on rubber overshoes; the other, a shoe duster, which has a use all its own after a walk along dirty roads.

The shoshorn is carved or whittled from some soft, light wood, with a handle long enough to enable one to use it in putting on or in taking off overshoes while standing erect. The duster is made from strips of old flannel and woolen cloth cut into finger-wide strips three inches long, wound round and round the handle of a discarded feather duster to form a thick, soft tassel with which to flick one's shoes on entering the house.

When you have given both these articles a fair trial you will never like to be without them.

"Dew Gown" in Washington. The new "dew gown" has arrived in the attractive evening wardrobe of Miss Valerie Padelford, granddaughter of General Ordway. The dew effect is given by a clever arrangement of separate netting and veils draped about the gown.

One particularly fetching gown is of baby blue silk made with a slight Balmain effect, while the dew touch is given by a white silk veil studded with crystals which reaches below the knees. Still another gown has a bodice of brilliant cerise, while the skirt and train are made of blue, with a mass of lace silk net effectively setting off the brilliancy of her brunette beauty.

Miss Padelford is a debutante of last season.

Points for Mothers

"I'm Frightened." Many children are a little timid by nature, but if the timidity is at all strong or frequent it amounts to an illness and must be treated as such.

A healthy child is seldom seriously frightened. It may be startled for a moment, but that is quite a different thing from the chronic terror which spoils some poor little lives. If your child is always nervous—ready to shiver and cry at a strange sound or to shrink from an unknown person or to tremble at a dark room or run from a strange dog, these signs indicate that he is not well.

It is a curious fact that boys under the age of ten are often more nervous than their sisters, though girls between the ages of ten and twenty are far more nervous than boys. And it is not an uncommon thing for a young boy to run for protection to a sister practically the same age as himself.

A really nervous child should never be forced to do long or hard lessons. Its study hours should be shortened as much as possible, and it should spend the greater part of the day out of doors. Neither lessons nor play should be too energetic—he should just be allowed to go his own way and amuse himself as he thinks best.

Sleep is of the first importance. A nervous child cannot sleep too much. He should always be in bed before 8 o'clock at night and should be allowed to lie till he rouses himself in the morning. It is a very bad thing for him to be awakened violently, for this gives the nerves a shock from which they suffer during all the morning hours.

A cold bath in the morning is an excellent thing, provided that the child is strong enough to stand it. But if he dislikes it very much he should not be forced into it, as this would lead to another shock which would do away with all the good gained from the bath.

An ordinary wash followed by a brisk rub down with a rough towel makes quite a good substitute for a cold bath. The food should be generous and simple. Very nervous children need a large number of light meals during the day, as they are not able to digest a great quantity of food at one time. It is a good plan to give a glass of milk and a buttered biscuit in the middle of the morning and another glass of milk, with a sponge cake or a piece of chocolate, the last thing at night.

If the child sleeps badly and is restless you may put a couple of biscuits on the table beside his bed, so that he may eat them if he wakes during the night. A comforting little meal of this kind will often send him off to sleep again, when, without it he would lie awake for hours shivering in the dreadful darkness.

Above all, treat the nervous child most tenderly. Never let the others laugh at him or call him a coward, but make them understand that his timidity arises from illness and that he must be pitied and treated as gently as any other invalid.

Do Not Pull Hair Back Tightly. Many mothers make a great mistake in pulling their small daughters' hair tightly back from the face. There are few faces, even childish ones, that can stand this treatment. And many little girls could grow up unconscious of features that perhaps do not come up to the average standard of beauty if their hair were arranged gracefully and softly.

Nothing makes life harder for a small girl than for her to feel that her looks are noticeably unlovely—as many small girls with two tight pig tails standing at right angles from their necks and sleek hair pulled and plastered back straight from their prominent brows do feel.

Through the ages when bobbed hair is worn no hair ornaments save a single ribbon should be allowed the little girl. With the coming of the next stage comes the possibility of more elaborate accessories. The one ribbon can still be the rule. With it her hair locks that formerly were bobbed can be allowed to grow into curls or ringlets.

She may wear a ribbon or silk band to bind her hair neatly to her head. She can wear a wide ribbon about her head, and this can end in a rosette or a big bow at one side.

The little girl whose hair is straight has her own difficulties in this world. Straight hair looks untidy when it is allowed to hang about the shoulders. French mothers teach their daughters to weave strands of their hair between their fingers whenever they have time to do it. This crinkling process brings out latent waving possibilities even in the most straight looking hair.

French mothers, too, do not like to see the hair on the top of the head look flat and plastered down, as it often does after play or when the hat is removed. So they use a little orris root or talcum powder on the top hair to keep it snappy.

The pores at the root of the hair must never be clogged with any sort of powder, but it can be used safely on the hair itself to keep it dry and light. It should be brushed on quite lightly.

AN EXTREME GOWN.

Rich in Fabric and Gracefully Draped.



OF BROWN VELVET AND HAIR FUR.

"Softly draped" brown velvet, sable fur and a tunic of gold net make this gown exceedingly rich in tone and texture. The upward line of drapery and skirt design is carried out in accordance with the prevailing Turkish ideal which are modish just now.

A Remedy For Roaches.

The old idea of sprinkling borax about to kill roaches is often used, but with meager success, by the housewife whose kitchen is overrun by roaches.

The main point to consider is the rule of absolute cleanliness. An experienced housekeeper is quoted as saying "that only by diligent fighting of the pesky things from one year's end to the other can they be eradicated. No corner or crevice must be overlooked and, even though the warmints seem to have disappeared, vigilance must not be relaxed. Rag carpets which become saturated with grease are vermin breeders and will almost invariably cause trouble."

A well known librarian, who found that his books were coming apart because of the inroads of roaches, which fed upon the paste or glue, amused a company of friends by telling how he got rid of the insects. He made a paste of four and plaster of paris, placing it in a small bowl in the library, and not far away he put another bowl full of water. The roaches fed upon this delectable dish with avidity, which created an intense thirst. The water near it was eagerly drunk, and a plaster cast formed inside their bodies, which naturally hardened and caused them to die.

In this way the bindings of the books were saved, however strange may seem the means of their salvation.

Kimono Rival.

A rival to the kimono, which is so convenient and which has so long held sway among dressing gowns, has been found in the seamless djibah, so well beloved by women artists. Quite as artistic as the kimono, the new gown, which is a kind of cover-all, is perhaps more convenient, and as a substitute for a morning or breakfast gown it leaves nothing to be desired.

A red shade of chocolate brown is chosen in a soft woolen stuff and is ornamented by a painted bold design in black at the hem. The yoke and sleeves. The gown is fastened on princess down the back, and the upper part is made kimono fashion with a half sleeve. Oriental and Japanese styles are copied in the designs that trim the djibahs, and the colors are mixed, gray being patterned with crimson, green with orange, blue with brown, and so on.

A Christmas Hint.

A friend of mine, said a woman recently, showed me a handy little article that she always carried in her hand bag which she makes and sells for 20 cents. It consists of a piece of ribbon a quarter of a yard wide hemmed at each end and then herring boned. In the center on one end are two pieces of narrow ribbon to be used as trestlings. Then two loops are buttonholed and sewed on the ribbon, and in one are inserted about four or five hairpins; in the other loop are that many invisible hairpins, then a needle threaded with white thread under the other, then there are a few large and some small safety pins, some black headed and some white and a few white pins, all pinned through the silk. This is all rolled and tied with the narrow ribbon. It is a handy little accessory to the bag and takes up little room.

The Feather For the Desk.

A drawing room desk or writing table must have a long feather to be in the mode quite as much as a lady's hat.

SMART COAT LINES.

Yokes the Newest Addition to Wraps.



MODEL WITH LAPPED SHOULTERS.

The new coats show deep yokes lapping downward and wedge shaped fronts lapping leftward. This coat, made by a famous Parisian tailor, is in lapped effect and is of leather brown duvety with skunk fur trimmings.

A Mimus.

Have you ever heard a grumbler called a Mimus? Mimus in Greek legend was the god of mockery, whose chief joy in existence was to find fault with mortals and immortal as well when the occasion offered.

Upon one occasion Neptune, Minerva and Vulcan contested the point as to which was the best artist, and Mimus was appointed to sit in judgment upon their respective merits.

Neptune made a bull in his best style. Minerva fashioned a house. Vulcan made a man.

Mimus decided that Vulcan's man was not perfect because he had neglected to put a window in his chest so that his creature's thoughts could be read by all who wished to know of what he was thinking. Minerva's house did not suit him because it was held responsible for their care. On the other hand, Neptune's bull was not movable and therefore could not be shifted out of the way when troublesome or meddlesome neighbors threatened or meddled. Neptune's bull, said Mimus, was very imperfect because its horns were too near the front of its head.

So furious were the gods at his decisions upon their best work that they banished him from heaven. Shortly afterward, it is said, Mimus died of a broken heart because he could find no flaw in the poetical beauty of Venus.

Juvenile Attire.

Coats for little girls are most attractive this winter. For school wear nothing is more serviceable and appropriate than a good sensible box coat of chinchilla cloth or of corduroy. The latter material wears "like iron," and in one of the new shades of brown



MISS TEN-YEAR-OLD'S NEW COAT.

such a wrap is good looking. When the child is six or eight years old to the brown coat may be added a "brownie" cap of corduroy.

Zibeline is making many of the dressy coats for little girls this season, and the model illustrated is of copenhagen blue in this fabric. The belt, collar and cuffs are of velvet in the same color.

To Keep a Stove Top Clean.

If you are using a gas or oil stove, or even the range, this is a good plan when frying: Use an asbestos mat, the size of the stove top, with openings made the size of the lids. Place this mat on the stove when doing considerable frying, and it will prevent the stove from becoming very greasy.

Milady's Mirror

Worry an Enemy to Beauty.

All signs of approaching age are pathetic, but sagging muscles, proclaiming unmistakably the wasting of the tissues that they always seem particularly so. They are inevitable, but there is much that a woman can do to ward off these signs. As a matter of fact, any woman can grow old so gracefully that even to quite an advanced age the flesh may be prevented from sagging and lines be kept from marring her face.

If you wish to preserve the contour of the face, prevent the muscles from stretching, like worn-out rubber bands, the chin from doubling or trembling itself, and to keep a strained, tired look from creeping into the eyes, cultivate cheerfulness, even if it does not happen to be natural to you. Try also to keep your illusions as long as you can and as many of them as you can.

Banish worry and ill temper, turn from all petty annoyances, do not allow yourself to be the least bit interested in sad events or happenings. Sadness tends to keep the muscles relaxed, particularly those around the mouth and eyes.

A woman who is sad and has a worrisome disposition will age long before her time, and all the massage treatment, and creams, can do little to ward off this aged look. The flat muscles of the cheeks relax, and this soon leads to deep ridges and furrows about the jaw and the chin. In turn the eye muscles are pulled down, and the result is a haggard, unbecoming look.

It is generally admitted that two persons living together often become alike in many ways and habits. Their mannerisms become so pronounced that even others notice it. The same thing may be said of a woman's thoughts. If they are pleasant they reflect in her face, and the result is a pleasing personality. A pleasant and happy disposition has a great deal to do with the making and keeping of firm flesh.

A woman who is cross and becomes peevish over trivial matters usually has a firm look about the mouth and chin. This firmness strains the muscles under and about the chin to such an extent that when there is the slightest relaxation the flesh about those parts becomes baggy and loose, double chin often resulting.

Keeping Nails Attractive.

In no wise is neglect of the person so readily apparent as in badly kept nails. Neither can the manicure alone be held responsible for their care. On the contrary, if a woman desires she can dispense with the manicurist's services, save perhaps once or twice a tried to peer in. Neptune's bull, said Mimus, was very imperfect because its horns were too near the front of its head.

If they are ill shaped give them almost shaped tips that are most attractive by shaping them carefully with the little sandboards. Use fine afterwards, it is said, Mimus died of a broken heart because he could find no flaw in the poetical beauty of Venus.

To make white spots on the nails disappear, spread over them at night a paste made of turpentine and myrrh, mixed in equal parts, and remove the following morning with a little olive oil. A bruised nail should be plunged into hot water and held there for fifteen or twenty minutes.

Many of the wanted powders and rouges cause the nails to become brittle, so that they are constantly breaking, so as far as it is possible it is wise to avoid them.

Plain petroleum jelly or olive oil will answer every purpose of the pomade, and, as for rouge, it is not in good taste to tint the nails very deeply, and if they are healthy and their possessor is in good physical condition, they will be pink enough without the aid of the cosmetic.

There is no harm, however, in applying a little carmine. Mix it with fresh lard, and, if desired, perfume it with a drop or two of oil of violets.

Health and Beauty.

"For red eyelids there is nothing so beneficial as strong salt water," says a beauty doctor. Mix this about one teaspoonful to a glass and bathe the eyelids with it. It acts as a tonic to the lids and is particularly beneficial to eyelids that are troubled with styes or granulation.

One very prolific cause for women's wrinkles is the raising of brows, frowning, screwing up of eyes and mouth when talking. This habit ages far more quickly than years. When women practice facial repose there will be fewer wrinkles. The eyes and mouth are the only features intended to show expression.

A famous lotion of colonial days, known as "morning dew," consisted of one ounce of rose water, half an ounce of glycerin, half a teaspoonful of borax and three drops of benzoin. The quantities may be multiplied if a greater amount is needed. The lotion is applied to the chapped face, made rough from wind or exposure, with a bit of old linen.

For the Children

London Coster Girls Enjoying an Outing.



By American Press Association.

One of the sights of London is the costerwoman when he is arrayed in gaily attire. The costerwoman, many of our young readers may be sure, is a holder of fish or vegetable, and he travels the streets of London in his barrow, which is a small wagon drawn by a donkey. When dressed for a holiday the costerwoman is a sight to behold. He wears a suit of velvet decorated with rows and circles of whatever figure suits his fancy, all done with pearl buttons. Some of them have been known to display a costume with 70,000 pearl buttons sewed on as a decoration, and the young people of his family are usually clothed on special occasions, such as a picnic or other outing. The girls in the picture are costerwomen's daughters. Their velvet costumes are covered with pearl buttons, as the photograph discloses. They were seen at a picnic when the photographer passed that way and caught them in action.

What Every Girl Can Do.

The Girl's World suggests a few things which every girl can learn to do before she is fifteen. Not every girl can learn to play or sing or paint well enough to give pleasure to her friends, but the following accomplishments are within every girl's reach:

- Never fuss or fret or nag.
- Never keep anybody waiting.
- Shut the door and shut it softly.
- Have an hour for reading, and shut.
- Always know where your things are.
- Learn to make bread as well as cake.
- Keep your own room in sanitary order.

Never come to breakfast without a collar.

Never go about with your shoes unbuttoned.

Never let a hollow stay off two or three hours.

Speak clearly enough for everybody to understand.

Be patient with the little ones, as you wish your mother to be with you.

Never let the day pass without doing something to make somebody comfortable.

The girl who has thoroughly learned all this might be called "a mistress of arts."

The Weathercock.

Any number of players may take part in this game, which is really good fun.

The four corners of the room are named after the four points of the compass, north being diagonal to west, the rest are weathercocks. The winner should stand in a line in the center of the room. When the wind points to some corner, calling out the name of that direction, the weathercock must immediately face the opposite direction. Thus if the wind says north, they face south, and so on. If a player names a point they are already facing, they must remain perfectly still.

When the wind cries "Variable" the player must raise themselves in their toes and sway back and forth until the name of one of the cardinal points is again called, when, as before, they turn to the opposite point.

Whenever the wind shouts "Storm" or "Tempest," each player must walk completely around three times. Any player failing to observe any of these orders, which are more confusing than they sound, must forfeit some article, such as a handkerchief, hair ribbon or trinket, to be redeemed by a humorous "stunt" after the game is over.

Arrowheads.

The Indian art of making arrowheads is being practiced by white men, who use them for commercial purposes and sell them as old and genuine. The hint is not chipped with stone or metal, as you may have imagined, but with water.

An Indian wishing to make an arrowhead held a piece of flint in one hand while with the other he drew a drop of water to drip from a stick upon the spot he wished to chip away. The sudden cooling made the flint chip off at once.

The only chipping necessary in the art was the shaping of the arrowhead, and so it was not so difficult a thing as most white men imagine.

Dolly's Bedtime.

My dolly is very sleepy.
The night is so bright to her.
Her lovely blue eyes are winking:
She's nodding her golden head.
But she's such a dear little dolly
I think I will let her stay.
Until grandma comes down the stairs,
And carries her to bed.